



Cramlington CC

Open 10 mile TT

Saturday 19th May 2018

Course M101

First rider 8.01am

Timekeepers - Sharon Dyson, Peter & Frances Schultz

Event Secretary - John Hopper

7 Winton Close

Seghill

Northumberland

NE23 7RU

hopper2112@gmail.com

Tel. 0754 3662652



**Promoted for and on behalf of
Cycling Time Trials under their rules
and regulations.**

Race HQ

East Hartford Community Centre,
Scott Street,
East Hartford,
Cramlington
NE23 3AP.

There is parking in the local streets around the community centre, but we ask you to be respectful of the local residents as the community centre is located on a residential street.



Signing on

Each rider must sign the sign-on sheet before collecting the designated number. Each rider must sign for themselves and nobody else. Once the course has been completed, please hand the numbers back at the HQ and sign yourself out. Any juniors, who have not completed a parental consent form, must do so before signing on.

Riders will be able to sign on from 7.15am.

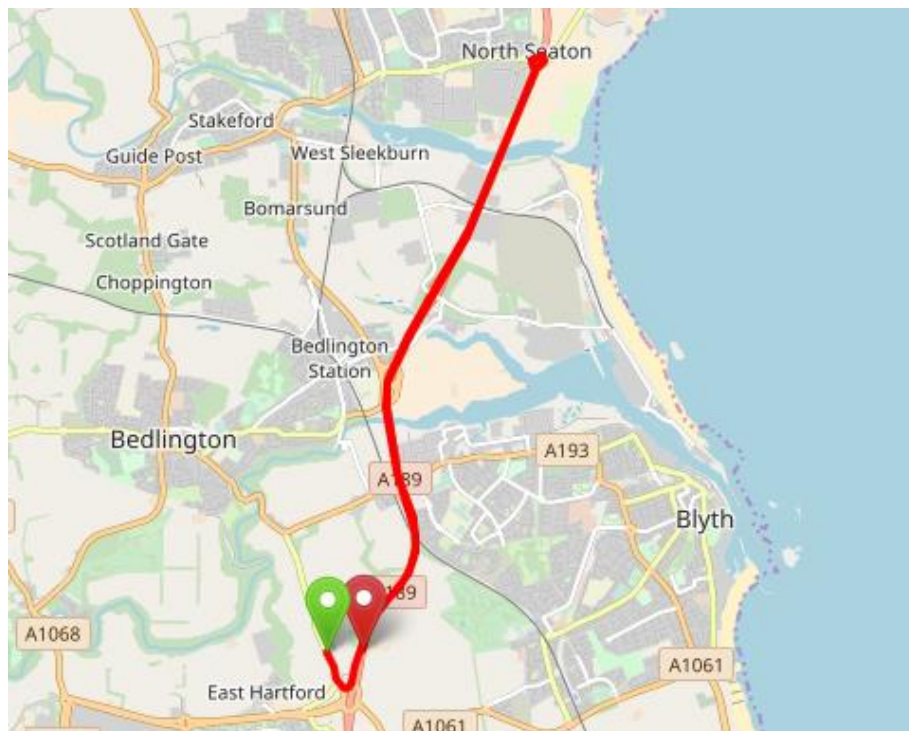
Refreshments

Refreshments will be available at the HQ after the event.

The M101 course

Three Horseshoes – North Seaton – Three Horseshoes

- Start at beginning of church wall on Horton Road B1505.
- Proceed to Three Horseshoes roundabout (0.295m) taking first exit onto A189 north bound.
- Proceed to North Seaton (Sandy Bay) roundabout.
- Encircle and retrace to FINISH on slip road to A192, opposite metal post.





Safety notes

Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users. All riders are responsible for their own safety.

We are asking all competitors heading to the start to be mindful of other competitors racing and neither impede nor assist them, whilst also being aware of other road users.

CTT Principles & Guidelines

For and on behalf of Cycling Time Trials under their Rules & Regulations:

All riders are responsible for their own safety

You must obey the rules of the road & obey all traffic signs, signals & direction indicators

It is your responsibility to ensure that your machine is roadworthy & that you ride safely at all times.

You must look ahead and not ride with your head down.

You must not take pace or shelter from any other vehicle or competitor (no drafting).

No warming up on the course once the event has started.

No dismounting by riders in finishing area.

No U turns to be made by riders in the vicinity of the timekeeper at the start.

Failure to comply with the above may lead to **disciplinary action** being taken.

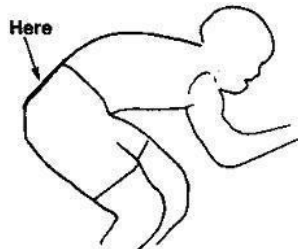
Keep your head up and please have a safe ride – Cramlington CC.

In the interests of your own safety, we recommend that all competitors wear a hard shell helmet and use a working rear light.

To assist the timekeeper at the finish line can please ensure that your number is correctly placed and visible from the rear in line with CTT regulations as shown below. If your number is too high, the time keepers will not be able to see it. "The number shall be centrally positioned below the waist



so as to be clearly visible from the rear when in his normal riding position. Position number as shown:”



Any additional safety information will be provided on the day, at the sign on HQ.

Event prizes

Class	1 st Place	2 nd Place	3 rd Place
A	£20	£10	£5
B	£20	£10	£5
C	£20	£10	£5
D	£20	£10	£5
E	£20	£10	£5
F	£20	£10	£5
G	£20	£10	£5

Bib	Start time	Name	Club	Gender	Age	Class
1	08:01	Adam Wilson	Cramlington CC	Male	38	A
2	08:02	Sam Dodd	Barnesbury CC	Male	33	D
3	08:03	Mark Breeze	Breeze Bikes RT	Male	44	C
4	08:04	keith davison	Hadrian R.T	Male	56	C
5	08:05	Tim Humphries	Team Swift	Male	53	A
6	08:06	Tom Guy	Sunderland Clarion	Male	62	C
7	08:07	Paul Robson	Houghton CC	Male	55	D
8	08:08	Gemma Hutchins	Blaydon CC	Female	39	E
9	08:09	Jo Short	Darlington Cycling Club	Female	54	G
10	08:10	Liam Beaty	Hawick Cycling Club	Male	32	A
11	08:11	Stewart Burke	Team Andrew Allan Architecture	Male	35	B
12	08:12	Roger Clarke	Tyneside Vagabonds CC	Male	47	C

Cramlington CC

13	08:13	Julian MacBride	Blaydon CC	Male	34	B
14	08:14	Peter Herdman	Blaydon CC	Male	47	C
15	08:15	Steven Fullerton	Darlington Cycling Club	Male	50	A
16	08:16	Paul Tyler	Ferryhill Whs	Male	60	D
17	08:17	Martin Heardman	Gosforth RC	Male	54	D
18	08:18	Iain Katz	Tri Northumberland (Tri North)	Male	34	E
19	08:19	Sara Cummings	Blaydon CC	Female	45	G
20	08:20	Shaun Tyson	Adept Cycling	Male	47	A
21	08:21	Chris Mather	Derwentside CC	Male	41	B
22	08:22	John Routledge	Barnesbury CC	Male	36	B
23	08:23	Phil Watson	Hadrian R.T	Male	49	C
24	08:24	Kevin Hall	Sunderland Clarion	Male	47	C
25	08:25	Nev Martin	GS Metro	Male	59	A
26	08:26	Gregor Sharp	Hawick Cycling Club	Male	50	D
27	08:27	Lee Statham	Houghton CC	Male	43	D
28	08:28	Martin Rasmussen	Tyneside Vagabonds CC	Male	50	E
29	08:29	Jonathan Watson	Cramlington CC	Male	46	G
30	08:30	Dan Meggison	GS Metro	Male	27	A
31	08:31	David Nearney	South Shields Velo Cycling Club	Male	26	B
32	08:32	Rick Mitford	Cestria C.C.	Male	59	B
33	08:33	Mark Herbert	Derwentside CC	Male	51	C
34	08:34	Josh Craven	Muckle Cycle Club	Male	18	C
35	08:35	Russ Richardson	Teesdale CRC	Male	60	A
36	08:36	Jamie Ruddell	Houghton CC	Male	37	D
37	08:37	David Swainson	Derwentside CC	Male	45	D
38	08:38	Neil Wilkinson	Cestria C.C.	Male	49	E
39	08:39	Mick Bradshaw	GS Metro	Male	67	G
40	08:40	Adam Wild	GS Metro	Male	20	A
41	08:41	Craig Fenwick	Team Swift	Male	45	B
42	08:42	Jamie Johnson	Barnesbury CC	Male	24	B
43	08:43	Neil Foster	Adept Cycling	Male	57	C
44	08:44	Paul Rider	Tyneside Vagabonds CC	Male	56	C
45	08:45	Mark Robertson	Army Cycling Union	Male	31	A
46	08:46	Ian Elliot	Hawick Cycling Club	Male	68	D
47	08:47	Christopher Beaty	Allen Valley Velo	Male	35	D
48	08:48	Adam Harrison	Barnesbury CC	Male	36	F
49	08:49	Angela McGurk	Blaydon CC	Female	37	G
50	08:50	Harry Walker	Team Swift	Male	49	A
51	08:51	Sean Kennedy	North Tyneside Riders CC	Male	29	B
52	08:52	Steven Walker	Hawick Cycling Club	Male	33	B
53	08:53	Colin Humphrey	Houghton CC	Male	51	C
54	08:54	Keith Sibbald	Cramlington CC	Male	46	C
55	08:55	Morgan Anderson	Bioracer-Project GO	Male	20	A



56	08:56	Ted Scurr	Hartlepool CC	Male	74	D
57	08:57	Colin Gardener	Flyte Racing	Male	58	D
58	08:58	Phil Cook	Cestria C.C.	Male	43	F
59	08:59	Gareth Davies	Barnesbury CC	Male	57	G
60	09:00	Thomas Gilbert	Team Newcastle Triathlon	Male	33	A
61	09:21	Shaun Wilkinson	Muckle Cycle Club	Male	30	C
62	09:02	Ali Bailey	GS Metro	Male	25	B
63	09:03	Mark Atkinson	Cramlington CC	Male	38	C
64	09:04	Bill Maxwell	Border City Whs CC	Male	70	C
65	09:05	Ross Walton	GS Metro	Male	31	A
66	09:06	Mark Ambury	Cramlington CC	Male	48	D
67	09:07	Peter Smith	Hawick Cycling Club	Male	40	D
68	09:08	Bev Martin	GS Metro	Female	44	F
69	09:09	Neil Parkin	Derwentside CC	Male	45	D
70	09:10	Adam Jarps	Team Bottrill / Vanguard	Male	18	A
71	09:11	Michael Todd	Derwentside CC	Male	34	B
72	09:12	Alan Lang	Hartlepool CC	Male	60	B
73	09:13	Greg Charlton	Muckle Cycle Club	Male	40	C
74	09:14	David Symes	Blaydon CC	Male	41	C
75	09:15	Thomas Hutchinson	Tyneside Vagabonds CC	Male	22	A
76	09:16	Richard Tyson	Rock to Roll CC	Male	50	D
77	09:17	Shaun Brannan	Muckle Cycle Club	Male	23	E
78	09:18	Richard Cleathero	North Racing	Male	40	F
79	09:19	Allen Armstrong	Sunderland Clarion	Male	81	G
80	09:20	Andrew Hall	GS Metro	Male	35	A
81	09:21	Harry Armstrong	Berwick Wheelers Cycling Club	Male	44	B
82	09:22	Ian Norris	Blumilk.com	Male	52	C
83	09:23	Kerry Gowland	Houghton CC	Female	40	C
84	09:24	Sebastian Stockbridge	Blaydon CC	Male	34	C
85	09:25	David Beattie	Hawick Cycling Club	Male	37	A
86	09:26	Jock Bolam	Breeze Bikes RT	Male	50	D
87	09:27	David Ballantyne	EMC Cycling	Male	56	E
88	09:28	Dennis Fuller	GS Metro	Male	73	G
89	09:29	Neil Pendrich	SVTTA	Male	47	A
90	09:30	Craig Haslam	Muckle Cycle Club	Male	44	A
91	09:31	Darren Williamson	Muckle Cycle Club	Male	48	B
92	09:32	Nick Badcock	Allen Valley Velo	Male	35	C
93	09:33	Philip Kennell	Gosforth RC	Male	51	C
94	09:34	Ross Gray	Allen Valley Velo	Male	32	C
95	09:35	Russell McLean	Beacon Wheelers	Male	39	A
96	09:36	Kyle Spenc	Tyneside Vagabonds CC	Male	22	D
97	09:37	Stefan Hurst	Charlotteville Cycling Club	Male	28	E
98	09:38	Paul Mitchell	Blaydon CC	Male	42	G



99	09:39	Simon Emsley	Derwentside CC	Male	46	B
100	09:40	Ben Lane	GS Metro	Male	47	A
101	09:41	David Burgher	Kelso Wheelers Cycling Club	Male	47	B
102	09:42	Raymond Bell	Derwentside CC	Male	68	E
103	09:43	John Willis	Wansbeck CC	Male	57	C
104	09:44	Stephen Locker	VO2MAX Race Team	Male	47	C
105	09:45	Marinus Petersen	Team NBCC	Male	19	A
106	09:46	Mark Tully	Sunderland Clarion	Male	29	D
107	09:47	Teri Wishart	GS Metro	Female	40	E
108	09:48	Carrie Brookes	North Tyneside Riders CC	Female	43	G
109	09:49	Paul Wright	Blaydon CC	Male	38	C
110	09:50	Collin Humphrey	Derwentside CC	Male	39	A
111	09:51	Justin Ramel	Blaydon CC	Male	46	B
112	09:52	Colin Atkinson	Muckle Cycle Club	Male	51	C
113	09:53	Brian Ward	Team Profound SB	Male	38	C
114	09:54	Patrick Deane	Tyneside Vagabonds CC	Male	52	D
115	09:55	James Meadows	Cleveland Wheelers CC	Male	29	A
116	09:56	Steven Craggs	Blaydon CC	Male	34	B
117	09:57	Mark Whaley	Blaydon CC	Male	47	D
118	09:58	Craig Foley	Tricademy	Male	43	E
119	09:59	Matthew Sherman	Cramlington CC	Male	28	G
120	10:00	Carl Donaldson	GS Metro	Male	37	A
121	Reserve	Stephen Kerr	Sunderland Clarion	Male	58	