



Promoted for and on behalf of **Cycling Time Trials** under their Rules & Regulations

START SHEET
For the
Bedfordshire Road Cycling Club
Open 10 mile Time Trial
Course F1B/10.
Sunday 10th June 2018 07:00 hrs.

Event Secretary

Patrick Smith
C/O BRCC Clubhouse, Southill Road, Cardington, Bedfordshire MK44 3SX
Tel: 07896 163845
Email: patricksmith327@gmail.com

Timekeepers

Michael Bannister/Mark Gray

Event HQ

Blunham Village Hall, 105A High Street, Blunham MK44 3NN
No parking at start/finish.

HQ opens at 06:00hrs

PLEASE NOTE! There is extremely limited parking at Blunham Village Hall, we recommend either parking where there are no houses at the top of Grange Road, Blunham, or using Church Street in Tempsford near the Stuart Memorial Hall, this is the usual HQ for races on the F1B courses but is unavailable for this event.
(see local regulations below for more info)

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD SHELL SAFETY HELMET that meets an internationally accepted safety standard. ALL juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet. Cycling Time Trials and the Event Promoters recommend the use of a **flashing red rear light whilst competing.**

Directions to Start

To reach the start from Blunham Village Hall, go North through Blunham on High Street bearing right onto Tempsford Road towards Tempsford. Prior to the A1 (do not join A1) turn left towards Tempsford village, ascend to roundabout and turn right passing over A1. At next roundabout turn left and you will find the start located on your offside.

Course Details

START (GR163527) on B1043, approx. 300 yards north of Tempsford flyover, 195 yards north of lamp-post 21 and 5 yards north of the 7th drain north of lamp-post 21. [This is the 3rd drain south of gateway and 100 yards south of kerb start].

Proceed south, straight on at 1st mini-RAB to join A1 (care) and continue over Sandy RAB to:-

TURN (5.16 miles) at North Biggleswade RAB (Warden Lane), retrace A1 northbound, continue over Sandy RAB to:-

FINISH (GR163523) at clearway sign on **EXIT of Blunham Road to A1**, 200 yards before (i.e. south of) Tempsford flyover.

NOTE: RIDERS STAY ON THE A1 FOR THE FINISH FOR THIS COURSE.

In brief it is **very simple** – join the A1, go straight through the Sandy RAB, turn at the Biggleswade North (Sainsburys) RAB, through the Sandy RAB again and keep going to the Finish Line (and past it – go by the Hall and then use the footpath alongside the A1 to get back to the HQ).

The suggested route back to HQ is via a footpath, 300 yards after finish that leads onto Tempsford village road.

Local Regulations and Instructions

- No U turns should be made in sight of the start or finish areas while riding on the public highway.
- No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.

- Due to complaints from residents of Tempsford village, if you choose to park in Tempsford and not Blunham, you MUST park away from houses. No parking south of the Wheatsheaf public house.
- Absolutely no parking on any part of the course, at any time.
- NO WARMING UP ON STATION ROAD, Tempsford, 700 yards north of start point.
- You are reminded to ride on the Left Hand Side of the road except for safe overtaking, in accordance with CTT Regulation 20.
- Race numbers will be situated at the event HQ and must be signed for personally. You MUST sign back in within a reasonable time after finishing. NO SIGN – NO TIME!
- Finish Timekeeper(s) - should park west of the clearway sign on the entry road from Blunham Lane to the A1, opposite the clearway finish sign on the A1, about 15 yards west of A1 carriageway.

All Rider Prizes

Female Prizes

1st = £30

2nd = £20

3rd = £10

Male Prizes

1st = £30

2nd = £25

3rd = £20

4th = £15

5th = £10

Fastest Team of Three Prize

1st = £30

Start No	Start Time	Rider	Club	Gender
8	07:08	Joanna Spragg	Bossard Whs	Female
9	07:09	Richard Moule	Bossard Whs	Male
10	07:10	David Cook	Bedfordshire Road RT	Male

11	07:11	Patrick Ellerbeck	St Neots CC	Male
12	07:12	Chris Symonds	North Road CC	Male
13	07:13	John Hassall	Bossard Whs	Male
14	07:14	Mark Greenhow	St Neots CC	Male
15	07:15	Jason Stuart	CC Ashwell	Male
16	07:16	Toby Maloy	Team Milton Keynes	Male
17	07:17	Adrian Cox	Team Milton Keynes	Male
18	07:18	Adrian Briers	Chronos RT	Male
19	07:19	Terry Sykes	Bedfordshire Road CC	Male
20	07:20	Leigh Smith	JCA Equipe Velo	Male
21	07:21	Daniel Duggan	Icknield RC	Male
22	07:22	Ian Woodcock	Bedfordshire Road RT	Male
23	07:23	Graeme King	45 RC	Male
24	07:24	Ian Auger	Rockingham Forest Whs	Male
25	07:25	Andy Stuart	Velo Club St Raphael	Male
26	07:26	Nicholas Hitchens	Peterborough CC	Male
27	07:27	Ross Thomson	Hitchin Nomads CC	Male
28	07:28	Greg Gosling	Team Milton Keynes	Male
29	07:29	David Towey	Bedford Harriers AC	Male
30	07:30	Andrew Tomkins	Lutterworth Cycle Centre Racing Team	Male
31	07:31	Steve Torley	Team Milton Keynes	Male
32	07:32	Nick Hickman	Hitchin Nomads CC	Male
33	07:33	Daniel Wolman	London Phoenix CC	Male
34	07:34	David Crane	Chronos RT	Male
35	07:35	Ruth Freestone King	45 RC	Female
36	07:36	Emma Koppe	CC Ashwell	Female
37	07:37	Sharon Davey	Icknield RC	Female

38	07:38	Gillian Reynolds	Willesden CC	Female
39	07:39	Deborah Joy Newell	Icknield RC	Female
40	07:40	Anna Muir	Chelmer CC	Female
41	07:41	Paul French	Bedfordshire Road RT	Male
42	07:42	Andy Sharman	Baines Racing	Male
43	07:43	Simon Fitzhugh	45 RC	Male
44	07:44	Phillip Jenkins	Bedfordshire Road CC	Male
45	07:45	Michael Briars	Finsbury Park CC	Male
46	07:46	Darren Powell	TMG Horizon Cycling Team	Male
47	07:47	Alan Crane	Chronos RT	Male
48	07:48	Mick Case	Bedfordshire Road RT	Male
49	07:49	Charlie Holton	Welland Valley CC	Male
50	07:50	Adam Fisher	Cambridge CC	Male
51	07:51	Toby Collis	CC Ashwell	Male
52	07:52	Ian Wroblewski	Lutterworth Cycle Centre Racing Team	Male
53	07:53	Andrew Bright	Chronos RT	Male
54	07:54	Bob Wright	CC Ashwell	Male
55	07:55	Matthew Reader	Verulam CC	Male
56	07:56	Richard Hutt	Harp RC	Male
57	07:57	David Creese	Chronos RT	Male
58	07:58	Jon Dunckley	Bedfordshire Road CC	Male
59	07:59	Sinclair Easton	CC London	Male
60	08:00	John Lacey	Hemel Hempstead CC	Male
61	08:01	Grant Orsborn	Bedfordshire Road RT	Male
62	08:02	Simon Elkington	St Neots CC	Male
63	08:03	Stan Nwaka	Verulam CC	Male
64	08:04	Chris Priestley	Bedfordshire Road RT	Male

65	08:05	Jack Patmore	VeloElite RC	Male
66	08:06	Steve Kaye	Fenland Clarion CC	Male
67	08:07	Peter Caro	Watford Velo Sport	Male
68	08:08	James McKenzie	CC Ashwell	Male
69	08:09	Oswin Grady	Bedfordshire Road CC	Male
70	08:10	Ross Clarke	TMG Horizon Cycling Team	Male
71	08:11	Antony Stapleton	Chelmer CC	Male
72	08:12	Michael Cope	Kettering CC	Male
73	08:13	Graham Pepperdine	Verulam CC	Male
74	08:14	Paul Wright	Hitchin Nomads CC	Male
75	08:15	Fabos Young	VeloElite RC	Male
76	08:16	Paul Lilley	Fenland Clarion CC	Male
77	08:17	Steve Clarke	TMG Horizon Cycling Team	Male
78	08:18	Dave Wilson	St Neots CC	Male
79	08:19	Trevor Parrish	A5 Rangers CC	Male
80	08:20	Mick Hodson	Bedfordshire Road RT	Male
81	08:21	Paul Schofield	St Ives CC	Male
82	08:22	Matt Donovan	Bedfordshire Road RT	Male
83	08:23	Kevin Creese	Chronos RT	Male
84	08:24	Colin Holmes	VTTA (London & Home Counties)	Male
85	08:25	Daniel Watts	Royal Air Force Cycling Association	Male
86	08:26	Anthony Smith	Team Milton Keynes	Male
87	08:27	Alex Lubbock	API-Metrow	Male
88	08:28	Ian Markham	Chronos RT	Male
89	08:29	Paul Willis	CC London	Male
90	08:30	Jon Surtees	NOPINZ	Male