

**In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard shell helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.**

**Medium gear league** - Points will be awarded in each event according to your finishing position, 120 for 1st, 119 for 2nd and so on down the field. You can ride as many events as you like but your 4 best rides will count towards the overall league so the more you ride the better your chances. The maximum gear allowed is 72", if you ride gears you must have them adjusted so a higher gear cannot be selected, gears will be checked at each event. A 72" gear was traditionally achieved using 48x18, however with modern smaller wheels and tyres a 49x18 is ideal and in some cases (19mm tyres) you can use a 52x19. The only way to be sure of your gear is to measure the distance travelled for one complete pedal revolution, this should be 18ft 10 1/4 inches. Remember if you are using a track bike with a single front brake you must have a lock ring securely fitted to the fixed sprocket. See website <http://www.fixedwheel.co.uk> for list of events and results

Please see - <http://www.fixedwheel.co.uk/>

Gear inspection will be carried out at the headquarters. Please ensure that your bike is inspected.

Unfortunately no YCF points will be given to riders of the medium gear event.

Yorkshire Cycling Federation points events for 2019, including additional points scoring event

Event	Day	Date	Start time	Course	Organiser
YCF Open 10	Sun	10 Mar	9.30	V910	Richard Haigh
Harrogate Nova CC 15	Sat	23 Mar	14.00	V226	Duncan Mullier
Ravensthorpe CC	Sat	6 Apl.	14.00	V910	David Sugden
YCF Open 10	Sat	4 May.	14.00	V212	Martin Turner
YCF association 25	Sun	5 May	7.30	V236/1	Yassir A-Ausi
YCF Open Hill Climb	Tues	25 June	19.00	V9916	Phil Hurt
YCF 100 – CTT national	Sun	7 July	9.00	V270	Keith Lawton
Entries close 11/06/2019					
YCF Andy Wilson 50	Sat	20 July	14.00	V150	Phil Hurt
Seacroft Whs 10	Sun	8 Sept	14.00	V511	Ian Brown
Harrogate Nova CC	Sat	21 Sept	14.00	V212	Duncan Mullier
YCF Association 25 (Awards for Teams only)	Sun	6 Oct	8.00	V232	George Barker

This year is the 5th year that the YCF has coordinated a Yorkshire SpoCo series. Most events will be run by member clubs, except for 2 events that are run by the YCF, both of these events count to both points series and the SpoCo series.

**SpoCo Points competition**, open to all, riding for CTT affiliated clubs Best 6 positions from 12 events, Awards for winning positions overall and categories to be presented at the YCF luncheon Feb 2018.

At previous winners request these will be trophies not monetary values

Riders please note that you must complete a minimum of 5 events to qualify for any award

**Note – in the event of a tie for major awards, position will be decided by the riders positions in events that they have both ridden. If this is not conclusive the rider who has ridden the events with the largest amount of ascent will be given the award.**

**Please see CTT website or handbook for full list of events or email me and I will send you a full programme of YCF events**

Promoted for and on the behalf of Cycling Time Trials, under their rules and regulations.



## Yorkshire Cycling Federation

10-mile open Time Trial held on Sunday 10th March 2019, first rider off at 9.31

Timekeepers  
George Barker - Pennine CC  
Betty Philipson - City Road Club Hull  
Event Secretary Richard Haigh, 75, Hall Ing Lane, Honley,  
Holmfirth W Yorkshire HD9 6QW  
Tel 01484 665682 Mobile 07823 405085  
Email Richard.a.haigh@btinternet.com

### Course V910

START on unclassified road leading from Brotherton village to A1246, at north side of gully grate, 10yds north of traffic sign for roundabout, on east side of road, and approx. 50 yds south of roundabout.

PROCEED NORTH to roundabout where 1st exit, left onto A1246.

CONTINUE northwards via Fairburn South (0.606 mls), Fairburn North (1.040 mls) and Selby Fork (junc.A63 - 2.208 mls) roundabouts to Micklefield (Boot & Shoe) roundabout (3.757 mls).

TAKE 1st EXIT (left) and continue to Peckfield roundabout (junc. A656 - 5.244 mls).

ENCIRCLE ISLAND and RETRACE outward route via Micklefield (6.803 mls), Selby Fork (8.39 mls) and Fairburn North (Wagon & Horses – 9.584 mls) roundabouts to FINISH at south end of Fairburn village, at northern edge of tarmac area leading to field, 50yds south of "speed limit ends" sign, approx.50 yds before Fairburn South roundabout. (10.0 mls).

### Headquarters

Fairburn Community Centre, North Road, Fairburn, Knottingley, WF11 9LA Please park neatly. You can use the car park and the road south of the HQ. Please do not block any entrance. **There is additional parking on the road at the start, south of the start point only**

Note – please enter the full address in your Satnav, the postcode will take you to a housing estate

### Situated

From M62 leave motorway at junction 33, continue north on the old A1; now the A1246 and continue straight across 3 traffic islands, at the 4<sup>th</sup> TI (Fairburn North TI) turn left. The HQ can be found at the left hand side of the road. From the north turn right at the Fairburn North TI

### Restrictions

The Yorkshire District CTT Council forbids the use of turbos and rollers within 100 yards of households. No U turns in the start area or passing the start time keeper; please do not warm up on the course after 9.30 hrs, other than passing timekeeper to the start

Prizes for Open event for all riders in the open event		Prizes for categories	
1 <sup>st</sup> Fastest	£40.00	1st Fastest Woman	£30.00
2 <sup>nd</sup> Fastest	£30.00	2nd Fastest Woman	£20.00
3 <sup>rd</sup> Fastest	£20.00	3 <sup>rd</sup> Fastest Woman	£15.00
4 <sup>th</sup> Fastest	£18.00	1 <sup>st</sup> fastest V40, V50, V60+	£24.00
1 <sup>st</sup> fastest MG	£25.00	2 <sup>nd</sup> fastest V40, V50, V60+ & MG	£18.00
1 <sup>st</sup> fastest junior boy	£20.00	1 <sup>st</sup> fastest junior girl	£20.00
Spot Prizes	10 <sup>th</sup> – 20 <sup>th</sup> & 30 <sup>th</sup> Places (or nearest in time if have won other prizes)		£10.00

One rider one prize. The rider will receive the highest value prize they have won.

### **Please take care when riding on the course to the start**

**This event is the first event in the YCF points series. Only riders, riding from clubs who have paid the YCF subscriptions will be eligible for points.**

**Subscriptions will not be taken on the day of the event.**

**SAFETY NOTE -the road on the exit from Selby Fork outgoing and both ways at Boot & Shoes TI are in a poor condition and full of potholes, PLEASE TAKE CARE**

bib No	C-Name	S-Name	Club		Cat	Off @	Time	Pos
5	Paul	West	Sheffrec CC	Male	MG	9.35		
6	Kevin	Melia	VC Bradford	Male	MG	9.36		
7	Steven	Wigglesworth	Elmsall Road Club	Male	MG	9.37		
8	Christopher	Gargett	Halifax Imperial Wheelers	Male	MG	9.38		
9	Jymmy	Trevor	Hull Thursday RC	Male	MG	9.39		
10	Sarah	Lewthwaite	Team Sportslab	Female	MG	9.40		
11	Blair	Buss	Halifax Imperial Wheelers	Male	MG	9.41		
12	David	Brearley	Squadra RT	Male	MG	9.42		
13	Nick	Frewin	Bournemouth Jubilee Whs	Male	MG	9.43		
15	Andrew	Bell	Selby CC	Male	Tandem	9.45		
15	Carolyn	Bell	Selby CC	Female	Tandem			

bib No	C-Name	S-Name	Club		Cat	Off @	Time	Pos
17	Paul	Brierley	Huddersfield RC	Male	V50	9.47		
18	Dave	Fitzpatrick	Drighlington BC	Male	V60	9.48		
19	Karen	Dawson	Wakefield Triathlon Club	Female	WV	9.49		
20	Neil	Cleminshaw	Vive Le Velo	Male	V40	9.50		
21	Greg	Kershaw	Drighlington BC	Male	V40	9.51		
22	Jason	Procter	Valley Striders Cycling Club	Male	V40	9.52		
23	Ben	Birtles	City RC (Hull)	Male	V40	9.53		
24	Christopher	Green	Drighlington BC	Male	V50	9.54		
25	Oliver	Rees	HMT Hospitals Giant Cycling Team	Male	Jun	9.55		
26	George	Peden	Univeristy of Leeds Cycling Club	Male	S	9.56		
27	Maria	Mulleady	Team Swift	Female	WV	9.57		
28	Sam	Straw	Albarosa CC	Male	S	9.58		
29	Anthony	Armitage	Seacroft Whs	Male	V40	9.59		
30	Peter	Watson	Harrogate Nova CC	Male	S	10.00		
31	John Eric	Potter	Bridlington CC	Male	V60	10.01		
32	Susan	Sanders	Drighlington BC	Female	WV	10.02		
33	Nik	Blesic	Bronte Whs	Male	V40	10.03		
34	Mark	Rowland	Selby CC	Male	V50	10.04		
35	Fiona	Sharp	Team Swift	Female	WV	10.05		
36	Richard	Gray	Norton Wheelers	Male	V60	10.06		
37	Matthew	Kirkbright	Aerobic Power Race Team	Male	S	10.07		
38	Ruby	Yates	Holmfirth C C	Female	WJun	10.08		
39	Ian	Mitchelson	Halifax Imperial Wheelers	Male	V40	10.09		
40	Chris	Harris	Holmfirth C C	Male	V60	10.10		
41	Thomas	Brabbin	Halifax Imperial Wheelers	Male	S	10.11		
42	Mike	Beckett	Team Sportslab	Male	V40	10.12		
43	Anthony	Matthews	Ilkley CC	Male	V50	10.13		
44	Adam	Cockroft	Albarosa CC	Male	V40	10.14		

45	Jp	Pretorius	Vive Le Velo	Male	S	10.15		
46	Cliff	Beldon	Selby CC	Male	V70	10.16		
47	Liam	Rees	Ilkley CC	Male	V40	10.17		
48	Rebecca	Bland	York Cycleworks	Female	W	10.18		
49	Stu	Wood	Cyclesense CC	Male	V40	10.19		
50	Andrew	Carroll	Hull Thursday RC	Male	V40	10.20		
51	Rob	Hill	Team Sportslab	Male	V40	10.21		
52	Fionn	Kerry	Holme Valley Whs	Male	Jun	10.22		
53	Ian	West	Selby CC	Male	V60	10.23		
54	Sean	Sanders	Drighlington BC	Male	V40	10.24		
55	James	Grainger	Wakefield CC	Male	V40	10.25		
56	Alex	Beldon	Ilkley CC	Male	Jun	10.26		
57	David	Taylor	Ravensthorpe CC	Male	V60	10.27		
58	Joseph	Turnbull	Ilkley CC	Male	Jun	10.28		
59	Darren	Yarwood	Vive Le Velo	Male	V40	10.29		
60	Gary	Simpson	Yorkshire Road Club	Male	V50	10.30		
61	Andrew	Newey	Ribble Valley C&RC	Male	S	10.31		
62	David	Lacy	Airedale Olympic	Male	V50	10.32		
63	Al	Yellup	York Cycleworks	Male	V40	10.33		
64	Daniel	Shaw	Halifax Imperial Wheelers	Male	V50	10.34		
65	Phillip	Tyas	Barnsley Road Club	Male	S	10.35		
66	Karen	Taylor	Team Sportslab	Female	WV	10.36		
67	Harriet	Breakey	Holmfirth C C	Female	Wjun	10.37		
68	Simon	Richardson	VTTA (Yorkshire)	Male	V60	10.38		
69	Ian	Garbett	Holmfirth C C	Male	V40	10.39		
70	Matthew	Asquith	Team Sportslab	Male	V40	10.40		
71	Colin	Williams	Huddersfield Star Whs	Male	V40	10.41		
72	Alexander	Broadhead	Rockingham CC	Male	S	10.42		
73	Mel	Bentley	West Yorks Police CC	Male	V60	10.43		
74	Russell	Brown	Yorkshire Road Club	Male	V40	10.44		
75	David	Ashton	Aerobic Power Race Team (APRT)	Male	S	10.45		
76	Martin	Turner	Holmfirth C C	Male	V40	10.46		
77	Andy	Trotter	Selby CC	Male	V40	10.47		
78	Ala	Whitehead	Rockingham CC	Female	W	10.48		
79	Julian	Ramsbottom	Team Bottrill	Male	V40	10.49		
80	Chris	Day	Selby CC	Male	S	10.50		
81	Dylan	Westley	HMT Hospitals Giant Cycling Team	Male	Jun	10.51		
82	Mark	Morris	Harrogate Nova CC	Male	V40	10.52		
83	Greg	Thorley	Parentini Test Team	Male	V40	10.53		
84	Glen	Turnbull	Harrogate Nova CC	Male	V40	10.54		
85	Ian	Richardson	Selby CC	Male	V50	10.55		
86	Andy	Whitehead	Rockingham CC	Male	V50	10.56		
87	Tim	Garwell	Otley CC	Male	V60	10.57		
88	Steven	Woodrup	Yorkshire Road Club	Male	V70	10.58		

89	Anthony	Ashworth	Wetherby Whs	Male	V50	10.59		
90	Adam	Hardy	Team Sportslab	Male	V40	11.00		
91	Adrian	Stott	Jackpot Racing	Male	V40	11.01		
92	Thomas	Winn	Selby CC	Male	V50	11.02		
93	Martin	Broadhead	Rockingham CC	Male	V50	11.03		
94	Sandra	Burrows	Vive Le Velo	Female	WV	11.04		
95	Stephen	Lloyd	Bronte Whs	Male	V50	11.05		
96	David	Brearley	Squadra RT	Male	S	11.06		
97	Gary	Thornton	Barnsley Road Club	Male	V40	11.07		
98	Sue	Mcfarlane	Army Cycling	Female	W	11.08		
99	Guy	Lewis	Holmfirth C C	Male	V50	11.09		
100	Dan	Taylor	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	Male	V40	11.10		
101	Steve	Burrows	Vive Le Velo	Male	V50	11.11		
102	David	Leckenby	Ilkley CC	Male	V50	11.12		
103	Sean	O'sullivan	Eagle Road Club	Male	S	11.13		
104	Tracey	Coldwell	Holmfirth C C	Female	WV	11.14		
105	James	Dickson	AIMS Cycling	Male	S	11.15		
106	Paul	Hickman	Malton Whs	Male	V40	11.16		
107	Jonathan	Hobbs	Otley CC	Male	V40	11.17		
108	Chris	Chittock	Selby CC	Male	V40	11.18		
109	Sarah	Foulds	Stockton Wheelers CC	Female	W	11.19		
110	John	Brearley	Squadra RT	Male	S	11.20		