



www.sussexca.org.uk

Sussex Cyclists' Association



2018 PRESIDENT – KATHY COLLARD-BERRY – ...a3crg

Open 10 mile Time Trial Saturday 5th May 2018
Course G10/97

Incorporating Sussex Individual, Veterans and Team Championships

Event Secretary: Jon Fry

Flat 4 Stanmore House, 118 - 120 High Street

Billingshurst, West Sussex RH14 9QS

Email: jmfry@live.co.uk

Tel: 01403 783438 (or 07881 345549 on day of event)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

HQ

Steyping Centre

Fletcher's Croft
Steyping
West Sussex

Postcode BN44 3XZ

Open from 06:00



Plenty of parking is available.

Free till 09:00 then pay and display (or Horsham annual parking disc), or park in road by church for free.

Thank you in advance for not wearing cycling shoes or cleats in the hall.

Numbers at HQ only. After the event please return your race number to the event HQ and complete the sign-out sheet in exchange for a cup of tea or coffee.

HQ to start: 1.83 miles

Finish to HQ: 1.42 miles

Route to start:

Left out of the car park to the mini roundabout, then right onto the High Street. Proceed North to the A283 junction. Left and continue West on A283 for 0.7 miles.

Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

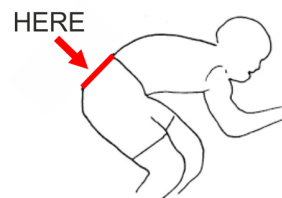
Observers: Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

Results: No times will be given out at the finish line.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



Additional Safety Instructions

Competitors must exercise extra care at the start and at all roundabouts.

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OFFICIAL TIME KEEPERS

Start: Mick Kilby
Finish: Mike Irons

Lewes Wanderers CC
Worthing Excelsior CC

Prizes

1 st	£30	1 st Lady	£30
2 nd	£20	2 nd Lady	£20
3 rd	£15		
4 th	£10		
5 th	£7		
1 st Veteran on CTT Target	£20	1 st Team of Three	£10 each
2 nd Veteran on CTT Target	£15	2 nd Team of Three	£7 each
3 rd Veteran on CTT Target	£10		

As a Championship event, this race includes a selection of Trophies, Cups and Medals to be awarded to Sussex CA Riders in various categories. This includes the 10 Mile Shield for the fastest overall and the Dave Henty Cup for the fastest team of three. Full details of all awards can be found on the [SCA Website](#) and will be presented at the annual Awards Presentation.

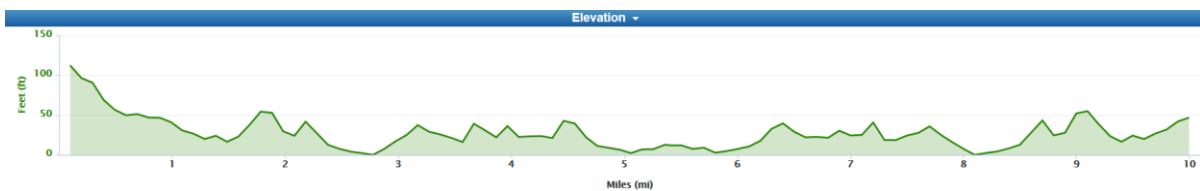
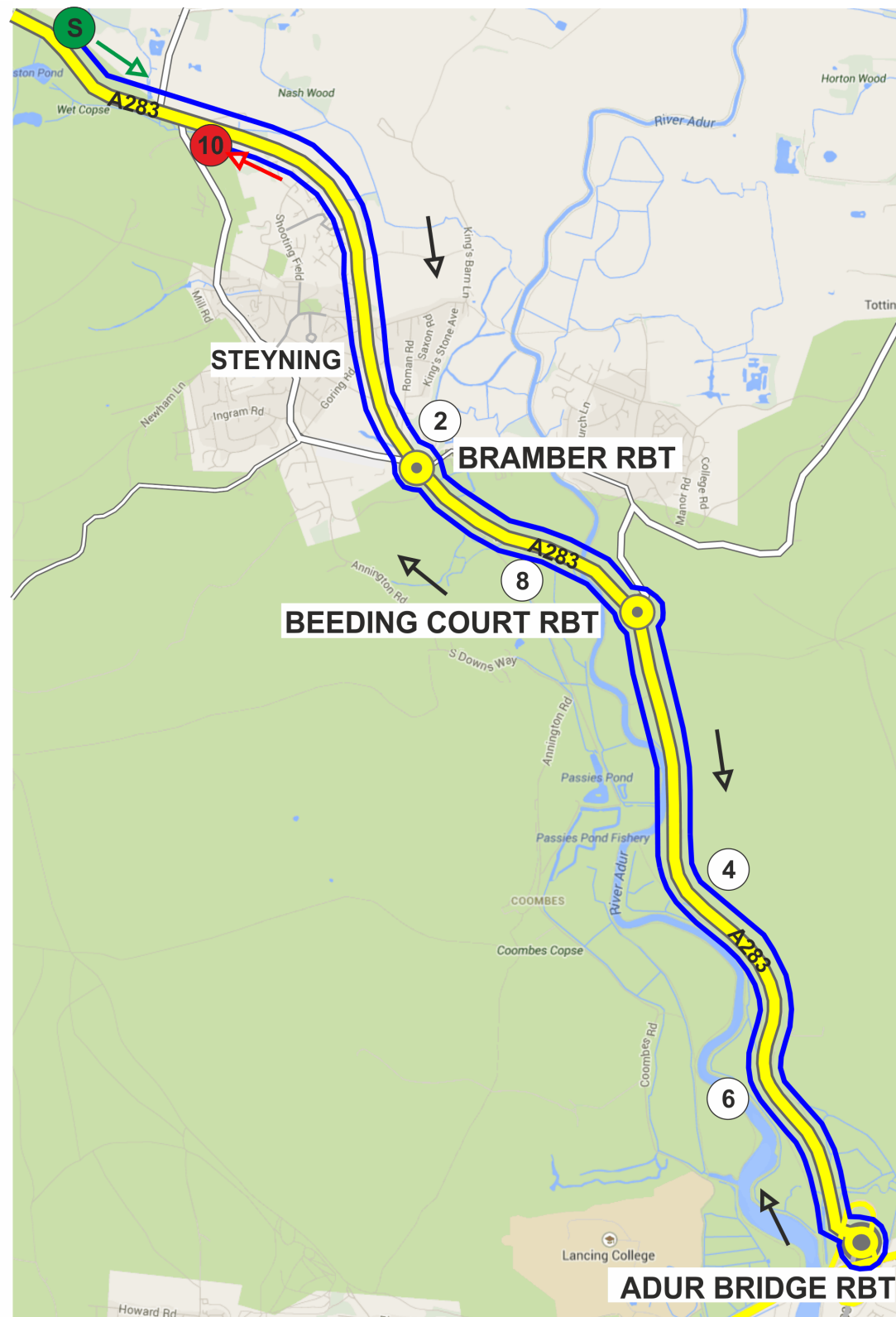
COURSE DIRECTIONS – G10/97

MILES

START on A283 at yellow paint mark 39 yards east of centre of entrance to Hammes Farm (and Studio) and 0.52 miles west of junction with B2135	0.00
Proceed south-eastwards along A283 via Bramber Castle and Beeding Court RBTs to Adur Bridge RBT, Shoreham where turn (CHECK)	5.41
Take fourth exit to retrace on A283 via Beeding Court and Bramber Castle RBTs to FINISH at yellow paint mark 25 yards west of “Public Bridleway” sign and 271 yards before left turn into Steyning	10.00

Link to Garmin Connect version of the course map [G10/97](#)

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Rider No	Start Time	Name	Club	Cat/ Age	CTT Tgt
1	07:01				
2	07:02				
3	07:03	colin toppin	Brighton Excelsior CC	V45	25:56
4	07:04	Robert Royle-Evatt	Addiscombe CC	V50	26:54
5	07:05	Kevin Plummer	South Downs Bikes / Casco Europe	V52	27:18
6	07:06	Mark Jones	GS Stella	V58	28:31
7	07:07	David Clements	Eastbourne Rovers CC	V46	26:07
8	07:08	Jack Smith	Brighton Mitre CC	S	
9	07:09	Jim Ford	Dorking Cycling Club	V54	27:42
10	07:10	Nick Dwyer	Lewes Wanderers CC	V54	27:42
11	07:11	Robert Rollings	Lewes Wanderers CC	S	
12	07:12	Rick Hughes	Worthing Excelsior CC	V55	27:54
13	07:13	Bruce English	Eastbourne Rovers CC	V53	27:30
14	07:14	Alan Robinson	Central Sussex CC	V77	32:47
15	07:15	nik allen	Worthing Excelsior CC	V46	26:07
16	07:16	Mark Bernhardt	GS Stella	V55	27:54
17	07:17	Iain Duncan	Crawley Wheelers	V46	26:07
18	07:18	Craig Swatton	Crawley Wheelers	S	
19	07:19	Jamie Smith	Brighton Mitre CC	V46	26:07
20	07:20	Mark Emsley	Crawley Wheelers	S	
21	07:21	John Tindell	Brighton Excelsior CC	S	
22	07:22	Tony Reeves	GS Stella	V46	26:07
23	07:23	Keith Butler	Bec CC	V56	28:06
24	07:24	Lucy Parsons	URDT	WS	
25	07:25	Angela Radden-Rutt	Horsham Cycling - 2nd claim	WS	
26	07:26	Robyn Yates	Addiscombe CC	WV55	29:35
27	07:27	Karen McGrath	Worthing Excelsior CC	WV56	29:48
28	07:28	Lisa Davis	Lewes Wanderers CC	WV43	27:06
29	07:29	Gina McGeever	Lewes Wanderers CC	WV46	27:42
30	07:30	Ruth Summerford	Eastbourne Rovers CC	WS	
31	07:31	John Mcgrath	Worthing Excelsior CC	V54	27:42
32	07:32	Ian Cheesman	Worthing Excelsior CC	V49	26:42
33	07:33	Anthony Brown	Horsham Cycling	V62	29:22
34	07:34	peter cottington	Bath Cycling Club	V56	28:06
35	07:35	Richard Gifford	trainSharp	V55	27:54
36	07:36	Matthew Andrews	Horsham Cycling - 2nd claim	V40	25:00
37	07:37	Sam Dix	In-Gear Quickvit Italy Bike Tours RT	V46	26:07
38	07:38	David Jones	Norwood Paragon CC	S	
39	07:39	Lee McGeever	Brighton Excelsior CC	V48	26:31
40	07:40	Howard Bayley	Blazing Saddles	V43	25:33
41	07:41	David Clark	Eastbourne Rovers CC	V49	26:42
42	07:42	Chris Jolliffe	Crawley Wheelers	V60	
43	07:43	paul blackmore	East Grinstead CC	V51	
44	07:44	Jonathan Morcombe	Brighton Mitre CC	V43	25:33
45	07:45	Steven Kane	Team ASL	S	

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46	07:46	Neil Crowther	Worthing Excelsior CC	V45	25:56
47	07:47	Dale Baldwin	Horsham Cycling	V41	25:11
48	07:48	Geoff Smith	Eastbourne Rovers CC	V67	30:28
49	07:49	Peter Horsfield	Redmon CC	V67	30:28
50	07:50	Simon McNamara	South Downs Bikes / Casco Europe	V43	25:33
51	07:51	Richard Weatherstone	C and N Cycles RT	V51	27:06
52	07:52	Mark Williams	Royal Air Force Cycling Association	V44	25:45
53	07:53	Mike Marchant	Southdown Velo	V60	28:57
54	07:54	Anthony Hall	Horsham Cycling - 2nd claim	S	
55	07:55	Howard Shaw	Eastbourne Rovers CC	S	
56	07:56	Brett Davis	Lewes Wanderers CC	V45	25:56
57	07:57	Simon Letts	Bognor Regis CC	V55	27:54
58	07:58	Roland Kitson	Horsham Cycling	V58	28:31
59	07:59	clive jackson	Central Sussex CC	V65	30:01
60	08:00	James Mapley	Blazing Saddles	S	
61	08:01	Mark Bashford	East Grinstead CC	S	
62	08:02	mark gower	South Downs Bikes / Casco Europe	V42	25:22
63	08:03	michael thyer	Sussex Nomads CC	V68	30:41
64	08:04	ben fielden	GS Stella	V76	32:32
65	08:05	Pete Morris	Team ASL	S	
66	08:06	Mike O'Gorman	Worthing Excelsior CC	V66	30:15
67	08:07	Chris Jones	Elite Cycling	V44	25:45
68	08:08	James Cheeseman	Crawley Wheelers	S	
69	08:09	Michael Johansen	London Dynamo	V62	29:22
70	08:10	Mark Smith	Crawley Wheelers	V44	25:45
71	08:11	Andy Tedd	South Downs Bikes / Casco Europe	V50	26:54
72	08:12	Tom Houghton	Brighton Excelsior CC	V46	26:07
73	08:13	Laurence Manning	Thames Velo	S	
74	08:14	Paul Thatcher	Brighton Mitre CC	V54	27:42
75	08:15	christopher mcnamara	Nuun-Sigma Sport-London RT	V43	25:33