**PRIZES (One Rider One Prize)**

1st £40

2nd £30

3rd £25

4th £20

5th £15

6th £8

1st Vet 40-49 £8

-

1st Vet 50-59 £8

-

1st Vet 60-69 £8

-

1st Vet 70 + £8

-

1st Lady £8

<www.pwcyclecoaching.co.uk>

**Lindsey Roads Cycling Club Open 10 Mile Time Trial**

Saturday 9th June 2018 on the C10/4

This event is being promoted for and on behalf of

Cycling Time Trials under their rules and regulations.

**First rider off at 2:01pm**

Course Details: - Start at centre of BT manhole on A18, 0.25miles east of Great Limber. Proceed east on A18 (**beware of rough road surface in both directions**) through Riby Crossroads (3.3 miles) to Laceby Roundabout, junction with A46 (5.4 miles). Encircle roundabout and retrace through Riby Crossroads (7.5 miles) to finish opposite middle drain gully in lay-by on A18, 0.75 miles east of the start.

**Event Headquarters: - Great Limber Village Hall, DN37 8JY.**

**Car parking, Signing on, Numbers and Refreshments at HQ**

**(PLEASE ONLY PARK IN THE CAR PARK, DO NOT PARK IN THE STREET)**

Timekeepers: - Maureen Silcox and Janice & Karen Wakefield

Marshals, Result board and Refreshments: - Members and Friends of Lindsey Roads Cycling Club.

Event Organiser: Paul Wakefield,15 Poplar Road, Healing. Grimsby DN41 7RE

Tel: 01472 507569

**Please avoid parking in the Finish area lay-bye**

In the interests of your own safety Cycling Time Trials and the event promoters advise riders to wear a hard shell helmet that meets an internationally accepted standard. It is also recommended that a working rear light either flashing or constant be fitted to your cycle in a position visible to following road users and is active while the cycle is in use.