

EASTERN COUNTIES CYCLING ASSOCIATION

**24 Mile 3-up Team Time Trial**

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

To be held on

**Sunday 16th September 2018**

**Course E22/24**

**Starting at 8:00 a.m.**

**Timekeepers –** Laura Carter and Tony Brown

**Awards**

1st Team – Gilt Medals, 2nd – ECCA Medals, 3rd Team – ECCA Medals

**Event Headquarters**

Birch Memorial Hall, School Hill, Birch, Essex, CO2 0NA

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| **Event Secretary:** Lea Marshall, 96 Brokenhurst Way, Bicknacre, Essex, CM3 4XG Telephone 07880 616487 | |
| **COURSE DETAILS E22/24**  START in Lower Road which is first lane on left, north of Birch Village Hall, at entrance gate to pumping station. Proceed to junction with B1022 where turn sharp left (M) (GREAT CARE). Proceed through Tiptree, Great Totham North and Great Totham South, to Heybridge turning left (M) onto B1026 at Triangle roundabout. Continue through Goldhanger and Tolleshunt D’Arcy until reaching former Kings Head PH where turn left (M) and continue for 1 mile to bear right (M) at Staffords Corner, continuing on Layer Road over reservoir passing Layer Church and Waterworks to turn left (M) into Birch Road at junction with Layer Fox PH. Continue on Birch Road to FINISH just past the opening to Garlands Farm.  **RIDERS BRIEFING NOTICE**  No cleats are to be worn inside the race headquarters  Riders that have finished they should proceed straight-on to the event headquarters.  Take care when passing through Birch village. | **LONDON EAST LOCAL REGULATIONS**  1 Competitors are not allowed to warm up on any part of the designated course once the event has started.  2 No ‘U’ turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT  District Committee.  3 No parking at either the start or finish points, other than the timekeepers car.  4 Body numbers will be available at the event headquarters and may be exchanged for a drink afterwards. All riders should return the numbers after the event and sign in the signing off box of the start sheet.  **Failure to sign-off will mean your result will be shown as DNF.** |
| **In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.**  **Cycling Time Trials and the Event Promoters recommend the use of a flashing rear light whilst competing.** | |

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| **No** | **Name** | **Club** | **Start** |
| 1 | Laurence Bellamy | Shaftesbury CC | 8:01 |
| 2 | Wayne Greve |
| 3 | Geoff Fletcher |
| 4 | Joanna Butcher | Braintree Velo CRC | 8:04 |
| 5 | Ian Dougal |
| 6 | David Smith |
| 7 | Mark Mcgee | Maldon & District CC | 8:07 |
| 8 | Darren Wood |
| 9 | Kelvin Fleuty |
| 10 | Gary Jackson | Shaftesbury CC | 8:10 |
| 11 | Robert Pisolkar |
| 12 | Nick Mcauliffe |
| 13 | Graham Doe | Maldon & District CC | 8:13 |
| 14 | Nathan Turner |
| 15 | Colin Edmond |
| 16 | Katie-ann Elliston | Southend Wheelers | 8:16 |
| 17 | Jamie Maidment |
| 18 | Barry Simpson |
| 19 | Aidan Kerrigan | Lee Valley Youth CC | 8:19 |
| 20 | Matthew Lord |
| 21 | Daniel Lord |
| 22 | David Crisp | 3T-RACING | 8:22 |
| 23 | James Wylie |
| 24 | Barry Mcdonald |
| 25 | Richard O’rourke | Braintree Velo CRC | 8:25 |
| 26 | Daniel Price |
| 27 | Mark Day |
| 28 | David Harding | Chelmer CC | 8:28 |
| 29 | Peter Harding |
| 30 | Nick Boyle |

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| **BOLTON FUND**  This Fund exists to help riders, especially younger ones, who would like some financial assistance towards the cost of a particular cycling based project. Recent examples have been help with travel costs to the European Cyclos Cross Championships in Italy and the set-up costs of the Lee Valley Youth Road Team.  Applications with an outline of the project and expected costs to ECCA Chairman or assistant General Secretary at least six weeks beforehand to allow the Committee time to consider the application. |

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| **Catering by Nettaprise**  For all you event catering contact Lynnette Plumb  Telephone 01376 552985 Mobile 07782 111318  e-mail [netta25@tiscali.co.uk](mailto:netta25@tiscali.co.uk) |