### 15 miles - COURSE V226:

**Start** on north side of Arkendale Road, at western edge of drain cover just west of crash barrier on bridge over A1(M). Proceed east, and turn left onto A168. (0.10mls).

**Continue north** on A168 to Boroughbridge South TI. (2.38mls). **Encircle island** and proceed south on A168 to Walshford TI. (9.91mls).

**Encircle island** and retrace north to

**Finish** at southern gatepost of entrance to field (disused), approx. 50 yds south of large green road sign indicating junction with Arkendale Road (15.00 mls).

### 30 miles - COURSE V241:

**Start** on north side of Arkendale Road, at western edge of drain cover just west of crash barrier on bridge over A1(M). Proceed east, and turn left onto A168. (0.10mls).

**Continue north** on A168 to Boroughbridge South TI. (2.38mls). **Encircle island** and proceed south on A168 to Walshford TI. (9.91mls).

**Encircle island** and proceed north on A168 to Boroughbridge South TI (2nd time) (17.52 mls).

**Encircle island** and proceed south on A168 to Walshford TI (2nd time) (25.05 mls).

**Encircle island** and proceed north on A168 to

**Finish** at road sign – 2 way traffic – on west side of road, 670 yards south of turning to Arkendale Road. (30.00 mls).

**The A168 is a Clearway. NO PARKING,NO U-TURNS**. Please note that marshals are only to indicate your direction, and not to control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed. Keep your heads up, and keep to the left of the carriageway.

### There is no parking available near the start, except for Officials.

Do not park in the long-lay on the east side of the A168, it is now private property. There are other lay-bys/parking spaces on the west side of the road north of the finish.

# EVENT HQ

### Arkendale Community Hall, [51 Moor Lane, Arkendale HG5 0QT](https://www.bing.com/local?lid=YN1029x2537302084362899955&id=YN1029x2537302084362899955&q=Arkendale+Community+Hall&name=Arkendale+Community+Hall&cp=54.0437774658203%7e-1.40879797935486&ppois=54.0437774658203_-1.40879797935486_Arkendale+Community+Hall&FORM=SNAPST). There is ample parking in the field near HQ and there is plenty of parking on the A168 itself.

The **Result Board**, **signing-on and off sheets** & **numbers** will be available at HQ from 12.30pm along with refreshments afterwards.

### Please do not park in the Blue Bell car park, this is for patrons only. You can however book a meal there by ringing 01423 369242 if you so wish.

**To get to start:** It is approximately 2 miles from the HQ to the start, so allow plenty of time to get there. From HQ turn left and proceed along Marton Lane to A168, the start is just before you reach the A168.

**Overlapping:** Riders should take care when proceeding out of Arkendale Road from the start. Later starters may encounter riders approaching from the right, starting their 2nd lap.

*Promoted for, and on behalf of, Cycling Time Trials, under their Rules & Regulations.*

**YORKSHIRE CYCLING FEDERATION**

**Open 15 & 30 miles Time Trials**

***Counting events for***

***YCF Spoco & Points Competitions 2018***

**To be held Saturday August 18th 2018**

15 mile course **V226**. First Rider to start 14.02 30 mile course **V241**. First Rider to start 14.21

**Event Secretary:** Claire Jessop, The Old School, Burley Woodhead, Ilkley, LS29 7AX Tel. 07900 212630.

## Email: [c.l.jessop@btopenworld.com](mailto:c.l.jessop@btopenworld.com)

**Timekeepers:** George Barker & Phil Hurt.

### AWARDS – 15 miles

### WOMEN Men

1st £50 1st £50

2nd £40 2nd £ 40

3rd £30

4th £25

5th £15

### AWARDS - 30 miles Men

1st £50 4th £25

2nd £40 5th £15

3rd £30

Best Team of 3 £25 each (applies to men and women)