

Promoted for and on behalf of Cycling Time Trials under their rules and regulations



THE EAST ANGLIAN VTTA

Are proud to present the start sheet for

***** 'THE LEO 30' - SOLO & TANDEM TT *****

COURSE E2/30c – SATURDAY 22nd September 2018 – STARTS AT 14:01

START at paint mark in Mill Road 30yards past (east of) EP. Opposite lane to Upper Heath Farm and Cottages, which is approx 0.3m west of A11, proceed to junction with A11 northbound. Continue along A11 to join A14 and after approx. seven miles **KEEP LEFT** onto A11. Continue past Suffolk Boundary to 'Freckenham' sign and take slip road (M) to 'T' junction, where turn right (M) **WITH CARE** to roundabout. Take third exit (M) to cross over A11 (15.5m) and at next roundabout Take 3rd exit (M) to join A11 southbound. Retrace along A11 to join A14 at Newmarket, then after approx., seven miles **KEEP LEFT** to rejoin A11. Continue past Willbraham slip to **FINISH** in 0.6m at start of layby opposite paint mark by first drain cover in narrow entrance to Layby. (30m).
Riders to continue past layby to take next slip road to Fulbourne Centre HQ.

IN THE INTEREST OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD-SHELL SAFETY HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

NOTES TO RIDERS - The following local regulations must be adhered to: -

1. No riding with your head down or riding too far out in the left lane, any rider observed riding dangerously will be disqualified from the event and reported to London East CTT District Committee for further disciplinary action. Have a fast, but safe ride.
2. NO 'U' TURNS are allowed within sight of the start or finish area. Riders carrying out this dangerous maneuver are liable for disqualification from the event and further disciplinary action by the CTT District Committee.
3. Numbers will be situated in the HQ; these can be exchanged for a hot or cold drink after the event.
4. NO cars to stop or park at the start or finish areas.
5. No warming-up by competitors is allowed along any part of the designated course.

Timekeepers: Tim & Becki Groves

Organiser on the day: Chris Holmes Mobile: 07850 468341

Event Secretary: John Golder, 6 Middlemead, West Hanningfield, Chelmsford, Essex, CM2 8UT

Email: jgolder66@outlook.com Mobile: 07709 328113

AWARDS

1st fastest £30 & The Leo 30 trophy for 1 year

2nd fastest £25

3rd fastest £20

4th fastest £15

1st fastest woman £30 2nd fastest woman £25 3rd fastest woman £20

Age categories awarded on fastest

18-29 £15 30-34 £15 35-39 £15 40-44 £15 45-49 £15 50-54 £15

55-59 £15 60-64 £15 65-69 £15 70-74 £15 75+ £15

Fastest tandem £60 2nd fastest £40

Fastest team of 3 £20 each

East Anglian VTTA awards

East Anglian VTTA medals for

Actual fastest, 1st best on standard & 1st woman on standard

1st tandem on standard & club team of three on standard

The H.F.Nevill 30m cup will be awarded to the best East Anglian Group member on standard

1st man & woman on standard & the trophy winners will get a free ticket to the East Anglian VTTA luncheon & prize presentation at the Rosery Hotel, Exning Newmarket on Sunday 25th November, guest speaker, Matt Bottrill <http://roseryhotel.co.uk/>

Just a few of the competition records that have gone in this event

MEN'S COMPETITION RECORD - MICHAEL HUTCHINSON 55:39 (2011)

COURSE RECORD - MATT SMITH 56:04 (2017)

LADIES COMPETITION RECORD - RACHAEL ELLIOT 1:0:34 (2017)

MEN'S TEAM COMPETITION RECORD - TEAM VELOVELOCITY 2:55:58 (2015)

LADIES TEAM COMPETITION RECORD - CHELMER CC 3:33:13 (2015)

MEN'S TRIKE COMPETITION RECORD - BARRY CHARLTON 1:5:12 (2012)

MEN'S TANDEM COMPETITION RECORD - ZAK CARR & GLENN TAYLOR 54:33 (2002)

Solo's

No	CTT ID	Name		Club	Age	VTTA Std	VTTA Group	Start Time
1	5487	Bob	Loader	Sydenham Whs	85	1:45:19	Kent	14:01
2	8954	Antonio	Paolino	Essex Roads CC	72			14:02
3	26327	Ian	O'neill	Shaftesbury CC	51			14:03
4	25820	Dan	Linstead (T)	Lincoln Wheelers CC	37			14:04
5	6349	Michael	Hill	Chester RC	37			14:05
6	4599	Steve	Cave	Plomesgate CC	47	1:21:23	East Anglia	14:06
7	7248	Alister	Campbell	Eagle Road Club	40			14:07
8	19747	Ian	Pike (T)	Lincoln Wheelers CC	50	1:27:06	Notts & E.Mids	14:08
9	5555	David	Steel	Hereford & Dist Whs CC	71	1:30:09	Midlands	14:09
10	17417	Darren	Yarwood	Vive Le Velo	44	1:20:39	Yorkshire	14:10
11	76	Andrew	Grant	Cambridge CC	65	1:26:55	East Anglia	14:11
12	7165	Lee	Buckman	Ashford Whs	43			14:12
13	4197	Andrew	Clarke	Mid Shropshire Wheelers	59	1:24:36	Merseyside	14:13
14	22691	Andy	Newham (T)	Lincoln Wheelers CC	45	1:25:48	North Midlands	14:14
15	145	Rob	Stephenson	Southborough & Dist. Whs	46	1:21:09	East Anglia	14:15
16	8833	Steve	Smith	Redbridge CC	63	1:26:03	East Anglia	14:16
17	498	Carl	Stephens	Basildon CC	49			14:17
18	160	John	Golder	Chelmer CC	65	1:26:55	East Anglia	14:18
19	5312	Zena	Palgrave (W)	Ely & District CC	43	1:26:48	East Anglia	14:19
20	99	Henrik	Persson	Kingston Wheelers CC	35			14:20
21	227	Iain	Boardman	Dulwich Paragon CC	45	1:20:54	East Anglia	14:21
22	1063	Geoff	Reynolds	Hemel Hempstead CC	52	1:22:36	East Anglia	14:22
23	3712	Sue	Rust (W)	Kettering CC	55	1:30:05	East Anglia	14:23
24	6003	Chanel	Mason (W)	Storey Racing	37			14:24
25	1270	Matt	Peel	C and N Cycles RT	33			14:25
26	5252	Dan	Bromilow	Ely & District CC	45	1:20:54	East Anglia	14:26
27	7892	Martin	Bullen	Peterborough CC	66	1:27:22	North Midlands	14:27
28	576	Christina	Murray (W)	Army Cycling Union	42	1:26:31	Wessex	14:28
29	1505	Janet	Fairclough (W)	St Helens CRC	58	1:31:03	Merseyside	14:29
30	280	Alice	Lethbridge (W)	DRAG2ZERO	33			14:30
31	5176	John	Lacey	Hemel Hempstead CC	54	1:23:07	L&HC	14:31
32	5376	Angela	Carpenter (W)	...a3crg	49	1:28:24	Wessex	14:32
33	21256	Helen	Reynolds (W)	Hemel Hempstead CC	53	1:29:29	East Anglia	14:33
34	962	Tracy	Rowlinson (W)	Lyme Racing Club	53	1:29:29	Manchester & NW	14:34
35	1681	Jon	Surtees	NOPINZ	51	1:22:21	Notts & E.Mids	14:35
36	8394	Vicky	Gill (W)	DRAG2ZERO	38			14:36
37	9632	Nicola	Juniper (W)	NJC-Biemme-Echelon	37			14:37
38	811	Katja	Rietdorf (W)	Born to Bike - Bridgtown Cycles	47	1:27:52	L&HC	14:38
39	5245	Chelsea	Mccloskey-lambert (W)	Manchester Wheelers	30			14:39
40	102	Adam	Jarps	Team Bottrill / Vanguard	18			14:40
41	3902	Kevin	Stokes	Born to Bike - Bridgtown Cycles	56	1:23:41	L&HC	14:41
42	1768	Sean	Sanders	Drighlington BC	48			14:42
43	1137	Zoe	Whiteside (W)	Team Bottrill / Vanguard	45	1:27:21	North Lancs & Lakes	14:43
44	1990	Eva	Nyirenda (W)	...a3crg	33			14:44
45	1103	Alan	Chorley	Seamons CC	47	1:21:23	Manchester & NW	14:45

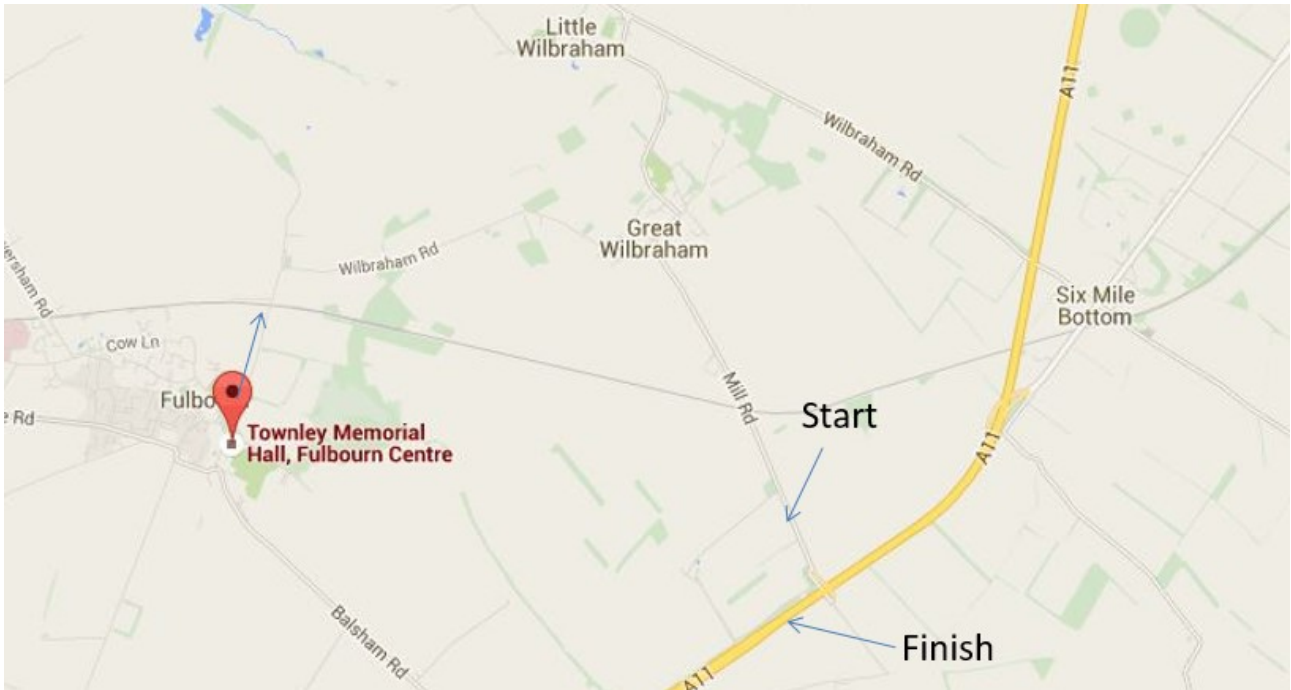
No	CTT ID	Name		Club	Age	VTTA Std	VTTA Group	Start Time
46	5249	Gavin	Mccloskey-lambert	Manchester Wheelers	30			14:46
47	3199	Roger	Porter	Verulam CC	71	1:30:09	L&HC	14:47
48	4555	Mandy	Bunn (W)	CC Sudbury	49	1:28:24	East Anglia	14:48
49	2321	Susan	Sanders (W)	Drighlington BC	44			14:49
50	1411	Mick	Hodson	Bedfordshire Road RT	48	1:21:37	East Anglia	14:50
51	1638	Paul	Vickers	West Suffolk Wheelers	47	1:21:23	East Anglia	14:51
52	17437	Andrew	Askwith	Bridlington CC	54	1:23:07	Yorkshire	14:52
53	19348	Patrick	Ellerbeck	St Neots CC	64	1:26:28	East Anglia	14:53
54	3071	John	Watson	Hitchin Nomads CC	52			14:54
55	5708	David	Procter	Team Velovelocity	56	1:23:41	East Anglia	14:55
56	972	Michael	Martin	CC Ashwell	53	1:22:51	East Anglia	14:56
57	6502	Nick	Hanson	Seacroft Whs	53	1:22:51	Yorkshire	14:57
58	5343	Ray	Retter	Born to Bike - Bridgtown Cycles	72	1:30:48	West	14:58
59	4593	Dominic	Whitehead	St Ives CC	60	1:24:56	East Anglia	14:59
60	15098	Matt	O'brien	Plomesgate CC	40	1:19:37	East Anglia	15:00
61	5155	Sam	Wightman	Chelmer CC	41	1:19:53	East Anglia	15:01
62	4967	Ralph	Mullan	Shaftesbury CC	48	1:21:37	East Anglia	15:02
63	8971	Geoff	Perry	Born to Bike - Bridgtown Cycles	58	1:24:17	L&HC	15:03
64	7819	John	Murphy	Gloucester City Cycling Club	78	1:35:51	West	15:04
65	2004	Billy	Jarish	Lincoln Wheelers CC	24			15:05
66	3301	Andy	Stuart	Velo Club St Raphael	43	1:20:25	East Anglia	15:06
67	2418	Julian	Pegg	Hitchin Nomads CC	55	1:23:24	East Anglia	15:07
68	3999	Christopher	Bailey	Lyme Racing Club	58	1:24:17	Manchester & NW	15:08
69	3983	Peter	Horsnell	Chelmer CC	88	1:51:28	East Anglia	15:09
70	2458	Daniel	Northover	Finsbury Park CC	41			15:10
71	1930	Alex	Leek	Velo Club St Raphael	31			15:11
72	6604	Andy	Yeoman	Bishop's Stortford CC	47	1:21:23	East Anglia	15:12
73	13937	Scott	Cousins	Maldon & District CC	31			15:13
74	1465	Tony	Capon	Becontree Wheelers CC	57			15:14
75	1957	Simon	Norman	Bedfordshire Road RT	48	1:21:37	L&HC	15:15
76	3300	Sean	Hunt	Lincoln Wheelers CC	54	1:23:07	Notts & E.Mids	15:16
77	10566	Gareth	Wignall	Hertfordshire Whs	31			15:17
78	4725	James	Anderson	Iceni Velo-Duff Morgan	41			15:18
79	7037	David	Eccles	Redmon CC	70	1:29:31	Surrey & Sussex	15:19
80	3914	David	Harding	Chelmer CC	37			15:20
81	390	Martin	Reynolds	Cambridge CC	55	1:23:24	East Anglia	15:21
82	1427	Colin	Ross	Lea Valley CC	36			15:22
83	24687	Oliver	Bates	Team Bottrill / Vanguard	21			15:23
84	11491	Stewart	Kirk	CC Sudbury	65	1:26:55	East Anglia	15:24
85	3523	Julian	Elliott	Finsbury Park CC	48	1:21:37	East Anglia	15:25
86	1276	Antony	Bee	Wigmore CC	54	1:23:07	Kent	15:26
87	91	Richard	Sheldrake	Lincoln Wheelers CC	45	1:20:54	Notts & E.Mids	15:27
88	3941	Cliff	Voller	Newbury RC	67	1:27:52	West	15:28
89	634	Gary	Boyd	Hub Velo	50	1:22:06	East Anglia	15:29
90	2950	Jonathan	Wears	NOPINZ	25			15:30
91	9928	Antony	Green	New Forest CC	54	1:23:07	Wessex	15:31
92	379	Ken	Platts	Cambridge CC	66	1:27:22	East Anglia	15:32
93	2685	John	Manlow	Ely & District CC	50	1:22:06	East Anglia	15:33

No	CTT ID	Name		Club	Age	VTTA Std	VTTA Group	Start Time
94	1928	Simon	Constable	Basildon CC	41	1:19:53	East Anglia	15:34
95	2818	Paul	Hart	Southend Wheelers	39			15:35
96	7286	Chris	Potter	CC Ashwell	28			15:36
97	308	David	Crisp	3T-RACING	42	1:20:09	East Anglia	15:37
98	1070	Peter	Tibbitts	Ford CC	66	1:27:22	East Anglia	15:38
99	11171	John	Howells	Corinium Cycle Club	77	1:34:51	West	15:39
100	1005	Adam	Bidwell	Kingston Wheelers CC	42	1:20:09	Surrey & Sussex	15:40
101	644	Ian	Greenstreet	AeroCoach	54	1:23:07	L&HC	15:41
102	1707	Darren	Cope	Team Bottrill / Vanguard	29			15:42
103	6676	Roger	Sewell	Wisbech Whs	71	1:30:09	East Anglia	15:43
104	1442	Noel	Toone	Kettering CC	57	1:23:58	East Anglia	15:44
105	652	George	Evans	Team Bottrill / Vanguard	20			15:45
106	591	Jon	Elliott	Maidenhead & District CC	37			15:46
107	5069	Steven	Bass	Maldon & District CC	50	1:22:06	East Anglia	15:47
108	11028	Carl	Murley	Wisbech Whs	54	1:23:07	East Anglia	15:48
109	19649	Murray	Kirton	A5 Rangers CC	77	1:34:51	Midlands	15:49
110	679	Liam	Maybank	Twickenham CC	46	1:21:09	L&HC	15:50
111	611	Mark	Newton	Elite Cycling	51	1:22:21	East Anglia	15:51
112	5340	Lee	Turner	Sigma Sports	49	1:21:52	East Anglia	15:52
113	3	Chris	Dyason	Cambridge CC	70	1:29:31	East Anglia	15:53
114	1989	Robert	Jones	Cardiff 100 Miles RCC	66	1:27:22	South Wales	15:54
115	1062	Gary	Chambers	NOPINZ	32			15:55
116	3975	Matt	Kuwertz	Southborough & Dist. Whs	43	1:20:25	East Anglia	15:56
117	5795	Daniel	Ryan	North Road CC	34			15:57
118	4373	Carmelo	Luggeri	CC Ashwell	62	1:25:40	East Anglia	15:58
119	152	Phil	Wright	Hartlepool CC	63	1:26:03	North	15:59
120	700	Pat	Wright	Paceline RT	33			16:00
121	236	Keith	Dorling	Team Bottrill / Vanguard	59	1:24:36	East Anglia	16:01
122	1792	Gary	Hunt	Adept Cycling	55	1:23:24	North	16:02
123	1261	Ian	Markham	Chronos RT	49			16:03
124	4334	Bob	Quarton	Wolsey RC	64	1:26:28	East Anglia	16:04
125	1051	Stephen	Irwin	North Lancashire Road Club	47	1:21:23	North Lancs & Lakes	16:05
126	757	Andy	Lack	Paceline RT	49			16:06
127	211	Colin	Lizieri	Cambridge CC	63	1:26:03	East Anglia	16:07
128	419	Richard	Moule	Bossard Whs	61	1:25:17	L&HC	16:08
129	262	Andy	Kennedy	Ipswich BC	53	1:22:51	East Anglia	16:09
130	584	James	Rix	Team Bottrill / Vanguard	42	1:20:09	Surrey & Sussex	16:10
131	825	Steven	Cottington	Bath Cycling Club	56	1:23:41	West	16:11
132	1109	Tim	Humphries	Team Swift	54	1:23:07	North	16:12
133	494	Alan	Crane	Chronos RT	49	1:21:52	L&HC	16:13
134	537	Jamie	Maidment	Southend Wheelers	33			16:14
135	4677	Stuart	Travis	Team Bottrill / Vanguard	34			16:15
136	545	Robert	Watson	Cambridge CC	58	1:24:17	East Anglia	16:16
137	3342	David	Hargreaves	North Lancashire Road Club	72	1:30:48	North Lancs & Lakes	16:17
138	1368	Barrie	Whittaker	Lyme Racing Club	61	1:25:17	Manchester & NW	16:18
139	1294	Graham	Pepperdine	Verulam CC	55	1:23:24	East Anglia	16:19
140	1001	Matthew	Smith	DRAG2ZERO	40	1:19:37	East Anglia	16:20
141	7138	Jason	Bouttell	Team Vision Racing	32			16:21

Tandems

No	CTT ID	Team ID	Name	Club	Age	VTTA Standard	VTTA Group	Start Time
142	3155	11731	John Swanbury	VC Baracchi	71	1:24:35	East Anglia	16:22
	7407	11731	Allistair Banks		63			
143	1910	11653	John Iszatt	Team Vision Racing - Silverhook	59	1:19:54	East Anglia	16:23
	4570	11653	Dean Lubin		49			
144	3242	11541	Kevin Baumber	Shaftesbury CC	44	1:17:40	East Anglia	16:24
	23761	11541	Martin Baumber		46			
145	1299	11800	Glenn Taylor	Shorter Rochford RT	50	1:18:56	East Anglia	16:25
	2108	11800	Neil Dowie		51			

HQ – Memorial Hall, Fulbourne Centre, CB21 5BS



The HQ is approx. 3 miles from the start, please allow adequate time, there is plenty of parking spaces at this HQ, however please consider that we have a large entry when parking your vehicle.