



**Maidenhead & District Cycling Club**  
www.maidenheadcc.org.uk

## Hilly 30 Time Trial

3rd March 2019

Promoted for and on behalf of Cycling Time Trials  
under their Rules & Regulations

### Event Secretary

Andrew Payne  
43 Birdwood Road  
Maidenhead  
SL6 5AP  
07782-311-830

### Timekeeper

Andrew Small

### Headquarters

Frieth Village Hall  
RG9 6PR

### Course Records

**Men** : Tim Bedingfield (2008) 1:07:27  
**Women** : Tamina Oliver (2017) 1:20:38  
**Trike** : Ian Pike (2017) 1:28:46

### Prize List

#### Fastest Overall

First £15, Second £10, Third £5

#### Fastest Lady

First £15

#### Fastest Junior

First £15, Second £10

#### Fastest 2-Up

First £20, Second £10

#### New Course Record

Men, Women £20

#### Spot Prizes

£10 for 14th, 23th Solo

**Please note that all riders must sign out at the end of the event as well as at the start. This is a new rule introduced by CTT and any-one not signing out will be classed as DNF.**

### 2 Ups Start Order

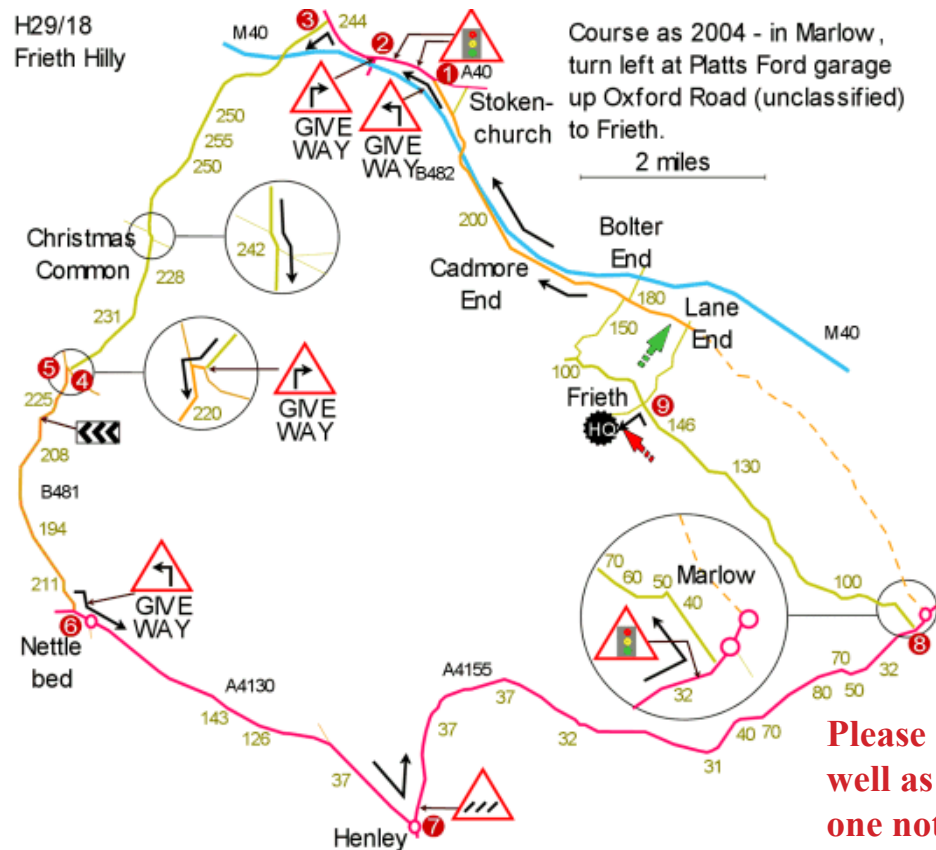
Start No	Name	Club	Start Time
1	Christina Gustafson	Reading CC	10:01
	Jen Magill	Reading CC	
3	Paul Callinan	London Dynamo	10:03
	Eva Callinan	Liv AWOL	
5	Jon Heaney	Tri Training Harder	10:05
	Simon Potter	WyndyMilla	
7	Stan Nwaka	Verulam Really Moving	10:07
	Nicholas Coe	Verulam Really Moving	
9	Sam Humpheson	Look Mum No Hands!	10:09
	Jo Skelton	Look Mum No Hands!	
11	Mitchel Nova	Rapha Cycling Club	10:11
	Lenka Vackova	Rapha Cycling Club	
13	Isabella Escalera	VC Londres	10:13
	Santiago Cadavid	VC Londres	

## Solo Start Order

Start No	Name	Club	Start Time
14	Mark Silver (Trike)	Hounslow & District Whs	10:14
15	Gary Guntrip (Trike)	A5 Rangers CC	10:15
18	Oscar Clark	Palmer Park Velo	10:18
19	Simon Kelly	Didcot Phoenix CC	10:19
20	Arthur Boulton	Vision Innovative Leisure Racing Team	10:20
21	John Hale	WORX Factory Racing Powered by Silverstone	10:21
22	Tim Fowler	PSSA Cycling Club	10:22
23	Sam Morris	Islington Cycling Club	10:23
24	Dan Thisdell	Tandem Club	10:24
25	Piers Barnett	G.S. Henley	10:25
26	Edward James	VTTA (London & Home Counties)	10:26
27	Allison Kaye	Verulam CC	10:27
28	Tim Seddon	G.S. Henley	10:28
29	Rory Mccarron	Regents Park Rouleurs	10:29
30	Ryan Davies	AS Test Team	10:30
31	Olivia Bentley	Vision Innovative Leisure Racing Team	10:31
32	Neal Marrin	Finsbury Park CC	10:32
33	Daniel Crossley	Didcot Phoenix CC	10:33
34	Giles Clark	Vision Innovative Leisure Racing Team	10:34
35	Rob Vessey	Didcot Phoenix CC	10:35
36	Edward Renwick	Oxford City RC	10:36
37	Gary Martin	Westerley Cycling Club	10:37
38	Andrew Payne	Maidenhead & District Cycle club	10:38
39	Hugh Madeley	London Dynamo	10:39
40	Henry Latimer	Didcot Phoenix CC	10:40

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## Course Details



### Location of Sign-on and Numbers

Competitors must sign on and collect their numbers from the HQ (Frieth Village Hall, which opens at 08:30 AM).

### Restriction of Parking at Start and Finish

No vehicles, except those of the timekeepers to be parked at the start or finish (which is directly opposite the HQ). Please use the parking provided at the HQ.

### Emergency Phone Number

Phone 07703-405-101 if you need assistance during the event.

### Safety First !

We recommend that all riders wear a hard shell helmet and fit a working rear light.

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OS Ref.	Description	Dist
806918	START on B482 approx 200 yards past the Cadmore End side of the Frieth crossroads in lay-by of Culver Graphics opposite lamp post no. 4.	0
	Proceed north to the junction with A40 at Stokenchurch. (M1)	4
	Turn left & continue to the junction with M40(J5). Turn right just before bridge over M40 (M2) onto old A40.	4.5
	Proceed to junction with minor road to Christmas Common. (M3)	5
	Turn left & continue through Christmas Common to junction with B480. (M4)	8.5
	Turn right and immediately left (M5) onto the B481. Proceed via Cookley Green to Nettlebed. (M6)	12.7
	Turn left onto A4130. Straight on at roundabout to junction with the A4155 at Henley. (M7)	18
	Turn left & continue through Medmenham to Marlow. (M8)	25
	At Ford garage turn left up Oxford Road and continue uphill to Frieth crossroads. (M9)	29
	Turn left to FINISH near Frieth Village Hall.	29.50