Shaftesbury Cycling Club

Result of MiddleMarkers 25 Miles Time Trial

Saturday 20th April 2019 Course E2/25

Timekeepers: Michael Keen, Frida Wezel & Peter Smith

Event Secretary: Ian Jackson 37 Mill Lane, Danbury, Chelmsford, Essex, CM3 4LB Mobile: 07976 964408 Email: 250rganiser@shaftesburycc.co.uk

Awards

IVIC					
	ıst	Martin Canes	Chelmer CC	52:36	£40
	2nd	Neil Crowther	Blazing Saddles	53.08	£25
Wo	men				
	ıst	Helen Reynolds	Hemel Hempstead CC	58:04	£40
	2nd	Grazyna Monaghar	n ABCpure	1:00:19	£25
Imp	provement				
	ıst	Dave Mason (Trike)	Lincoln Wheelers CC	+ 10.37	£50
	2nd	James Dick	Tri Team Wessex	+ 9.52	£40
	3rd	Kerry Marsh	Maldon & District CC	+ 9.51	£30
	4th	Richard O'Rourke	Team Vision Racing	+ 7.25	£25
	5th	Mike Watson	CC Breckland	+ 6.10	£20
	6th	Justin Gyton	Kings Lynn CC	+ 5.59	£15
Fast	test Team of	f 3	•		
	2:47:2	21			

One Rider, One Prize, except for Team Award

Stephen Wilkinson, Colin Newton, Danny Frost

£10 each

Visit our Website at www.ShaftesburyCC.co.uk for details of all Club promotions and activities

Pos	No	Name	Club	Cat	12½ mls	25 mls	+/-	Pos
1	55	Martin CANES	Chelmer CC	S	26:04	52:36	+ 4.07	10
2	45	Neil CROWTHER	Blazing Saddles	V	26:32	53:08	+ 3.27	13
3	107	Sam HUGHES	Liverpool Century RC	S	26:14	53:27	+ 5.30	7
4	110	James DICK	Tri Team Wessex	V	26:32	53:36	+ 9.52	2
5	60	Stephen WILKINSON	Folkestone Velo Club	V	26:24	53:42	+ 2.39	19
6	38	Richard O'ROURKE	Team Vision Racing - Silverhook	٧	26:22	53:47	+ 7.25	4
7	§ 81	Amy PRITCHARD	Team Bottrill	W۷	27:10	54:37	+ 0.45	30
8	72	Colin NEWTON	Folkestone Velo Club	S	27:12	55:00	+ 3.30	12
9	53	Matthew DURDY	Richmond CC	V	27:31	55:14	+ 5.15	8
10	82	Rob CHEETHAM	Shaftesbury CC	S	27:08	55:23	+ 2.59	16
11	100	Martin ANDREWS	Velo Club Venta	٧	27:19	55:36	†	+
12	66	Gary PAMMENT	3T-RACING	٧	27:06	55:42	+ 2.07	22
13	90	Robert DAVIES	CC Sudbury	V	26:58	55:48	†	+
14=	40	Martin BAUMBER	Shaftesbury CC	٧	27:28	55:55	+ 0.24	36
14=	54	Justin GYTON	Kings Lynn CC	V	27:39	55:55	+ 5.59	6
16	61	Sean BRADLEY	Team Trident	S	27:47	56:10	+ 0.52	28
17	91	Sam DAY	CS Grupetto	V	27:06	56:12	+ 0.42	32
18	25	Adam BISHOP	Lea Valley CC	V	28:30	56:21	+ 0.23	37
19	85	Adrian KILLWORTH	Welland Valley CC	V	27:35	56:28	+ 0.04	39
20	•	Paul FAIRMAN	Abellio - SFA Racing Team	V	28:03	56:38	+ 0.44	31
21	73	Steve JONES	Hemel Hempstead CC	S	27:40	56:43	+ 3.25	14
22	36	Ian PIKE (Trike)	Lincoln Wheelers CC	۷	28:04	57:05	+ 0.54	27
23	48	Paul LOOKE	Shaftesbury CC	V	28:02	57:21	+ 3.51	11
24	68	Paul BACHINI	Icknield RC	S	28:07	57:27	+ 1.53	23
25=	16	Sam DORKINGS	GS Avanti	S	27:46	57:31	+ 0.33	33
25=	27	Ryan SHEPPARD	G.S. Henley	S	28:30	57:31	+ 2.27	20
27	84	Stuart FIELD	CC Ashwell		28:12	57:33	+ 4.13	9
28	30	Mick CASE	Bedfordshire Road RT	V V	28:29	57:36	- 1.17	55
29	10	Richard MOULE	Bossard Whs	V	28:27	57:40	- 1.17	57
30=	96	Mark BURTONSHAW	Team Swift		27:56	57:44	- 0.09	·
30=		Carmelo LUGGERI	CC Ashwell	V V	28:29	57:44 57:44	- 0.09 - 1.15	43 53=
30= 32	105	Mike WATSON	CC Asriweii CC Breckland	V	28:07	57:44	+ 6.10	5 5
	4						<u>.</u>	
33	67	Andy NEWHAM (Trike)	Lincoln Wheelers CC	V V	28:42	57:54	+ 1.05	25
34	51	Joe EMPSON	Anglia Velo	onomoĝi en en en e	28:22	57:57 57:59	- 0.50	50
35	35	Damian MONAGHAN	ABCpure	S	28:32		- 1.15	53=
36	65 77	Helen REYNOLDS	Hemel Hempstead CC	W۷	28:20	58:04	- 1.23	59=
37	77	Michael PORTER	34 Nomads CC	V	27:51	58:08	+ 0.51	29
38	21	David COOK	Bedfordshire Road RT	V c	28:36	58:10	- 1.22 2.11	58 66
39	80	Colum FOSTER	Ratae RC	S	27:42	58:11	- 2.11	66
40	<u> </u>	John GRIFFIN	Tri London	V	28:19	58:14	+ 3.20	15
41	102		Old Portlians CC	V	28:04	58:17	- 0.12	44
42	83	Mark VOWELLS (Trike)	CC Bexley	V	28:21	58:24	+ 2.16	21
43	56	Danny FROST	Folkestone Velo Club	٧	28:33	58:39	- 0.48	48
44=	8	Hamish BROWN	GS Avanti	V	29:00	58:50	+ 2.41	18
44=	31	Chris SYMONDS	North Road CC	V	29:17	58:50	- 1.52	62
46=	22	Gary JACKSON	Shaftesbury CC	٧	28:57	58:57	- 0.14	45
46=	86	Richard PAYN	34 Nomads CC	٧	29:02	58:57	- 1.19	56
48	62	Steve SHORE	Southend Wheelers	V V	29:16	59:06	- 0.34	47
49=	17	Hugh WILLIAMS	Pro Vision Cycle Clothing		29:01	59:09	0.00	41
49=	97	Bob QUARTON	Wolsey RC	٧	28:51	59:09	+ 0.03	40
51	29	Dave MASON (Trike)	Lincoln Wheelers CC	V	29:19	59:18	+ 10.37	1
52	95	Tony TUOHY	Redmon CC	V	28:18	59:20	- 2.50	74=
53=	42	Nigel FINCH	Mercia - Lloyds Cycles CC	V	29:44	59:27	- 0.49	49
53=	88	Colin ASHCROFT	West Kent RC	V	28:49	59:27	+ 1.23	24

56 71 C 57 32 P 58= 43 G 58= 70 S 60 76 M 61 52 N 62 50 R 63 98 Jd 64 28 P 65 18 D 66 20 Jd 67 41 G 68 87 Jd 69 101 D 70 78 P 71 37 C 72 92 S 73 47 E 74 58 T 75 44 K 76 63 M	otephen SCOTT Mandy BUNN Nigel CROXFORD Nay RETTER OY PAYNE Paul THOMPSON Dominic WHITEHEAD GEREN SAYNOR GRAHAM PEPPERDINE OON MCGLASHAN DOWID LANCASTER	VC Baracchi Newbury RC Lincoln Wheelers CC ABCpure Elmsall Road Club Datalynx-Parenesis Cycling High Wycombe CC Born to Bike - Bridgtown Cycles Amersham Road Cycling Club Twickenham CC St Ives CC PMR	V V W V WV V WV	29:37 29:37 29:35 29:37 29:36 29:39 29:54 29:00 29:38 29:55	59:42 59:54 1:00:03 1:00:19 1:00:19 1:00:20 1:00:33 1:00:36 1:00:52	- 2.55 - 2.42 - 1.24 + 0.07 - 4.17 - 2.40 - 1.57 - 4.18	76= 71 61 38 86= 70 63 88
57 32 P 58= 43 G 58= 70 S 60 76 M 61 52 N 62 50 R 63 98 Jd 64 28 P 65 18 D 66 20 Jd 67 41 G 69 101 D 70 78 P 71 37 C 72 92 S 73 47 E 74 58 T 75 44 K 76 63 N	Paul EVELEIGH Grazyna MONAGHAN Stephen SCOTT Mandy BUNN Nigel CROXFORD Ray RETTER OY PAYNE Paul THOMPSON Dominic WHITEHEAD Graham PEPPERDINE OON MCGLASHAN DOWID LANCASTER	Lincoln Wheelers CC ABCpure Elmsall Road Club Datalynx-Parenesis Cycling High Wycombe CC Born to Bike - Bridgtown Cycles Amersham Road Cycling Club Twickenham CC St Ives CC PMR	V W V V V W V	29:35 29:37 29:36 29:39 29:54 29:00 29:38	1:00:03 1:00:19 1:00:19 1:00:20 1:00:33 1:00:36	- 1.24 + 0.07 - 4.17 - 2.40 - 1.57 - 4.18	61 38 86= 70 63
58= 43 G 58= 70 S 60 76 M 61 52 N 62 50 R 63 98 JG 64 28 P 65 18 D 66 20 JG 68 87 JG 69 101 D 70 78 P 71 37 C 72 92 S 73 47 E 74 58 T 75 44 K 76 63 M	Grazyna MONAGHAN Stephen SCOTT Mandy BUNN Nigel CROXFORD Nay RETTER OY PAYNE Paul THOMPSON Dominic WHITEHEAD Graham PEPPERDINE OHN MCGLASHAN DOWID LANCASTER	ABCpure Elmsall Road Club Datalynx-Parenesis Cycling High Wycombe CC Born to Bike - Bridgtown Cycles Amersham Road Cycling Club Twickenham CC St Ives CC PMR	W V WV V WV	29:37 29:36 29:39 29:54 29:00 29:38	1:00:19 1:00:19 1:00:20 1:00:33 1:00:36	- 1.24 + 0.07 - 4.17 - 2.40 - 1.57 - 4.18	38 86= 70 63
58= 70 S 60 76 M 61 52 N 62 50 R 63 98 JG 64 28 P 65 18 D 66 20 JG 68 87 JG 69 101 D 70 78 P 71 37 C 72 92 S 73 47 E 74 58 T 75 44 K 76 63 M	otephen SCOTT Mandy BUNN Nigel CROXFORD Nay RETTER OY PAYNE Paul THOMPSON Dominic WHITEHEAD GEREN SAYNOR GRAHAM PEPPERDINE OON MCGLASHAN DOWID LANCASTER	Elmsall Road Club Datalynx-Parenesis Cycling High Wycombe CC Born to Bike - Bridgtown Cycles Amersham Road Cycling Club Twickenham CC St Ives CC PMR	V WV V WV	29:36 29:39 29:54 29:00 29:38	1:00:19 1:00:20 1:00:33 1:00:36	- 4.17 - 2.40 - 1.57 - 4.18	86= 70 63
60 76 M 61 52 N 62 50 R 63 98 JG 64 28 P 65 18 D 66 20 JG 67 41 G 68 87 JG 69 101 D 70 78 P 71 37 C 72 92 S 73 47 E 74 58 T 75 44 K 76 63 N	Mandy BUNN Nigel CROXFORD Nay RETTER OY PAYNE Paul THOMPSON Dominic WHITEHEAD Eremy SAYNOR Graham PEPPERDINE OON MCGLASHAN DOVID LANCASTER	Datalynx-Parenesis Cycling High Wycombe CC Born to Bike - Bridgtown Cycles Amersham Road Cycling Club Twickenham CC St Ives CC PMR	WV V V WV	29:39 29:54 29:00 29:38	1:00:20 1:00:33 1:00:36	- 2.40 - 1.57 - 4.18	70 63
61 52 N 62 50 R 63 98 JG 64 28 P 65 18 D 66 20 JG 67 41 G 68 87 JG 69 101 D 70 78 P 71 37 C 72 92 S 73 47 E 74 58 T 75 44 K 76 63 N	Nigel CROXFORD Ray RETTER OY PAYNE Paul THOMPSON Dominic WHITEHEAD Eremy SAYNOR Graham PEPPERDINE OHN McGLASHAN David LANCASTER	High Wycombe CC Born to Bike - Bridgtown Cycles Amersham Road Cycling Club Twickenham CC St Ives CC PMR	V V WV V	29:54 29:00 29:38	1:00:33 1:00:36	- 1.57 - 4.18	63
61 52 N 62 50 R 63 98 JG 64 28 P 65 18 D 66 20 JG 67 41 G 68 87 JG 69 101 D 70 78 P 71 37 C 72 92 S 73 47 E 74 58 T 75 44 K 76 63 N	Nigel CROXFORD Ray RETTER OY PAYNE Paul THOMPSON Dominic WHITEHEAD Eremy SAYNOR Graham PEPPERDINE OHN McGLASHAN David LANCASTER	Born to Bike - Bridgtown Cycles Amersham Road Cycling Club Twickenham CC St Ives CC PMR	V WV V	29:00 29:38	1:00:36	- 4.18	\$10000
63 98 JG 64 28 P 65 18 D 66 20 JG 67 41 G 68 87 JG 69 101 D 70 78 P 71 37 C 72 92 S 73 47 E 74 58 T 75 44 K 76 63 N	oy PAYNE Paul THOMPSON Dominic WHITEHEAD eremy SAYNOR Graham PEPPERDINE ohn McGLASHAN David LANCASTER	Amersham Road Cycling Club Twickenham CC St Ives CC PMR	WV V	29:38	·		88
64 28 P 65 18 D 66 20 B 67 41 G 68 87 D 70 78 P 71 37 C 72 92 S 73 47 E 74 58 T 75 44 K 76 63 N	Paul THOMPSON DOMINIC WHITEHEAD EREMY SAYNOR GRAHAM PEPPERDINE OHN MCGLASHAN DAVId LANCASTER	Twickenham CC St Ives CC PMR	V		1:00:52		
65 18 D 66 20 B 67 41 G 68 87 B 69 101 D 70 78 P 71 37 C 72 92 S 73 47 E 74 58 T 75 44 K 76 63 N	Dominic WHITEHEAD eremy SAYNOR Graham PEPPERDINE ohn McGLASHAN David LANCASTER	St Ives CC PMR		29:55		- 0.04	42
66 20 Je 67 41 G 68 87 Jo 69 101 D 70 78 P 71 37 C 72 92 SI 73 47 E 74 58 T 75 44 K 76 63 N	eremy SAYNOR Graham PEPPERDINE ohn McGLASHAN David LANCASTER	PMR	\/		1:00:59	+ 0.27	34=
67 41 6 68 87 10 69 101 D 70 78 P 71 37 C 72 92 S 73 47 E 74 58 T 75 44 K 76 63 N	Graham PEPPERDINE ohn McGLASHAN David LANCASTER		V	29:59	1:01:02	+ 0.27	34=
68 87 Jg 69 101 D 70 78 P 71 37 C 72 92 SI 73 47 E 74 58 T 75 44 K 76 63 N	ohn McGLASHAN David LANCASTER		V	30:19	1:01:11	- 5.02	89
69 101 D 70 78 P 71 37 C 72 92 SI 73 47 E 74 58 T 75 44 K 76 63 N	David LANCASTER	Verulam CC	V	30:13	1:01:18		85
70 78 P 71 37 C 72 92 S 73 47 E 74 58 T 75 44 K 76 63 M		Redmon CC	V	29:38	1:01:21	- 1.23	59=
71 37 C 72 92 S 73 47 E 74 58 T 75 44 K 76 63 M		VC 10	V	30:05	1:01:35	- 4.17	86=
72 92 SI 73 47 E 74 58 T 75 44 K 76 63 M	Patrick CHARLTON	Wolsey RC	V	29:14	1:01:57	- 1.06	52
73 47 E 74 58 T 75 44 K 76 63 M	Claire JESSOP	Otley CC	WV	30:20	1:02:04	- 2.08	65
74 58 To 75 44 K 76 63 M	hay GILES	VC Elan - Harry Perry Cycles	V	30:22	1:02:16	- 3.55	83
75 44 K 76 63 M	va NYIRENDA	a3crg	W	30:52	1:02:29	- 2.50	74=
76 63 N	ony CAPON	Becontree Wheelers CC	V	30:40	1:02:30	- 2.27	68
	Ceith DALTON	Ford CC	V	30:43	1:03:04	- 1.02	51
77 23 Li	Melvyn LEWIS	Born to Bike - Bridgtown Cycles	V	31:02	1:03:06	- 2.30	69
	isa HURRELL	Maldon & District CC	W	31:10	1:03:55	- 3.44	81
	ohn SWANBURY	VC Baracchi	V	31:24	1:03:56	- 3.10	78
	tephanie COUSINS	Team Milton Keynes	WV	31:52	1:05:06	+ 0.56	26
	tephen HITCHCOCK	CC Sudbury	V	30:58	1:05:09	- 5.36	90
	Barry QUICK	Reading CC	V	31:39	1:05:21	- 3.28	80
	Brian MARTIN	Ciclos Uno	V	32:28	1:06:00	- 2.04	64
	April LEWIS	Born to Bike - Bridgtown Cycles	WV	33:05	1:06:51	- 2.24	67
	Murray KIRTON	A5 Rangers CC Lincoln Wheelers CC	V	32:47	1:07:11	- 3.45	82
	Gary WRIGHT (Trike)	Anglia Velo	V	32:04	1:07:52		73 92
	Mark ENDERSBY ohn HASSALL	Bossard Whs	V	33:11 33:24	1:07:56 1:08:18	- 10.42 - 5.43	92
	revor PARRISH	A5 Rangers CC	V	33:08	1:08:32	- 0.16	46
······································	Andrew PORTER	Welwyn Whs	V	33:13	1:08:58	- 3.58	84
	Anne BENNETT	Serpentine Running Club	WV	34:45	1:09:03		17
	Peter HORSNELL	Chelmer CC	V	34:32	1:10:40	- 2.55	76=
	Antonio PAOLINO	Essex Roads CC	V	34:27	1:11:02	- 3.12	70- 79
	ohn MURPHY	Gloucester City Cycling Club	V	33:42	1:11:54		93
	Rebecca HAMMOND	Maldon & District CC	W	31:09	1:15:18	- 2.43	72
	Cerry MARSH	Maldon & District CC	W	37:07	1:17:08	+ 9.51	3
	Phillip JENKINS (LS)	Bedfordshire Road CC	V	30:45	1:39:32		94
	ohn SELLARS	London Phoenix CC	V		DNS(A)		
	Matthew COOK	Bedfordshire Road RT	V		DNS(A)		
	erome WATTS	Braintree Velo CRC	V		DNS		
	Roger HUTCHINGS	Lewes Wanderers CC	V		DNS(A)		
	Chris SPRAY	Ratae RC	V		DNS(A)		
	Richard STEVENS	Shaftesbury CC	V		DNS(A)		
		Hub Velo	V				\$1111111111111111111111111111111111111
103 C	Sary BOYD				DNS(A)		: 1

In the tables of above

Riders shown with \dagger in the Improvement Pos column had no "25" time in the current & last 3 seasons and those shown with \S against their number had beaten 56:00 prior to the event.

An Easter heatwave! Dry, sunny and very warm with just that gusting breeze making the return journey a bit slower. Still that didn't stop a lot of riders from improving with 40 of the 99 finishers ending up with a new PB and 15 disqualifying themselves from next year's event having beaten 56:00.

Many congratulations to the Lincoln Wheelers trio of trike riders, Ian Wright, Andy Newham and Dave Mason on their new 25 miles Trike Team Competition Record. Their time of 2:54:17 beat the old record set in 1992 by 5 minutes and 19 seconds. Lincoln Wheelers now hold the 15, 25 and 30 Trike Team records and we wish them more success as they set about re-writing the record books.

Because of the ruling that riders who had previously beaten 56:00 before the event could not count for the prizes the actual fastest lady is not the winner of the Fastest Ladies award but I'm sure Amy Pritchard will be pleased to have improved her time once again. Our congratulations to you all and especially to the prize winners. Martin Cane's excellent 52:36 was an improvement of over 4 minutes Second fastest Neil Crowther (53:08) and third fastest Sam Hughes (53:27) both had substantial improvements making their long journeys to the E2 worthwhile. Folkestone Velo Club were well pleased with their Team win. Helen Reynolds with her 58:04 took the Ladies' first place award with Grazyna Monaghan second with 1:00:19 while Dave Mason on his trike produced an impressive improvement of 10:37 to head that prize list.

The Shaftesbury have now been promoting the MM 25 for 52 years, always with the intention of giving up-and-coming riders the chance to ride on the faster courses. The limit has got faster over the years and this year we lowered the limit to 56:00. Despite that entries were still well short of the 150 field limit but that could well be due to the event coinciding with Easter Saturday. As most of you will know the E2 25 course cannot be used during the summer months of June, July and August and May is already full of established events so we had no alternative to the April date which is where we will probably be next year.

For those of you still outside the 56 limit look out for our event next year, we'd be delighted to receive your entry.

Very few non-starters and our thanks to those who let us know in advance and also to those riders who expressed their thanks by email or on the forums. Talking of appreciation, I and all the riders owe a debt of gratitude to the many helpers who are all needed to run a safe and enjoyable event and these are:

Joe O'Herlihy (signing on/off), Jim Poulain and Jim Green (pushers off), Scott Beard, Laurence Bellamy, Alan Clements, Phil Hodey, Richard Parrotte (Four Went Ways), Norman Hurrell (Halfway Check), Paul Hirst (Finish Area Recorder), Keith West (Results Board) and Dave Nock (Signage and Traffic Count). Lastly and by no means least Michael Keen, Frida Wezel & Peter Smith (Timekeepers).

Special thanks to Helen Poulain & Sharon Jackson for preparing all those wonderful cakes and to Helen for looking after the catering on the day and and thanks to you all for donating to our charity of Little Havens Children's Hospice. They will be pleased to receive a substantial sum.

Without these volunteers we would not be able to promote our ever successful events and again I Thank You.

Ian Jackson