



## Mersey Tri 10 Mile Time Trial

**Saturday 27/4/19 14:30**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

### Time Keepers

John Lahiff (Principal), Bob Jump (Assistant) and Richard Ashton (Assistant).

### Race HQ

The Race HQ will be at Bickerstaffe FC Hut. Postcode L39 0EH, there are limited changing and toilet facilities.

### Signing on (receiving your race day number)

Each competitor must sign on when collecting AND RETURNING their race numbers at the HQ, this is a CTT Requirement. Numbers should be pinned to the lower back area and be clearly visible. Make sure you call out your number at the finish, otherwise your time may not be recorded. Times will be displayed at HQ, do not ask for your time at the finish.

### Rules and Regulations

In the interests of your own safety cycling time trials and event promoters strongly advise you to wear a hard shell helmet that meets an internationally accepted safety standard. In accordance with regulation 15 :all juvenile and junior competitors must wear protective hard shell helmets.

Riders must **cover the shoulders and top of your arm** (traditional tri suits are not acceptable without a base layer underneath to cover the shoulders and upper arm). It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to the following road users and is active whilst the machine is in use.

Riders **MUST NOT** stand in the road at the start or finish. Riders **MUST NOT** make U-turns in the road near the start or finish. Riders **MUST NOT** ride with their head down. Any rider observed to be riding in an unsafe manner or disregarding the Highway Code may face disciplinary action.

### Results and Prizes

Category	1st	2nd	3 <sup>rd</sup>
Overall	£50	£40	£30
Female	£40	£30	£20
Under 20	£20	£12	
21-30	£20	£12	
31-40	£20	£12	
41-50	£20	£12	
51-60	£20	£12	
61+	£20	£12	
Fastest team of 3	£20 per rider		
Second team of 3	£12 per rider		

Results will be displayed on the day at the HQ, results will be ratified and prize money (cheques) sent out in the post after the event.

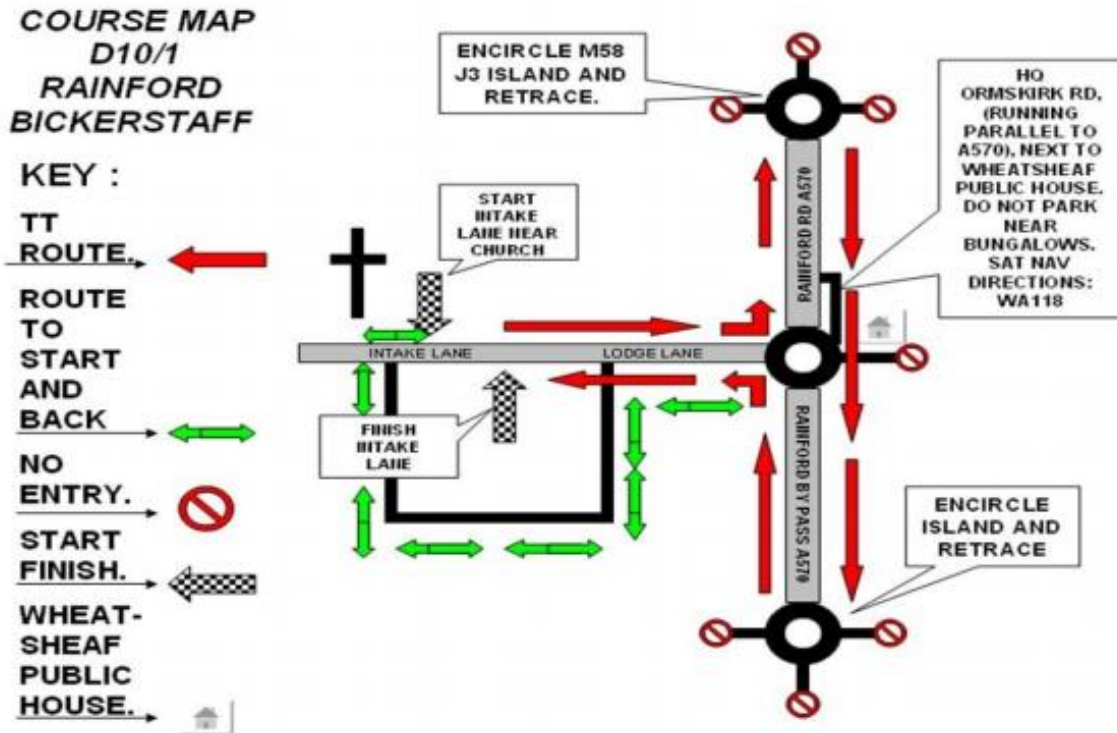
## Race Day Parking

Parking will be available at the HQ, please pay attention to marshals who will advise you on the best place to park, please **do not park near to the houses** in the local area.

**NO** parking near to the start or finish.

**Overspill parking** is available in the layby near to the Wheatsheaf/Holdi Indian restaurant (sat nav WA11 7TA), again **No parking near to the bungalows**. You can then ride up to the HQ to collect your number.

Please use the following map to ride up to the HQ, please do not ride along the finishing section of the course (follow the green arrows).



## Course Description (red arrows above)

Start at the field entrance on Intake Lane at the first raised kerbstone 210 yds south of Bickerstaffe church.

Proceed to Wheatsheaf island A570 Rainford Bypass and turn left (1.691 miles)

Proceed to M58 island -take care here - and encircle (3.353 miles)

Straight across Wheatsheaf island (*Holdi Indian restuarant*) and proceed to Rainford island (6.98 miles)

retrace back on A570 to Wheatsheaf island (8.736 miles) Left along Lodge Lane / Intake Lane to finish at second gatepost on edge of plantation (10 miles).

## Refreshments

Refreshments will be available in the Mersey Tri Gazebo at the HQ after the event.

**Start Times**

<b>Num</b>	<b>Start</b>	<b>First Name</b>	<b>Second Name</b>	<b>Club</b>
1	14:31	Dave	Connor	Mersey Tri
2	14:32	Caroline	Leighton	Lancashire RC
3	14:33	John	Fitzgerald	Mersey Tri
4	14:34	Jamie Leigh	Lloyd	Liverpool Braveheart Bicycle Club
5	14:35	Lizzie	O'mahony	Mersey Tri
6	14:36	Peter	Cowley	MedwayTri
7	14:37	Diane	Whorton	Mersey Tri
8	14:38	Julie	Fletcher-fox	Knutsford Tri Club
9	14:39	Sarah	Blacker	Mersey Tri
10	14:40	Michael	Boyes	Liverpool Century RC
11	14:41	Patrick	Breen	Mersey Tri
12	14:42	Stephen	Smout	North Shropshire Wheelers
13	14:43	Harry	Pepper	Mersey Tri
14	14:44	Richard	Warren	Liverpool Braveheart Bicycle Club
15	14:45	Owen	Barden	Mersey Tri
16	14:46	Paul	Mcnally	TricentralUk
17	14:47	Colin	Vallance-owen	Mersey Tri
18	14:48	Vivien	Hanson	Harry Middleton CC
19	14:49	Steve	Thomas	Mersey Tri
20	14:50	Dianne	Turner	Frodsham Wheelers
21	14:51	Grant	Davidson	Mersey Tri
22	14:52	Simon	Clifton	Liverpool Braveheart Bicycle Club
23	14:53	Tom	Millward	Mersey Tri
24	14:54	Rick	Warrington	Transition Race Team
25	14:55	Lorna	Harper	Mersey Tri
26	14:56	Joe	Allen	Liverpool Century RC
27	14:57	Gregory	Thomas	Mersey Tri
28	14:58	Robert	Bagot	Warrington Road Club/ Horton Light Engineering/RS Cyclesport
29	14:59	Chris	Bowers	Mersey Tri
30	15:00	Michael	Armstrong	Liverpool Century RC
31	15:01	Chris	Hanson-jones	Frodsham Wheelers
32	15:02	Simon	Fox	Port Sunlight Wheelers

33	15:03	Alice	Trevail	Mersey Tri
34	15:04	Brigid	Night	Frodsham Wheelers
35	15:05	Tony	Thackray	Mersey Tri
36	15:06	Gavin	Freeman	Liverpool Phoenix CC (Aintree)
37	15:07	Callum	Healey	Mersey Tri
38	15:08	Theresa	Taylor	Ribble Valley Crossroads Care Cycling Team
39	15:09	Joseph	Niven	Mersey Tri
40	15:10	David	Friend	Warrington Road Club/ Horton Light Engineering/RS Cyclesport
41	15:11	Yvie	Ryan	Mersey Tri
42	15:12	Maggi	Biggs	Team Bader Amputees
43	15:13	Brett	Hazelwood	Horwich Cycling Club
44	15:14	Jonathan	Fairhurst	Mersey Tri
45	15:15	Oliver	Short	Bristol South Cycling Club
46	15:16	Allan	Edwards	Mersey Tri
47	15:17	Rhys	Thomas	Cardiff Triathletes
48	15:18	Anthony	Mcloughlin	Mersey Tri
49	15:19	Mark	Joyson	Port Sunlight Wheelers
50	15:20	Andy	Whitehead	Seamons CC
51	15:21	Paul	Atkinson	Port Sunlight Wheelers
52	15:22	Ian	Casson	Birkenhead Victoria CC
53	15:23	David	Unsworth	Southport CC
54	15:24	Tony	Perrin	Stone Wheelers CC
55	15:25	Andrew	Moss	Crewe Clarion Whs
56	15:26	Stephen	Brereton	Mersey Tri
57	15:27	Robert	Taylor	Crewe Clarion Whs
58	15:28	David	Jones	Thatto Cycles Racing Team
59	15:29	Hannah	Fawcett	Liverpool Braveheart Bicycle Club
60	15:30	Barry	Williams	Mersey Tri
61	15:31	David	Lovatt	Liverpool Braveheart Bicycle Club
62	15:32	Michael	Heyes	Mersey Tri
63	15:33	Alan	Chell	Crewe Clarion Whs
64	15:34	Paul	Williams	Mersey Tri
65	15:35	Ashly	Rosewarne	Liverpool Phoenix CC (Aintree)
66	15:36	Samantha	Howard	Mersey Tri

67	15:37	Colin	Hayes	Liverpool Century RC
68	15:38	Bill	Sedgwick	Southport CC
69	15:39	Robert	Kelly	Mersey Tri
70	15:40	Christopher	Thomas	Rossendale RC
71	15:41	Mike	Mckeen	Mersey Tri
72	15:42	David	Fox	Warrington Road Club/ Horton Light Engineering/RS Cyclesport
73	15:43	Will	Turton	Mersey Tri
74	15:44	Jack	Smith	Innovation Racing
75	15:45	Keith	Jones	Bikmo Cycle Insurance
76	15:46	Malcolm	Horner	Warrington Road Club/ Horton Light Engineering/RS Cyclesport
77	15:47	Andrew	Tibbett	Pirate juice cc
78	15:48	Mark	Donnelly	Birkenhead North End CC
79	15:49	Robbie	Lawton	Mersey Tri
80	15:50	Richard	Gadsden	Liverpool Braveheart Bicycle Club
81	15:51	Chris	Green	Thatto Cycles Racing Team
82	15:52	Graham	Peel	Crewe Clarion Whs
83	15:53	Christopher	Bailey	Lyme Racing Club
84	15:54	David	Watt	Energy Cycling Club/Clwb Beicio Egni
85	15:55	Peter	Leonard	Southport CC
86	15:56	James	Meldrum	Liverpool Phoenix CC (Aintree)
87	15:57	Paul	Birkin	Buxton CC/Sett Valley Cycles
88	15:58	Edward	Chilton	Liverpool Phoenix CC (Aintree)
89	15:59	Steve	Downey	Pirate juice cc
90	16:00	Duff	Fawcett	Liverpool Braveheart Bicycle Club
91	16:01	Stuart	Mccormick	Pirate juice cc
92	16:02	Austin	Foy	North Lancashire Road Club
93	16:03	Dave	Isherwood	Team Swift
94	16:04	Arthur	Winstanley	Liverpool Phoenix CC (Aintree)
95	16:05	Graham	Noble	Pirate juice cc
96	16:06	Matthew	Foster	Liverpool Braveheart Bicycle Club
97	16:07	Paul	Woodrow	Surface Design Racing
98	16:08	Robin	Hennessy	North Wirral Velo
99	16:09	Steven	Hankey	Warrington Road Club/ Horton Light Engineering/RS Cyclesport
100	16:10	Kevin	Larmer	Port Sunlight Wheelers

101	16:11	Alan	Chorley	Seamons CC
102	16:12	Simon	Wilson	Ribble Pro Cycling

**Race Organiser**

Barry Williams, all enquires to be emailed to [bigbazza17@hotmail.com](mailto:bigbazza17@hotmail.com)