# OPEN 10 MILE TIME TRIAL SATURDAY 25th August 2018 at 14.00hrs <br> Promoted for and on behalf of Cycling Time Trials under their rules and regulations. 

## START SHEET

Timekeepers: Richard Abram, Keith Bickley<br>Event Secretary: Dougi Hall Rose Cottage, Crackenthorpe, Appleby, CA16 6AF 07802238694

|  | AWARDS |  |  |
| :---: | :---: | :---: | :---: |
| $1{ }^{\text {st }}$ Fastest | £50.00 | $1^{\text {st }}$ Vet 40 | £25.00 |
| $2{ }^{\text {nd }}$ Fastest | £40.00 | $2^{\text {nd }}$ Vet 40 | £20.00 |
| $3{ }^{\text {rd }}$ Fastest | £30.00 | $3^{\text {rd }}$ Vet 40 | £15.00 |
| 1st Lady | £25.00 | 1stVet 50 | £25.00 |
| $2^{\text {nd }}$ Lady | £20.00 | $2^{\text {nd }}$ Vet 50 | £20.00 |
| $3^{\text {rd }}$ Lady | £15.00 | $3^{\text {rd }}$ Vet 50 | £15.00 |
| 1st J | £20.00 | $1^{\text {st }}$ Vet $60+$ | £25.00 |
| $2^{\text {nd }} \mathrm{J}$ | £15.00 | $2^{\text {nd }}$ Vet 60 + | £20.00 |
| $1^{\text {st }}$ Line 1 Improvement | £15.00 | $3^{\text {rd }}$ Vet $60+$ | £15.00 |
| $2^{\text {nd }}$ Line 1 Improvement | £10.00 | $1^{\text {st }}$ Team of Three | £10.00 each |

## Please note : One Rider One Prize (except team) PRESENTED IMMEDIATELY AFTER THE EVENT.

COURSE L108: START on the A685 road approximately half a mile west of the western link to Newbiggin-on Lune at a point at the west side of a concrete plinth approximately 25 yards west of a concreted area on a bridge over a small stream (Start is identified with a white mark on the road).
Proceed west along the A685 to TURN by encircling the first traffic island at Tebay ( 5.1 miles).
Retrace along the A685 to FINISH at a point approximately 0.2 miles short of the start point at a grate on the north side of the road identified with a white mark on the road. (10 miles)

EVENT HEADQUARTERS: Newbiggin on Lune Methodists Church CA17 4NT signing-on, numbers, risk assessment and result board/refreshments will be located here. Methodists hall $1^{\text {st }}$ on left as you enter village Please Park considerately and do not annoy the residents. Newbiggin Methodist Chapel

LOCAL REGULATIONS: The following local regulations have been approved by the CTT National Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

Local reg No. 5: In all events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.
Local reg No. 6: Any competitor making a ' $U$ ' turn in the vicinity of the start or finish will be disqualified from the event.
Local reg No. 15: Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

## IN ADDITION TO THE ABOVE

Riders must give their number at the finish and elsewhere on the course if requested.
Riders must NOT stand in the road at the start or finish. (This constitutes obstruction, and is a breach of regulations).
Riders must NOT ride with their heads down.
Riders must call their numbers at the finish and elsewhere on the course if requested.
Riders must sign in \& out failure to comply will result in disqualification from the results.
Helmets. All competitors under the age of 18 and/or Juniors must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised standard (See regulation 15). CTT strongly recommends ALL competitors wear such a helmet.
Competitores Machine Lights. CTT recommends that a working rear light, either constant or flashing, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

I wish a safe and fast ride to all.

|  | Start |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| No. | Time | Name | Club | M/F | Cat | Age | LTS 10 |


| 1 | 14:01:00 | Paul Warrener | Rossendale RC (Tandem) | M | V | 52 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2 | 14:01:00 | Linda Felton | Rossendale RC (Tandem) | F | V | 55 |  |
| 3 | 14:03:00 |  |  |  |  |  |  |
| 4 | 14:04:00 |  |  |  |  |  |  |
| 5 | 14:05:00 |  |  |  |  |  |  |
| 6 | 14:06:00 | Dougi Hall | Border City Whs CC | M | V | 54 | 00:21:40 |
| 7 | 14:07:00 | John Eric Potter | Bridlington CC | M | V | 64 | 00:22:17 |
| 8 | 14:08:00 | Hope Kerry | Team Lusso | F | S | 26 | 00:23:29 |
| 9 | 14:09:00 | Jan Scotchford | North Lancashire Road Club | F | V | 52 | 00:25:05 |
| 10 | 14:10:00 | Jonathan Robinson | Army Cycling Union | M | V | 48 | 00:19:26 |
| 11 | 14:11:00 | Richard Durham | VTTA (Yorkshire) | M | V | 64 | 00:21:08 |
| 12 | 14:12:00 | Peter Leonard | Southport CC | M | V | 66 | 00:21:49 |
| 13 | 14:13:00 | Martyn Blenkinship | Border City Whs CC | M | V | 47 | 00:22:48 |
| 14 | 14:14:00 | Les Stephenson | VTTA North Lancs and Lakes Group | M | V | 69 | 00:24:58 |
| 15 | 14:15:00 | Russell Mclean | Beacon Wheelers | M | S | 39 | 00:19:51 |
| 16 | 14:16:00 | Chris Bateman | Border City Whs CC | M | S | 27 | 00:21:30 |
| 17 | 14:17:00 | Phil Roberts | Lune RCC | M | V | 63 | 00:22:09 |
| 18 | 14:18:00 | Jamie Kirk | IIkley CC | M | V | 48 | 00:23:17 |
| 19 | 14:19:00 | Brian Moore | The Tricycle Association - NW | M | V | 64 | 00:31:17 |
| 20 | 14:20:00 | Gray Walker | VTTA (North) | M | V | 47 | 00:19:22 |
| 21 | 14:21:00 | David Hargreaves | North Lancashire Road Club | M | V | 71 | 00:20:58 |
| 22 | 14:22:00 | Bryan Pool | Border City Whs CC | M | V | 55 | 00:21:48 |
| 23 | 14:23:00 | Carol Westmorland | Border City Whs CC | F | V | 49 | 00:22:42 |
| 24 | 14:24:00 | Richard Mattinson | Velo Club Cumbria | M | V | 53 | 00:24:39 |
| 25 | 14:25:00 | Ben Harrison | Crimson Performance Race Team | M | S | 38 | 00:20:13 |
| 26 | 14:26:00 | Mike Westmorland | Border City Whs CC | M | V | 73 | 00:21:29 |
| 27 | 14:27:00 | Tony Shaw | Nelson Whs CC | M | V | 53 | 00:22:07 |
| 28 | 14:28:00 | Richard Gray | Norton Wheelers | M | V | 64 | 00:23:13 |
| 29 | 14:29:00 | David Tinker | Clayton Velo | M | V | 60 | 00:28:08 |
| 30 | 14:30:00 | Derek Parkinson | Springfield Financial Racing Team | M | V | 44 | 00:19:22 |
| 31 | 14:31:00 | Tom Roper | University of Liverpool Cycling Club | M | Esp | 19 | 00:20:59 |
| 32 | 14:32:00 | Sam Murray | DRAG2ZERO | M | Jun | 16 | 00:21:45 |
| 33 | 14:33:00 | James Haddow | Border City Whs CC | M | S | 25 | 00:22:43 |
| 34 | 14:34:00 | Sue Cheetham | North Lancashire Road Club | F | V | 55 | 00:23:12 |
| 35 | 14:35:00 | Peter Lindfield | Team Chronomaster | M | S | 34 | 00:20:12 |
| 36 | 14:36:00 | Dan Kendall | Rock to Roll CC | M | S | 33 | 00:21:29 |
| 37 | 14:37:00 | Stuart Timmins | North Lancashire Road Club | M | V | 59 | 00:21:49 |
| 38 | 14:38:00 | James Bell | Border City Whs CC | M | S | 35 | 00:23:04 |
| 39 | 14:39:00 | Dave Wilkinson | Bishop Auckland CC | M | V | 64 |  |
| 40 | 14:40:00 | Harry Walker | Revolver Racing | M | V | 50 | 00:19:04 |
| 41 | 14:41:00 | Dan Small | Teesdale CRC | M | S | 34 | 00:20:59 |
| 42 | 14:42:00 | Roy Flanagan | Rossendale RC | M | V | 61 | 00:21:44 |
| 43 | 14:43:00 | Richie Grant | Hartlepool CC | M | V | 53 | 00:22:42 |
| 44 | 14:44:00 | Richard Belk | Kent Valley RC | M | V | 67 | 00:24:32 |
| 45 | 14:45:00 | John Morgan | Coveryourcar.co.uk RT | M | V | 42 | 00:20:07 |
| 46 | 14:46:00 | Duncan Glover | Harrogate Nova CC | M | V | 52 | 00:21:29 |
| 47 | 14:47:00 | Andrew Blades | Rutland Cycling Club | M | V | 47 | 00:21:59 |
| 48 | 14:48:00 | John Huggon | Ribble Valley C\&RC | M | V | 60 | 00:23:12 |


| No. | Start <br> Time | Name | Club | M/F | Cat | Age | LTS 10 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 49 | 14:49:00 | Terry Parvin | Ferryhill Whs | M | V | 58 | 00:24:17 |
| 50 | 14:50:00 | Richard Bickley | Border City Whs CC | M | S | 35 | 00:19:01 |
| 51 | 14:51:00 | Carl King | VTTA (Manchester \& NW Group) | M | V | 50 | 00:20:47 |
| 52 | 14:52:00 | Steve Wilkinson | Nelson Whs CC | M | V | 55 | 00:21:32 |
| 53 | 14:53:00 | Theresa Taylor | Ribble Valley Crossroads Care Cycling Team | F | V | 58 | 00:22:47 |
| 54 | 14:54:00 | William Armstrong | Velo Club Cumbria | M | V | 64 | 00:24:23 |
| 55 | 14:55:00 | Russ Richardson | Teesdale CRC | M | V | 61 | 00:20:01 |
| 56 | 14:56:00 | Greg Kershaw | Drighlington $B C$ | M | S | 39 | 00:21:27 |
| 57 | 14:57:00 | Gary Jamieson | Fechan flyers | M | V | 44 | 00:21:56 |
| 58 | 14:58:00 | Maria Mulleady | Team Swift | F | S | 39 | 00:22:23 |
| 59 | 14:59:00 | Francesca Counsell | Bella in Sella Racing | F | S | 23 | 00:25:37 |
| 60 | 15:00:00 | Dan Taylor | Coveryourcar.co.uk RT | M | V | 40 | 00:18:57 |
| 61 | 15:01:00 | Mick Black | Springfield Financial Racing Team | M | V | 71 | 00:20:46 |
| 62 | 15:02:00 | Simon Emsley | Derwentside CC | M | V | 46 | 00:21:37 |
| 63 | 15:03:00 | Kevin Crawley | Border City Whs CC | M | V | 56 | 00:22:39 |
| 64 | 15:04:00 | Phil Hind | Border City Whs CC | M | V | 53 | 00:24:15 |
| 65 | 15:05:00 | David Gleave | Velo Club Cumbria | M | S | 34 | 00:20:01 |
| 66 | 15:06:00 | Andrew Dent | Pendle Forest CC | M | V | 55 | 00:21:22 |
| 67 | 15:07:00 | Ian Elliot | Hawick Cycling Club | M | V | 68 | 00:21:51 |
| 68 | 15:08:00 | Stephen Turner | Border City Whs CC | M | V | 55 | 00:22:54 |
| 69 | 15:09:00 | Ellis Murray | DRAG2ZERO | M | Juv | 14 | 00:25:30 |
| 70 | 15:10:00 | Richard Bideau | Pendle Forest CC | M | V | 47 | 00:18:10 |
| 71 | 15:11:00 | Patrick Pennefather | Border City Whs CC | M | S | 39 | 00:20:45 |
| 72 | 15:12:00 | Lee Spoor | Tri Preston | M | V | 42 | 00:21:37 |
| 73 | 15:13:00 | David Ireland | East Lancashire RC | M | V | 51 | 00:22:37 |
| 74 | 15:14:00 | Brian Morrell | Dumfries CC | M | V | 58 | 00:24:06 |
| 75 | 15:15:00 | James Dickson | AIMS Cycling | M | S | 36 | 00:19:53 |
| 76 | 15:16:00 | Howard Cain | Border City Whs CC | M | V | 41 | 00:21:13 |
| 77 | 15:17:00 | Katie Lukas | Beacon Wheelers | F | V | 44 | 00:21:49 |
| 78 | 15:18:00 | Bill Maxwell | Border City Whs CC | M | V | 70 | 00:22:51 |
| 79 | 15:19:00 | Steve Marlow | Weaver Valley CC | M | V | 64 | 00:25:28 |
| 80 | 15:20:00 | Keith Murray | DRAG2ZERO | M | V | 43 | 00:18:06 |
| 81 | 15:21:00 | Matthew Durdy | Richmond CC | M | V | 52 | 00:20:44 |
| 82 | 15:22:00 | Deborah Moss | Team Merlin | F | V | 48 | 00:21:37 |
| 83 | 15:23:00 | David Golden | Army Cycling Union | M | V | 58 | 00:23:03 |
| 84 | 15:24:00 | Caroline Leighton | Lancashire RC | F | V | 43 | 00:23:55 |
| 85 | 15:25:00 | Joseph Dobson | Manchester Bicycle Club | M | S | 27 | 00:20:15 |
| 86 | 15:26:00 | Jess Atkinson | Cambridge University CC | F | Esp | 22 | 00:21:10 |
| 87 | 15:27:00 | Ian Earnshaw | Allterrain road club | M | V | 54 |  |
| 88 | 15:28:00 | Daniel Kirk | Ronde Cycling Club | M | S | 26 | 00:22:49 |
| 89 | 15:29:00 | Karen Stuart-smith | Stockton Wheelers CC | F | V | 57 | 00:31:45 |
| 90 | 15:30:00 | David Allonby | Springfield Financial Racing Team | M | V | 40 | 00:17:53 |
| 91 | 15:31:00 | Alistair Woodman | Team Swift | M | V | 48 | 00:20:32 |
| 92 | 15:32:00 | Phil Shaw | Kent Valley RC | M | V | 51 | 00:21:33 |
| 93 | 15:33:00 | Jeff Garnett | Lancaster CC | M | V | 56 | 00:22:17 |
| 94 | 15:34:00 | Martin Byrne | Allterrain road club | M | V | 50 |  |
| 95 | 15:35:00 | Paul Braithwaite | Pendle Forest CC | M | V | 42 | 00:19:49 |

