



**"Slowest 120" 25 Mile Time Trial - Saturday, 19 May 2018 at 2pm**

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

***Secretary***

Heather Bamforth, 26 Debenham Road, Stretford, Manchester, M32 9DG

Tel: 07979 577707

Email: [heather.bamforth@gmail.com](mailto:heather.bamforth@gmail.com)

***Timekeepers***

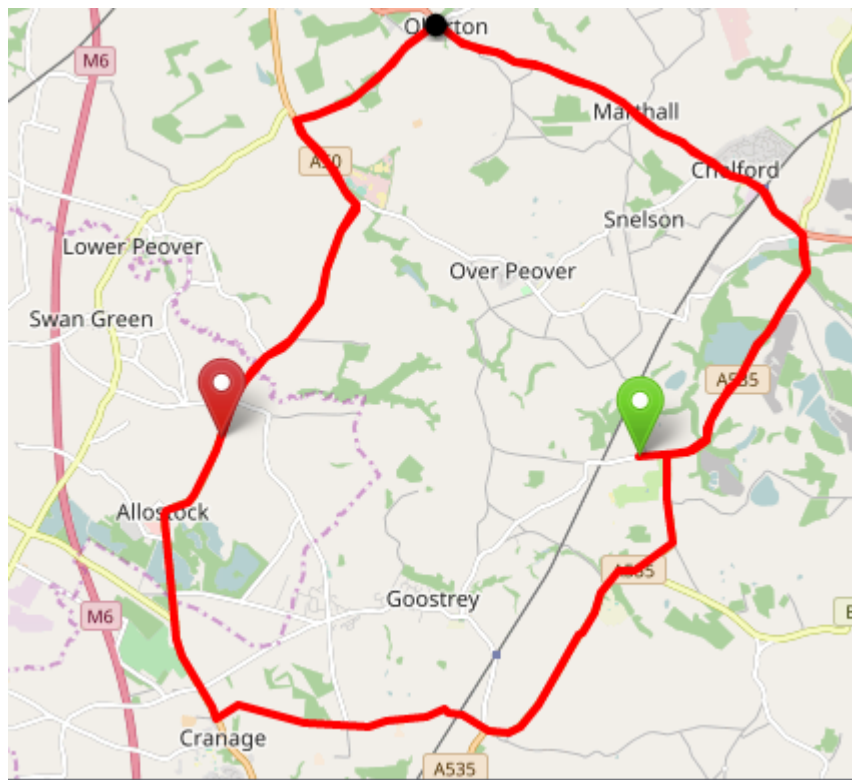
Graham Lawrence and Jim Williams

***Event HQ***

Goostrey Village Hall, The Old Paddock, Goostrey CW4 8PE Numbers will be at the HQ which will be open from 12.30 pm

***Course Details – J2/9***

The J2/9 course is as follows:



This map of the course can be found at <https://cyclingtimetrials.org.uk/courses/view/j2-9>



### **Course Description**

0.00 miles	Start on Bomish Lane (Badger Bank to Goostrey) at telegraph pole no 2 approx 300 yards west of the A535. Proceed east to the A535, turn left onto the A535 to...
2.169 miles	Chelford Island, take the second exit left on the A537 and proceed to...
5.219 miles	Ollerton Cross Roads, where turn left into Seven Sisters Lane and proceed to the T junction with the A50 where turn left onto the A50 and proceed to...
11.408 miles	Twemlow Lane at Cranage where turn left into Twemlow Lane and proceed to the junction with the A535 at Twemlow Green where turn left onto the A535 and proceed to...
18.064 miles	Chelford Island, take the second exit left on the A537 and proceed to Ollerton Cross Roads, where turn left into Seven Sisters Lane and proceed to the T junction with the A50 where turn left onto the A50 and proceed to...
25.000 miles	Finish at a J2/9 mark opposite the northern gate post of a field gate almost opposite the entrance to Mount Pleasant Nursing Home, approx 500 yards past the cross-roads after the Drovers Arms public house.

*Risk Assessment: a copy of the J2/9 course risk assessment will be available to read at the HQ.*

### **Notes regarding particular junctions**

- **Seven Sisters Lane**  
Riders must take extra care when exiting Seven Sisters Lane onto the A50.
- **Twemlow Lane**  
Be aware that there is a double bend shortly after turning into Twemlow Lane at Cranage. Riders need to anticipate this and be prepared to negotiate it in a safe manner. In wet weather the metal covers and edges become a skid risk. Please take care.
- **Chelford Island**  
Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg20 *[you MUST NOT be on your aero bars when approaching and/or crossing the roundabout]* and the rules of the road. Riders must be able to brake at the island if traffic conditions require this. Riders must not approach and encircle the island using tri-bars. Remember that traffic already on the island has priority over traffic (including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

### **Numbers, Signing On & Signing Off**

All Competitors **MUST SIGN ON** when collecting your number (Sign on sheet is in the HQ) and **SIGN OFF** after the event. Body numbers should be positioned at your lower back so that the timekeepers and marshals can see them, with arm numbers being placed on your **RIGHT** shoulder.



### ***Car Parking***

Car parking at the village hall is for competitors only. There will be signage on the day directing all spectators and supporters to the overflow car park. Please note parking on the road outside the HQ (on Main Road) is not permitted.

There is NO PARKING at either the Start or finish. Vehicles must not be parked, however briefly, in the access to Mount Pleasant Nursing Home at the finish.

Anyone who is perceived by our observers to be having the benefit of a following car will be reported.

### ***Directions to Start***

The start is approx. 1 mile from HQ. Turn right out of HQ car park and first left at the church (Church Bank). Bear right at fork after 600 yards then follow Bomish Lane (ignoring all side roads) for ½ mile to start. There will be signs directing riders from the HQ to the start. Allow AT LEAST 15 minutes to ride to the start.

### ***CTT Regulations***

- **Care at Road Junctions:** Riders must exercise care at all junctions. Any competitor whose riding causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.
- **No U Turns:** Riders must not make U turns within sight of the start or finish. Observers are watching.
- **Keep your head up** and observe local regulations pertaining to the course at all times
- **Pace must not be given or received:** The onus is on the overtaken rider to avoid this. Marshalls do not have the authority to control road users, so take care. Observers will be posted to ensure compliance with CTT Regulations.
- **Helmets:** in the interests of safety Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets with an internationally accepted safety standard. In accordance with Regulation 15 ALL Juvenile & Junior competitors must wear Protective Hard Shell Helmets.
- **Rear Light:** It is recommended that a working rear light, either flashing or constant, is fitted to the Machine in a position visible to following road users and is active whilst the machine is in use.
- **Clothing:** please be aware that tri-suits are not permitted in CTT events – shoulders must be covered.



### **Prize List**

Men	Women
<b>Overall</b>	
1 <sup>st</sup> - £30	1 <sup>st</sup> - £30
2 <sup>nd</sup> - £20	2 <sup>nd</sup> - £20
3 <sup>rd</sup> - £10	3 <sup>rd</sup> - £10
Fastest Team of 3	Fastest Team of 2
£10 per rider	£10 per rider
<b>Age Categories</b>	
1 <sup>st</sup> over 55 - £10	1 <sup>st</sup> under 23 - £10 (including juniors)
1 <sup>st</sup> over 60 - £10	1 <sup>st</sup> over 40 - £10
1 <sup>st</sup> over 65 - £10	1 <sup>st</sup> over 45 - £10
1 <sup>st</sup> over 70 - £10	1 <sup>st</sup> over 50 - £10
<b>Spot Prizes – to be awarded on the day</b>	
Prince Harry prize	Meghan Markle prize
<b>Spot Prizes (not gender specific!)</b>	
Nearest to 1:00:00	£10
Nearest to 1:10:00	£10
Nearest to 1:20:00	£10
FA Cup Winner	Marshals' spot prize

\*\*\*One rider, one prize, except team event\*\*\*

### **Notes**

This event may be subject to doping control.

Please note that for 2017 all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do will result in the competitor being recorded as DNF. Race numbers required for doping control will be displayed adjacent to the result board.

### **Sponsored Clubs**

- Warrington RC: RS Cyclesport / Horton Light Engineering
- Vision Racing: Delamere Dairy/GRM Property Conslts/Swinnerton Cycles

### **Event Secretary**

Heather Bamforth, 26 Debenham Road, Stretford, Manchester, M32 9DG; Tel: 07979577707



### Starting Order

No	Start Time	Firstname	Lastname	Club	Category
1	14:01:00	Adele	Reynolds	Macclesfield Wheelers	V60
2	14:02:00	Peter	Jackson	Macclesfield Wheelers	
3	14:03:00	Carl	Farrow	Macclesfield Wheelers	
4	14:04:00	Stuart	LLOYD	Frodsham Wheelers	
5	14:05:00	Richard	Perry	Mersey Tri	V70
6	14:06:00	Graeme	Evans	Mersey Roads Club	
7	14:07:00	Richard	Shaw	Seamons CC	
8	14:08:00	Mark	Pilling	Macclesfield Wheelers	
9	14:09:00	James	Lawley	Barrow Central Wheelers	V65
10	14:10:00	Eddie	Humphreys	Loughborough Phoenix CC	
11	14:11:00	Derek	Black	Wigan Whs CC	
12	14:12:00	Kate	Broadbent	Manchester Triathlon Club	
13	14:13:00	Amy	Edwards	Chester Triathlon Club	LV45
14	14:14:00	Polly	Wilding	Congleton CC	LV40
15	14:15:00	David	Steele	Lyme Racing Club	V70
16	14:16:00	Jan	Scotchford	North Lancashire Road Club	LV50
17	14:17:00	John	Westhead	Paramount CRT	V60
18	14:18:00	Alexander	Munro	SVTTA	V70
19	14:19:00	Steve	Marlow	Weaver Valley CC	V60
20	14:20:00	Nigel	Wood	Vision Racing	LV50
21	14:21:00	Karen	Helsby	The Racing Chance Foundation	
22	14:22:00	Karen	Radband	Team Glow	
23	14:23:00	Lynne	Skellern	Macclesfield Wheelers	
24	14:24:00	Janet	Grint	Stockport Tri Club(2017)	LV40
25	14:25:00	Nev	Ashman	Manchester Velo Cycle Racing Club	V70
26	14:26:00	Ian	Barnett	Chorley Cycling Club	LV45
27	14:27:00	Simon	Davis	VTTA (Midlands)	
28	14:28:00	Julia	Smith	Port Sunlight Wheelers	
29	14:29:00	Chris	Hanson-Jones	Frodsham Wheelers	
30	14:30:00	Rachel	Connerney	Cyclesport International RT	Junior
31	14:31:00	Corinne	Side	The Racing Chance Foundation	
32	14:32:00	Paul	Connor	Weaver Valley CC	
33	14:33:00	Roy	Nield	East Lancashire RC	
34	14:34:00	Katie	Helsby	The Racing Chance Foundation	LV40
35	14:35:00	Steve	McQuade	Crewe Clarion Whs	
36	14:36:00	Karen	Bailey	East Lancashire RC	
37	14:37:00	Liam	Kwan	Stretford Wheelers CC	
38	14:38:00	Andrew	Woolley	Weaver Valley CC	V65
39	14:39:00	George	Aldridge	Birkenhead North End CC	
40	14:40:00	Mark	Pryal	Seamons CC	
41	14:41:00	John	Leach	Rossendale RC	
42	14:42:00	Douglas	Holmes	Chorley Cycling Club	V55
43	14:43:00	Emily	Martin	Weaver Valley CC	
44	14:44:00	Gavin	Lynch	Glossop Kinder Velo Cycling Club	
45	14:45:00	David	Ireland	East Lancashire RC	
46	14:46:00	Lee	Wood	Congleton CC	
47	14:47:00	Ian	Casson	Birkenhead Victoria CC	LV45
48	14:48:00	Natasha	Smith	Velo Schils Interbike RT	



49	14:49:00	David	Hilditch	Ribble Valley C&RC	V65
50	14:50:00	Stuart	Blackburn	Springfield Financial Racing Team	
51	14:51:00	David	Golden	Army Cycling Union	V55
52	14:52:00	Liam	Pilkington	North Cheshire Clarion	
53	14:53:00	Adrian	Tasker	Stafford RC	V55
54	14:54:00	David	Fox	Warrington Road Club	V55
55	14:55:00	Mark	Brown	Seamons CC	
56	14:56:00	Clive	Wilkinson	Birkenhead North End CC	
57	14:57:00	Peter	Howarth	Stretford Wheelers CC	V55
58	14:58:00	Paul	Lewis	Warrington Triathlon Club	
59	14:59:00	Ronan	O'Cualain	Seamons CC	
60	15:00:00	Nick	Wallwork	The Racing Chance Foundation	
61	15:01:00	Deborah	Moss	Team Merlin	LV45
62	15:02:00	Tim	Marshall	Seamons CC	
63	15:03:00	Alan	Broadbent	Peak Road Club	
64	15:04:00	David	Wright	Warrington Road Club	V55
65	15:05:00	Nathan	Astley	Manchester Wheelers	
66	15:06:00	Tony	Perrin	Stone Wheelers CC	V55
67	15:07:00	Steve	Downey	Pirate juice cc	
68	15:08:00	Steven	Hazeldine	Stone Wheelers CC	
69	15:09:00	Martin	Wiggan	Seamons CC	
70	15:10:00	Bradley	Murphy	Wills Wheels Cycling Club	
71	15:11:00	Kelvin	Milward	Congleton CC	V55
72	15:12:00	Steffan	North	Wills Wheels Cycling Club	
73	15:13:00	Adam	Darby	Salford Cycling Club	
74	15:14:00	Daniel	Burrows	Wigan Whs CC	
75	15:15:00	Peter	Rogers	Manchester Triathlon Club	
76	15:16:00	Christian	Fox	Manchester Wheelers	
77	15:17:00	James	Willetts	Team JMC	
78	15:18:00	Andy	Gray	Wills Wheels Cycling Club	
79	15:19:00	Hetty	Niblett	Mid Shropshire Wheelers	Espoir
80	15:20:00	Jack	Green	Velotik Racing Team	
81	15:21:00	Zoe	Whiteside	Team Bottrill / Vanguard	LV40
82	15:22:00	Stephen	Turner	Westmead Team 88	V55
83	15:23:00	Matt	Yardley	Macclesfield Wheelers	
84	15:24:00	Mark	Donnelly	Birkenhead North End CC	
85	15:25:00	Andy	Ashurst	Manchester Wheelers	
86	15:26:00	Jim	Duffy	Weaver Valley CC	
87	15:27:00	Scott	Leverington	Springfield Financial Racing Team	
88	15:28:00	Kevin	Larmer	Port Sunlight Wheelers	
89	15:29:00	Eric	Grill	AeroCoach	
90	15:30:00	Alan	Chorley	Seamons CC	
91	15:31:00	Matt	Stell	Springfield Financial Racing Team	
92	15:32:00	John	Morgan	Coveryourcar.co.uk RT	
93	15:33:00	Darren	Maironis	Velotik Racing Team	

The Racing Chance Foundation would like to thank friends and members of the Racing Chance Foundation for their assistance in promoting this event. We would also like to thank the riders for supporting our event.