## Shaftesbury Cycling Club

## Result of

## MiddleMarkers 25 Miles Time Trial

Saturday 20 ${ }^{\text {th }}$ April 2019
Course E2/25
Timekeepers: Michael Keen, Frida Wezel \& Peter Smith
Event Secretary: Ian Jackson
37 Mill Lane, Danbury, Chelmsford, Essex, CM3 4LB
Mobile: 07976964408
Email: 25organiser@shaftesburycc.co.uk
Awards
Men

Women
Ist
2nd
Improvement


## Fastest Team of 3

| Folkestone Velo Club | 2:47:21 |
| :---: | :---: |
| Stephen Wilkinson, Colin Newton, Danny Frost | £io each |

One Rider, One Prize, except for Team Award

Visit our Website at www.ShaftesburyCC.co.uk for details of all Club promotions and activities

| Pos | No | Name | Club | Cat | $121 / 2 \mathrm{mls}$ | 25 mls | +/- | Pos |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 55 | Martin CANES | Chelmer CC | S | 26:04 | 52:36 | + 4.07 | 10 |
| 2 | 45 | Neil CROWTHER | Blazing Saddles | V | 26:32 | 53:08 | +3.27 | 13 |
| 3 | 107 | Sam HUGHES | Liverpool Century RC | S | 26:14 | 53:27 | +5.30 | 7 |
| 4 | 110 | James DICK | Tri Team Wessex | V | 26:32 | 53:36 | + 9.52 | 2 |
| 5 | 60 | Stephen WILKINSON | Folkestone Velo Club | V | 26:24 | 53:42 | +2.39 | 19 |
| 6 | 38 | Richard O'ROURKE | Team Vision Racing - Silverhook | V | 26:22 | 53:47 | +7.25 | 4 |
| 7 | \$81 | Amy PRITCHARD | Team Bottrill | WV | 27:10 | 54:37 | +0.45 | 30 |
| 8 | 72 | Colin NEWTON | Folkestone Velo Club | S | 27:12 | 55:00 | +3.30 | 12 |
| 9 | 53 | Matthew DURDY | Richmond CC | V | 27:31 | 55:14 | +5.15 | 8 |
| 10 | 82 | Rob CHEETHAM | Shaftesbury CC | S | 27:08 | 55:23 | +2.59 | 16 |
| 11 | 100 | Martin ANDREWS | Velo Club Venta | V | 27:19 | 55:36 | $\dagger$ | $\dagger$ |
| 12 | 66 | Gary PAMMENT | 3T-RACING | V | 27:06 | 55:42 | +2.07 | 22 |
| 13 | 90 | Robert DAVIES | CCC Sudbury | V | 26:58 | 55:48 | + | $\dagger$ |
| 14= | 40 | Martin BAUMBER | Shaftesbury CC | V | 27:28 | 55:55 | +0.24 | 36 |
| 14= | 54 | Justin GYTON | Kings Lynn CC | V | 27:39 | 55:55 | + 5.59 | 6 |
| 16 | 61 | Sean BRADLEY | Team Trident | S | 27:47 | 56:10 | +0.52 | 28 |
| 17 | 91 | Sam DAY | CS Grupetto | V | 27:06 | 56:12 | +0.42 | 32 |
| 18 | 25 | Adam BISHOP | Lea Valley CC | V | 28:30 | 56:21 | +0.23 | 37 |
| 19 | 85 | Adrian KILLWORTH | Welland Valley CC | V | 27:35 | 56:28 | +0.04 | 39 |
| 20 | 106 | Paul FAIRMAN | Abellio-SFA Racing Team | V | 28:03 | 56:38 | + +0.44 | 31 |
| 21 | 73 | Steve JONES | Hemel Hempstead CC | S | 27:40 | 56:43 | +3.25 | 14 |
| 22 | 36 | lan PIKE (Trike) | Lincoln Wheelers CC | V | 28:04 | 57:05 | +0.54 | 27 |
| 23 | 48 | Paul LOOKE | Shaftesbury CC | V | 28:02 | 57:21 | +3.51 | 11 |
| 24 | 68 | Paul BACHINI | Icknield RC | S | 28:07 | 57:27 | +1.53 | 23 |
| 25= | 16 | Sam DORKINGS | GS Avanti | S | 27:46 | 57:31 | +0.33 | 33 |
| 25= | 27 | Ryan SHEPPARD | G.S. Henley | S | 28:30 | 57:31 | +2.27 | 20 |
| 27 | 84 | Stuart FIELD | CCAshwell | V | 28:12 | 57:33 | +4.13 | 9 |
| 28 | 30 | Mick CASE | Bedfordshire Road RT | V | 28:29 | 57:36 | -1.17 | 55 |
| 29 | 10 | Richard MOULE | Bossard Whs | V | 28:27 | 57:40 | -1.20 | 57 |
| 30= | 96 | Mark BURTONSHAW | Team Swift | V | 27:56 | 57:44 | -0.09 | 43 |
| 30= | 105 | Carmelo LUGGERI | CCAshwell | V | 28:29 | 57:44 | -1.15 | 53= |
| 32 | 14 | Mike WATSON | CC Breckland | V | 28:07 | 57:49 | $+6.10$ | 5 |
| 33 | 67 | Andy NEWHAM (Trike) | Lincoln Wheelers CC | V | 28:42 | 57:54 | +1.05 | 25 |
| 34 | 51 | Joe EMPSON | Anglia Velo | V | 28:22 | 57:57 | $-0.50$ | 50 |
| 35 | 35 | Damian MONAGHAN | ABCpure | S | 28:32 | 57:59 | -1.15 | 53= |
| 36 | 65 | Helen REYNOLDS | Hemel Hempstead CC | WV | 28:20 | 58:04 | -1.23 | 59= |
| 37 | 77 | Michael PORTER | 34 Nomads CC | V | 27:51 | 58:08 | +0.51 | 29 |
| 38 | 21 | David COOK | Bedfordshire Road RT | V | 28:36 | 58:10 | -1.22 | 58 |
| 39 | 80 | Colum Foster | Ratae RC | S | 27:42 | 58:11 | -2.11 | 66 |
| 40 | 109 | John GRIFFIN | Tri London | V | 28:19 | 58:14 | +3.20 | 15 |
| 41 | 102 | David PHILLIPS | Old Portlians CC | $V$ | 28:04 | 58:17 | -0.12 | 44 |
| 42 | 83 | Mark VOWELLS (Trike) | CC Bexley | V | 28:21 | 58:24 | +2.16 | 21 |
| 43 | 56 | Danny FROST | Folkestone Velo Club | V | 28:33 | 58:39 | -0.48 | 48 |
| 44= | 8 | Hamish BROWN | GS Avanti | V | 29:00 | 58:50 | +2.41 | 18 |
| 44= | 31 | Chris SYMONDS | North Road CC | V | 29:17 | 58:50 | -1.52 | 62 |
| 46= | 22 | Gary JACKSON | Shaftesbury CC | V | 28:57 | 58:57 | -0.14 | 45 |
| 46= | 86 | Richard PAYN | 34 Nomads CC | V | 29:02 | 58:57 | -1.19 | 56 |
| 48 | 62 | Steve SHORE | Southend Wheelers | V | 29:16 | 59:06 | -0.34 | 47 |
| 49= | 17 | Hugh WILLIAMS | Provision Cycle Clothing | V | 29:01 | 59:09 | 0.00 | 41 |
| 49= | 97 | Bob QuARTON | Wolsey RC | V | 28:51 | 59:09 | +0.03 | 40 |
| 51 | 29 | Dave MASON (Trike) | Lincoln Wheelers CC | V | 29:19 | 59:18 | + 10.37 | 1 |
| 52 | 95 | Tony TUOHY | Redmon CC | $v$ | 28:18 | 59:20 | -2.50 | 74= |
| 53= | 42 | Nigel FINCH | Mercia - Lloyds Cycles CC | V | 29:44 | 59:27 | -0.49 | 49 |
| 53= | 88 | Colin ASHCROFT | West Kent RC | V | 28:49 | 59:27 | +1.23 | 24 |


| Pos | No | Name | Club | Cat | $121 / 2 \mathrm{mls}$ | 25 miles | + /- | Pos |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 55 | 15 | Chris WOMACK | VC Baracchi | V | 29:37 | 59:42 | -2.55 | 76= |
| 56 | 71 | Cliff VOLLER | Newbury RC | V | 29:37 | 59:54 | -2.42 | 71 |
| 57 | 32 | Paul EVELEIGH | Lincoln Wheelers CC | V | 29:35 | 1:00:03 | -1.24 | 61 |
| 58= | 43 | Grazyna MONAGHAN | ABCPure | W | 29:37 | 1:00:19 | +0.07 | 38 |
| 58= | 70 | Stephen SCOTT | Elmsall Road Club | V | 29:36 | 1:00:19 | -4.17 | 86= |
| 60 | 76 | Mandy BUNN | Datalynx-Parenesis Cycling | WV | 29:39 | 1:00:20 | -2.40 | 70 |
| 61 | 52 | Nigel CROXFORD | High Wycombe CC | V | 29:54 | 1:00:33 | -1.57 | 63 |
| 62 | 50 | Ray RETTER | Born to Bike - Bridgtown Cycles | V | 29:00 | 1:00:36 | -4.18 | 88 |
| 63 | 98 | Joy PAYNE | Amersham Road Cycling Club | WV | 29:38 | 1:00:52 | -0.04 | 42 |
| 64 | 28 | Paul THOMPSON | Twickenham CC | V | 29:55 | 1:00:59 | +0.27 | 34= |
| 65 | 18 | Dominic WHITEHEAD | St Ives CC | V | 29:59 | 1:01:02 | +0.27 | 34= |
| 66 | 20 | Jeremy SAYNOR | PMR | V | 30:19 | 1:01:11 | -5.02 | 89 |
| 67 | 41 | Graham PEPPERDINE | Verulam CC | V | 30:13 | 1:01:18 | -4.07 | 85 |
| 68 | 87 | John McGLASHAN | Redmon CC | V | 29:38 | 1:01:21 | -1.23 | 59= |
| 69 | 101 | David LANCASTER | VC 10 | V | 30:05 | 1:01:35 | -4.17 | 86= |
| 70 | 78 | Patrick CHARLTON | Wolsey RC | V | 29:14 | 1:01:57 | -1.06 | 52 |
| 71 | 37 | Claire JESSOP | Otley CC | WV | 30:20 | 1:02:04 | -2.08 | 65 |
| 72 | 92 | Shay GILES | VC Elan - Harry Perry Cycles | V | 30:22 | 1:02:16 | -3.55 | 83 |
| 73 | 47 | Eva NYIRENDA | ...a3crg | W | 30:52 | 1:02:29 | -2.50 | 74= |
| 74 | 58 | Tony CAPON | Becontree Wheelers CC | V | 30:40 | 1:02:30 | -2.27 | 68 |
| 75 | 44 | Keith DALTON | Ford CC | V | 30:43 | 1:03:04 | -1.02 | 51 |
| 76 | 63 | Melvyn LEWIS | Born to Bike - Bridgtown Cycles | V | 31:02 | 1:03:06 | -2.30 | 69 |
| 77 | 23 | Lisa HURRELL | Maldon \& District CC' | W | 31:10 | 1:03:55 | -3.44 | 81 |
| 78 | 108 | John SWANBURY | VC Baracchi | V | 31:24 | 1:03:56 | -3.10 | 78 |
| 79 | 99 | Stephanie COUSINS | Team Milton Keynes | WV | 31:52 | 1:05:06 | +0.56 | 26 |
| 80 | 57 | Stephen HITCHCOCK | CCC Sudbury | V | 30:58 | 1:05:09 | -5.36 | 90 |
| 81 | 64 | Barry QUICK | Reading CC | V | 31:39 | 1:05:21 | -3.28 | 80 |
| 82 | 104 | Brian MARTIN | Ciclos Uno | V | 32:28 | 1:06:00 | -2.04 | 64 |
| 83 | 69 | April LEWIS | Born to Bike - Bridgtown Cycles | WV | 33:05 | 1:06:51 | -2.24 | 67 |
| 84 | 34 | Murray KIRTON | $A 5$ Rangers CC | V | 32:47 | 1:07:11 | -3.45 | 82 |
| 85 | 79 | Gary WRIGHT (Trike) | Lincoln Wheelers CC | V | 32:04 | 1:07:52 | -2.47 | 73 |
| 86 | 11 | Mark ENDERSBY | Anglia Velo | V | 33:11 | 1:07:56 | -10.42 | 92 |
| 87 | 24 | John HASSALL | Bossard Whs | V | 33:24 | 1:08:18 | -5.43 | 91 |
| 88 | 39 | Trevor PARRISH | A5 Rangers CC | V | 33:08 | 1:08:32 | -0.16 | 46 |
| 89 | 89 | Andrew PORTER | Welwyn Whs | V | 33:13 | 1:08:58 | -3.58 | 84 |
| 90 | 19 | Anne BENNETT | Serpentine Running Club | WV | 34:45 | 1:09:03 | +2.47 | 17 |
| 91 | 59 | Peter HORSNELL | Chelmer CC | V | 34:32 | 1:10:40 | -2.55 | 76= |
| 92 | 49 | Antonio PAOLINO | Essex Roads CC | V | 34:27 | 1:11:02 | -3.12 | 79 |
| 93 | 13 | John MURPHY | Gloucester City Cycling Club | V | 33:42 | 1:11:54 | -11.10 | 93 |
| 94 | 9 | Rebecca HAMMOND | Maldon \& District CC | W | 31:09 | 1:15:18 | -2.43 | 72 |
| 95 | 7 | Kerry MARSH | Maldon \& District CC | W | 37:07 | 1:17:08 | +9.51 | 3 |
| 96 | 12 | Phillip JENKINS (LS) | Bedfordshire Road CC | v | 30:45 | 1:39:32 | -40.42 | 94 |
|  | 26 | John SELLARS | London Phoenix CC | V |  | DNS(A) |  |  |
|  | 33 | Matthew COOK | Bedfordshire Road RT | V |  | DNS $(\mathrm{A})$ |  |  |
|  | 46 | Jerome WATTS | Braintree Velo CRC | V |  | DNS |  |  |
|  | 74 | Roger HUTCHINGS | Lewes Wanderers CC | V |  | DNS $(\mathrm{A})$ |  |  |
|  | 75 | Chris SPRAY | Ratae RC | V |  | DNS $(\mathrm{A})$ |  |  |
|  | 93 | Richard STEVENS | Shaftesbury CC | V |  | DNS $(\mathrm{A})$ |  |  |
|  | 94 | Gary BOYD | Hub Velo | V |  | DNS $(\mathrm{A})$ |  |  |
|  | 103 | Claire LEE | Glendene CC | WV |  | DNS $(\mathrm{A})$ |  |  |

In the tables of above
Riders shown with $\dagger$ in the Improvement Pos column had no " 25 " time in the current \& last 3 seasons and those shown with $\S$ against their number had beaten 56:00 prior to the event.

Time for Phillip Jenkins (No. 12) includes 37:30 late start.

An Easter heatwave! Dry, sunny and very warm with just that gusting breeze making the return journey a bit slower. Still that didn't stop a lot of riders from improving with 40 of the 99 finishers ending up with a new PB and 15 disqualifying themselves from next year's event having beaten 56:00.
Many congratulations to the Lincoln Wheelers trio of trike riders, Ian Wright, Andy Newham and Dave Mason on their new 25 miles Trike Team Competition Record. Their time of 2:54:17 beat the old record set in 1992 by 5 minutes and 19 seconds. Lincoln Wheelers now hold the 15, 25 and 30 Trike Team records and we wish them more success as they set about re-writing the record books.
Because of the ruling that riders who had previously beaten 56:00 before the event could not count for the prizes the actual fastest lady is not the winner of the Fastest Ladies award but I'm sure Amy Pritchard will be pleased to have improved her time once again. Our congratulations to you all and especially to the prize winners. Martin Cane's excellent 52:36 was an improvement of over 4 minutes Second fastest Neil Crowther (53:08) and third fastest Sam Hughes (53:27) both had substantial improvements making their long journeys to the E2 worthwhile. Folkestone Velo Club were well pleased with their Team win. Helen Reynolds with her 58:04 took the Ladies' first place award with Grazyna Monaghan second with 1:00:19 while Dave Mason on his trike produced an impressive improvement of 10:37 to head that prize list.
The Shaftesbury have now been promoting the MM 25 for 52 years, always with the intention of giving up-and-coming riders the chance to ride on the faster courses. The limit has got faster over the years and this year we lowered the limit to 56:00. Despite that entries were still well short of the 150 field limit but that could well be due to the event coinciding with Easter Saturday. As most of you will know the E2 25 course cannot be used during the summer months of June, July and August and May is already full of established events so we had no alternative to the April date which is where we will probably be next year.
For those of you still outside the 56 limit look out for our event next year, we'd be delighted to receive your entry.
Very few non-starters and our thanks to those who let us know in advance and also to those riders who expressed their thanks by email or on the forums. Talking of appreciation, I and all the riders owe a debt of gratitude to the many helpers who are all needed to run a safe and enjoyable event and these are:

Joe O'Herlihy (signing on/off), Jim Poulain and Jim Green (pushers off), Scott Beard, Laurence Bellamy, Alan Clements, Phil Hodey, Richard Parrotte (Four Went Ways), Norman Hurrell (Halfway Check), Paul Hirst (Finish Area Recorder), Keith West (Results Board) and Dave Nock (Signage and Traffic Count). Lastly and by no means least Michael Keen, Frida Wezel \& Peter Smith (Timekeepers).
Special thanks to Helen Poulain \& Sharon Jackson for preparing all those wonderful cakes and to Helen for looking after the catering on the day and and thanks to you all for donating to our charity of Little Havens Children's Hospice. They will be pleased to receive a substantial sum.
Without these volunteers we would not be able to promote our ever successful events and again I Thank You.

