



Open 25 Mile Team Time Trial

Sunday, 24 June 2018, 8:00am

Course H25/8

For and on behalf of Cycling Time Trials under their rules and regulations

START SHEET



Event Headquarters	
Bentley Village Hall Bentley Hampshire From 07:00	Numbers and signing on at the hall. Allow 10 minutes to reach the start. Numbers can be exchanged for refreshments after the race.

Time Keepers	Event Secretary
Don Ashton, Farnborough & Camberley Jim Brown, Farnham RC	David Clifford 1 Vixen Drive Aldershot Hampshire GU12 4FN 07854 092399

Awards

Category	Male	Female
1 st	40	40
2 nd	30	30
3 rd	20	20

Attention all competitors.

Please note that since 2017 all competitors are required personally to sign the signing out sheet when returning their number. Failure to do will result in the competitor being recorded as **DNF**

DC regulations

For safety reasons riders must not use their aero bars on the Coxbridge roundabout, penalty is **disqualification**.

Restriction of parking at the Start and Finish

LWDC 4: No vehicles, except those of the timekeepers, shall be parked at the start or finish

Reporting of breaches of local Regulations

LWDC 5: All breaches of Local Regulations shall be reported in writing to the London West District Secretary

Local Regulations: H25/8-1Riders must not cross the central reservation unless using one of the specific breaks in the reservation for that purpose.

How to get to the start from the Race HQ (Approx 5 minutes riding time):

- From Bentley Village hall, turn left along the main road through the village and proceed to join the A31 via slip road. CARE.
- Follow the A31 east for half a mile to the junction (minor cross roads) just before the Bull PH. Turn right with GREAT CARE - across the dual carriageway - and retrace along the A31 for approx. 400yds to the lay-by (start point);
- When you have finished the event turn across the dual carriageway at the next available opening with GREAT CARE and proceed along the A31 past the start point for half a mile to the slip road leading to Bentley;
- Turn right at the T junction - proceeding over the A31
- **Local Regulations applicable to the use of Bentley Village Hall**
- No bicycles to be taken into the hall
- Shoes with plates or cleats that could damage the floor to be removed before entering the hall
- PARKING - **please see the separate sheet** for parking guidelines, and please do NOT obstruct residents' driveways.
- Please refrain from warming up on a turbo in the hall car park or outside of a dwelling if parking on the main road.

Course H25/8 Bentley

OS Ref		Distance
796442	START at a point in the lead out onto the A31, from the lay-by on the South side at the start of the Bentley by-pass approximately 800 yards West of The Bull public House on the North side of the A31, 10 yards short of the last road drain at the lay-by exit (Western end)	0.000
736403	Join the A31 (care) and proceed along the Bentley by-pass through Froyle and Neatham to the Holybourne roundabout (Turn)	4.704
828459	Circle the roundabout (M1, M2, M3) (Check) and take third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past The Bull to the Farnham roundabout at the junction with the A325 (Turn)	11.907
736403	Circle the roundabout (M4, M5, M6) (Check) and take the fourth exit back onto the A31 to retrace past the start point (14.294 miles) to go along the Bentley by-pass to the Holybourne roundabout (Turn)	18.998
813448	Circle the roundabout (M1, M2, M3) (Check) and take the third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past The Bull (24.405 miles) to a point 70 yards beyond the county boundary line and 23 yards beyond the start of a tarmac path on the North side where FINISH.	25.000

Cycling Time Trials and Farnham Road Club strongly advise the use of a hard-shell helmet meeting internationally approved safety standards

<u>bib</u>	<u>start time</u>	<u>firstname</u>	<u>lastname</u>	<u>club</u>	<u>gender</u>
1	08:02	Paul	Charman	Farnham Road Club	Male
2	08:02	Rob	Allen	Farnham Road Club	Male
3	08:03	Not used			
4	08:04	Not used			
5	08:05	Rachel	Przybylski	Charlottesville Cycling Club	Female
6	08:06	Ali	Walters	Velo Club Godalming & Haslemere	Female
7	08:07	Joy	Payne	Amersham Road Cycling Club	Female
8	08:08	Lenka	Vackova	Rapha Cycling Club	Female
9	08:09	Suzanne	Gray	Portsmouth Triathletes	Female
10	08:10	Sarah	Matthews	...a3crg	Female
11	08:11	Huw	Lloyd	Farnham RC	Male
12	08:12	steve	Avery	Bigfoot CC	Male
13	08:13	Jim	Ford	Dorking Cycling Club	Male
14	08:14	Steve	Skinner	Bognor Regis CC	Male
15	08:15	Martin	O'Sullivan	Teddington and Turing Velo	Male
16	08:16	Paul	Demicoli	Didcot Phoenix CC	Male
17	08:17	Nick	McCormick	Epsom CC	Male
18	08:18	Jason	Fisher	Westerley Cycling Club	Male
19	08:19	Simon	Kidd	Charlottesville Cycling Club	Male
20	08:20	Gareth	Williams	Twickenham CC	Male
21	08:21	Paul	Thompson	Epsom CC	Male
22	08:22	Stephen	Wood	Antelope Racing Team	Male
23	08:23	Sam	Greenwood	Norwood Paragon CC	Male
24	08:24	Bruce	McMichael	Hounslow & District Whs	Male
25	08:25	Alexander	Donger	Cowley Road Condors CC	Male
26	08:26	Edward	Renwick	Oxford City RC	Male
27	08:27	Martin	Mason	Performance Cycles CC	Male
28	08:28	Hans	Nilsson	London Phoenix CC	Male
29	08:29	Jeremy	Ball	Westerley Cycling Club	Male
30	08:30	Jeff	Roberts	High Wycombe CC	Male
31	08:31	James	Barlow	Bicester Millennium CC	Male
32	08:32	Andrew	Payne	Maidenhead & District CC	Male
33	08:33	Justin	Robbins	Team Swindon Cycles	Male
34	08:34	Andrew	Giller	Epsom CC	Male
35	08:35	Thomas	Doran	Kingston Wheelers CC	Male
36	08:36	Daniel	Homer	London Phoenix CC	Male
37	08:37	Craig	Nilsson	Rye & District Wheelers CC	Male
38	08:38	Marco	Forgione	34 Nomads CC	Male
39	08:39	Martin	Whitty	...a3crg	Male
40	08:40	Richard	Weatherstone	C and N Cycles RT	Male
41	08:41	David	Garratt	Onyx RT	Male
42	08:42	Richard	Payn	34 Nomads CC	Male
43	08:43	Stephen	Wilkinson	Folkestone Velo Club	Male
44	08:44	Paul	Thompson	Twickenham CC	Male
45	08:45	Michael	Naulls	Velo Club Venta	Male
46	08:46	David	Walters	Velo Club Godalming & Haslemere	Male
47	08:47	Mark	Capocci	Portsmouth North End CC	Male

48	08:48	David	Butler	Charlottesville Cycling Club	Male
49	08:49	Not used			
50	08:50	Neill	Keaney	Onyx RT	Male
51	08:51	Nigel	Sign	Fareham Wheelers CC	Male
52	08:52	Ben	Allon-Smith	Clapham Chasers	Male
53	08:53	david	rich	Fareham Wheelers CC	Male
54	08:54	JOHN	FROUD	Festival Road Club	Male
55	08:55	Daniel	Ryan	North Road CC	Male
56	08:56	Graham	Harman	Sotonia CC	Male
57	08:57	Neal	Marrin	Finsbury Park CC	Male
58	08:58	Glenn	Sievwright	Bognor Regis CC	Male
59	08:59	Not used			
60	09:00	Dan	Adams	Onyx RT	Male

Important safety information - please take the time to read carefully

The dual carriageway of the A31 reduces to a single lane at a point approximately three miles from the start point. The righthand lane is cross-hatched for a distance of 400yds to finish at a point opposite the Petrol Filling station just beyond the “Hen and Chickens” PH situated on the North side of the A31.

Returning from the Holybourne Roundabout on the North side the road reduces to a single lane by road cross-hatching on the righthand lane commencing 200yds before the junction to Mill Court on the south side and finishing adjacent to the “Hen and Chickens” PH on the North side.

Competitors are to act in a manner appropriate to competing on a single lane carriageway whilst within the restrictions imposed by the cross hatched area.

NOTES ON THE ROAD SURFACE

The road surface from the start is generally good until passing the Hen & Chicken pub on the way out. Thereafter, transverse cracks/joints in the tarmac result in a regular, jolting “ka-dunk” which may cause discomfort or for loose tri-bars to slip.

The large pothole(s) near the Veolia site (at around 3.5 miles) are currently filled.

On the eastbound leg, just before cresting the rise past the Hen & Chicken (after the side road has joined the main carriageway, very approximately around 6.9 miles), there is a pothole maybe 2-3 feet out from the clearway line. Probably just where you would naturally ride! The hole is maybe 15” wide by 3-4” front to back. Avoiding the hole will be most safely done by keeping well to the left at this point.

Beyond this point the surface is generally good until approaching Coxbridge roundabout at the Farnham end of the course. Here the road surface is poor in large patches, particularly the portion of the left-hand lane you would naturally use. Please exercise care on this section.

The surface of Coxbridge roundabout itself is good.

Exiting Coxbridge roundabout there are a few sizeable holes about 3 feet out from the left. These are situated on the sweeping left bend leading away from the roundabout.