Course RS9:-

Start on B4265 at western end of layby (SS 90495 73479), about 1 mile south east of St Brides Major. Proceed in a south easterly direction via Wick towards Llantwit Major. Encircle the large roundabout (M) at junction of B4265 and B4270. Retrace in north westerly direction over the same road to **Finish** at western end of layby (SS 90496 73465) opposite the start point.

START to middle of Wick (about 1.5 miles eastbound);

Surface is mostly OK so long as you keep between a third and half way out from the edge of the road (there are some collapsed edges, so do not ride through puddles on the left side!).

NB a mile from the start there is a conspicuous pothole in the middle of the lane on an uphill stretch.

Middle of Wick to Llantwit r/b (about 3 miles both ways);

Surface is everywhere in pretty good condition though a little rough (surface dressing of chippings).

TURN at Llantwit r/b;

Surface is bit rough, and there's a small pothole on the race line as you enter the roundabout.

Middle of Wick to FINISH (about 1.5 miles westbound);

Surface is mostly OK so long as you keep between a third and half way out from the edge of the road (there are some collapsed edges, so do not ride through puddles on the left side!).

NB in the dip, about 100yds before the finish, there's a collapsed gully marked by 3 cones at the left edge of the carriageway.