

ESSEX ROADS CYCLING CLUB

Open 24 mile Sporting Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

SPOCO South East Group Counter

to be held on

Sunday 2nd September 2018

Course E22/24 — Start at 8.00 am

Timekeepers:

Trevor Pedley and

Awards:

Scratch: 1st – £40; 2nd – £20; 3rd – £10.

Fastest Club Team of Three: £10 each.

Event headquarters:

Birch Memorial Village Hall, School Hill, Birch, Essex CO2 0LZ

This is the village communal area, please park in a sensible manner and do not take advantage of the excellent facilities in the headquarters. No changing in full view of residents and please respect the local residents by keeping any noise to a minimum.

Thank you.

Hall will open for sign-on at 7am.

Event secretary: Leonard Gordon, 7 Cambridge Close, Basildon, Essex, SS16 6UW Telephone: 07807 839204

COURSE DETAILS E22/24 Birch

Start in Lower Road at entrance gate to pumping station. Proceed to junction with B1022 (M) where turn sharp left with great care. Proceed through Tiptree, Great Totham North and Great Totham South to Heybridge turning left at the roundabout (M) onto B1026. Continue through Goldhanger and Tolleshunt D'Arcy until reaching former 'Kings Head' public house where turn left (M). Continue on Layer Road to bear right (M) at Staffords Corner. Continue on Layer Road over reservoir passing Layer Church and the waterworks to turn left (M) into Birch Road at junction by Layer Fox public house. Continue on Birch Road to finish just past the opening to Garlands Farm (gr 952192)

In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.

Cycling Time Trials and the Event Promoter recommend the use of a flashing rear light whilst competing.

LONDON EAST LOCAL REGULATIONS

- 1** Competitors are not allowed to warm up on any part of the designated course once the event has started.
- 2** No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.
- 3** No parking at either the start or finish points, other than the time keepers car.
- 4** Body numbers will be available at the event headquarters
- 5** Body numbers should be returned after the event and the start sheet signed in the signing-off box. Failure to do this will result in your result being marked as 'DNF'.

All riders should return to the headquarters as drug testing may be in force at this event.

RIDERS BRIEFING NOTICE

Riders that have finished should proceed straight on to the event headquarters, being aware of competitors that are still racing.

Course Record – 53:08 (Jason White - 2010)

No	Start	Name	Club	SPOCO Status
05	8:05	David Carey	Southend Wheelers	Veteran
06	8:06	Neal Marrin	Finsbury Park CC	Veteran
07	8:07	Keith Dalton	Ford CC	Super Vet
08	8:08	John Loxley	Colchester Rovers CC	Super Vet
09	8:09	Julie Shuttleworth	Team Shuttle	Super Lady Vet
10	8:10	Richard Price	London Phoenix CC	Senior
11	8:11	Ian Braybrook	Basildon CC	Veteran
12	8:12	Hugh Williams	Redbridge CC	Senior Vet
13	8:13	Dominic Ross	Finsbury Park CC	Senior Vet
14	8:14	Rad Kohanzad	Hub Velo	Senior
15	8:15	Carl Stephens	Basildon CC	Veteran
16	8:16	John Iszatt	Team Vision Racing - Silverhook	Senior Vet
17	8:17	Gary Boyd	Hub Velo	Veteran
18	8:18	Paul Shuttleworth	Team Shuttle	Super Vet
19	8:19	Stuart Jago	Essex Roads CC	Super Vet
20	8:20	Ben Stowe	Arctic Tacx RT	Senior
21	8:21	Peter Tibbitts	Ford CC	Super Vet
22	8:22	Simon Constable	Basildon CC	Veteran
23	8:23	Dan Carter	Essex Roads CC	Veteran
24	8:24	Richard Pimlott	Finsbury Park CC	Senior Vet
25	8:25	Lee Kennedy	Army Cycling Union	Senior
26	8:26	Christopher Smith	Southend Wheelers	Senior
27	8:27	Giles Askham	Colchester Rovers CC	Senior Vet
28	8:28	Stuart Payne	Ford CC	Senior Vet
29	8:29	Scott Cousins	Maldon & District CC	Senior
30	8:30	Peter Hitt	Hoops Velo	Senior
31	8:31	Barry Holderness	Essex Roads CC	Veteran
32	8:32	Ian Damant	Becontree Wheelers CC	Senior Vet
33	8:33	Paul Dewberry	Colchester Rovers CC	Senior Vet
34	8:34	Robin Johnson	Brighton Mitre CC	Super Vet
35	8:35	Peter Harding	Chelmer CC	Senior
36	8:36	Robert Royston	Sydenham Whs	Super Vet
37	8:37	Simon Neatham	Finsbury Park CC	Senior Vet
38	8:38	Kelvin Fleuty	Maldon & District CC	Senior
39	8:39	Colin White	Colchester Rovers CC	King Vet
40	8:40	Colin Ward	Essex Roads CC	Veteran
41	8:41	Stuart Weatherley	TPH Racing	Senior
42	8:42	Jamie Maidment	Southend Wheelers	Senior
43	8:43	David Martin	Becontree Wheelers CC	Senior Vet
44	8:44	Matthew Holland	Ronde Cycling Club	Senior
45	8:45	David Harding	Chelmer CC	Senior