

PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

Result of Sunday 22nd July 2018 - R25/3H

Timekeepers - Start: Alf Williams, Finish: Robin Field

Event Sec: Martyn Heritage-Owen – 28, CF3 0EJ. Email: coaching@realteam.co.uk. Mob: 0778 606 7819

Well what a day! A hard but fair day and still 76 pbs despite the hot weather.

I must say I feel very sorry for Josh Sandman who equalled Zach Bridges Junior Competition record but you need to beat it to get in the book (believe me we checked the timing sheets thoroughly). Congratulations to Kieron on the birth of his son Bryn and a fine win. Also to Hayley on her first TT back since her crash. Hopefully this was a good try out for the European's in Glasgow.

Thanks once again to my team of helpers, the Haycox's, Timekeepers and Sharon for a great spread as usual.

Eddie Humphreys had a bad crash on the Glynneath viaduct sustaining multiple broken bones. We wish him well in his recovery.

A separate email has gone to all the prize winners requesting bank details.

Finally, GMB Photography were in attendance so if you want a fabulous photo please follow the link and contact Gary to purchase a photo.

https://www.facebook.com/pg/GarrysPics56/photos/?tab=album&album_id=2115514582033645

Your overall winners:

Hayley Simmons



Kieron Davies



Prize List – Men

Prize	Name	Club	Time
1st	Kieron Davies	DRAG2ZERO	00:45:32
2nd	John Wingfield	Team Milton Keynes	00:48:20
3rd	Lee Tunnicliffe	Lutterworth Cycle Centre Racing Team	00:48:51
1st Vet	Jeremy Archer	RT 316	00:49:00
2nd vet	Darren Maironis	Velotik Racing Team	00:49:29
3rd vet	Howard Lewis	Mid Shropshire Wheelers	00:50:04

Prize List - BAR/Overflow.

Prize	Name	Club	Cat	Time
1st Man	Joshua Sandman	Team Backstedt Bike Performance	Jun	00:47:27
1st Woman	Hayley Simmonds	Team WNT Pro Cycling	W	00:50:13
1st Jun	Tom Temple	Primera-Teamjobs	Jun	00:50:35
1st WV	Karen Ledger	Team Bottrill / Vanguard	WV	00:52:31
2nd W	Hetty Niblett	Mid Shropshire Wheelers	W	00:54:34
3rd W	Jacintha Hamilton-Love	Dulwich Paragon CC	W	00:55:06
2nd WV	Sarah Matthews	...a3crg	WV	00:55:24
3rd WV	Andrea Parish	VeloSistas TT Team	WV	00:56:51

Full Result - Overflow, Women's BAR, Jun

Place	Name	Club	Cat	Time	Pb
1	Joshua Sandman	Team Backstedt Bike Performance	Jun	00:47:27	Y
2	Hayley Simmonds	Team WNT Pro Cycling	W	00:50:13	N
3	Tom Temple	Primera-Teamjobs	Jun	00:50:35	N
4	Paul Astin	Cult Racing	MV	00:52:12	Y
5	Caron Rees Jones	Energy Cycling Club/Clwb Beicio Egni	M	00:52:23	Y
6	Ben Price	Cheltenham & County Cycling Club	M	00:52:26	Y
7	Karen Ledger	Team Bottrill / Vanguard	WV	00:52:31	Y
8	Ben Jones	Bynea Cycling Club	M	00:52:39	Y
9	Paul Jones	Hereford & Dist Whs CC	MV	00:53:31	Y
10	Adam Whittaker	Salt and Sham Cycle Club	M	00:53:44	Y
11	Barrie Watkinson	Bournemouth Arrow CC	MV	00:54:05	Y
11	Graham Browning	VC Sevale (Malvern)	M	00:54:05	Y
13	Hetty Niblett	Mid Shropshire Wheelers	W	00:54:34	Y
14	Oliver Rowlands	Newport Phoenix CC	M	00:54:41	N
15	Peter Cottingham	Bath Cycling Club	MV	00:54:54	Y
16	Dan Charleston	High Wycombe CC	MV	00:55:01	Y
17	Robert Turner	Cheltenham & County Cycling Club	MV	00:55:06	Y
17	Jacintha Hamilton-Love	Dulwich Paragon CC	W	00:55:06	Y
19	Sarah Matthews	...a3crg	WV	00:55:24	Y
20	Danny Mccabe	Garstang CC	MV	00:55:28	Y
21	Lee Gaughan	Climb on Bikes RT	MV	00:55:52	Y
22	Edward Chilton	Liverpool Phoenix CC (Aintree)	M	00:56:05	Y
23	Phil Bowden	Penzance Wheelers CC	MV	00:56:19	Y
24	Andrea Parish	VeloSistas TT Team	WV	00:56:51	N
25	Lucy Davies	Arctic Tacx RT	W	00:57:00	Y
26	David Ireland	East Lancashire RC	MV	00:57:02	Y
27	Andrew Curley	Warwickshire Road Club	MV	00:57:23	N
27	Kirsty Mcseveney	Fareham Wheelers CC	W	00:57:23	Y
29	Roger Foster	Banbury Star Cyclists' Club	MV	00:57:31	Y
30	Claire Shea-Simonds	Race Hub	WV	00:57:35	Y
31	Ryan Thomas	Rhondda Triathlon Club	M	00:57:41	Y
32	Angela Burnikell	Sotonia CC	WV	00:57:53	Y
33	Russell Horner	Team Sportslab	MV	00:58:03	Y
34	Michelle Fishbourne	Team Backstedt Bike Performance	WV	00:58:13	N
35	Jo Buckland	Bush Healthcare CRT	WV	00:58:15	Y
36	Neil Turner	Hereford Triathlon Club	MV	00:58:17	N
37	David Drew	North Shropshire Wheelers	MV	00:58:21	N
38	Philip Thomas	Rhondda Triathlon Club	M	00:58:34	Y
39	Deborah Sheridan	Warwickshire Road Club	WV	00:58:50	N
40	Luke Bradford	Hereford Triathlon Club	MV	00:58:59	Y
41	Paul Eveleigh	Lincoln Wheelers CC	MV	00:59:15	N
42	Alice Earle	VeloVitesse/ALLCAP/James Barry/Johnson Controls – Hitachi/SiS	W	00:59:16	Y
43	John Shehan	Bynea Cycling Club	MV	00:59:19	N
44	Garry Shuker	Walsall Roads Cycling Club	MV	00:59:21	N

Place	Name	Club	Cat	Time	Pb
45	Mark German	1st Chard Wheelers	MV	00:59:29	N
46	Carol Bridge	Rhondda Triathlon Club	W	00:59:33	N
47	Matt Price	Icknield RC	M	00:59:44	Y
48	Roger Taylor	Frome and District Wheelers	MV	00:59:49	N
49	Simon Kinsey	Virtual Cycling Club	MV	00:59:51	N
50	Andy Cole	Frome and District Wheelers	MV	00:59:52	N
51	Adrian Tasker	Stafford RC	MV	00:59:55	N
52	Lydia Watts	Team 22	FJun	00:59:59	Y
53	Cliff Voller	Newbury RC	MV	01:00:08	N
54	Russell Boon	Avonlea/Treasure RT	MV	01:00:16	N
55	Mark Evans	Chippenham & District Wheelers	MV	01:00:18	Y
56	Sarah Jones	Hereford & Dist Whs CC	WV	01:00:22	Y
57	Steven Madeley	Ogmore Valley Wheelers	MV	01:00:25	N
58	Phil Guy	North Shropshire Wheelers	MV	01:00:30	N
59	Gaynor Hughes	Bynea Cycling Club	WV	01:00:40	N
59	Clare Greenwood	Bush Healthcare CRT	WV	01:00:40	N
61	Chris Harper	Penzance Wheelers CC	MV	01:00:47	Y
61	Emma Angove	73Degrees CC, WestSide Coaching	W	01:00:47	N
63	Joy Payne	Amersham Road Cycling Club	WV	01:00:48	Y
64	Susan Shook	Bush Healthcare CRT	WV	01:00:56	N
65	Gareth Lynch	VTTA (South Wales)	MV	01:01:01	N
66	Carson Pryce	Cardiff Triathletes	M	01:01:03	N
66	Mark Leeming	Chepstow Cycling Club	MV	01:01:03	N
68	Simon Westlake	Merthyr CC	MV	01:01:25	N
69	Gillian Hopkins	Team CRANC	WV	01:02:01	Y
70	Andrew Lawrence	1st Chard Wheelers	MV	01:02:35	N
71	Ed Hadley	Hereford & Dist Whs CC	MV	01:03:00	N
72	Vincent Jenkins	LeisureLakesBikes.com	MV	01:03:07	N
73	Geoff Edgerton	North Shropshire Wheelers	MV	01:03:29	N
74	Katherine Brace	Tenby Aces CC	W	01:03:36	N
75	Iago Williams	Towy Riders	Juv	01:03:58	Y
76	Gerry Peppin	Corinium Cycle Club	MV	01:04:16	N
77	John J Murphy	Gloucester City Cycling Club	MV	01:04:26	N
78	Robert Jolliffe	New Forest CC	MV	01:05:50	N
79	Gemma Webster	Harry Middleton CC	W	01:06:25	Y
80	Susan Sanders	Drighlington BC	WV	01:06:50	Y
81	Tomos Perkins	Towy Riders	Juv	01:07:04	Y
82	John Trout	1st Chard Wheelers	MV	01:07:51	N
83	John Howells	Corinium Cycle Club	MV	01:08:37	N
84	John Thompson	Severn Road Club	MV	01:09:16	N
85	Brian Lewis	Bicester Millennium CC	MV	01:10:00	Y
86	Kevin Grant	Frome and District Wheelers	MV	01:12:01	N
	Graham Green	Team Bottrill / Vanguard	MV	DNF	
	Tony Emery	Dursley Road Club	MV	DNF	
	Lorne Ffoulkes-Jones	Tuxford Clarion C C	MV	DNS	
	Ian Lawton	Hoppers Rollers	MV	DNS	
	Tim Brace	Team NBCC	MV	DNS	
	Damon Payne	Royal Navy & Royal Marines CA	MV	DNS	

Place	Name	Club	Cat	Time	Pb
	Huw Morgan	Narberth Dynamos Cycling Club	MV	DNS	
	Richard Goddard	Newport (Shropshire) CC	MV	DNS	
	Edward Griffin	Radeon-Cycology RT	M	DNS	
	Mike Parry	Hereford Triathlon Club	MV	DNS	
	Neil Downes	Forza RT	MV	DNS	
	Richard Bowditch	Lyme Racing Club	MV	DNS	
	Jeffrey Rees	Gower Riders Cycling Club	MV	DNS	
	Joscelin Lowden	Storey Racing	W	DNS	
	Diane Wynne	VC Sevale (Malvern)	WV	DNS	
	Ali Charles	Gloucester City Cycling Club	WV	DNS	
	Dena Ford	High Wycombe CC	WV	DNS	
	Stephanie Post	Team Bottrill / Vanguard	W	DNS	

Full Result - Main Event

Place	Name	Club	Cat	PB	Time
1	Kieron Davies	DRAG2ZERO	M	N	00:45:32
2	John Wingfield	Team Milton Keynes	M	Y	00:48:20
3	Lee Tunnicliffe	Lutterworth Cycle Centre Racing Team	M	N	00:48:51
4	Chris Manko	Team Milton Keynes	M	Y	00:48:58
5	Jeremy Archer	RT 316	MV	N	00:49:00
6	Darren Maironis	Velotik Racing Team	MV	N	00:49:29
7	Dean Ware	Team Backstedt Bike Performance	M	N	00:49:36
8	Pete Dyson	East London Velo	M	Y	00:49:46
9	Howard Lewis	Mid Shropshire Wheelers	MV	Y	00:50:04
10	Andy Davies	Cardiff Jif	M	Y	00:50:05
11	Chris Ledger	Team Bottrill / Vanguard	MV	Y	00:50:10
12	Nick Dwyer	Lewes Wanderers CC	MV	N	00:50:16
13	Philip Tucker	Cycle Specific	M	Y	00:50:34
14	Simon Garrett	Worcester St. Johns CC	MV	Y	00:50:44
14	Mitch Russell	Energy Cycling Club/Clwb Beicio Egni	M	N	00:50:44
16	Robin Short	Performance Cycles CC	MV	Y	00:50:53
17	Duncan Shea-Simonds	Race Hub	MV	Y	00:51:00
18	Joseph Dobson	Manchester Bicycle Club	M	N	00:51:06
19	Steven Hilton	Warrington Road Club/Horton Light Engineering/RS Cyclesport	MV	N	00:51:07
20	Sam Wightman	Chelmer CC	MV	Y	00:51:14
20	Jonathan Gould	Cheltenham & County Cycling Club	MV	Y	00:51:14
22	Patryk Witkowski	Poole Whs	M	N	00:51:15
23	Chris Massey	Team Backstedt Bike Performance	MV	N	00:51:18
24	Simon Amies	Bicester Millennium CC	MV	Y	00:51:26
25	Michael Hill	Chester RC	M	N	00:51:30
26	Richard Harrison	DRAG2ZERO	MV	N	00:51:31
27	Michael Parker	TMG Horizon Cycling Team	MV	Y	00:51:45
27	Mark Ellis	Team Milton Keynes	MV	N	00:51:45
29	Neil Mackley	Fareham Wheelers CC	MV	Y	00:52:00
30	Dan Sadler	RT 316	MV	N	00:52:01
31	Alan Chorley	Seamons CC	MV	N	00:52:10
32	Martin O'Sullivan	Teddington and Turing Velo	MV	Y	00:52:11
33	Paul David Fleming	Preston Whs	MV	N	00:52:16
34	Nigel Jones	Stourbridge Velo	MV	Y	00:52:20
35	Phil Willoughby	Towy Racing Cycling Club (TRCC)	M	Y	00:52:22
36	Jonathan Goh	Paramount CRT	MV	Y	00:52:24
37	Andrew Wright	High Wycombe CC	MV	N	00:52:35
38	Simon Adcook	Worcester St. Johns CC	MV	N	00:52:40
39	Karl Randell	Swansea Wheelers/CS Abertawe	M	Y	00:52:48
40	Rod Hicks	Port Talbot Whs CC	MV	N	00:52:49
41	Thomas Dye	Cardiff Ajax CC	M	Y	00:52:57
41	Abid Hussain	Icknield RC	MV	N	00:52:57
43	Chris Jones	Elite Cycling	MV	Y	00:52:59
44	Gareth Jones	Clevedon & District Road Club	MV	Y	00:53:03
45	Luke Cornish	Cwmcarn Paragon Road Club	M	N	00:53:11

Place	Name	Club	Cat	PB	Time
46	Joseph Costello	Walsall Roads Cycling Club	MV	N	00:53:14
47	Peter Hatt	Velo Club St Raphael	MV	Y	00:53:28
48	Leon Evans	Cardiff Ajax CC	MV	N	00:53:31
49	David Francis	Tribe of one (FTV)	MV	N	00:53:46
50	Matt J Smith	Port Talbot Whs CC	MV	N	00:53:48
51	Sean Sanders	Drighlington BC	MV	Y	00:53:49
52	Wolfgang Emmerich	London Phoenix CC	MV	Y	00:53:51
53	Simon Dighton	Beacon Roads CC	MV	Y	00:54:02
54	Daniel Homer	London Phoenix CC	MV	Y	00:54:05
55	Mark Woolford	Team Swindon Cycles	MV	N	00:54:14
56	Jon Saunders	Charlotteville Cycling Club	M	N	00:54:19
57	Tim Childs	Westerley Cycling Club	MV	N	00:54:23
58	Steve Bray	Salt and Sham Cycle Club	MV	Y	00:54:25
59	Andy Sharman	Baines Racing	MV	N	00:54:27
60	Steve Franklin	Team Salesengine.co.uk	M	Y	00:54:29
61	Neil Holden	Lutterworth Cycle Centre Racing Team	MV	N	00:54:43
62	Chris Ford	High Wycombe CC	MV	N	00:54:45
63	Steve Hancock	Calder Clarion	MV	N	00:54:55
64	Richard Coleman	Stourbridge Velo	MV	N	00:54:56
65	Mike Anslow	Stourbridge Velo	MV	N	00:54:59
66	Colin Wallace	Merthyr CC	MV	N	00:55:07
67	Chris Scawn	Plymouth Corinthian CC	MV	N	00:55:17
68	Tim Davies	Icknield RC	MV	N	00:55:19
69	Tommy Barlow	Clevedon & District Road Club	MV	Y	00:55:21
70	Steven Loraine	Team Swift	MV	N	00:55:23
71	Owain Roberts	Port Talbot Whs CC	M	N	00:55:40
72	Nick Burton	Newark Castle C C	MV	Y	00:55:50
73	Terry Icke	Poole Whs	MV	N	00:55:52
74	Steven Cottington	Bath Cycling Club	MV	N	00:55:56
75	Simon Drewett	Fairly United Cycling Team	MV	N	00:55:57
75	David Hargreaves	North Lancashire Road Club	MV	N	00:55:57
77	Oliver Walker-Hayes	University of Bristol Cycling Club (UOBCC)	M	N	00:56:01
78	Alan Tunnicliffe	South Normanton C C	MV	N	00:56:07
79	Steve Mountford	Solihull CC	MV	N	00:56:17
80	Chris Dyason	Cambridge CC	MV	N	00:56:41
81	Ross Morgan	Port Talbot Whs CC	M	N	00:57:16
82	Roger Wood	Pontypool Road Cycling Club	MV	N	00:57:19
83	Andrew Clarke	Mid Shropshire Wheelers	MV	N	00:57:28
84	Michael Cope	Kettering CC	MV	N	00:57:34
85	Daryl Godden	Gloucester City Cycling Club	MV	N	00:57:40
86	Keith Barcock	Banbury Star Cyclists' Club	MV	N	00:57:42
87	Michael Stephens	Hereford Triathlon Club	MV	N	00:57:43
88	David Lancaster	VC 10	MV	N	00:58:28
89	Huw Davies	Port Talbot Whs CC	MV	N	00:58:31
90	Marco Marletta	Cardiff Jif	MV	N	00:59:16
91	Andy Sloan	CC Weymouth	M	N	01:00:51
	Toby Williams	Liverpool Phoenix CC (Aintree)	M		DNF
	Sean Hunt	Lincoln Wheelers CC	MV		DNF

Place	Name	Club	Cat	PB	Time
	Eddie Humphreys	Loughborough Phoenix CC	MV		DNF
	Tom Burke-Nott	De Laune CC	MV		DNF
	Chris Fishbourne	Team Backstedt Bike Performance	MV		DNF
	James Fawcett	Hampshire Road Club	MV		DNF
	Alex Leek	Velo Club St Raphael	M		DNF
	Mark Cleverley	Cheshire Maverick Cycle Club	MV		DNS
	Greg Lewis	Bicester Millennium CC	MV		DNS
	Lewis Donovan	Bynea Cycling Club	M		DNS
	Stuart Evans	Port Talbot Whs CC	MV		DNS
	Peter Blackwell	Solihull CC	MV		DNS
	Nic Stevenson	Westerley Cycling Club	M		DNS
	Simon Smith	Shutt Ridley RT	MV		DNS
	Timothy Cummings	Forza RT	MV		DNS
	Daniel Barnett	Ely Race Club	M		DNS
	Marc Preece	Royal Air Force Cycling Association	MV		DNS
	Michael Portlock	Merthyr CC	MV		DNS
	Edward Priddy	Solihull CC	MV		DNS
	John Regan	Pembrokeshire Velo	MV		DNS
	Andy Hoskins	Cardiff Jif	M		DNS
	Darrel Williams	Bynea Cycling Club	MV		DNS
	Tristian Manning	ATAC - Ammanford Triathlon And Cycling	M		DNS
	Matthew Cockerell	Aberdeen Wheelers	M		DNS
	Stuart Mccormick	Port Sunlight Wheelers	MV		DNS
	Phil Brush	Winchcombe Cycling Club	M		DNS
	Rob Dyde	Pembrokeshire Velo	M		DNS
	Adrian Lane	Loughborough Students C C	M		DNS
	James Cook	Radeon-Cycology RT	M		DNS