2-up ‘14.5’ Mile Time Trial

Incorporating South West 2-up TTT Championships

Sunday 20th August 2017

Promoted on behalf of the CTT under their rules and regulations

**Event Secretary** Mr.Ivor Pooke, City Cycle Couriers, The Business Centre, 2 Cattedown Road, Plymouth, PL4 0EG

Mobile: 07773142625

**Timekeeper** Mike Brewer

**Marshalls** Members & friends of City Cycle Couriers RT

**Event Headquarters** Antony Village Hall, Torpoint, PL11 3AF.

The Event Headquarters will be open from 6.30am, please collect number and sign on.

**Course Details:**

S19/14.5S – The course is entirely on A374 in east Cornwall. The start is at power pole No.18 at the entrance to a gravel pit 200 metres east of Antony Village (GR 403546).

Proceed west to Sheviock (2.25 miles)

Polbathic (4.9 miles)

Turn area Trerulefoot roundabout (7 miles)

Retrace to Polbathic (9.1 miles)

Sheviock (11.75 miles)

Finish opposite a war memorial adjacent to power pole No.4 (14.5 miles) (GR 407550)

The course is entirely on A374 in east Cornwall.
The start is at power pole No 18 at the entrance to a gravel pit 200 metres east of Anthony village. GR 403546
Proceed west to Sheviock (2.25 miles)
Polbathic (4.9 miles)
Turn area Trerulefoot roundabout (7miles)
Retrace to Polbathic (9.1miles)
Sheviock (11.75 miles)
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**Notes to riders:**

1. Please allow 10 minutes to ride to the start.
2. Observe the Highway Code and keep your head up at all times.
3. Do not “white line”

Hard shell helmets compulsory. Competitors under the age of 18 must wear a hard shell helmet.

1. In case of poor visibility, Devon & Cornwall Police, CTT and the organiser strongly recommends the use of a rear light.
2. Under NO circumstances should you ride with headphones, anyone seen to do so will be disqualified.
3. Have a safe but enjoyable ride!!
4. If anybody wants to warm-up please use the layby at Wacker Quay.

**Prizes (one team, one prize):**

1st Overall £20

1st Vets Team £20

1st Composite £20

1st Team with a lady £20

Plus SWDC Medals

 **Starting Order: City Cycle Couriers RT 2up ‘14.5’**

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|  |  |  |  |  |
| **No.** | **Name** | **Club**  | **Cat.** | **Start Time** |
| 1 | Martina Geraghty | Penzance Wheelers | Lady | 0802 |
| 2 | John Morse | Vet |
| 3 | Cliff Morrish | Plymouth Corinthian CC | Vet | 0804 |
| 4 | Helen Soby | Lady |
| 5 | Steve Kirby | City Cycle Couriers RT | Vet | 0806 |
| 6 | Marvin Laing | Vet |
| 7 | John Benney | Alltrax | Vet | 0808 |
| 8 | Philip Young | Vet |
| 9 | Rob Scott | City Cycle Couriers RT / Alltrax | Senior | 0810 |
| 10 | Andrew Parnowski | Vet |
| 11 | Jasmine Gray | VCUK Velo Champion RT / Exeter Wheelers | Lady | 0812 |
| 12 | Karen Wyle-Smith | Lady |
| 13 | Martin Williams | Tavistock Wheelers | Vet | 0814 |
| 14 | Alex Lemon | Senior |
| 15 | Darren Armstrong | Taw Velo CC | Vet | 0816 |
| 16 | Rebecca Cornwell | Lady |
| 17 | Hannah Colston | Tavistock Wheelers | Lady | 0818 |
| 18 | Heather Fell | Lady |
| 19 | Josh Coyne | Okehampton CC | Espoir | 0820 |
| 20 | Andrew Wright | Senior |
| 21 | Martin Legg | Tavistock Wheelers | Vet | 0822 |
| 22 | Daniel Worth | Vet |
| 23 | Jamie Lewis | St. Austell Wheelers | Senior | 0824 |
| 24 | Rose Willis | Lady |
| 25 | Paddy Scullion | Mid Cornwall CC | Espoir | 0826 |
| 26 | Nick Campbell | Vet |
| 27 | Chris Barretto | Alltrax / Plymouth Corinthian CC | Vet | 0828 |
| 28 | Stephen Payne | Vet |
| 29 | Philip Bray | Plymouth Corinthian CC | Senior | 0830 |
| 30 | James Cartlidge | Senior |