

Open 10 Mile Time Trial 14th July 2018

Held for and on behalf of Cycling Time Trials under their Rules and Regulations Event 6 of the Midlands Women's Time Trial Series

Course:

K46/10, Severn Stoke

Event organiser:

Sue O'Shaughnessy, 33 Avon Road, Pershore, Worcestershire WR10 1NP Contact number 07845 961475 Email susiesue1981@gmail.com

Timekeepers:

Bob Franks and Charlie Barnett

Overall Results:

Position	First Name	Surname	Club	Time	Gender	Category	Road Bike
1	Jon	Howard	Team Echelon	00:20:34	Male	V40	No
2	David	Mead	Lutterworth Cycle Centre Racing Team	00:20:36	Male	V40	No
3	David	Kiernan	Team Jewson - MI Racing ~Poly Pipe~McCann	00:20:38	Male	V40	No
4	Mark	Hudson	Bristol South Cycling Club	00:21:05	Male	Senior	No
5	Jon	Simpkins	DRAG2ZERO	00:21:37	Male	V40	No
6	Andrew	Knight	Wyre Forest Cycle Racing Club	00:22:30	Male	V40	No
7	Jonathan	Ellis	Royal Sutton CC	00:22:30	Male	Senior	No
8	Stewart	Ball	Successcycling.co.uk	00:23:10	Male	V40	No
9	Mike	Murrray	Team Echelon	00:23:16	Male	V40	No
10	Terry	Icke	Poole Whs	00:23:18	Male	V70	No
11	Mark	Cooper	Worcester St. Johns CC	00:23:28	Male	V60	No
12	Matthew	Boazman	Wyre Forest Cycle Racing Club	00:23:29	Male	Senior	No
13	Gemma	Johnson	Beacon Roads CC	00:23:38	Female	Senior	No
14	Mike	Anslow	Stourbridge Velo	00:23:49	Male	V40	No
15	Edwin	Mitchell	Team V - Sprint Racing	00:24:02	Male	V40	No
16	Mathew	Mitchell	Stratford Cycling Club	00:24:11	Male	Senior	No
17	Paul	Welsby	DRAG2ZERO	00:24:17	Male	V50	No
18	Paul	Mulready	Stourbridge Velo	00:24:20	Male	V40	No
19	Craig	Hopkins	Wyre Forest Cycle Racing Club	00:24:41	Male	V50	No
20	David	Lloyd	Wyre Forest Cycle Racing Club	00:24:55	Male	V50	Yes
21	Annabel	Prow	Nottingham Clarion CC	00:25:05	Female	Senior	No
22	Gary	Smith	Stourbridge Velo	00:25:06	Male	V60	No
23	Denise	Burrows	THE Cycle Studio~Core Telecom~RPC	00:25:12	Female	Senior	No
24	John	Smith	Wyre Forest Cycle Racing Club	00:25:19	Male	V60	No
25	Jules	Birch	Mickey Cranks Cycling Club	00:25:21	Female	V40	No
26	Allan	Maclean	VC Glasgow South	00:25:44	Male	V50	No
27	Susanna	O'shaughnessy	Wyre Forest Cycle Racing Club	00:26:09	Female	Senior	Yes

28	Jennifer	Doyle	Kenilworth Whs	00:26:21	Female	V50	No
29	Brian	Jones	Horsham Cycling	00:26:27	Male	V60	No
30	Melissa	Haselden	Phoenix Velo	00:26:32	Female	Senior	No
31	Alan	Parfrey	Phoenix Velo	00:26:46	Male	V50	No
32	Derek	Churchard	EvoVelo Racing	00:26:57	Male	V60	Yes
33	Cath	Fenn	Coventry Road Club	00:27:13	Female	V40	No
34	Arja	Scarsbrook	Bush Healthcare CRT	00:27:21	Female	V70	No
35	David	Prior	Wyre Forest Cycle Racing Club	00:28:02	Male	V60	No
36	Sarah	Soden	Leicester Forest CC	00:28:05	Female	V50	No
37	Alex	Williamson	Coventry Triathletes	00:28:46	Male	Senior	Yes
38	Isobel	Fletcher	VC Glasgow South	00:28:47	Female	V50	No
39	Hannah	Randall	Stafford RC	00:28:54	Female	Senior	Yes
40	Fred	Browning	Wyre Forest Cycle Racing Club	00:29:06	Male	V60	No
41	Clair	Parfrey	Phoenix Velo	00:29:11	Female	V50	No
42	Simon	O'shaughnessy	Wyre Forest Cycle Racing Club	00:29:34*	Male	V40	No
43	John	Frydman	Leamington C & AC	00:29:51	Male	V70	No
44	Alexander	Brown	Wyre Forest Cycle Racing Club	00:30:25	Male	Juvenile	Yes
45	Jacqui	Smith	Team Cherwell	00:31:21	Female	V40	No
46	Roslyn	Winstone	Coventry Road Club	00:32:20	Female	Juvenile	No
47	Kara	Tranter	Wyre Forest Cycle Racing Club	00:35:08	Female	Senior	Yes
48	Natalie	Murphy	Coventry Triathletes	00:35:26	Female	Senior	Yes
	Rebecca	Lane	Worcester St. Johns CC	DNS	Female	Senior	
	Michael	Haddon	Wyre Forest Cycle Racing Club	DNSA	Male	V50	
	Norman	Fenn	Team Echelon	DNSA	Male	V70	
	David	Barry	sportfagley	DNSA	Male	V60	
	Gary	Jones	Successcycling.co.uk	DNS	Male	V50	
	Tim	Ashton	Royal Sutton CC	DNSA	Male	Senior	

^{*1:30} minute time penalty for late start

Ladies:

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Position	First Name	Surname	Club	Time	Gender	Category	Road Bike
1	Gemma	Johnson	Beacon Roads CC	00:23:38	Female	Senior	No
2	Annabel	Prow	Nottingham Clarion CC	00:25:05	Female	Senior	No
3	Denise	Burrows	THE Cycle Studio~Core Telecom~RPC	00:25:12	Female	Senior	No
4	Jules	Birch	Mickey Cranks Cycling Club	00:25:21	Female	V40	No
5	Susanna	O'shaughnessy	Wyre Forest Cycle Racing Club	00:26:09	Female	Senior	Yes
6	Jennifer	Doyle	Kenilworth Whs	00:26:21	Female	V50	No
7	Melissa	Haselden	Phoenix Velo	00:26:32	Female	Senior	No
8	Cath	Fenn	Coventry Road Club	00:27:13	Female	V40	No
9	Arja	Scarsbrook	Bush Healthcare CRT	00:27:21	Female	V70	No
10	Sarah	Soden	Leicester Forest CC	00:28:05	Female	V50	No
11	Isobel	Fletcher	VC Glasgow South	00:28:47	Female	V50	No
12	Hannah	Randall	Stafford RC	00:28:54	Female	Senior	Yes
13	Clair	Parfrey	Phoenix Velo	00:29:11	Female	V50	No
14	Jacqui	Smith	Team Cherwell	00:31:21	Female	V40	No
15	Roslyn	Winstone	Coventry Road Club	00:32:20	Female	Juvenile	No

Men:

osition	First Name	Surname	Club	Time	Gender	Category	Road Bike
1	Jon	Howard	Team Echelon	00:20:34	Male	V40	No
2	David	Mead	Lutterworth Cycle Centre Racing Team Team Jewson - MI Racing ~Poly	00:20:36	Male	V40	No
3	David	Kiernan	Pipe~McCann	00:20:38	Male	V40	No
4	Mark	Hudson	Bristol South Cycling Club	00:21:05	Male	Senior	No
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30	John	Frydman	Leamington C & AC	00:29:51	Male	V70	No
31	Alexander	Brown	Wyre Forest Cycle Racing Club	00:30:25	Male	Juvenile	Yes

^{* 1:30} minute penalty for late start

Prizes:

Fastest female	£40	Gemma Johnson, Beacon Roads CC
2 nd fastest female	£20	Annabel Prow, Nottingham Clarion
3 rd fastest female	£10	Denise Burrows, THE Cycle Studio~Core Telecom~RPC
V40 ladies	£10	Jules Birch, Mickey Cranks Cycling Club
V50 ladies	£10	Jennifer Doyle, Kenilworth Whs
V70 ladies	£10	Arja Scarsbrook, Bush Healthcare CRT
Fastest female on road bike	£10	Susanna O'Shaughnessy, Wyre Forest Cycle Racing Club
Fastest male	£40	Jon Howard, Team Echelon
2 nd fastest male	£20	David Mead, Lutterworth Cycle Centre Racing Team
3 rd fastest male	£10	David Kiernan, Team Jewson - MI Racing ~Poly Pipe~McCann
V40 men	£10	Jon Howard, Team Echelon
V50 men	£10	Paul Welsby, DRAG2ZERO
V60 men	£10	Mark Cooper, Worcester St. Johns CC

V70 men	£10	John Frydman, Leamington C & AC
Fastest male on road bike	£10	David Lloyd, Wyre Forest Cycle Racing Club
Fastest junior	£10	Alexander Brown, Wyre Forest Cycle Racing Club

And Finally:

A massive thank you to everyone who helped Saturday's event come together; I literally couldn't have done it without you. It was a steep learning curve but well worth it in the end. A very special thanks to our tech wizard Tim Tranter for organising the results and making it possible for me to get this out to you as quickly as possible after the event. You took so much of the stress away on the day and I am eternally grateful for that.

Thanks to everyone who donated to CLIC Sargent in exchange for refreshments at the HQ. We raised £69 on the day and the remaining cakes have been "donated" to the charitable souls at Newsquest Midlands to hopefully polish them off and raise a few more pounds. I shall also be donating my £10 prize money to the charity.

Thank you so much for attending our time trial this weekend. We hope to see you again next year. Next year I hope to run a separate women's and men's event and it will be scheduled so as not to conflict with the Upton Triathlon! I welcome any feedback regarding whether a morning or afternoon event would generally suit people better.

This was my first time running an open TT (and from the Club's perspective the first one in several years). If there is anything you think we could have done better or that could have gone smoother on the day please let me know – all constructive criticism welcomed. I will also work on my public speaking skills ahead of next year 🕲

Sue O'Shaughnessy Wyre Forest Cycle Racing Club

> www.wyreforestcrc.org.uk www.mwtts.org.uk