



FROME & DISTRICT WHEELERS

John Galway Memorial 10-Mile Time Trial

17 Feb 2019 - 09:26 hrs start

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Event Secretary: Jon Wiggins. 52 Frome Road, Trowbridge, BA14 0DF. Mail: jon.w.1981@gmail.com.
Tel 07737 606836

Time Keepers: Paul Arayan & Andy Greatwood.

U375 Course Details: START in Ridgeway Lane 15 yds from junction with A361, turn immediately left onto A361, proceed to RAB at the top of ski ramp, take the 2nd exit and proceed to Blatchbridge RAB, take the 2nd exit and proceed to Pylon RAB, take the 1st exit to trading estate RAB, take 2nd exit (straight across) to Oldford RAB where circle and retrace to finish after the bridge over river Frome just before ski ramp.

At the finish, competitors must shout their race number to the timekeeper. Do not approach the timekeeper during the event, continue back to the HQ. Any disputes or queries will be resolved at the HQ.

We will have marshals out on the course and I will try to place out some directional arrows, however **It is the riders responsibility to know the course. Please ensure you know the route before starting.**

Headquarters: Nunney Village Hall, BA11 4NR. Changing facilities and toilets are available. Due to the large entry we will have very limited parking space available at the HQ. We do however have additional parking at the Lorry Café car park next to Nunney Catch round-a-bout (see attached map). The owner has confirmed that we are welcome to use the toilet and shower facilities which are to the left of the Café. Please note the following:

- Please do not block the HQ access.
- Avoid parking on the road adjacent to the HQ and avoid parking in Nunney Village.
- There may be some spaces available at the layby opposite the start (DO NOT BLOCK THE CAFÉ & CONCEALED ENTRANCE OR PARK IN FRONT OF THE DROP KERB, THE OWNER GETS VERY CROSS).
- Please avoid parking on Ridgeway Lane.
- In all cases please be considerate when parking and do not restrict/block residents access.

Signing On & Off: Please ensure you sign-on at the headquarters and collect your number. Numbers can be exchanged for free tea or coffee after the event. The HQ will be open at approximately 8:00 hrs. Please read any notices on the signing on table. These are there for your safety. YOU MUST return to the HQ and SIGN OFF after the event. Failure to do so will result in no finish time being given.

NB: Avoid passing the finish timekeeper when not competing. If this is unavoidable, please indicate to him, clearly, that you are not racing. No warming up on the course once the first rider has started.

Heads Up – Have a Safe Ride: **A working front and rear light is highly recommended.** The CTT strongly advise the wearing of a hard shell helmet. It is a regulation of the CTT that all riders under 18, or Juniors as defined by Regulation 9, should wear a hard-shell helmet conforming to a recognised international safety standard in accordance with regulation 15.

Prizes: We will award 1st £25, 2nd £20 and 3rd £15 in the following categories; Overall, Tandem, Female, Junior and Veteran on Standard where there are more than five entrants. Two to five, only first prize will be given. Team prize is £45, £30 and £15 for the fastest team of three solo riders.
The John Galway cup is awarded for the fastest solo West DC rider overall.

Ride safe but most of all enjoy yourself

Bib	Start Time	Name	Club	Gender	Category	Std
26	09:26:00	Andrew Legge/Joanna Knight	Bristol South Cycling Club	Mixed	Tandem	
27	09:27:00					
28	09:28:00	Bradley Sewell/Tom Judd	Wincanton Wheelers	Male	Tandem	
29	09:29:00					
30	09:30:00	Tony Chapman	Frome and District Wheelers	Male	Veteran	00:26:32
31	09:31:00	Ian Sherin	3C Cyclexperience	Male	Veteran	00:27:20
32	09:32:00	Jamie Richardson Paige	Chippenham & District Wheelers	Male	Senior	
33	09:33:00	Rosie Lyon-smith	University of Bristol Cycling Club (UOBCC)	Female	Espoir	
34	09:34:00	Ken Evans	PDQ Cycle Coaching	Male	Veteran	00:27:59
35	09:35:00	Peter Cottington	Bath Cycling Club	Male	Veteran	00:27:14
36	09:36:00	Stefan Barnett	Bradford-on-Avon Cycling Club	Male	Espoir	
37	09:37:00	Steve Wiltshire	Somer Valley Cycling Club	Male	Veteran	00:26:36
38	09:38:00	Martin Balk	3C Cyclexperience	Male	Veteran	00:27:32
39	09:39:00	Sarah Roberts	Gillingham and District Wheelers / Wheels Cycles	Female	Veteran	00:28:39
40	09:40:00	James Fritchley	Westbury Wheelers	Male	Senior	
41	09:41:00	Dave Hurley	Somer Valley Cycling Club	Male	Veteran	00:26:45
42	09:42:00	Jo Buckland	PDQ Cycle Coaching	Female	Veteran	00:28:58
43	09:43:00	Craig Hopkins	Wyre Forest Cycle Racing Club	Male	Veteran	00:27:20
44	09:44:00	Gary Daniell	A2B Cycle Repair Race Team	Male	Senior	
45	09:45:00	Robert Borek	Bristol South Cycling Club	Male	Senior	
46	09:46:00	Charlie Lacaille	University of Bristol Cycling Club (UOBCC)	Male	Espoir	
47	09:47:00	James Currie	Chippenham & District Wheelers	Male	Veteran	00:26:13
48	09:48:00	Laura Rayner	Westbury Wheelers	Female	Senior	
49	09:49:00	Mick Payne	Kingswood Tri Club	Male	Veteran	00:26:23
50	09:50:00	Steven Cottington	Bath Cycling Club	Male	Veteran	00:27:14
51	09:51:00	Mark Gateshill	PDQ Cycle Coaching	Male	Senior	
52	09:52:00	Mick Sharratt	Team Swindon Cycles	Male	Veteran	00:27:44
53	09:53:00	Arran Armstrong	Velo Club Walcot	Male	Veteran	00:26:04
54	09:54:00	Ian Mansell	Salt and Sham Cycle Club	Male	Veteran	00:27:04
55	09:55:00	Paul Ransome	Zoot Athlos Race Team	Male	Senior	

56	09:56:00	Megan Dickerson	Bristol South Cycling Club	Female	Senior	
57	09:57:00	Mark Evans	Chippenham & District Wheelers	Male	Veteran	00:27:09
58	09:58:00	Carl Jolly	University of Bristol Cycling Club (UOBCC)	Male	Espoir	
59	09:59:00	Russ Tanner	Wincanton Wheelers	Male	Veteran	00:26:50
60	10:00:00	Nick Livermore	Bristol South Cycling Club	Male	Senior	
61	10:01:00	John Benjamin	Bradford-on-Avon Cycling Club	Male	Senior	
62	10:02:00	Paul Freegard	Chippenham & District Wheelers	Male	Veteran	00:27:44
63	10:03:00	Paul Haynes	A2B Cycle Repair Race Team	Male	Veteran	00:26:04
64	10:04:00	Steve Way	Wincanton Wheelers	Male	Veteran	00:27:44
65	10:05:00	James Pittard	University of Bristol Cycling Club (UOBCC)	Male	Espoir	
66	10:06:00	Peter Barrett	Somer Valley Cycling Club	Male	Veteran	00:27:20
67	10:07:00	Lucy Scott	Avid Sport	Female	Senior	
68	10:08:00	Anthony Sprules	Frome and District Wheelers	Male	Veteran	00:28:14
69	10:09:00	Stuart Evans	Wincanton Wheelers	Male	Veteran	00:26:23
70	10:10:00	Jason Streather	PDQ Cycle Coaching	Male	Veteran	00:26:18
71	10:11:00	John Hale	WORX Factory Racing Powered by Silverstone	Male	Senior	
72	10:12:00	Elizabeth Pressage	Velo Club Venta	Female	Senior	
73	10:13:00	Robert Brush	Winchcombe Cycling Club	Male	Senior	
74	10:14:00	Emma Naylor	University of Bath Cycling Club	Female	Senior	
75	10:15:00	Les Liddiard	Team Jewson - MI Racing ~Poly Pipe~McCann	Male	Veteran	00:27:51
76	10:16:00	Ben Eley	Frome and District Wheelers	Male	Junior	
77	10:17:00	Bob Symons	PDQ Cycle Coaching	Male	Veteran	00:28:06
78	10:18:00	Ashley Dunn	Velo Club Bristol	Male	Veteran	00:26:27
79	10:19:00	Nick Bunyard	Westbury Wheelers	Male	Senior	
80	10:20:00	Ted Cross	University of Bristol Cycling Club (UOBCC)	Male	Senior	
81	10:21:00	Andrew Turner	Bristol South Cycling Club	Male	Senior	
82	10:22:00	Jerry Rayner	Westbury Wheelers	Male	Veteran	00:26:04
83	10:23:00	Charlotte Davies	University of Bristol Cycling Club (UOBCC)	Female	Espoir	

84	10:24:00	Mark Bishton	Velo Club Bristol	Male	Veteran	00:26:45
85	10:25:00	Martin Aldam	Bath Cycling Club	Male	Veteran	00:26:41
86	10:26:00	Martin Wiltshire	Somer Valley Cycling Club	Male	Veteran	00:26:13
87	10:27:00	Txema Garcia	A2B Cycle Repair Race Team	Male	Veteran	00:26:27
88	10:28:00	Dr Carlton Brand	Frome and District Wheelers	Male	Veteran	00:26:54
89	10:29:00	Leon Baker	Velo Club Bristol	Male	Veteran	00:26:32
90	10:30:00	Dan Martin	University of Bath	Male	Espoir	
91	10:31:00	Morgan Curle	Giant CC Halo Films	Male	Espoir	
92	10:32:00	Matthew Sim	Dorking Cycling Club	Male	Senior	
93	10:33:00	Laura Bosomworth	University of Bath Cycling Club	Female	Espoir	
94	10:34:00	Alec Johnson	Westbury Wheelers	Male	Senior	
95	10:35:00	Robert Grover	Bradford-on-Avon Cycling Club	Male	Senior	
96	10:36:00	Cameron Porch	Avid Sport	Male	Juvenile	
97	10:37:00	Ashley Hutchinson	Trowbridge Hot Chilli Triathlon Club	Male	Veteran	00:25:59
98	10:38:00	Gordon Scott	CC Weymouth	Male	Veteran	00:27:20
99	10:39:00	David Barlow	Wincanton Wheelers	Male	Veteran	00:26:59
100	10:40:00	Rob Pears	Bath Cycling Club	Male	Veteran	00:27:09
101	10:41:00	Oliver Beresford	Velo Club Venta	Male	Espoir	
102	10:42:00	Frankie Whitwell	Bradford-on-Avon Cycling Club	Male	Senior	
103	10:43:00	Kate Baker	Avid Sport	Female	Senior	
104	10:44:00	Andy Morgan	PDQ Cycle Coaching	Male	Veteran	00:27:09
105	10:45:00	Paul Winchcombe	Chippenham & District Wheelers	Male	Veteran	00:27:32
106	10:46:00	Richard Franklin	Salt and Sham Cycle Club	Male	Veteran	00:26:45
107	10:47:00	Jamie Atkins	University of Bristol	Male	Espoir	
108	10:48:00	Bradley Perkins	PDQ Cycle Coaching	Male	Juvenile	
109	10:49:00	Mark Jones	Salt and Sham Cycle Club	Male	Veteran	00:26:36
110	10:50:00	David Janes	Wheels of Dorset	Male	Senior	