

**VTTA Notts & East Midlands Group**  
**10 Miles Time Trial**  
**Saturday 21<sup>st</sup> April 2018 – start 3:00pm**  
**(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)**

Event Secretary: D.Yarham. 7 Torpel Way, Maxey, Peterborough, PE6 9EQ  
Tel: 01778 343077    Mobile: 07932 162471

Timekeepers: Mr S Custance                  Beeston RC  
                  Mr W Stanley                  Melton Olympic CC

Course: A10/14A.

Start at 9th kerb south of driveway to Jasmine House opposite St James village hall in Long Bennington village. 0.00 miles. proceed south through the village on old A1 to traffic island on new Foston link road. 0.966 miles. take third exit onto A1 slip road proceed south to new slip road at Gonerby Moor. 4.243 miles. Exit A1 on slip road to old Gonerby Moor island. 4.804 miles take third exit onto new road over A1 on road bridge to new island. 5.000 miles take third exit onto new slip road and rejoin A1 northbound. Leave the A1 northbound at the second exit for Long Bennington village, to finish on slip road at old finish point approx 108 yards from end of armco barrier. 10.000 miles.

Headquarters: Long Bennington Sports Pavilion.

Numbers:        At headquarters, exchange for a free drink after the event. Please note, that competitors must sign-in in order to collect their number AND sign-out when returning their number. Failure to sign-out after completing the event will result in the competitor being classed as dnf.

Local Regulations:    No warming up on the A1 after the start of the event

Parking:        The HQ is located at the northern end of Long Bennington village. Parking is no longer allowed on the sports field itself. However, there is ample room for roadside parking outside pavilion. Please park with due consideration for residents and other road users.

Safety:        In the interests of your own safety, the VTTA and CTT strongly recommend that you wear a hard shell helmet that meets internationally accepted safety standards. It is further recommended that a working rear light, either flashing or constant, is fitted to your machine in a position visible to following road users and is active while the machine is in use.

Keep your head up, and have a safe and fast ride.

Awards: (One rider – one prize)

On Standard: 1<sup>st</sup> £30    2<sup>nd</sup> £25    3<sup>rd</sup> £20    4<sup>th</sup> £15    5<sup>th</sup> £10

On Actual:    1<sup>st</sup> £30    2<sup>nd</sup> £25    3<sup>rd</sup> £20    4<sup>th</sup> £15    5<sup>th</sup> £10

On Handicap: 1<sup>st</sup> £30    2<sup>nd</sup> £25    3<sup>rd</sup> £20    4<sup>th</sup> £15    5<sup>th</sup> £10

1<sup>st</sup> Lady on Actual:                  £15

1<sup>st</sup> Lady on Handicap:              £15

Team of 3 on Standard:            £10 each

Team of 3 on Actual:                £10 each

No	Name	Club	Cat	Age	Std	H'cap	StartTime
1	Michael Spurr	Leicestershire RC	V	76	30:23	09:32	15:01
2	John Scott	Witham Wheelers	V	73		09:22	15:02
3	Jill Morris	Hinckley Cycle Racing Club	LV	57	29:32	08:54	15:03
4	Alan Tunnicliffe	South Normanton C C	V	60		04:41	15:04
5	Stuart Wells	Flex-Tech Ettridge Cycles Racing Team	V	46		01:39	15:05
6	Barrie Whittaker	Lyme Racing Club	V	61	27:44	03:11	15:06
7	Alan Morris	Hinckley Cycle Racing Club	V	57	27:20	04:13	15:07
8	Ron Hallam	South Pennine RC	V	87	34:56	05:33	15:08
9	Michael Church	Rockingham Forest Whs	V	66	28:23	06:56	15:09
10	Robert Gibbons	Team Klincutapparel.com	V	45	26:23	01:29	15:10
11	Michael Wills	Lutterworth Cycle Centre Racing Team	V	59	27:32	02:19	15:11
12	Simon Shepherd	Velo Club Lincoln (Pygott & Crone - Bang Olufsen)	S	35		03:31	15:12
13	Jo Corbett	Mapperley CC	LV	62	30:06	04:34	15:13
14	Chris Close	Sleaford Wheelers Cycling Club	V	63	27:59	06:14	15:14
15	Martin Reynolds	Cambridge CC	V	55	27:09	01:57	15:15
16	Chris Spray	Ratae RC	V	51	26:50	03:06	15:16
17	Chris Sprott	Leicester Forest CC	V	42	26:09	04:09	15:17
18	Sydney Wilson	Sheffield Phoenix Cycling Club	V	89	36:18	08:26	15:18
19	Kathryn Smith	Sleaford Wheelers Cycling Club	LV	64	28:06	06:49	15:19
20	Craig Twigg	Speedhub	V	46		01:25	15:20
21	Michiel Vaal	Team Backstedt Bike Performance	V	56	27:14	02:01	15:21
22	Graham Wright	Velo-One Cycling Team(Staples Vegetables/Neil Palmer Electrical)	V	47	26:32	03:30	15:22
23	David Smith	Sleaford Wheelers Cycling Club	V	66	28:23	04:33	15:23
24	John Smith	Thurcroft CC	V	80	31:37	05:29	15:24
25	Carl Dyson	Leicester Forest CC	S	33		01:53	15:25
26	Nicholas Hitchens	Peterborough CC	V	50	26:45	03:06	15:26
27	Oliver Wright	Common Lane Occasionals	V	46	26:27	03:46	15:27
28	Dave Bates	South Pennine RC	V	70	29:02	05:05	15:28
29	David York	Ratae RC	V	65	28:14	07:26	15:29
30	Liam Bosley	Derby Mercury R C	S	32		01:23	15:30
31	Ed Watson	Ratae RC	V	42	26:09	02:28	15:31
32	Paul Mapletoft	Kiveton Park Cycling Club	V	54	27:04	03:29	15:32
33	Simon Inman	OVb	V	45	26:23	04:33	15:33
34	Kevin Humphreys	Sherwood CC	V	58	27:26	05:26	15:34
35	Shawn Gough	Tuxford Clarion C C	V	45		01:52	15:35
36	Chris Draper	Sherwood CC	V	41	26:04	03:05	15:36
37	Mark Booth	Kettering CC	V	42	26:09	03:43	15:37
38	Matthew Stretton	Coalville Whs	J	16		04:56	15:38
39	Kenneth Stevens	South Pennine RC	V	87	34:56	08:08	15:39
40	Brett Harwood	Team Bottrill / Vanguard	V	41		01:10	15:40
41	Leon Wright	Race Hub	S	36		02:15	15:41
42	Rich Steels	Belper BC	S	39		03:28	15:42
43	David Wright	Cheshire Roads Club	V	64		04:34	15:43
44	Carl Murley	Wisbech Whs	V	54	27:04	05:25	15:44
45	Neil Holden	Lutterworth Cycle Centre Racing Team	V	46	26:27	01:50	15:45
46	Darren Cope	Team Bottrill / Vanguard	S	29		03:00	15:46
47	Isaac Russell	Derby Mercury R C	J	16		03:43	15:47
48	Chris James	Mapperley CC	V	53	26:59	04:53	15:48

49	Jeffrey Clifton	Velo Club Long Eaton	V	61		06:45	15:49
50	Neal Parkin	Team Bottrill / Vanguard	S	38		01:04	15:50
51	Mark McCartney	Nottingham Clarion CC	V	51	26:50	02:10	15:51
52	Roger Sewell	Hounslow & District Whs	V	70	29:02	03:25	15:52
53	Ben Hamilton	Rutland Cycling Club	V	71	29:14	04:32	15:53
54	Becky Murley	Wisbech Whs	LV	42	28:13	05:23	15:54
55	Nick Cave	Lutterworth Cycle Centre Racing Team	V	52	26:54	01:48	15:55
56	Chris Dyason	Cambridge CC	V	70	29:02	03:00	15:56
57	Simon Price	Para-T	V	48		03:41	15:57
58	Lynn Hanson	Seacroft Whs	LV	50	28:53	04:49	15:58
59	Steve Cornish	Velo Club Nottingham	V	62		06:40	15:59
60	Daniel Barnett	Team Bottrill / Vanguard	V	43		00:35	16:00
61	Chris Ward	Team Swift	V	52	26:54	02:10	16:01
62	James Westwood	Witham Wheelers	V	49	26:41	03:24	16:02
63	Paul Ashdown	Kettering CC	V	50		04:30	16:03
64	Gary Ison	Melton Olympic CC	V	53	26:59	05:17	16:04
65	Ashley Roue	Lutterworth Cycle Centre Racing Team	V	48		01:41	16:05
66	Nick Hanson	Seacroft Whs	V	52		02:59	16:06
67	Paul Eveleigh	Lincoln Wheelers CC	V	57	27:20	03:41	16:07
68	Michelle Morley	Team Swift	LV	52	29:03	05:08	16:08
69	Rod Weston	Race Hub	V	70		06:27	16:09
70	Matt Sinclair	Lutterworth Cycle Centre Racing Team	S	39		00:22	16:10
71	Kenny Cliffe	Leicester Forest CC	S	31		02:06	16:11
72	Jez Willows	Velo Club Flintham	V	52	26:54	03:16	16:12
73	Anthony Hardenberg	Witham Wheelers	V	67	28:32	04:22	16:13
74	Lorne Ffoulkes-Jones	Tuxford Clarion C C	V	43		05:12	16:14
75	Sean Vincent	Team Bottrill / Vanguard	V	48	26:36	01:38	16:15
76	Simon Geraci	Team Swift	V	50	26:45	02:45	16:16
77	Michael Smalley	Witham Wheelers	V	73		03:40	16:17
78	John Hind	Bolsover and District CC	V	53		04:38	16:18
79	Matthew Finch	Leicester Forest CC	V	46		05:36	16:19
80	Richard Bideau	Pendle Forest CC	V	47		00:20	16:20
81	Karen Ledger	Team Bottrill / Vanguard	LV	45	28:29	02:27	16:21
82	Philip Collier	Mapperley CC	V	62	27:51	03:14	16:22
83	Daniel Reidenbach	Ratae RC	V	44		04:16	16:23
84	Samuel Clifton	Velo Club Long Eaton	S	23		05:11	16:24
85	Mark Ellis	Team Milton Keynes	V	53	26:59	01:33	16:25
86	Brian Sunter	Condor RC	V	74	29:53	02:43	16:26
87	Stephen Scott	Elmsall Road Club	V	59		03:33	16:27
88	David Strickson	Witham Wheelers	V	58	27:26	04:38	16:28
89	Lucy Sturgess	Leicester Forest CC	LS	31		05:46	16:29
90	Stephen Irwin	North Lancashire Road Club	V	47	26:32	00:00	16:30
91	Nicholas Cousins	Derby Mercury R C	S	38		02:01	16:31
92	Craig Lamb	Alford Whs	V	49	26:41	03:14	16:32
93	Ann Walsham	Maxx R. T.	LV	49	26:41	04:16	16:33
94	Richard Sheldrake	Lincoln Wheelers CC	V	44	26:18	02:43	16:34
95	Lee Tunnicliffe	Lutterworth Cycle Centre Racing Team	S	32		00:52	16:35
96	David Manship	Leicester Forest CC	V	60		07:21	16:36
97	Chris Ledger	Team Bottrill / Vanguard	V	56	27:14	01:28	16:37