

# **CTT Newsletter – September 2017**

#### **Course measurement**

The Board has been working closely with former Ordnance Survey expert, Steve Walker, over the last few months to introduce a safer method for measuring courses and spend less time physically on the side of a road when measuring. Some training days will be held at various venues around the country in the spring, for both experienced course measurers and anyone who would like to learn the process. More details will follow when venues and dates have been arranged.

#### **Course records**

So far, this season 23 competition records have been broken – and season's not over yet! In August at the National 12-hour, Beryl Burton's great record, which had stood for 50 years was finally broken. A fantastic ride by Alice Lethbridge, riding for Drag2Zero, resulted in a mileage of 285.645 miles. A full round up of the new records will be given at the end of the season. Congratulations to all the new record holders!

## **Anti-doping**

There have been 37 drugs tests done to date this year; including eight blood tests which were carried out at the Circuit Championships. UKAD has also brought its roadshow to a couple of events, giving information to riders on which prescribed medicines can affect performance and drug tests, and they were also handing out free goody bags.

## **Electronic timing**

The Board has been looking into the logistics of electronic timing at events. At the moment, it appears to be very expensive. Equipment is being updated and modified regularly, which comes at a cost, and with that in mind, it is better to hire in when needed. There are many other considerations should the equipment be purchased. Despite reducing the need for dedicated timekeepers to sit at the side of the road, there would still be need for someone to monitor it whilst it was in use. Some of the Board members have experience of the use of such kit and have witnessed its benefits and also its problems. One major issue is the need for good signals between the monitor and the HQ – which may be quite some distance away. When it was trialled on the R25/3H, there was no internet at the finish and this greatly delayed results being transmitted back to HQ. Further investigations will be held into electronic timing to see how it progresses in the future.

#### Accidents

This season has seen a rise in reported accidents which is now the highest it's been since 2013; although accident reporting has become more vigorous. Further analysis is being done on the data we have and will be shown in the annual report. Safety is something that is paramount in everyone's minds; the Board, Districts, organisers and riders.

All CTT affiliated clubs that promote either a Type A or Type B event for the first time are entitled to receive a heavily discounted "starter pack" of signs and will also be entitled to receive a discounted set of rider numbers. The club are required to cover the cost of postage and packing. Further signs can be purchased from CTT and all enquiries should be sent to stewart.smith@cyclingtimetrials.org.uk

#### **Rider profiles**

All riders are requested to check their online profiles and make sure all their details are up-to-date, including email addresses and emergency phones numbers. Please make that sure the number you leave for emergency contact is not your own – it needs to be a relative or friend, preferably next-of-kin.

#### National closed circuit event

Ever wondered what it's like to ride around a motor racing circuit? On Sunday, 15 October the National Closed Circuit Time Trial is being held at Thruxton Motorsport Centre at Andover, Hampshire. There are separate events for men, women, juniors and disabled riders. Entry fee is £25 and with a closing date of 4 October, there is still plenty of time to enter.

## HS2 High Speed Train

Those living in the areas which will be affected by the new HS2 rail link will be well aware of the problems which may lie ahead. When construction starts, work will likely take place on six days each week which could cause traffic disruption and affect some time trial courses as machinery and equipment is brought into and out of the various sites. The Chairman has already had a meeting with senior HS2 staff who are working directly on the project and they have expressed a wish to work with CTT as much as possible. We will be keeping a watching brief on progress and advising affected districts as much as we can.

#### **Double entry to events**

Following a recent website update, event organisers and CTT 'admin' have full visibility of who has entered more than one event on any given day, ie double entered. All riders are asked to familiarise themselves with regulation 11(e), 11(f) and 11(g) as shown below which covers double entry of events.

#### 11. Entry to Events

- (e) A competitor must not enter or accept an invitation to compete in more than one competitive event (see Note 3) on the same day except when:
  - *(i) his entry or acceptance for one event has been withdrawn before the closing date for entries for that event; or*
  - (ii) it is possible and reasonable to start and finish in both events.
- (f) A competitor must not enter a type A event more than once with the aim of undertaking multiple rides within the said event.
- (g) Notwithstanding the above, a competitor may apply to the National Secretary, no later than 72 hours before the event, for permission to compete in a second event:
  - (i) when riding for a National Team or Team of a similar standard in an international event;
  - (ii) at the request of the National Team Manager

*Note 3: A competitive cycling event includes a triathlon or similar.* 

If you have entered more than one event on any given day (ie double entry) you can withdraw from an event before the closing date, by logging into the CTT website and, from your dashboard, go to Events, Completed Entries, Receipt, Withdraw.

#### **Club secretaries – AGM**

An email was sent out on Monday, 4 September to all CTT affiliated club secretaries to enquire whether they would prefer to receive the National Council Agenda papers by email this year rather than them being posted in the usual manner. If you, as club secretary, are agreeable to this could you please email support@cyclingtimetrials.org.uk stating that on behalf of your club, you wish to receive the agenda by email. Where not response is received, we will continue to post out the papers to club secretaries as before.