



# LANCASHIRE ROAD CLUB

## Open 10 Mile Time Trial

To be held on

**Saturday, 11th August 2018**

(Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations)

Course: **L1022** Time **18:01**  
Organiser: Glenn Bowyer Mobile **07779 689953**

Timekeepers: Tony Wilson  
Peter Briscoe

### Prize Values

#### One Rider, One Prize (except Team)

1 <sup>st</sup> :	£30	1 <sup>st</sup> Vet 40:	£20	2 <sup>nd</sup> Vet 40:	£15
2 <sup>nd</sup> :	£25	1 <sup>st</sup> Vet 50:	£20	2 <sup>nd</sup> Vet 50:	£15
3 <sup>rd</sup> :	£20	1 <sup>st</sup> Vet 60:	£20	2 <sup>nd</sup> Vet 60:	£15
		1 <sup>st</sup> Lady	£30	2 <sup>nd</sup> Lady	£25
		1 <sup>st</sup> Team of Three: £10 each.			

### L1022 – Course Details

START at drainage grate at south end of layby on A6 south of Cock Robin lane and north of Joe lane. Proceed South on the A6 via Bilsborrow and Barton (Care at Barton Grange roundabout) to roundabout at Broughton, 200 yards north of traffic lights. Encircle roundabout (5.02m), (care) and retrace on A6 to FINISH at south end of junction with minor road leading to Oakenclough buildings, 5 yards south of lamp post No 282 and 30 yards south of the start.(10 miles)

**Important:** The following Local Regulations have been approved by the National Committee in accordance with Regulation 37. Any breaches may lead to disciplinary action being taken.

- No.5 Competitors prior to starting are NOT permitted to ride past the finish timekeeper during the duration of the event.
- No.6 Any competitor making a “U” turn in the vicinity of the start or finish will immediately be disqualified from the event.
- No. 15 Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.
- No. 17 Motor vehicles must NOT park in starting lay-by, except for the timekeeper’s vehicle.
- No. 18 For events on course L1022, competitors waiting for their start must keep off the A6 road, and use the lay-by, without causing obstruction.

**Notes:** Riders **MUST** call their number at the Finish and elsewhere on the course if requested.  
Riders must **NOT STOP** on the A6 after passing the timekeeper as this is a clearway.  
Riders must **NOT STAND** in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).  
Riders must **NOT** ride with their heads down.  
**NUMBERS** must be worn and will be available at the Headquarters, where they must be returned on finishing.  
Riders **NOT** returning their numbers will **NOT** be given a time.  
**Please ride to the start and from the finish via Cock Robin Lane to avoid riding on the course during the event.**

**IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.**

**In accordance with Regulation 15 ALL JUNIOR / JUVINILE competitors must wear Protective Hard Shell Helmets.**

**It is recommended that a working light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.**

**EVENT HEADQUARTERS: Cloughton Memorial Hall, Stubbins Lane, off B6430 where the Result Board and refreshments will be available.**