

PRESENT

OPEN 10 MILE TRIAL & VTTA ON SATURDAY 21st April, 2018 FOR THE PHILLIP RUSSELL MEMORIAL

Promoted for and on behalf of Cycling TimeTrials and including the VTTA.

SPONSORED BY PGW Engineering Ltd

Timekeepers

Mr. David Oliver

Mr Gavin Russell

Event Secretary & Organiser: Paul Garstang, 20 Crocus Gardens, Hartlepool, TS26 0ZG & P Wright 265 Stockton Road , Hartlepool TS25 5AU

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Course T105/4

Start at mark on kerbstone level with the third broken line on the junction of the old lane (closed the motor vehicles), and proceed out onto the road exiting Sedgefield to the south east. After 245 yards bear left onto the slip road to join the A689 towards Hartlepool. At the roundabout for Wynyard Village continue ahead on the A689 (4.07 miles) to the Wynyard Business Park Roundabout (5.08 miles) (M). Encircle the roundabout and retrace on the A689 to the Wynyard Village roundabout (6.18 miles). Continue ahead on the A689 and finish at the second of five lampposts, and mark on the kerb, immediately before the junction with the road into Sedgefield on which you started (10 miles).

Numbers will be at event HQ at Sedgefield Parish Hall , Front Street TS21 3AT where RIDERS must sign on <u>AND OFF</u>. Anyone not signing-off will be recorded as DNF.

Parking is available in the car park at HQ and on the lane on the left after the finish (Stockton Road). Please note that you must turn left from the parking on Stockton Road onto the A689. DO NOT RIDE ACROSS THE ROAD OR THROUGH THE NO ENTRY SIGNS.

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	<u>FASTEST</u>	ON STANDARD (VTTA only)	FASTEST LADY	TEAM (VTTA only)
1 st	£30	£30	£20	£10 each (team of 3 on standard)
2 nd	£20	£20		
3 rd	£10	£10		

Please note: one prize/rider, excluding team prize.

Regulations

No cars, other than Event Officials, are to be parked at the start or finish.

No U-turns are to be undertaken within sight of the start or finish.

Riders are not to warm-up on any part of the course whilst the event is in progress.

No turbo trainers are to be used within 100 metres of inhabited properties.

This event may be subject to random drug testing

First Rider off at 14:01

Heads up and have a safe ride