

EASTERN COUNTIES CYCLING ASSOCIATION

Terry Anderson Memorial



10 Miles Time Trials

Promoted for and on behalf of Cycling Time Trials
under their Rules and Regulations

START SHEET

Saturday 11th August 2018

Course E2/10

Starting at 2:00 p.m.



Timekeepers: Tim Groves, Becki Groves and Trevor Pedley

Event Headquarters: Westley Waterless Village Hall CB8 ORH

Event Secretary: Paul Hirst. 54 Lower Pingle Road, Ashbourne, Derbyshire. DE6 1TE 07704 622446

Awards

Women Only TT

Fastest and Handicap: 1st – ECCA 2" Boxed Medal, 2nd – ECCA Gilt Medal, 3rd – ECCA Medal
Fastest Junior – ECCA Medal

ECCA TT

Terry Anderson Memorial Award: for the person nearest to the event average time.

Fastest and Handicap: 1st – ECCA 2" Boxed Medal, 2nd – ECCA Gilt Medal, 3rd/4th/5th/6th – ECCA Medal
1st Team – ECCA Medals

Riders winning 4 or more ECCA medals in a season will be awarded a plaque rather than individual medals.

This event has been handicapped by the Event Secretary using the CTT Standardised Handicapping System.

All improvements must be notified to the Event Secretary

COURSE DETAILS E2/10

O.S. References. Start: TL573563. Finish: TL571560

START at paint mark at end of feeder road from West Wrattling, Just before junction with A1340 (1 Kerb joint before drain near "Give Way" Sign). Bear left on to A1034 and proceed onto A11 southbound. Continue to take slip road to Four Went Ways intersection (A1307) (M), and circle elevated Roundabout (5.14 miles). Take fourth exit on to A11 Northbound (M), and retrace to Six Mile Bottom where take A1304 slip road (M), to **FINISH** at paint mark 10 yards past end of island between old road and slip road (at sixth kerb joint past plastic phone indicator, post marked "85/0").

NOTE TO COMPETITORS

When starting take notice of traffic entering slip road from your right.

GIVE WAY IF NECESSARY

In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

CATERING by NETTAPRISE

Contact Lynnette Plumb

Tel no. : 01376 552985 or 07782 111318

e-mail : netta25@tiscali.co.uk

NOTES TO RIDER/HELPERS AND LOCAL REGULATIONS

No Warming Up by competitors on the course once the event has started.

No U-Turns are allowed within sight of either the start or finishing areas. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

Marshals placed to direct competitors off the main carriageways must not stand at the apex between the carriageway and the slip road, but should be located at the beginning of the slip road. Note, it is strongly recommended by both the police and London East D.C. that marshals wear a fluorescent jacket or bib.

There is to be no parking in the vicinity of either the start or finishing points, except for the Timekeepers' cars. Parking is available at and near the Event H.Q. and in the road to West Wrattling.

Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

During the event you must clearly indicate your intended route at all roundabouts and give way to traffic from your right.

Riders' body numbers will be available at the Event HQ and must be personally signed for after reading any special course instructions.

All competitors are reminded that they must personally sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as DNF. You may exchange your number for a drink.

With 3 separate events and such a large field it has been difficult to meet all the requests for late or early starts. We have tried to meet all those requests and also keep families and travelling companions as close together as possible.

Due to a few anomalies with the CTT entry system it is sometimes difficult to ascertain exactly just what is your PB for the distance. Please check and let us know of any errors. The ECCA committee have ruled that no handicap will be given for those without a current PB, hence the three blank handicaps.

WOMEN

No	Name	Club	Cat	Best C & LTS	H'cap	Start
1	Naomi HOLT	Welwyn Whs	WJ	30:26	12.33	14.01
2	Jennifer MILLMORE	Islington Cycling Club	W	22:38	5.16	14.02
3	Katie-Ann ELLISTON	Southend Wheelers	WJ	26:56	9.17	14.03
4	Francine HILL	CC London	W	27:21	9.40	14.04
5	Molly PATCH	Fusion R T Velopformance	W	21:08	3.52	14.05
6	Tina REID	trainSharp	WV	22:10	4.50	14.06
7	Tracy ROWLINSON	Lyme Racing Club	WV	23:28	6.03	14.07
8	Laura VIPOND	Islington Cycling Club	W	24:59	7.28	14.08
9	Linda HONES	Newmarket Cycling & Triathlon Club	WV	26:14	8.38	14.09
10	Julia FREEMAN	Easterley Road Club	WV	21:08	3.52	14.10
11	Eva NYIRENDA	...a3crg	W	21:49	4.30	14.11
12	Dena FORD	High Wycombe CC	WV	22:45	5.22	14.12
13	Kerry TATE	Newmarket Cycling & Triathlon Club	W	24:39	7.09	14.13
14	Tanya SELBY	CC London	W	25:30	7.56	14.14
15	Kimberley HALTON-FARROW	DRAG2ZERO	W	21:21	4.04	14.15
16	Christina MURRAY	Army Cycling Union	WV	23:10	5.46	14.16
17	Sophie LEE	Newmarket Cycling & Triathlon Club	WV	23:59	6.32	14.17
18	Trudy SHARAM	Lea Valley CC	WV	24:48	7.17	14.18
19	Denese HALLAHAN	Wisbech Whs	WV	26:14	8.38	14.19
20	Liz POWELL	DRAG2ZERO	WV	20:45	3.30	14.20
21	Faye FABER	Bike Jockey CC	W	21:47	4.28	14.21
22	Sue RUST	Kettering CC	WV	22:25	5.04	14.22
23	Jennie TILLOTT	Lovelo Cinelli RT	W	23:44	6.18	14.23
24	Karen DENNETT	Bishop's Stortford CC	WV	25:04	7.32	14.24
25	Lauren KIRCHEL	Chelmer CC	W	21:27	4.10	14.25
26	Susan TRIPLOW	Essex Roads CC	WV	22:09	4.49	14.26
27	Victoria COE	Cambridge Triathlon Club	W	23:05	5.41	14.27
28	Caroline FRANK	Lindsey Roads Cycling Club	WV	25:26	7.53	14.28
29	Lisa BROTHWOOD	Bishop's Stortford CC	WV	27:10	9.30	14.29
30	Vicky GILL	DRAG2ZERO	W	20:43	3.29	14.30
31	Wendy GOODING	Team Bottrill / Vanguard	WV	21:45	4.26	14.31
32	Mandy BUNN	CC Sudbury	WV	22:21	5.00	14.32
33	Sally WITHEY	Team Swift	WV	23:32	6.06	14.33
34	Joanna BUTCHER	Braintree Velo CRC	WV	24:55	7.24	14.34
35	Helen REYNOLDS	Hemel Hempstead CC	WV	21:26	4.09	14.35
36	Lindsay CLARKE	Fenland Clarion CC	WV	21:59	4.40	14.36
37	Ann SHUTTLEWORTH	Braintree Velo CRC	WV	23:06	5.42	14.37
38	Isabella JOHNSON	CC Sudbury	G	23:53	6.26	14.38
39	Annette LACEY	Hemel Hempstead CC	WV	25:10	7.38	14.39
40	Alice LETHBRIDGE	DRAG2ZERO	W	19:40	2.30	14.40
41	Becky MURLEY	Wisbech Whs	WV	22:10	4.50	14.41
42	Alison FOX	Ely & District CC/B&T Motor Repairs	WV	26:04	8.28	14.42
43	Sarah JOHNSON	CC Sudbury	WV	26:19	8.42	14.43

MEN

No	Name	Club	Cat	Best C & LTS	H'cap	Start
45	Mick HODSON	Bedfordshire Road RT	V	19:26	2.17	14.45
46	Roger PORTER	Verulam CC	V	21:22	4.05	14.46
47	Neil ALLONBY	Icknield RC	V	22:02	4.42	14.47
48	Colin ASHCROFT	West Kent RC	V	23:16	5.51	14.48
49	Paul GODFREY	Hainault RC	V			14.49
50	John LACEY	Hemel Hempstead CC	V	19:43	2.33	14.50
51	Ian SHORT	Team Salesengine.co.uk	V	20:48	3.33	14.51
52	Nicholas HITCHENS	Peterborough CC	V	21:08	3.52	14.52
53	Simon CONSTABLE	Basildon CC	V	22:37	5.15	14.53
54	Scott BEARD	Shaftesbury CC	V	23:51	6.24	14.54
55	Paul SCHOFIELD	St Ives CC	S	19:59	2.48	14.55
56	Paul LILLEY	Fenland Clarion CC	V	21:01	3.45	14.56
57	Will SHEPHERD	Ely & District CC/B&T Motor Repairs	V	22:00	4.40	14.57
58	Steve CLARKE	Fenland Clarion CC	V	23:16	5.51	14.58
59	Richard O'ROURKE	Braintree Velo CRC	V			14.59
60	Peter HARDING	Chelmer CC	S	19:46	2.35	15.00
61	Damon DAY	CC Sudbury	V	20:39	3.25	15.01
62	Carl MURLEY	Wisbech Whs	V	21:21	4.04	15.02
63	Gary JOHNSON	CC Sudbury	V	22:24	5.03	15.03
64	Matt PRICE	Icknield RC	S	24:06	6.38	15.04
65	Terry GARLINGE	Team Vision Racing - Silverhook	V	20:14	3.02	15.05
66	Geoff REYNOLDS	Hemel Hempstead CC	V	20:46	3.31	15.06
67	Stephen MURPHY	Shaftesbury CC	V	21:37	4.19	15.07
68	John ROYLE	Fenland Clarion CC	V	23:16	5.51	15.08
69	David RUDKIN	Victoria Cycling Club	V	29:50	11.59	15.09
70	David HARDING	Chelmer CC	S	19:28	2.19	15.10
71	Steven BASS	Maldon & District CC	V	20:38	3.24	15.11
72	Chris GREEN	St Neots CC	S	21:25	4.08	15.12
73	Mick CASE	Bedfordshire Road RT	V	22:32	5.10	15.13
74	Andrew GRANT	Chelmer CC	V	25:07	7.35	15.14
75	Sam BROWN	Lea Valley CC	S	20:18	3.05	15.15
76	Steve PECK	Ely & District CC/B&T Motor Repairs	V	21:56	4.37	15.16
77	Aaron FREEMAN	Chelmer CC	J	21:56	4.37	15.17
78	David MARTIN	Becontree Wheelers CC	V	23:11	5.47	15.18
79	Peter HORSNELL	Chelmer CC	V	26:39	9.01	15.19
80	Jim MOFFATT	CC Luton	V	19:51	2.40	15.20
81	Paul ROOKE	West Suffolk Wheelers	S	20:56	3.41	15.21
82	Adrian COX	Team Milton Keynes	V	21:23	4.06	15.22
83	Peter WALTON	Hertfordshire Whs	V	22:31	5.09	15.23
84	John WITCHELL	Hainault RC	V	25:06	7.34	15.24
85	Graeme GARNER	Essex Roads CC	S	20:12	3.00	15.25
86	Andrew KNOWLES	North Norfolk Whs	S	20:56	3.41	15.26
87	John GOLDER	Chelmer CC	V	21:56	4.37	15.27
88	Stewart KIRK	CC Sudbury	V	23:10	5.46	15.28
89	John BATES	Wisbech Whs	V	24:28	6.59	15.29
90	Bob WATSON	Cambridge CC	V	19:46	2.35	15.30
91	Philip MURRELL	Finsbury Park CC	V	20:33	3.19	15.31
92	Chris NUDDS	CC Breckland	V	21:31	4.13	15.32
93	James SCARTH	Bishop's Stortford CC	V	22:29	5.08	15.33
94	Colin HARRIS	CC Sudbury	V	25:04	7.32	15.34
95	Murat OZDENYA	Team Vision Racing - Silverhook	V	20:01	2.49	15.35

MEN

No	Name	Club	Cat	Best C & LTS	H'cap	Start
96	Nick BOYLE	Chelmer CC	V	20:56	3.41	15.36
97	Martin BAUMBER	Shaftesbury CC	V			15.37
98	Hugh WILLIAMS	Redbridge CC	V	23:09	5.45	15.38
99	Martin HALL	St Ives CC	V	25:48	8.13	15.39
100	Adam FISHER	Cambridge CC	S	19:48	2.37	15.40
101	David WARLOW	Essex Roads CC	V	20:29	3.16	15.41
102	Adrian GORHAM	Kettering CC	V	21:29	4.12	15.42
103	Simon FITZHUGH	45 RC	V	22:25	5.04	15.43
104	David FENN	CC Sudbury	V	25:00	7.28	15.44
105	Tim PHILLIPS	St Ives CC	V	19:58	2.47	15.45
106	Abid HUSSAIN	Icknield RC	V	20:52	3.37	15.46
107	Hans NILSSON	London Phoenix CC	V	21:54	4.35	15.47
108	Anthony CORK	St Ives CC	V	23:06	5.42	15.48
109	Vince FREELEY	Finsbury Park CC	V	24:53	7.22	15.49
110	Leon WEST	CC Sudbury	V	19:50	2.39	15.50
111	Andy SEWELL	Aspire Velo Racing Team	S	20:16	3.03	15.51
112	Jon TALBOT	Wisbech Whs	V	21:19	4.02	15.52
113	Steve SHORE	Southend Wheelers	V	22:33	5.11	15.53
114	Brian FARROW	Maldon & District CC	V	24:01	6.33	15.54
115	Darran BENNETT	Ely & District CC/B&T Motor Repairs	V	19:58	2.47	15.55
116	David CRISP	3T-RACING	V	20:50	3.35	15.56
117	John MANLOW	Ely & District CC/B&T Motor Repairs	V	21:54	4.35	15.57
118	Gary JACKSON	Shaftesbury CC	V	22:57	5.34	15.58
119	Stu LEVENE	Whitewebbs CC	V	24:37	7.07	15.59
120	Mark ELLIS	Team Milton Keynes	V	19:29	2.20	16.00
121	Simon SCOTT	Anglia Velo	V	20:26	3.13	16.01
122	Alister CAMPBELL	Eagle Road Club	V	21:17	4.00	16.02
123	Philip WATKINS	North Norfolk Whs	V	22:17	4.56	16.03
124	Philip HODEY	Shaftesbury CC	V	23:55	6.28	16.04
125	Matthew SAUNDERS	Team Vision Racing - Silverhook	V	19:56	2.45	16.05
126	Michael MARTIN	CC Ashwell	V	20:42	3.28	16.06
127	Kevin HAYNES	Finsbury Park CC	V	21:41	4.23	16.07
128	Robert PISOLKAR	Shaftesbury CC	V	22:51	5.28	16.08
129	Paul BREEZE	Peterborough CC	V	24:32	7.02	16.09
130	Julian ELLIOTT	Finsbury Park CC	V	19:22	2.13	16.10
131	Steve KAYE	Fenland Clarion CC	V	20:22	3.09	16.11
132	Chris DYASON	Cambridge CC	V	21:02	3.46	16.12
133	Patrick CHARLTON	Wolsey RC	V	22:15	4.54	16.13
134	Graham LAWRENSON	Hainault RC	V	25:24	7.51	16.14
135	Matt STEEL	Shaftesbury CC	V	19:54	2.43	16.15
136	Gareth WIGNALL	Hertfordshire Whs	S	20:42	3.28	16.16
137	Adam HARDY	Crest CC	S	21:40	4.22	16.17
138	Jamie MAIDMENT	Southend Wheelers	S	22:51	5.28	16.18
139	Colin RECORD	West Kent RC	V	26:06	8.30	16.19
140	David VEITCH	Lea Valley CC	S	19:12	2.04	16.20
141	Tim DAVIES	Icknield RC	V	20:19	3.06	16.21
142	Thomas PLATTS	Aspire Velo Racing Team	S	21:02	3.46	16.22
143	Graham PEPPERDINE	Verulam CC	V	22:14	4.54	16.23
144	Steve MILES	CC Ashwell	V	23:30	6.04	16.24
145	Joe SPAULDING	Ipswich BC	S	19:54	2.43	16.25

MEN

No	Name	Club	Cat	Best C & LTS	H'cap	Start
146	Gary RECORD	West Kent RC	S	20:43	3.29	16.26
147	Peter TIBBITTS	Ford CC	V	21:58	4.39	16.27
148	Wayne GREVE	Shaftesbury CC	V	22:50	5.27	16.28
149	Stephen WATSON	Hertfordshire Whs	V	24:14	6.46	16.29
150	Ryan WITCHELL	Team Salesengine.co.uk	S	19:02	1.54	16.30
151	Ken PLATTS	Cambridge CC	V	20:33	3.19	16.31
152	Hugo HOCKNELL	Team Salesengine.co.uk	V	21:03	3.47	16.32
153	Mark ENDERSBY	Anglia Velo	V	22:08	4.48	16.33
154	Dominic WHITEHEAD	St Ives CC	V	23:26	6.01	16.34
155	Martin REYNOLDS	Cambridge CC	V	19:54	2.43	16.35
156	Lee BUCKMAN	Ashford Whs	V	20:43	3.29	16.36
157	Alex LUBBOCK	API-Metrow	S	21:35	4.17	16.37
158	Gary BOYD	Hub Velo	V	22:47	5.24	16.38
159	Brian MARTIN	Ciclos Uno	V	25:10	7.38	16.39
160	Rob YOUNG	Team Vision Racing - Silverhook	V	19:16	2.07	16.40
161	Matt MEEK	West Suffolk Wheelers	S	20:29	3.16	16.41
162	Ian DAY	Aspire Velo Racing Team	V	21:08	3.52	16.42
163	Rob DULSON	Hainault RC	V	22:07	4.47	16.43
164	Paul WILLIS	CC London	V	24:07	6.39	16.44
165	Kevin BAUMBER	Shaftesbury CC	V	19:52	2.41	16.45
166	Matt DONOVAN	Bedfordshire Road RT	S	21:00	3.44	16.46
167	Nick HICKMAN	Hitchin Nomads CC	V	21:35	4.17	16.47
168	Mark FAIRHEAD	CC Breckland	V	22:40	5.18	16.48
169	Adam BISHOP	Lea Valley CC	V	23:20	5.55	16.49
170	John WINGFIELD	Team Milton Keynes	S	18:40	1.34	16.50

TANDEMS

No	Name	Club	Cat	Best C & LTS	Start
171	Christopher YORK Joanne YORK	Maldon & District CC	V WV	22:24	16:51
172	Gary PAMMETT Barry McDONALD	3T-Racing	V V	19:59	16:52