

## Open 12 Hour Time Trial

Sunday 11 June 2017 at 07:00 Course: H12hr/8

Event Secretary: Rachael Elliott (Newbury RC)

Chief Timekeeper: Donald Ashton (Farnborough & Camberley CC)

Chief Timekeeper's Assistant: Maggie Smith (North Hampshire RC) & Roger Woolsey (Westerley CC)

## Finishing Circuit Timekeepers:

Mark Ashton (Farnborough & Camberley CC) Kathleen Collard-Berry (...a3crg) Maria Golden (...a3crg) Norman Harvey (Sotonia CC) Bob Lyle (Newbury RC) Maggie Smith (North Hampshire RC)

PRIZE WINNERS			
Overall	1st (£50):	Andy Jackson (SSLL Racing Team)	300.21 miles
	2nd (£35):	Jonathan Shubert (Arctic Tacx RT)	294.73 miles
	3rd (£20):	Michael Broadwith (Arctic Tacx RT)	294.02 miles
Ladies	1st (£50):	Jasmijn Muller (Born to Bike- Bridgtown Cycle	s) 269.10 miles
	2nd (£35):	Kate Bradley (Didcot Phoenix CC)	228.79 miles
Vets on standard	1st (£50):	Andy Jackson (SSLL Racing Team)	+89.09 miles
	2nd (£35):	Gregory Woodford (Reading CC)	+80.46 miles
	3rd (£20):	Paul Jackson (Team Bottrill/HSS Hire)	+80.43 miles

We are now in the fourth year of running the Newbury 12 hour event, and each year we hope things will become a little easier to organise - but each year something threatens to derail that. This year, a change of management at Alton Leisure Centre meant we were without our beloved(?) squash court headquarters this year. This actually proved to be a blessing in disguise as we discovered the Beech Village Hall which ended up being a much more suitable venue.

Weather conditions this year promised to be drier than previous years, although the strong wind forecast threatened (and did!) make the event more like an extended 12 hour threshold interval session with riders getting a welcome "push" from the Chawton roundabout up to Holybourne, but having to battle with a fairly stiff wind all the way back again.

After the start, it quickly emerged that both **Peter Harrison (AS Test Team)** and **Richard Bideau (Pendle Forest CC)** were knocking out fairly similar lap times with early predictions putting both riders on target for around 330 miles: a distance which would blow the current competition record out of the park. However, as is often seen in long distance events, both riders sadly succumbed to cramping and other painful issues and had to withdraw.

Although it was a tremendous pity to see both Peter and Richard returning to HQ prematurely, a rider who had been quietly knocking up (fast!) steady laps was **Andy Jackson (SSLL Racing Team).** I had noticed some more than impressive rides in Andy's Strava account in the run up to the event, so it was perhaps of

little surprise that he was able to knock out lap after lap at 25mph. However, being able to do it in training is one thing but translating that in a race can sometimes be more difficult. However, his speed resilience proved to be a winning formula, and Andy ended up winning the event with a massive distance of 300.21 miles (I was *very* pleased when the final calculation worked out favourably!).

Elsewhere in the field, it would have been impossible to ignore the three riders in the distinctive white kit of the Arctic Tacx RT. With three top quality distance riders on the team (and the only three-person team competing on the day), it certainly wouldn't take a betting person to consider the old team 12 hour competition record under threat. Team Swift held the previous record with a distance of 850.49 miles, meaning each rider would have to average 283.5 miles to break it - a big ask from each rider when they are so many variables at play over long distance. However, all three of them managed to break the average distance required, with Jonathan Shubert riding 294.73 miles, Michael Broadwith the equivalent of less than two laps of the velodrome back (294.02 miles) and Tim Bayley riding 284.04 miles, the record was smashed by 22 miles. The trio also finished together on the results sheet in second, third and fourth respectively.

The ladies' race was the most exciting we've seen at the 12 hour. Previous record holder **Jill Wilkinson** (Chester RC) returned this year, having been painstakingly close to Beryl Burton's competition record in the 2015 event. **Jasmijn Muller**, who has established herself as one of the leading distance cyclists of our generation, was also amongst the starters. **Jasmijn's teammate**, **Katja Rietdorf**, has also showed she is a force to be reckoned with and local rider **Virginia McGee** (Charlotteville CC) has managed to shock herself with her prowess over the distance in recent events and had the potential to do the same again.

Unfortunately, Katja was one of the day's earliest casualties and made the sensible decision to retire early. Heartbreakingly for Jill, who was inside competition record pace at the time, she suffered a race-ending mechanical due to the infamous "Bentley Bumps" and was forced to withdraw. Jasmijn, however, continued to ride an exceptional race throughout the day, and it wasn't until the calculations had been done that we discovered Jasmijn had ridden an exceptional distance of 269.10 - which was just outside Jill's course record set two years' prior. One of the saddest moments of the day was us hearing that Virginia McGee had succumbed to exhaustion with just an hour to go. Virginia had to receive medical assistance at this point, and we are very grateful to all those who helped assist Virginia in her time of need.

Another lady, **Kate Bradley** from Mickey Cranks CC, had been quietly pacing the course all day on her road bike - always smiling, and managing to completely disguise the difficulty of the event she was participating in. Riding her first 12 hour event, Kate rode a hugely impressive 228.79 miles which earned her second place. Congratulations, Kate!

Aside from these, there were some impressive rides throughout the field - notably **Andy Warby** (AeroCoach) riding 271.33 miles on a fixed gear bike, whilst **Rob Bullyment** (Catford CC) added 18 miles to his already impressive personal best, finishing with a distance of 276.18 miles. Also a special mention to **Gregory Woodford** (Reading CC) who, despite a 1:30 late start, still managed to finish as second veteran rider with a plus of +80.46 miles. **Paul Jackson** (Team Bottrill/HSS Hire) took the third veteran spot just three hundredths of a mile behind Gregory with an impressive +80.43 miles. It was also good to see **Jane Moore** (Willesden CC) on her own on the trike this year where she rode 183.66 miles.

Finally, this is my last year of being the promoter of this 12 hour competition, and I will be sad to hand it over (although I will still be playing a big part in the organisation). Thank you to all of you who've made the event so enjoyable and worthwhile to organise. I hope to see many of you back next year.

Rachael Elliott

We are exceptionally grateful to **Alastair Jarman** for taking photographs during the event. Alastair managed to capture every rider which can be viewed on the club's Facebook page: https://www.facebook.com/media/set/?set=oa.1401591886573709&type=1

Whilst the photos are free, please credit Alastair if you do use any



Andy Jackson (SSLL Racing Team) Overall Winner (300.21 miles)



Jonathan Shubert (Arctic Tacx RT) 2nd Place Overall (294.93 miles)

Michael Broadwith 3rd Place Overall (294.02 miles)





Jasmijn Muller (Born to Bike - Bridgtown Cycles) Ladies' Winner (269.10 miles)



Kate Bradley (Mickey Cranks CC) 2nd Place; Ladies' Race (228.79 miles)



Andy Jackson
1st place on standard (+89.09 miles)



Gregory Woodford (Reading CC) 2nd place on standard (+80.46 miles)



Paul Jackson (Team Bottrill/HSS Hire) 3rd place on standard (+80.43 miles)

## **RESULTS**

Pos	Name	Club	Total Dist	Vets +/-	Notes
1	Andy Jackson	SSLL Racing Team	300.21	89.09	1st place/1st on standard
2	Jonathan Shubert	Arctic Tacx RT	294.73		2nd place
3	Michael Broadwith	Arctic Tacx RT	294.02		3rd place
4	Tim Bayley	Arctic Tacx RT	284.04	75.69	
5	Paul Jackson	Team Bottrill / HSS Hire	278.87	80.43	3rd on standard
6	Steve Ayres	Bronte Whs	277.99		
7	Matthew Parfitt	Charlotteville Cycling Club	277.54		
8	Robert Bullyment	Catford CC	276.18	69.13	
9	Gregory Woodford	Reading CC	272.48	80.46	2nd on standard
10	Nick Austin	Sotonia CC	271.34	58.75	
11	Andy Warby	AeroCoach	271.33		
12	Jasmijn Muller	Born to Bike - Bridgtown Cycles	269.10		1st lady
13	Simon Healey	Andover Wheelers	268.31	61.26	
14	Matthew Kimber	Essex Roads CC	259.37		
15	Garry Drew	Royal Navy & Royal Marines CA	259.18	61.97	
16	Nicolas Stagg	Hounslow & District Whs	258.34	53.81	
17	Donald Field	Walsall Roads Cycling Club	249.08	67.91	
18	Robert Taylor	Bec CC	241.71		
19	Peter Baker	Lewes Wanderers CC	235.95	48.24	
20	Hector Kidds	Dulwich Paragon CC	234.59	22.00	
21	Kate Bradley	Mickey Cranks CC	228.79		2nd lady
22	Nigel Briggs	South Pennine RC	228.47	36.45	
23	David Walters	Ogmore Valley Wheelers CC	227.45		
24	Suzanne Shaw	Kingston Phoenix RC	220.95	39.41	
25	Malcolm Borg	West Suffolk Whs & Triathlon Club	214.04	2.92	
26	Andrea Turner	Worcester St. Johns CC	207.30	26.86	
27	Vernon Schutte	Farnborough & Camberley CC	202.70	21.53	
28	Tom Rebhan	Plymouth Corinthian CC	199.58		
29	Brian Hygate	Fareham Wheelers CC	188.23	47.50	
30	Jane Moore	Willesden CC	183.66	14.29	
DNF	Virginia McGee	Charlotteville Cycling Club	213.82		
DNF	Richard Bideau	Pendle Forest CC	184.53		
DNF	Byron Buck	Derby Mercury RC	144.23		
DNF	Tom Morris	Portsmouth North End CC	144.23		
DNF	Jill Wilkinson	Chester RC	124.08		

DNF	John Forbes	Birkenhead North End CC	124.08		
DNF	Peter Harrison	AS Test Team	124.08		
DNF	Alexander Kew	Kingston Phoenix RC	103.93		
DNF	Gerry McGarr	Gloucester City Cycling Club	103.93		
DNF	Michael Fountain	Didcot Phoenix CC	103.93		
DNF	Bob Richards	Royal Navy & Royal Marines CA	83.77		
DNF	Gary Boyd	Hub Velo	63.62		
DNF	Katja Rietdorf	Born to Bike - Bridgtown Cycles	63.62		
DNF	Martin Sigrist	Newbury RC	43.47		
DNF	Chris Herbert	Lovelo Cinelli RT	23.32		
DNS	Andy Cook	Chippenham & District Wheelers			
DNS	Jack Schofield	Congleton CC			
DNS	Paul Dytham	Wessex Road Club			
DNS	Robin Vessey	Mickey Cranks Cycling Club			

## THANK YOU

The helpers on the day were absolutely wonderful. Particular thanks go to Ian Greenstreet who once again traipsed down to the course with me early and carried \*all\* the kit required for the day to run smoothly (and, believe me, that's a lot of kit!). We were met bright eyed by Ian Lakey and Fred Stonham who helped put the signs out at a time when only sleeping should be allowed on a Sunday morning.

Once again, there were some people who stayed *all day* to help out at the event. None of these people were asked to help out for the entire day, and volunteered off their own backs. I'm extremely grateful to the assistance of Maria and Matt Golden (...a3crg), Philip Burgin, Maggie Smith, Cliff Voller, Fred Stonham and Richard Bennett who shunted goods to the feedstation, helped on roundabouts and assisted riders in distress throughout the day.

The first group of helpers seemed unfazed by having to arrive at an early hour, so a massive thank you to **Tom and Mike Fricker** (Farnham RC), **Graham Giggs** (Bath Road Club) and **Ashley Burt** who arrived early to assist (Ashley even managed to arrive on time despite somehow getting seriously lost).

Graham stayed on for the second "stint" which started mid-morning, and was joined by **Keith Lea** (Paceline RT), **Charlie Elsey** and the club's General Secretary and family, **Peter, Anna-Mae** and **William Dunn**. All arrived very early and travelled to their points with time to help alleviate those on the early shift.

The third roster group saw the arrival of Claire and William Emons, Tim Duncan-Booth (Farnborough & Camberley CC), Mike Robinson, Nigel & Emma Brown and Hefin Jones. I'd also like to give a particular thank you to Roni McGowan (Didcot Phoenix CC) who travelled all the way from Oxfordshire just to help out today.

Finally, with the finishing circuit beckoning, the number of people required dropped for the final stint of the day, but we still welcomed "new" helpers **Barry Eeles** (North Hampshire RC), **Nick English** (AeroCoach) and **Kevin Hurley.** 

(I really hope I haven't missed anyone - if I have, let me know and I will provide you with a rather large quantity of freshly baked flapjack!)

Finally, the distances couldn't have been calculated if it wasn't for the timekeepers. **Donald Ashton** (Farnborough & Camberley CC) was the Chief Timekeeper, and stayed routed to the roundabout all day (bar a mild interlude to sort out a results issue in HQ). For most of the day he was assisted by **Maggie Smith** (North Hampshire RC) who later went on to be a finishing circuit timekeeper herself. The other circuit timekeepers also did a fantastic job: **Mark Ashton** (Farnborough & Camberley CC), **Maria Collard-Berry** (...a3crg), **Maria Golden** (...a3crg) - also helping all day, **Norman Harvey** (Sotonia CC) and **Bob Lyle** (Newbury Road Club). **Roger Woolsey** (Westerley CC) also arrived mid-afternoon to give some welcome respite to Donald Ashton.

Donald Ashton's dedication to the event also continued for some days afterwards as we sought to finalise the distances. Thanks to the programme Donald had written especially for the event, the process was very quick and streamlined this year.

Thank you again to everyone who helped - the day ran better than it ever has done!

Rachael Elliott (Newbury RC)