

## START SHEET EAST ANGLIAN VTTA - 10 MILES TT



**On Thursday, 12th July 2018**  
**Course E2/10 at 19.00 Hours**

### EVENT SECRETARY

Michael Martin, 7 Penfold Close, Baldock, Herts, SG7 6UT.  
Mobile: 07873 707826. Email: mwmartin\_actuary@hotmail.co.uk

**TIMEKEEPERS: Tim Groves & Becki Groves**  
**Event H Q Westley Waterless Village Hall CB8 0RG**

Course E2/10. Details O.S. References. Start: 573562. Finish: 571560

**E2/10 COURSE START** at paint mark at end of feeder road from West Wrating. Just before junction with A1340 (1 Kerb joint before drain near "Give Way" Sign). Bear left on to A1034 and proceed onto A11 southbound. Continue to Take slip road to Four Went Ways intersection (A1307) (M), and circle Elevated Roundabout (5.14 miles) Take Fourth exit on to A11 Northbound (M), Retrace to Six Mile Bottom where take A1304 slip road (M), to **FINISH** at Paint mark 10 yards past end of island between old road and slip road (at sixth kerb joint past plastic phone indicator, post marked "85/0")

### PARKING

**Parking is available at and near the Event H.Q**  
Numbers can be exchanged for a drink when returned.

### NOTE TO COMPETITORS

When starting take notice of traffic entering slip road from your right  
**GIVE WAY IF NECESSARY**

**Cycling Time Trials and the Event Promoters recommend the use of a **flashing / constant rear light** whilst competing and visible to other road users.**

Signing-on and Body Numbers will be situated at the Event H.Q. **Don't forget to return your number and sign back in otherwise you will be disqualified.**

**Catering by Ann Shuttleworth, Signage by Dave Nock**

**NOTES TO RIDERS AND HELPERS**  
**and LOCAL REGULATIONS**

No Warming Up by competitors on the course once the event has started.

No U-Turns are allowed within sight of either the start or finishing areas. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

Marshals placed to direct competitors off the main carriageways must not stand at the apex between the carriageway and the slip road, but should be located at the beginning of the slip road. Note, it is strongly recommended by both the police and London East D.C. that marshals wear a fluorescent jacket or bib.

There is to be no parking in the vicinity of either the start or finishing points, except for the Timekeepers' cars.

Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you wear a **HARD SHELL HELMET** that meets an internationally-accepted safety standard. ALL juniors and/or riders under the age of 19 years are required to wear a suitably-approved helmet.

Helmets should conform to a recognized Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078. It is the responsibility of the rider (or parent or guardian if the rider is under 18 years of age) to:

- a) Select a helmet that offers protection against head injury and does not restrict the rider's vision or hearing.
- b) Ensure that the helmet is properly fitted, is undamaged and in good condition.

*Footnotes:*

- (i) *Any helmet which suffers damage (e.g. in the case of an accident or through mishandling) may no longer afford the same level of protection.*
- (ii) *Cycling Time Trials makes no warranties or representations regarding the adequacy of any standard or the fitness for the purpose of any brand of helmet and will not accept any claim arising from the use of any particular helmet*
- (iii) *The current British Standard BS 6863 is primarily intended for use by young riders and is not intended to provide a complete specification for helmets for high speed or long distance riding.*

## AWARDS:

### SCRATCH

- Males: 1<sup>st</sup> - £30, 2<sup>nd</sup> - £20, 3<sup>rd</sup> - £10
- Females: 1<sup>st</sup> - £30, 2<sup>nd</sup> - £20, 3<sup>rd</sup> - £10

### PRIZE LIST FOR V.T.T.A. QUALIFIERS ONLY

Only members of the V.T.T.A. are eligible for V.T.T.A. Awards. (Note joining the VTТА is easy – just go into [vttta.org.uk](http://vttta.org.uk) and following the instructions. No cheques etc)

- Actual fastest veteran – medal and 1 free award lunch ticket
- Best male on standard – medal and 1 free award lunch ticket
- Best female on standard – medal and 1 free award lunch ticket
- Fastest in 5 year age group – medals– 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 and 75-79
- Best club team of 3 VTТА members on standard – medals

Start Time	No	Name	Team	Gender	Cat	Age on Day	Standard	VTТА Region
19:01	1	Glenn Taylor	Shorter Rochford RT	M	V	50	00:26:45	East Anglia
19:02	2	Ann Shuttleworth	Braintree Velo CRC	F	V	51	00:28:58	East Anglia
19:03	3	Gary Boyd	Hub Velo	M	V	50	00:26:45	East Anglia
19:04	4	Isabella Johnson	CC Sudbury	F	J	15		
19:05	5	Andrew Grant	Cambridge CC	M	V	65	00:28:14	East Anglia
19:06	6	Carmelo Luggeri	CC Ashwell	M	V	62	00:27:51	East Anglia
19:07	7	Mike Padfield	North Norfolk Whs	M	V	43	00:26:13	East Anglia
19:08	8	Anthony Cork	St Ives CC	M	V	73	00:29:39	East Anglia
19:09	9	Sarah Johnson	CC Sudbury	F	V	45		
19:10	10	Robert Watson	Cambridge CC	M	V	57	00:27:20	East Anglia
19:11	11	Nick Partridge	Plomesgate CC	M	V	40		
19:12	12	Andy Kennedy	Ipswich BC	M	V	53	00:26:59	East Anglia
19:13	13	Mandy Bunn	CC Sudbury	F	V	49	00:28:48	East Anglia
19:14	14	Paul Willis	CC London	M	V	54	00:27:04	East Anglia
19:15	15	Andy Newham	Lincoln Wheelers CC	M	V	45	00:26:23	North Midlands
19:16	16	Derek Ricketts	Ely & District CC/B&T Motor Repairs	M	V	55	00:27:09	East Anglia
19:17	17	Wendy Gooding	Team Bottrill / Vanguard	F	V	54	00:29:14	East Anglia
19:18	18	David Golden	Army Cycling Union	M	V	58	00:27:26	North Lancs and Lakes
19:19	19	Denese Hallahan	Wisbech Whs	F	V	63	00:30:14	East Anglia
19:20	20	Matt O'Brien	Plomesgate CC	M	V	40	00:25:59	East Anglia
19:21	21	Ken Platts	Cambridge CC	M	V	66	00:28:23	East Anglia
19:22	22	Jackie Field	CC Ashwell	F	V	53	00:29:09	East Anglia

19:23	23	Will Shepherd	Ely & District CC/B&T Motor Repairs	M	V	44	00:26:18	East Anglia
19:24	24	Stephen Watson	Hertfordshire Whs	M	V	54	00:27:04	East Anglia
19:25	25	Darran Bennett	Ely & District CC/B&T Motor Repairs	M	V	48	00:26:36	East Anglia
19:26	26	Lee Turner	Sigma Sports	M	V	49	00:26:41	East Anglia
19:27	27	Edward Mellor	Mapperley CC	M	V	40	00:25:59	Notts & E.Mids
19:28	28	Nigel Fitzroy	Chelmer CC	M	V	53	00:26:59	East Anglia
19:29	29	Stuart Field	CC Ashwell	M	V	53	00:26:59	East Anglia
19:30	30	Mark Ellis	Team Milton Keynes	M	V	54	00:27:04	East Anglia
19:31	31	Simon Scott	Anglia Velo	M	V	41	00:26:04	East Anglia
19:32	32	Michael Cope	Kettering CC	M	V	58	00:27:26	East Anglia
19:33	33	Patrick Charlton	Wolsey RC	M	V	60	00:27:38	East Anglia
19:34	34	Michael Fry	Glendene CC	M	V	57	00:27:20	East Anglia
19:35	35	Russell McLean	Beacon Wheelers	M	S	39		
19:36	36	Paul French	Bedfordshire Road RT	M	V	43	00:26:13	East Anglia
19:37	37	Julian Bosley	Stowmarket & District CC	M	V	48		
19:38	38	Patrick Ellerbeck	St Neots CC	M	V	64	00:28:06	East Anglia
19:39	39	James Bromley	Becontree Wheelers CC	M	V	59	00:27:32	East Anglia
19:40	40	Julian Elliott	Finsbury Park CC	M	V	47	00:26:32	East Anglia
19:41	41	Iain Boardman	Dulwich Paragon CC	M	V	44	00:26:18	East Anglia
19:42	42	Jez Willows	Velo Club Flintham	M	V	53	00:26:59	Notts & E.Mids
19:43	43	Susan Triplow	Essex Roads CC	F	V	51	00:28:58	East Anglia
19:44	44	John Swanbury	VC Baracchi	M	V	71	00:29:14	East Anglia
19:45	45	Dan Bromilow	Ely & District CC/B&T Motor Repairs	M	V	44	00:26:18	East Anglia
19:46	46	Geoff Reynolds	Hemel Hempstead CC	M	V	52	00:26:54	East Anglia
19:47	47	Ian Cardy	Chelmer CC	M	V	54	00:27:04	East Anglia
19:48	48	Anthony Bye	Wisbech Whs	M	V	63	00:27:59	East Anglia
19:49	49	Emilie Wix	www.spencerwix.co.uk	M	S	37		
19:50	50	Rob Young	Team Vision Racing - Silverhook	M	V	44	00:26:18	East Anglia
19:51	51	Andy Proffitt	Ipswich BC	M	V	45	00:26:23	East Anglia
19:52	52	Ian Day	Aspire Velo Racing Team	M	V	48	00:26:36	East Anglia
19:53	53	Adrian Cox	Team Milton Keynes	M	V	57	00:27:20	Notts & E.Mids
19:54	54	Bob Quarton	Wolsey RC	M	V	64	00:28:06	East Anglia
19:55	55	Martin Reynolds	Cambridge CC	M	V	55	00:27:09	East Anglia
19:56	56	Steven Bass	Maldon & District CC	M	V	50	00:26:45	East Anglia
19:57	57	Neil Wood	Dig Deep Coaching	M	V	46	00:26:27	Midlands
19:58	58	John Manlow	Ely & District CC/B&T Motor Repairs	M	V	49	00:26:41	East Anglia
19:59	59	Stu Levene	Whitewebbs CC	M	V	49	00:26:41	East Anglia
20:00	60	Keith Ainsworth	Sheffrec CC	M	V	59	00:27:32	North Midlands
20:01	61	Terry Garlinge	Team Vision Racing - Silverhook	M	V	48		
20:02	62	Julia Freeman	Easterley Road Club	F	V	54		

20:03	63	John Bradbury	CC Sudbury	M	V	47	00:26:32	East Anglia
20:04	64	Gary Johnson	CC Sudbury	M	V	54		
20:05	65	David Procter	Team Velovelocity	M	V	56	00:27:14	East Anglia
20:06	66	Alex Pritchard	University of Nottingham C C	M	E	22		
20:07	67	Helen Reynolds	Hemel Hempstead CC	F	V	52	00:29:03	East Anglia
20:08	68	David Marshall	Hemel Hempstead CC	M	V	53	00:26:59	London & Home Counties
20:09	69	Nigel Swift	Verulam CC	M	V	51	00:26:50	London & Home Counties
20:10	70	Gary Pamment	3T-RACING	M	V	47	00:26:32	East Anglia
20:11	71	Richard Carrington	West Suffolk Wheelers	M	V	43	00:26:13	East Anglia
20:12	72	Chris Dyason	Cambridge CC	M	V	70	00:29:02	East Anglia
20:13	73	Adrian Pettitt	Stowmarket & District CC	M	V	49		
20:14	74	Dominic Whitehead	St Ives CC	M	V	60	00:27:38	East Anglia
20:15	75	Paul Hart	Southend Wheelers	M	S	39		
20:16	76	Damon Day	CC Sudbury	M	V	52	00:26:54	East Anglia
20:17	77	Chris Nudds	CC Breckland	M	V	70	00:29:02	East Anglia
20:18	78	Sue Rust	Kettering CC	F	V	54	00:29:14	East Anglia
20:19	79	Karen Dennett	Bishop's Stortford CC	F	V	61	00:29:59	East Anglia
20:20	80	Matthew Senter	Team Velovelocity	M	S	38		
20:21	81	Andrew Wright	High Wycombe CC	M	V	50	00:26:45	London & Home Counties
20:22	82	Steve Cave	Plomesgate CC	M	V	47	00:26:32	East Anglia
20:23	83	Chris Womack	VC Baracchi	M	V	71	00:29:14	East Anglia
20:24	84	John Royle	Fenland Clarion CC	M	V	71	00:29:14	Notts & E.Mids
20:25	85	Neil Holden	Lutterworth Cycle Centre Racing Team	M	V	46	00:26:27	Notts & E.Mids
20:26	86	Ian Short	Team Salesengine.co.uk	M	V	44	00:26:18	East Anglia
20:27	87	Roger Sewell	Wisbech Whs	M	V	71	00:29:14	East Anglia
20:28	88	Jeremy Saynor	PMR @ Toachim House	M	V	55	00:27:09	Kent
20:29	89	Kate Lucas	Norwich A B C	F	V	44	00:28:24	East Anglia
20:30	90	Matthew Smith	DRAG2ZERO	M	V	40	00:25:59	East Anglia

## Reserves

Reserve	91	James Scarth	Bishop's Stortford CC	M	V	40		
Reserve	92	Andrew Grant	Chelmer CC	M	V	59		
Reserve	93	Alan Hale	Team PedalRevolution.co.uk	M	V	77	00:30:40	East Anglia
Reserve	94	Richard Parrotte	Shaftesbury CC	M	V	53	00:26:59	East Anglia
Reserve	95	Michael Martin	CC Ashwell	M	V	53	00:26:59	East Anglia