



East Sussex Cycling Association

2018 President Robin Johnson – Brighton Mitre CC



ESCA 10m Time Trial – Saturday 21st April 2018 – G10/87

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Start Sheet

Event Secretary

Rob Pelham (Lewes Wanderers CC)

Propel Bikes, 216 High Street, Uckfield, East Sussex TN22 1RE

Telephone: 01825 768241

Email: robmpelham@gmail.com

Mobile: 07756 656595

Timekeepers

Tony Palmer (Worthing Excelsior CC) and **Richard Med** (Lewes Wanderers CC)

General Information

Event HQ

East Hoathly Sports Pavilion, London Road East Hoathly, East Sussex BN8 6QE – Open from 6am. Heading north on the A22, turn right at The Shaw Roundabout into London Road. The HQ is on the right, just before the village.

Car Parking

There is limited parking in the Sports Pavilion car park, when full please park sensibly on London Road – pavilion side only.

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Start

The start is less than a mile from the Sports Pavilion. Proceed out of the car park and turn right, and continue to South Street.

Signing Out

Please note that all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

Prize List

Fastest Overall

First	£30.00
Second	£25.00
Third	£20.00
Fourth	£15.00
Fifth	£10.00

Fastest Lady

First	£30.00
Second	£25.00

Fastest Juvenile

First	£15.00
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Fastest Age Category

not winning another individual prize

Under 35	£10.00
35 – 39	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 and over	£10.00

Fastest Team of 3

First	£15.00 each
Second	£10.00 each

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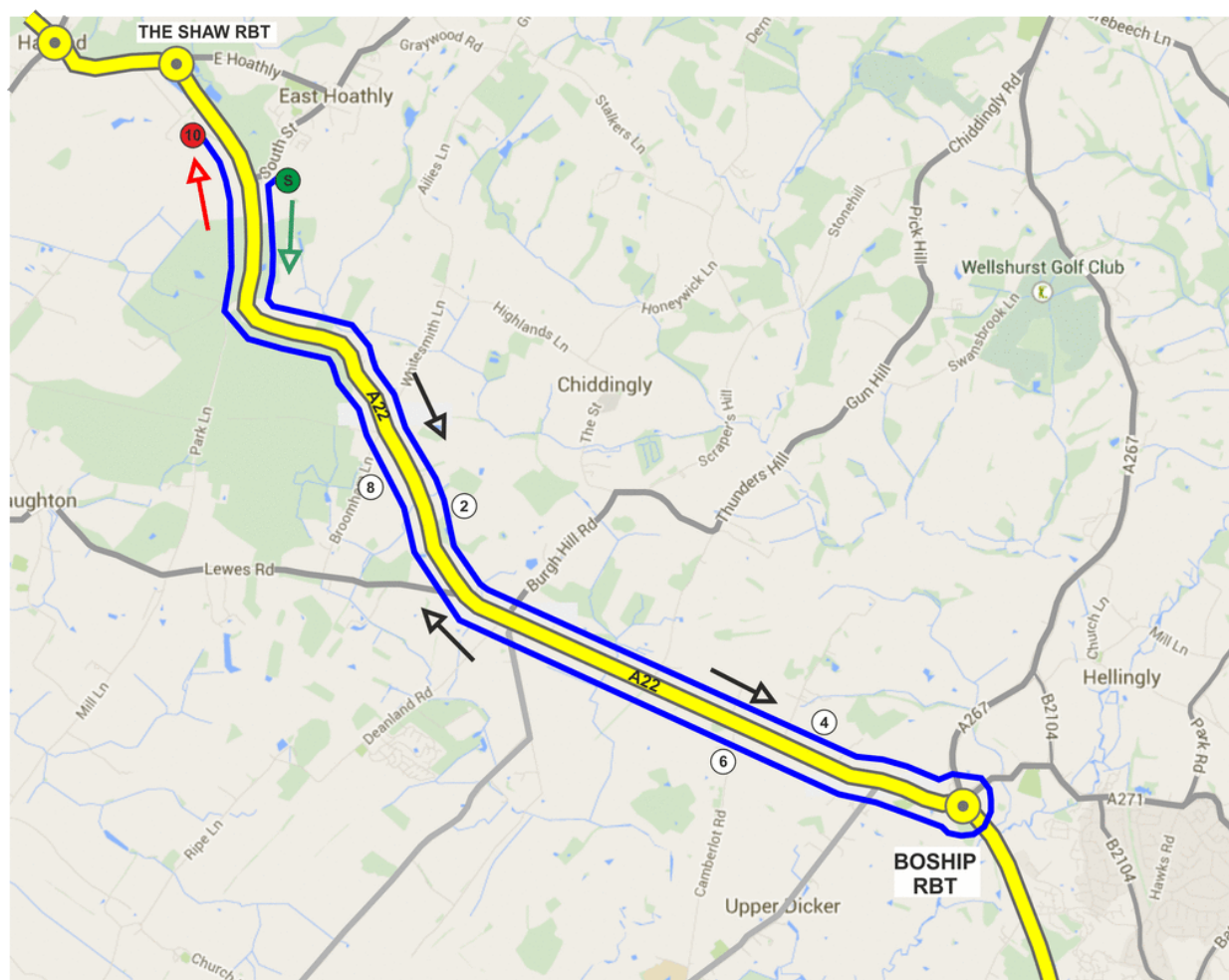
Course Details

G10/87 – East Hoathly – Whitesmith – Golden Cross - Boship – A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/g1087.html

OS Ref	Course G10/87	Distance
TQ517156	START in South Street, East Hoathly, at red arrow at drain 28 yards before T junction with East Hoathly by-pass	00.00m
TQ572112	LEFT and follow A22 through Whitesmith and Golden Cross to Boship RBT where TURN (Check)	04.90m
TQ513162	4th exit and retrace on A22 through Golden Cross and Whitesmith to FINISH at red arrow at second drain past field gate on East Hoathly by-pass just before first footpath crossing and 334 yards past right turn (South Street) for East Hoathly.	10.00m



Additional Safety Instructions

- Competitors must exercise extra care when turning LEFT just after Start and at the Boship roundabout
- No 'U' turns after finishing or riders will be disqualified** – after finishing, competitors MUST continue to The Shaw roundabout and take second exit (RIGHT) to return to Event HQ at East Hoathly Sports Pavilion.

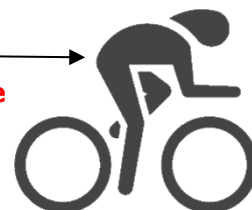
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Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.

Please pin
number here



This is a qualifying event for

ESCA Points Competition 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies Counts towards the fastest junior, fastest lady and the fastest team of three from an ESCA affiliated club over 10 miles – the best performance at either this, **or the September 10**, will be eligible for these awards at the annual prize presentation in January 2018

ESCA BAR Qualifying event for the ESCA lady, lady veteran and junior Best All Rounder competitions.

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA

Website

www.eastsussexca.org.uk/

Facebook Group

www.facebook.com/groups/EastSussexCA/

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Order of Start

Race No.	Start Time	Rider	Club	Gender	Cat	Age
1	07:01	Anita Turner	Eastbourne Rovers CC	Female	Veteran	47
2	07:02	Sue Collett	Lewes Wanderers CC	Female	Veteran	40
3	07:03	Olivia Webb	Eastbourne Rovers CC	Female	Veteran	49
4	07:04	Clare Parkholm	Lewes Wanderers CC	Female	Veteran	47
5	07:05	Kathryn Gohl	Lewes Wanderers CC	Female	Senior	35
6	07:06	Lisa Davis	Lewes Wanderers CC	Female	Veteran	43
7	07:07	Delia Beddis	Les Filles Racing Team	Female	Senior	34
8	07:08	Chris Parker	Hastings & St. Leonards CC	Male	Veteran	62
9	07:09	Alex Bonzi	Brighton Phoenix Athletic Club	Male	Senior	39
10	07:10	Richard Burchett	Lewes Wanderers CC	Male	Veteran	47
11	07:11	Paul Fletcher	Lewes Wanderers CC	Male	Senior	39
12	07:12	Tom Hilder	Hastings & St. Leonards CC	Male	Senior	29
13	07:13	David Earl	trainSharp	Male	Veteran	50
14	07:14	Tom Cosgrove	VTTA (London & Home Counties)	Male	Veteran	50
15	07:15	Robin Johnson	Brighton Mitre CC	Male	Veteran	69
16	07:16	Charles Middleton	Lewes Wanderers CC	Male	Veteran	58
17	07:17	Keis Layzell	Eastbourne Rovers CC	Male	Veteran	44
18	07:18	Paul Butler	Hastings & St. Leonards CC	Male	Veteran	45
19	07:19	David Beale	Lewes Wanderers CC	Male	Veteran	72
20	07:20	Richard Streeter	Lewes Wanderers CC	Male	Veteran	52
21	07:21	Steve McMenamin	Crawley Wheelers	Male	Veteran	50
22	07:22	Adam Rogers	Eastbourne Rovers CC	Male	Veteran	43
23	07:23	Clint Allen	Lewes Wanderers CC	Male	Veteran	56
24	07:24	Nathan Russell	trainSharp	Male	Senior	29
25	07:25	Peter Owen	Norwood Paragon CC	Male	Veteran	57
26	07:26	Paul Valks	Lewes Wanderers CC	Male	Veteran	74
27	07:27	Russell Thorne-Jones	Crawley Wheelers	Male	Veteran	45
28	07:28	Cameron Cragg	Team ASL	Male	Espoir	18
29	07:29	Peter Barling	Lewes Wanderers CC	Male	Senior	35
30	07:30	David Greenwood	Rye & District Wheelers CC	Male	Veteran	53
31	07:31	Geoff Smith	Eastbourne Rovers CC	Male	Veteran	67
32	07:32	James Cheeseman	Crawley Wheelers	Male	Senior	32
33	07:33	Mike Hannay	Lewes Wanderers CC	Male	Veteran	56
34	07:34	Bruce English	Eastbourne Rovers CC	Male	Veteran	53
35	07:35	John Powell	Team ASL	Male	Veteran	40
36	07:36	Laurence Manning	Thames Velo	Male	Senior	33

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Race No.	Start Time	Rider	Club	Gender	Cat	Age
37	07:37	Daniel Ellis	Eastbourne Rovers CC	Male	Senior	37
38	07:38	Michael Valks	Lewes Wanderers CC	Male	Veteran	47
39	07:39	Aidan McConville	Lewes Wanderers CC	Male	Senior	39
40	07:40	Theo Tadros	trainSharp	Male	Junior	16
41	07:41	Gavin Richards	Lewes Wanderers CC	Male	Veteran	47
42	07:42	Sam Dix	In-Gear Quickvit Italy Bike Tours RT	Male	Veteran	46
43	07:43	David Clements	Eastbourne Rovers CC	Male	Veteran	46
44	07:44	Fabien Large	Direct Power Cycling Team	Male	Junior	16
45	07:45	John Cordner	Eastbourne Rovers CC	Male	Veteran	48
46	07:46	Dominic Lowden	Lewes Wanderers CC	Male	Veteran	60
47	07:47	Robert Rollings	Lewes Wanderers CC	Male	Senior	31
48	07:48	Brett Davis	Lewes Wanderers CC	Male	Veteran	45
49	07:49	John Tindell	Brighton Excelsior CC	Male	Senior	31
50	07:50	Mark Edwards	Eastbourne Rovers CC	Male	Veteran	43
51	07:51	Damen Foord	Direct Power Cycling Team	Male	Senior	34
52	07:52	Peter Hooper	Eastbourne Rovers CC	Male	Senior	33
53	07:53	Mark Perry	Vicious Velo	Male	Veteran	41
54	07:54	Jesse Yates	Team Wiggins	Male	Espoir	21
55	07:55	David Clark	Eastbourne Rovers CC	Male	Veteran	49
56	07:56	Christian Yates	East Grinstead CC	Male	Veteran	55
57	07:57	Philip Murrell	Finsbury Park CC	Male	Veteran	48
58	07:58	Callum Clark	South Downs Bikes / Casco Europe	Male	Espoir	20
59	07:59	Pete Morris	Team ASL	Male	Senior	39
60	08:00	Dan Sadler	RT 316	Male	Veteran	41
61	08:01	Steven Kane	Team ASL	Male	Senior	29
62	08:02	Howard Shaw	Eastbourne Rovers CC	Male	Senior	32
63	08:03	Nick Wilson	Rye & District Wheelers CC	Male	Veteran	54
64	08:04	Mark Emsley	Crawley Wheelers	Male	Senior	29
65	08:05	James Rix	Team Bottrill / Vanguard	Male	Veteran	42