



WEST PENNINE ROAD CLUB



Affiliated:-CTT,NLTTA,BCF,MDLCA

10 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Saturday 12th May 2018

Event Sec. Denis Thompson,147 The Thimbles Thimble Close Rochdale OL129RA Tel,07581 181499

Timekeepers, Mr Richard Taylor and Mr David Brown

Event H.Q. Sawley Village Hall BB7 4LE H.Q. Will be open from 5.00pm

First Rider off at 18.01

AWARDS

1st Fastest £25	VET 40 £10	1st Lady 10
2nd Fastest £20	VET 50 £10	1st Lady Vet £10
3rd Fastest £15	VET 60 £10	1st Junior £10
4th Fastest £12	VET 70 £10	
5th Fastest £10	VET 80 £10	

Fastest Team 3@ £5 each

One rider one prize except for team prize

COURSE L109

START on the A59 Clitheroe to Gisburn road at top of Sawley Brow at a point in line with a metal gateway at the western end of a large lay-by on the south side of road.

Proceed south west along the A59 to turn at first roundabout, junction with A671(Clitheroe),(5.74m).Retrace along the A59 to finish at lamppost No778 approximately 50 yards before the junction with local road to Chatburn. (10.00 MILES)

Directions to start turn left out of village hall car park at the end of road turn left to top of Sawley brow start is on the right at end of lay-by there is extra parking in the lay-by.

Cycling Time Trials North D.C.

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38 Any breaches may lead to disciplinary action being taken.

CTT Regulation 17 :Signing on Sheet and Signing-Out Sheet :

- (a) The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing on sheet when collecting their number**
- (b) In Type A events a competitor must return to the events H.Q. either during the event or within a reasonable time after the last rider has finished the event and must (i) return their number and (ii) sign the official Signing-Out Sheet**

Local Reg NO 5

In ALL events competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.

Local Reg No 6

Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

Local Reg No 15

Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

IN ADDITION TO THE ABOVE.

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish (This constitutes obstruction and is a breach of Regulations).

Riders must not ride with their heads down.

HELMETS:

All competitors under the age of 18 and/or JUNIORS must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised standard (see regulation 15) . Cycling Time Trials strongly recommends All competitors to wear such a helmet.

Competitors Machine – Lights.

CTT recommends that a working rear light ,either flashing or constant ,is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.

The Signing On /Signing Out Sheet and course risk assessment sheet will be located at the village hall failure to sign out will result in the rider being given D.N.F..

THERE WILL BE DRINKS AND FOOD AVAILABLE AFTER THE EVENT DONATIONS WILL BE APPRECIATED.

HAVE A SAFE AND ENJOYABLE RIDE

