

# **The University of Bristol Cycling Club**

**Open event hosted by the University of Bristol Cycling Club. For event photos and to hear about future events follow us on Facebook and Instagram @uobcycling. Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.**

**30/03/2019 09:00**

**u7b**

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## **Headquarters**

**Falfield Village Hall, GL12 8DH, Available from 0820**

**From the M5, exit at junction 14, turn left at A38 towards Bristol. Falfield Village Hall is almost immediately on the right, close to the Huntsman Pub and approximately 1.5 miles south of the START.**

Parking: 20 -24 cars depending on their size and how people park. There are also some side roads around. Please don't park on the wide grass verge by the hall. It's not part of the hall. The road opposite the church (just on from the Huntsman carpark) is a private road and no parking is allowed down there.

## **Route from HQ to start**

**The start of the course is located 2.4 miles north of the HQ so please leave enough time to get to the start!**

**OS Landranger map number 162. Start on A38 in northern end of layby (GR695963) approximately half a mile south of Newport.**

## **Course details**

Gently undulating, often with crosswinds which feel like headwinds in both directions. Straightforward out and back with a moderately busy roundabout at the turn.

**OS Landranger map number 162. Start on A38 in northern end of layby (GR695963) approximately half a mile south of Newport. Proceed north on the A38 through Berkeley Road and over the railway bridges to the Slimbridge roundabout where turn (5.3 miles). Circle and retrace south on the A38 to finish on opposite side of the road to a bus stop just south of Newport (GR698971) approx. ¼ mile before the start. Please shout your number at the finish.**

## **Local regulations**

**Marshals will be present on the Slimbridge roundabout and by the Prince of Wales Pub. They will be asked to check everyone is riding in a safe manner, anyone found not to be riding safely will be disqualified.**

**Riders are asked to take great care and, in particular, note the following points:**

- **To avoid congestion at the start please queue in single file.**
- **Please be considerate to other road users including horses and riders.**
- **Please be aware of the surroundings and other road users at the finish.**
- **With the condition of many roads across the country a concern, please be extra careful.**
- **The race take place on a public highway so you must always obey the Highway Code and not impede other road users. Marshals are there to indicate direction only; it is your responsibility to give way to other vehicles that have priority at any point on the route. Disruption to other road users should be kept to a minimum**

**Dangerous riding will result in disqualification. Please keep your head up for a safe ride. Cycling Time Trials recommends that competitors wear a hard shell helmet that meets an internationally accepted safety standard. All junior/juvenile riders MUST wear Protective Hard Shell Helmets.**

**Particular Risks: Please Note the following risks for the U7B Course.**

- **No warming up is allowed past the start of the course**
- **Please avoid making U-turns particularly before the start and finish of the course**
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**Traffic calming measures with 'Rumble Strips' and a 30 mph speed limit have been recently installed on the northbound A38 at the rail over bridge just before the Prince of Wales pub (51.698654, -2.410352). Please take care in this section**

- **Please take care at all the roundabouts and junctions. In particular, riders are asked to note that the road narrows on the approach to the car auctions on the A38 (north of Berkeley Road) and to be aware of traffic turning into the car auctions premises.**
- **Please take extra care when re-joining the A38 as some riders may still be on the earlier part of the course.**

## **Organiser contact details**

Charlie Peach  
54 Wavendon Avenue Chiswick London  
07887391262

charliejppeach@gmail.com

## **Time keepers/officials**

Sue Andrews

Peter Rogers

Ian James

## **Course records**

Solo Male

19:54

Matt Burden

23-May-15

Solo Female

22:33

Megan Dickerson

02-Mar-19

## **Awards/prizes**

Equal prize money for women's and men's categories.  
Maximum of one prize per rider bar team prize.

1st man £25 Bike UK voucher + Pair of Primal socks  
2nd man £15 Bike UK voucher + Pair of Primal socks  
3rd man £10 Bike UK voucher + Pair of Primal socks  
1st woman £25 Bike UK voucher + Pair of Primal socks  
2nd woman £15 Bike UK voucher + Pair of Primal socks  
3rd woman £10 Bike UK voucher + Pair of Primal socks

Men's Team (best 3 riders) £10 Bike UK voucher + Pair of Primal socks (each)  
Women's Team (best 3 riders) £10 Bike UK voucher + Pair of Primal socks (each)

First Student (Male) £10 Bike UK voucher + Pair of Primal socks  
First Student (Female) £10 Bike UK voucher + Pair of Primal socks  
First Junior (Male) £10 Bike UK voucher + Pair of Primal socks  
First Junior (Female) £10 Bike UK voucher + Pair of Primal socks  
First Vet 40+ (Male) £10 Bike UK voucher + Pair of Primal socks  
First Vet 40+ (Female) £10 Bike UK voucher + Pair of Primal socks

## **NOTES TO COMPETITORS:**

### 17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## The University of Bristol Cycling Club

Start Number	Start Time	Rider	Club	Gender	Category
1	09:01:00	Matthew Skeats	University of Bristol Cycling Club (UOBCC)	Male	Senior
2	09:02:00	Sam Tiller	University of Bristol Cycling Club (UOBCC)	Male	Senior
3	09:03:00	Tristan Warren	University of Bristol Cycling Club (UOBCC)	Male	Senior
4	09:04:00	Luke Silverman	University of Bristol Cycling Club (UOBCC)	Male	Espoir
5	09:05:00	Charlotte Williams	University of Bath Cycling Club	Female	Espoir
6	09:06:00	Harriet Carter	University of Bristol Cycling Club (UOBCC)	Female	Espoir
7	09:07:00	Jonathan Bevan	Bristol Road Club	Male	Vet
8	09:08:00	George Wood	University of Bristol Cycling Club (UOBCC)	Male	Espoir
9	09:09:00	Oliver Daniels	University of Bristol Cycling Club (UOBCC)	Male	Espoir
10	09:10:00	Meloy Kelly	UWECC (University of West of England Cycling Club)	Male	Espoir
11	09:11:00	Anne-marie Bowring	Cambridge University CC	Female	Espoir
12	09:12:00	Dan Morgan	Gloucester City Cycling Club	Male	Senior
13	09:13:00	Neil Paramor	Salt and Sham Cycle Club	Male	Vet
14	09:14:00	Robert Evans	Salt and Sham Cycle Club	Male	Vet
15	09:15:00	Nigel Hale-hunter	Bpm Coaching	Male	Vet
16	09:16:00	Emma Naylor	University of Bath Cycling Club	Female	Senior
17	09:17:00	Matthew Norris	Sodbury Cycle Sport	Male	Senior
18	09:18:00	Chris Truman	Velo Club Bristol	Male	Vet
19	09:19:00	Paul Rogoll	Salt and Sham Cycle Club	Male	Vet
20	09:20:00	Mary-jane Hutchinson	Bristol South Cycling Club	Female	Vet
21	09:21:00	Mark Bishton	Velo Club Bristol	Male	Vet
22	09:22:00	Kate Derrick	Chippenham & District Wheelers	Female	Senior
23	09:23:00	Jim Tickner	Velo Club Bristol	Male	Vet
24	09:24:00	Louise Georgi	Giant CC Halo Films	Female	Vet

Start Number	Start Time	Rider	Club	Gender	Category
25	09:25:00	Sarah West	Bristol Road Club	Female	Vet
26	09:26:00	Sean Lynch-lawton	University of Bristol Cycling Club (UOBCC)	Male	Senior
27	09:27:00	Paul Derrick	Sodbury Cycle Sport	Male	Senior
28	09:28:00	Charlotte Davies	University of Bristol Cycling Club (UOBCC)	Female	Espoir
29	09:29:00	Ashley Dunn	Velo Club Bristol	Male	Vet
30	09:30:00	Matt Reynolds	Sodbury Cycle Sport	Male	Vet
31	09:31:00	Tim Strong	Team Swindon Cycles	Male	Vet
32	09:32:00	David Vincent	Bristol Road Club	Male	Senior
33	09:33:00	David Pleming	Bristol & District Triathletes (BAD TRI)	Male	Senior
34	09:34:00	Kate Baker	Avid Sport	Female	Senior
35	09:35:00	Thomas Hall	Bristol South Cycling Club	Male	Senior
36	09:36:00	Heather Price	Bristol Road Club	Female	Vet
37	09:37:00	Barry Pope	Salt and Sham Cycle Club	Male	Vet
38	09:38:00	James Currie	Chippenham & District Wheelers	Male	Vet
39	09:39:00	Claire Hann	Bristol & District Triathletes (BAD TRI)	Female	Senior
40	09:40:00	Thomas Russell	Verulam CC	Male	Espoir
41	09:41:00	Tim Bodey	University of Bristol Cycling Club (UOBCC)	Male	Espoir
42	09:42:00	Tom Scorer	Royal Navy & Royal Marines CA	Male	Senior
43	09:43:00	Jo Wilkie	Ride 24/7	Female	Vet
44	09:44:00	Jack Tremain	University of Bristol Cycling Club (UOBCC)	Male	Senior
45	09:45:00	Greg Lancaster	Velo Club Bristol	Male	Senior
46	09:46:00	Angela Swain	Team Swindon Cycles	Female	Senior
47	09:47:00	Kerry Trigg	Ross on Wye & Dist CC	Male	Vet
48	09:48:00	Charlie Lacaille	University of Bristol Cycling Club (UOBCC)	Male	Espoir
49	09:49:00	Mark Raven	Bristol Road Club	Male	Senior
50	09:50:00	Patrick Henry	Bristol Road Club	Male	Senior
51	09:51:00	Daniel West	Bristol Road Club	Male	Vet
52	09:52:00	Rebekah Nash	University of Bristol Cycling Club (UOBCC)	Female	Espoir
53	09:53:00	Robert Weekes	University of Bristol Cycling Club (UOBCC)	Male	Espoir
54	09:54:00	Mick Sharratt	Team Swindon Cycles	Male	Vet
55	09:55:00	Mike Fry	Bristol Road Club	Male	Vet
56	09:56:00	David Leighton	Severn Road Club	Male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
57	09:57:00	Elizabeth Pressage	Velo Club Venta	Female	Senior
58	09:58:00	Andy Kelly	Bristol South Cycling Club	Male	Vet
59	09:59:00	Chris Emmerson	Bristol & District Triathletes (BAD TRI)	Male	Senior
60	10:00:00	Andrew Muitt	Dursley Road Club	Male	Senior
61	10:01:00	Christopher Britten	Sodbury Cycle Sport	Male	Vet
62	10:02:00	Matthew Sim	Dorking Cycling Club	Male	Senior
63	10:03:00	Michael Beech	Matlock CC	Male	Espoir
64	10:04:00	Tom McManners	Thames Valley Triathletes	Male	Espoir
65	10:05:00	Euan Taylor	Salt and Sham Cycle Club	Male	Junior
66	10:06:00	Matt Boulton	Minuteman CC	Male	Senior
67	10:07:00	Megan Dickerson	Bristol South Cycling Club	Female	Senior
68	10:08:00	Molly Hodges	Avid Sport	Female	Senior
69	10:09:00	Carl Henrik Ek	Audax UK	Male	Senior
70	10:10:00	Jon Wiggins	PDQ Cycle Coaching	Male	Senior
71	10:11:00	Robert Francis	A2B Cycle Repair Race Team	Male	Espoir
72	10:12:00	Phil Stonelake	Bristol Road Club	Male	Vet
73	10:13:00	Carl Jolly	University of Bristol Cycling Club (UOBCC)	Male	Espoir
74	10:14:00	Stuart Hardy	Bristol Road Club	Male	Senior
75	10:15:00	George Creasey	Bournemouth Cycleworks - Vitec Fire - Ford Civil - Trek	Male	Espoir
76	10:16:00	Adam Whittaker	Salt and Sham Cycle Club	Male	Senior
77	10:17:00	Tom Sharp	Bristol Road Club	Male	Senior
78	10:18:00	Elizabeth Bennett	Team Jadan-Weldtite p/b Vive Le Velo	Female	Espoir
79	10:19:00	Oliver Beresford	Velo Club Venta	Male	Espoir
80	10:20:00	Rich Meadows	Royal Air Force Cycling Association	Male	Senior
81	10:21:00	Carlo Toledo	Gloucester City Cycling Club	Male	Vet
82	10:22:00	Andrew Edwards	Bikestrong-KTM	Male	Vet
83	10:23:00	Dave Roper	Ride 24/7	Male	Senior
84	10:24:00	Lloyd Dobson	Army Cycling	Male	Senior
85	10:25:00	Robert Borek	Bristol South Cycling Club	Male	Senior
86	10:26:00	Jamie Atkins	73 Degrees Bicycles, WestSide Coaching rt	Male	Espoir
87	10:27:00	Pfeiffer Georgi	Liv CC Halo Cycles	Female	Espoir
88	10:28:00	Luke Smith	Bristol South Cycling Club	Male	Vet
89	10:29:00	James Pittard	University of Bristol Cycling Club (UOBCC)	Male	Espoir



Start Number	Start Time	Rider	Club	Gender	Category
90	10:30:00	Les Liddiard	Team Jewson - MI Racing ~Poly Pipe~McCann	Male	Vet
91	10:31:00	Jim Beales	Veloce	Male	Vet
92	10:32:00	Martin Aldam	Bath Cycling Club	Male	Vet
93	10:33:00	Ryan O'rourke	Cwmcarn Paragon Road Club	Male	Senior
94	10:34:00	Simon Ward	Bristol Road Club	Male	Vet
95	10:35:00	Lewis Martin	JAM Cycle Race Team coached by BPC	Male	Espoir
96	10:36:00	Rob Vessey	Didcot Phoenix CC	Male	Vet
97	10:37:00	Ross Phelps	Bristol Road Club	Male	Senior
98	10:38:00	Hugh Brashaw	University of Bristol Cycling Club (UOBCC)	Male	Senior
99	10:39:00	Steven Cottington	Bath Cycling Club	Male	Vet
100	10:40:00	Nick Livermore	Bristol South Cycling Club	Male	Senior
101	10:41:00	Jonathan Shubert	Arctic Tacx RT	Male	Senior
102	10:42:00	Josh Coyne	Bpm Coaching	Male	Senior
103	10:43:00	Dan Martin	University of Bath Cycling Club	Male	Espoir
104	10:44:00	Jonathan Gates	Royal Air Force Cycling Association	Male	Vet
105	10:45:00	Arthur Franklin	Portishead Cycling Club	Male	Senior
106	10:46:00	Andrew White	Bpm Coaching	Male	Senior
107	10:47:00	Ross Holland	Cheltenham & County Cycling Club	Male	Espoir
108	10:48:00	Felix Wilkinson	Velo Club Montpellier	Male	Senior