

Sunday 10th March 2019

18 mile Hilly Time Trial including a round of the 2019 South DC Sporting TT Series

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Event Secretary – Gordon Scott, 5 Pride Close, Moreton. DT2 8FN.

01305 853281. E mail - allinadayscycling@gmail.com

Mobile number on the day – 07826 634922

Timekeepers – Justin Oakley and Bev Wadsley

The Spring Cup

For the 2019 season, the Spring Cup will build on the success of the last three seasons; this is a road bike only event and is now open to all time trial districts. There are now 8 events and your best 5 will count towards the competition.

Those of you who are not sure of the "Road Bike" rules they are very simple, no aero or tri bars, nor tri spokes or disc & no aero helmet.
In the spirit of a road bike competition, wheels with rims over **70mm are not permitted**.

P451/18 Course

START on unclassified road from Dorchester to Middlemarsh (known as the Old Sherborne Road) at the forward end of a small lay-by 0.5 miles north of the boundary of Charminster – OS map ref - SY685935
Proceed north through Cosmore - SY675057, to Middlemarsh SY670069, to turn left at small road by ‘GIVE WAY 75yds’ sign, before the junction with the A352.
Turn left again after 40 yards with care to join A352 southbound. SY671069
Continue through Lyons Gate, Minterne Magna, Cerne Abbas and Godmanstone to FINISH at the fire hydrant marker, 230 yards beyond the ‘Charminster’ sign and 30yds before the bus shelter, SY677936

As this is the first ‘Open’ event on this course there are only club event records to refer to –

Gentlemen’s – Giles Greening 42:43

Ladies – Carolan Smerdon – 50.30

Please do not approach the timekeeper at the finish but make your way through Charminster to the HQ. Any queries will be resolved at the HQ. There will be marshals on the course and directional arrows, however it is the riders responsibility to know the course.

**HQ**

Charminster Village Hall, North Street, DT2 9QS. There is no designated car park for the village hall, however there is ample space on the adjacent roads and a small parking area in the lane opposite the HQ in West Hill Road. The HQ will be open from 0800. Tea and cake will be available.

**Please park thoughtfully and keep noise to a minimum**.

**Route to the start** – Proceed down West Hill Road - CAUTION this is a narrow lane with a couple of sharp corners! Past St Marys Church and up the short ascent (sorry!) to bare left onto Vicarage Lane. Left at the T junction and on to the start area. Please allow at least 15 minutes to get to the start.

**Signing On and Off**

Sign On at the HQ and collect your race number. Please read the notes at the HQ with regard to the On the Day Risk Assessment. **Remember to return your number and sign off, failure to do so will result in a DNF.**

**Heads Up – Have a Safe Ride –** A working front and rear light is recommended. The CTT strongly advise the wearing of a hard shell helmet. It is a regulation of the CTT that all riders under 18 or Juniors as defined by Regulation 9, should wear a hard shell helmet conforming to a recognised international safety standard in accordance with Regulation 15

**Prizes**

Roadies

1st - £30 2nd – £20 3rd - £10. Vets awards, 1st in age band - V4 - £10, V5 - £10, V6 - £10

Testers

1st - £20 2nd = £15 1st Lady - £20. 1st veteran - £10

I do not generally follow the 1 rider – 1 prize format however with the reduced numbers in these events it would seem the fairest way,

On behalf of CC Weymouth we look forward to seeing you on the day.

