



**CYCLING TIME TRIALS**  
the national governing body for CYCLING road time trials  
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North East

District

## **Course M12**

**Stamfordham - Black Heddon - Ingoe - Matfen - Stamfordham**

**12 Miles**

Start ½ mile north of Stamfordham on the B6309. Proceed north to Black Heddon, and bear left to crossroads Belsay-Wallridge. Turn left to Wallridge, left towards Ingoe left to Matfen, left to Stamfordham, and left towards Black Heddon to Finish ½ mile north of Stamfordham on the B6309.

Riders Safety notes:

- Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users.
- Take extreme care at road junctions, on descents, and when passing through villages.
- In wet or frosty conditions, descents and sharp bends can be particularly hazardous and should be negotiated with extreme care
- Keep to the left at all times, and especially so on narrow roads with right hand bends.
- No U-turns to be made in the vicinity of the timekeeper.
- No dismounting in the finishing area.

**Note to organiser: All of the above listed information to be included in the start sheet.**

### **Note to all riders:**

**Due to the recent weather conditions, the general condition of road surfaces can be poor. Numerous broken sections and/or potholes are likely on the course in some degree or other.**

**It is the rider's responsibility to take care of his line and be aware of the road conditions ahead.**

**Assessment Date: May 2018**

## **Risk Assessment**

**General Requirements:**

- **All officials / marshals / helpers to wear fluorescent jackets or high visibility clothing.**
- **Marshals are to be briefed as to the extent of their roles / duties prior to the event.**
- **Starting Officials/Timekeepers to advise riders of specific sections of course to be aware of, as identified on the race day course risk day assessment.**

	<b><u>Location</u></b>	<b><u>Risk</u></b>	<b><u>Measures to reduce risk to low</u></b>
1	M12 START - hill top ½ mile north of Stamfordham on the B6309.	M	i)Cycle event sign positioned approx. 200 metres before the start.  ii)Cycle event sign positioned approx. 200 metres after the start to alert traffic approaching from the direction of Black Heddon.
2	B6309 – Two sharp bends before Blackheddon	M	A red flag positioned at an appropriate distance before each bend
3	B6309 at Black Heddon - Minor road on left (bear left on to minor road).	M	i)Marshal. ii)Direction sign. iii)Cycle event sign positioned approx. 50 metres to the right of the junction on the B6309 at telegraph pole A78 to alert traffic approaching from the direction of Belsay.
4	Minor Black Heddon to Wallridge road – turn left at Belsay – Wallridge Crossroads	M	i)Marshal. ii)Direction sign. iii)Cycle event sign positioned approx. 100 metres to the right of the crossroads to alert traffic approaching from the direction of Belsay.
5	Minor Wallridge to Kirkheaton road – minor road on left towards Ingoe (left turn).	L	i)Marshal. ii)Direction sign.
6	Minor Ingoe to Ryal road - Sharp right hand bend on descent at Ingoe.  Observation: Road markings indicating the direction of course route are not distinct and a direction sign would eliminate any doubts by riders.	M	i)Direction sign. ii)Cycle event sign positioned approx. 30 metres to the left of the bend on the very minor road to alert traffic approaching from the direction of Ingoe.
7	Minor Ingoe to Ryal road - Sharp left hand bend after Ingoe.	M	i)Red flag positioned at an appropriate position before the bend ii)Direction sign. iii)See also safety notes to riders.
8	Minor Ingoe to Ryal road - T-junction with Ryal to Matfen road (left turn).	M	i)Marshal. ii)Direction sign. iii)Cycle event sign positioned approx. 100 metres to the right of the T-junction to alert traffic approaching from the direction of Ryal.
9	Minor Ryal to Matfen road - exit on left from small housing estate on outskirts of Matfen.	M	Cycle event sign positioned on the minor road at wall / grass verge directly opposite exit from The Oaks housing estate.
10	Minor Ryal to Matfen road - T-junction in Matfen (turn left).	M	i)Marshal. ii)Direction sign. iii)Cycle event sign positioned approx. 75 metres to the right of the T-junction to alert traffic approaching from the direction of Corbridge.
11	Minor Matfen to Stamfordham road - minor road on left in Stamfordham towards Black Heddon (bear left).	L	Direction sign.

	<b><u>Location</u></b>	<b><u>Risk</u></b>	<b><u>Measures to reduce risk to low</u></b>
12	Minor road in Stamfordham - T-junction with B6309 (turn left).	M	i)Marshal. ii)Cycle event sign positioned approx. 75 metres to the right of the T-junction on the B6309.
13	M12 FINISH - hill top ½ mile north of Stamfordham on the B6309.	M	i)See START ii)See also safety notes to riders.

**Recommendation only: Whenever possible marshals should be able to communicate with the organiser by mobile phone in case of accident or incident.**