'Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations'



Redhill Cycling Club

18 mile 'Sporting' Time Trial - GS/478

Sunday 17th February 2019 at 09:00

Event Secretary: Stefan Massingham

<u>sales@invictawatertreatment.co.uk</u> 07970 154529 (for contact on the day)

89 Castle Drive, Horley, Surrey

RH6 9DD

Headquarters: St John's Hall

Furlong Road Westcott Dorking RH4 3PP

Timekeepers: Mr. Mick Irons

Mr. Paul Tunnell

Signing On

- Opens at 08:10 (first rider off 09:01)
- Sign-on and start numbers at Event HQ
- Numbers are to be worn in conjunction with Regulation 16. "No time may be recorded if number is not correctly positioned."
- Allow 5 minutes from HQ to START turn right heading west on A25 out of HQ (approximately 0.5 miles)

Signing out

Please be aware of an addition to the regulations for 2017.

Regulation 17 (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet.

Safety Instructions

- CTT regulations require compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets an internationally accepted safety standard.
- Competitors Machines: It is recommended that a working, rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use. We would also recommend a front light as there are sections where it is best to be seen by oncoming traffic and side roads.
- Competitors are requested <u>not to warm up on the course after the first competitor has started</u>.
- Details of any additional hazards not listed on the start sheet will be displayed at the signing on point. All competitors must read these details when they sign on.
- The road surface on the course has deteriorated significantly in recent years, and there are now a number of potholes and areas of very rough road on the course. In particular, the descent just after the Punchbowl pub in Oakwoodhill and back up to the A29 there are a number of potholes and ruts scattered on this section please take care. Competitors are reminded that a safe ride is more important than a fast ride please exercise extreme care. Remember its February use common sense when choosing what tyres to ride with.
- Official Observers will be stationed around the course.
- No times will be given at the finish.

General Notes

• London South District Regulation: No vehicles shall be parked on the highway within sight of the starting or finishing points.

Specific to Event

• Due to the number of novice riders in this event with no prior times to assist with seeding, riders' attention is drawn to the regulations that govern Time Trials and prohibits drafting (riding in company).

Parking

- The HQ is located at St Johns Hall in Westcott (http://www.stjohnswestcott.org.uk/find-us.html) very near Nirvana Cycles in the centre of Westcott. No parking available unfortunately.
- Free public car park between Dorking and Westcott on A25

Location link <u>here</u> – easy ride to/from the HQ.

When parking is full please park considerately and <u>DO NOT</u> block driveways. Use common sense when parking and act with respect toward local residents and other road users.

PLEASE RESPECT THE SURROUNDING HOUSEHOLDERS AND PARK WITH CARE

Prizes

Fastest Redhill CC rider will hold the Peter Appleyard Memorial Trophy for 1 year

• One cash prize per rider of the highest value

Prize List	1st	2nd	3rd
Men	£30	£20	£10
Women	£30	£20	£10
Road Bike	£30	£20	£10

Road Bike Competition

To be eligible for this competition you must be riding a bicycle that has:

- Drop handlebars
- No aerobars fitted
- No Discs or Tri/Quad spoke wheels; disc brakes are allowed (Road Race legal deep section wheels allowed)

For the rider

- Must wear a helmet that is legal in a road race i.e. no pointy TT helmet
- Skinsuits are permitted
- Shoe covers are permitted

If you intend to enter the road bike category, please tell the signing-on sheet volunteer.

Please email Stefan Massingham on <u>sales@invictawatertreatment.co.uk</u> if you have any queries on whether your bike/equipment/clothing is suitable. It is not the role of the timekeeper or any start line staff to provide guidance on eligibility – this must be confirmed in advance. The organisers' decision on eligibility is final and any bikes deemed ineligible will for the road bike category will still be eligible for the TT category.

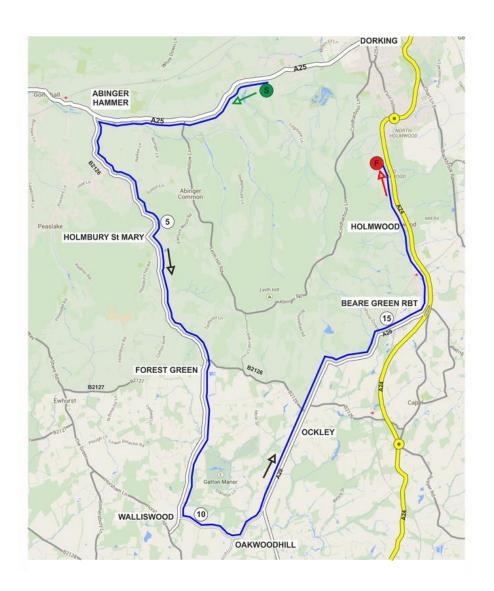
Course

- London South DC 18 mile course GS/478
- DORKING/ABINGER HAMMER/FOREST GREEN/OAKWOODHILL/BEARE GREEN/NORTH HOLMWOOD -A25/A29/A24/B2126/B2127
- The course details are as follows:

OS REF	Details		Distances	
137484	START at the junction of Logmore Lane with the A25 just west of Wescott	0.00	0.00	
096475	Follow A25 westwards via Coast Hill (1 in 8 ascent) to junction with B2126 at Abinger Hammer (CHECK)	2.8	2.8	
124416	LEFT into Felday Road B2126 and proceed southeast via Holmbury St. Mary to junction with Ockley Road (B2127) at Forest Green	4.6	7.4	
118378	RIGHT onto B2127 and first LEFT into Horsham Road past The Parrot Inn. Proceed south to	2.4	9.8	
	Mayes Green. Straight on, now along Walliswood Green Road, past the Scarlett Arms PH to junction with the Walliswood to Oakwoodhil road signposted Oakwoodhill (CHECK)			
139381	LEFT into Walliswood to Oakwoodhill Road and proceed eastwards to junction with Honeywood Lane at Oakwoodhill. Bear LEFT past the Punchbowl Inn and down to junction with A29 (CHECK)	1.6	11.0	
177428	LEFT onto A29 and proceed north to Beare Green RBT (roundabout)			
166465	LEFT 1 st exit and follow A24 via South Holmwood to <u>FINISH</u> at the centre point of The Red Chilli restaurant on the northbound carriageway	6.6	18.0	

Strava link to the course

https://www.strava.com/segments/887716?hl=en-GB



START SHEET

Bib	Start Time	First Name	Last Name	Club	Gender	Category
1	09:01:00	Steve	Dewis	Redhill CC	Male	Veteran
2	09:02:00	Daniel	Sharp	Charlotteville Cycling Club	Male	Veteran
3	09:03:00	Katie	Simmonds	Horsham Cycling	Female	Senior
4	09:04:00	Dan	Andrew	Dorking Cycling Club	Male	Veteran
5	09:05:00	Philip	Peters	a3crg	Male	Senior
6	09:06:00	Sam	Humpheson	Look Mum No Hands!	Male	Veteran
7	09:07:00	Andrew	Walker	Redhill CC	Male	Veteran
8	09:08:00	Matthew	Siviter	Beaconsfield Cycling Club	Male	Veteran
9	09:39:00	Stephen	Roach	Norwood Paragon CC	Male	Veteran
10	09:10:00	Thomas	Whatley	Paceline RT	Male	Senior
11	09:11:00	Jonathan	Pontin	Addiscombe CC	Male	Senior
12	09:12:00	Hugh	Williams	Pro Vision Cycle Clothing	Male	Veteran
13	09:13:00	Morten	Andersen	Dorking Cycling Club	Male	Veteran
14	09:14:00	Mark	Weight	Njinga Cycling	Male	Veteran
15	09:15:00	Andrew	Bradbury	Paceline RT	Male	Senior
16	09:16:00	Andrew	Payne	Maidenhead & District CC	Male	Veteran
17	09:17:00	Michael	Gates	C and N Cycles RT	Male	Senior
18	09:18:00	Richard	Pearce	Paceline RT	Male	Veteran
19	09:19:00	Richard	Pimlott	Finsbury Park CC	Male	Veteran
20	09:20:00	Pat	Wright	Paceline RT	Male	Senior
21	09:21:00	Paul	Burton	Epsom CC	Male	Senior

				Metropolitan Police Cycle		
22	09:22:00	Ray	Sullivan	Club	Male	Veteran
23	09:23:00	Peter	Owen	Norwood Paragon CC	Male	Veteran
24	09:24:00	Duncan	Rimmer	Morden CRC	Male	Veteran
25	09:25:00	Dale	Lush	Kingston Phoenix RC	Male	Veteran
26	09:26:00	Neil	Harrigan	Gravesend CC	Male	Veteran
27	09:27:00	Grant	Fraser	Paceline RT	Male	Senior
28	09:28:00	Francis	Jago	Paceline RT	Male	Veteran
29	09:29:00	Lisa	Stephenson	Beaconsfield Cycling Club	Female	Veteran
30	09:30:00	Liam	Maybank	Twickenham CC	Male	Veteran
31	09:31:00	Gareth	Thomas	Paceline RT	Male	Senior
32	09:32:00	Jason	Hunter	Pearson Cycling Club	Male	Veteran
33	09:33:00	Colin	Gray	Norwood Paragon CC	Male	Veteran
34	09:34:00	Nigel	Robathan	Dorking Cycling Club	Male	Veteran
35	09:35:00	Keith	Lea	Paceline RT	Male	Veteran
36	09:36:00	Theo	Tadros	trainSharp	Male	Junior
37	09:37:00	Neal	Marrin	Finsbury Park CC	Male	Veteran
38	09:38:00	Simon	Mumme	Paceline RT	Male	Senior
39	09:09:00	Jonathan	Dewar	Dorking Cycling Club	Male	Veteran
40	09:40:00	Neil	Lauder	Arctic Tacx RT	Male	Senior
41	09:41:00	Andy	Lack	Paceline RT	Male	Veteran
42	09:42:00	Mark	Aldred	Kingston Wheelers CC	Male	Senior
43	09:43:00	Tim	Moody	Addiscombe CC	Male	Senior
44	09:44:00	Chris	Brewer	Redmon CC	Male	Veteran
45	09:45:00	Ben	Elliott	C and N Cycles RT	Male	Senior
46	09:46:00	Simon	Trehearn	Kingston Phoenix RC	Male	Veteran
47	09:47:00	Adam	Wells	Paceline RT	Male	Senior
48	09:48:00	Simon	Halloway	Paceline RT	Male	Senior
49	09:49:00	Christopher	Stone	Redhill CC	Male	Veteran

Wishing you a SAFE and FAST ride. Keep your head up.

Please exchange race number for a free drink at HQ and DON'T FORGET YOU MUST SIGN OUT

Redhill Cycling Club

www.redhill.cc