



**Dumfries Cycling Club**

**Loch Ken Open Time Trial**

Saturday 19th August 2017

**Promoted for and on behalf of Cycling Time Trials under their rules & regulations**

**Organiser:** Cameron Scade, 29 Beck Avenue, Dumfries DG2 7BJ

racedumfriescc@gmail.com Mob: 0797961906

**Timekeeper**: Mr Gordon Johnston

**Assistant Timekeeper:** Mrs Helen Acklam

**Observer**: Mr John Sturgeon

FIRST RIDER OFF AT 09:01. List of competitors is below.

* Race HQ (Sign on/out) and changing/shower/parking facilities: Stewartry Rugby Club, Hobdell Pavilion Greenlaw, Castle Douglas DG7 2LH, DG7 2LH
* HQ will be open from 07:30. Refreshments will be available after the event.
* **A copy of the CTT Risk Assessment will be displayed at the event HQ.**

**Course details**: The start point is around half a mile north along the A713 from HQ so plan to give yourself enough time to reach the start on time without having to wait for too long.

**Course: WS25/01 - one Lap of Loch Ken (24.82 miles)**

**Start at Townhead of Greenlaw on A713 at point just before junction left to B795.**

**Follow A713 through villages of Crossmichael and Parton and on to Ken Bridge.**

**Left turn at Ken Bridge Hotel to join A712**

**Bear left in New Galloway to join A762. Proceed through New Galloway and Mossdale towards Lauriston.**

**Left turn in Lauriston to join B795 and proceed to finish at Townhead of Greenlaw.**

***\*Care should be taken in and around the villages the course passes through, particularly Crossmichael and New Galloway, where there may be an increased likelihood of parked vehicles and pedestrians. Extra care must also be taken on the descent after New Galloway and the descent down to Glenlochar as you approach the finish. Great care must be taken at the finish which is close to the junction onto the A713. Riders will rejoin the A713 to return to HQ.\****

**Set in one of the most picturesque areas of Dumfries and Galloway, the Loch Ken course (WS25/01) is a circular, anti-clockwise course, hugging the shores of the Loch with light traffic and some very fast sections. While by no means a hilly course, there is 1000ft of climbing spread across its length. The two main climbs are in New Galloway at approximately half distance and after the Lauriston turn at about mile 21. Gradients stay under 4% and peak around 6% on a few short sections.**

**Total elevation for the course is approx. 1076ft**



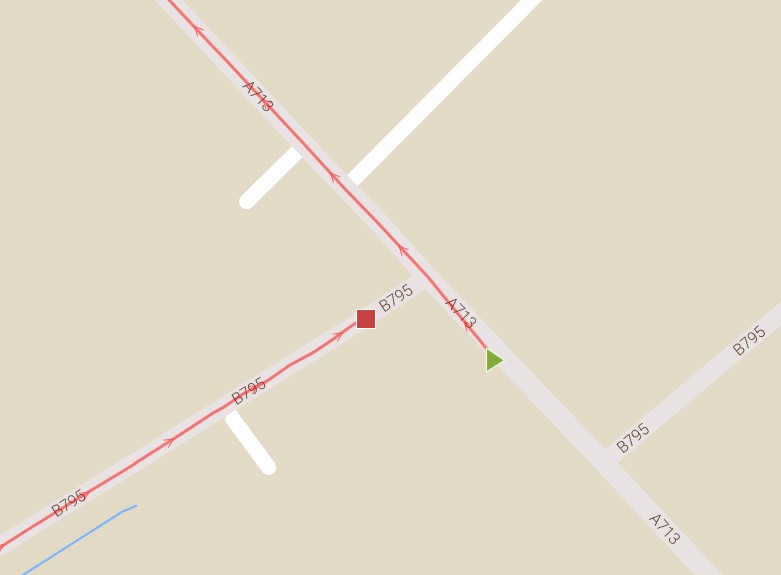


**Course profile and gradient**

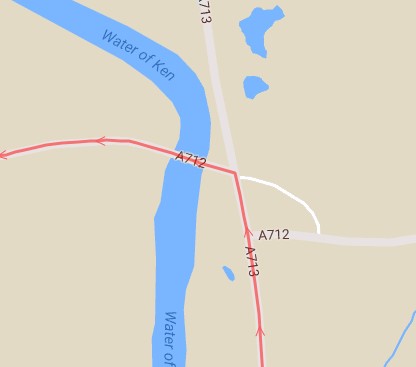
 **Start**

**Finish**

**Start and finish area**



**Start and finish area**



**Left turn at Ken Bridge for New Galloway**



**Left turn at Lauriston towards finish**

Cars are parked at owners’ risk. Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users. Ample parking is available at Stewartry Rugby Club. **Please do not park in the vicinity of the start/finish area.**

**Take extra care on descents and at junctions.**

**Particular caution must be taken at the finish area where riders meet a T Junction with the A713 soon after finishing.**

* Please note that all competitors are required to sign the signing out sheet in person when returning their number. Failure to do will result in the competitor being recorded as DNF.
* Competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.
* Warming up on the course is not permitted during the duration of the event.
* Any competitor making a ‘U’ turn in the vicinity of the start or finish will be disqualified from the event.
* Riders must keep to the left-hand side of the road except when overtaking.
* Riders must NOT ride with their heads down.
* Riders must not take pace from faster riders passing (drafting). It is the responsibility of the rider who has been passed to drop back.

**Failure to comply with the above may lead to disqualification.**

In addition to the above Riders must give their number at the finish. Please position your body number centrally below the waist to ensure it is visible from the rear whilst in normal riding position

**HELMETS: All competitors under the age of 18 and/or Juniors must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See regulation 15). Cycling Time Trials strongly recommends ALL competitors wear such a helmet. Cycling Time Trials recommends that a working rear light, either constant or flashing, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.**

**AWARDS** (provisional) One rider, one prize:

Overall: 1st £15 2nd £10 3rd £8

Vets 60+ 1st £15 2nd £10 3rd £8

Vets 50 – 59 1st £15 2nd £10 3rd £8

Vets 40 – 49 1st £15 2nd £10 3rd £8

Women 1st £15 2nd £10 3rd £8

Junior 1st £10

Start sheet follows…

**Dumfries CC Loch Ken Open TT – 19 August 2017**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Start**  **Number** | **Start Time** | **Rider** | **Club** | **Gender** | **Category** |
| 1 | 09:01:00 | Emma Westmancott | Dumfries CC | Female | Senior |
| 2 | 09:02:00 | Hannah Dines | Storey Racing | Female | Senior |
| 3 | 09:03:00 | Brian Morrell | Dumfries CC | Male | Vet |
| 4 | 09:04:00 | William Ramsay | Loudoun Road  Club | Male | Vet |
| 5 | 09:05:00 | Lewis Martin | Classic Racing  Team | Male | Junior |
| 6 | 09:06:00 | Dan Kendall | Rock to Roll CC | Male | Senior |
| 7 | 09:07:00 | Thomas Gooding-Hill | Ayr Roads CC | Male | Vet |
| 8 | 09:08:00 | Deirdre O'Reilly | Glasgow  Wheelers | Female | Vet |
| 9 | 09:09:00 | David Robinson | Loudoun Road  Club | Male | Vet |
| 10 | 09:10:00 | Mark Skilling | Carrick CC | Male | Vet |
| 11 | 09:11:00 | Joe Hands | Velo Club Vitesse | Male | Senior |
| 12 | 09:12:00 | Stewart McGregor | Fechan flyers | Male | Vet |
| 13 | 09:13:00 | Ewen MacRury | Knutsford Tri Club | Male |  |
| 14 | 09:14:00 | Donald McCalley | Dumfries CC | Male | Vet |
| 15 | 09:15:00 | Ewen MacGillivray | RT 23 | Male | Senior |
| 16 | 09:16:00 | Calum MacDonald | Ayr Roads CC | Male | Senior |
| 17 | 09:17:00 | Jamie Little | Classic Racing  Team | Male | Senior |
| 18 | 09:18:00 | Robert Clements | Law Wheelers | Male | Vet |
| 19 | 09:19:00 | Margaret McPhillips | Stockport Clarion  CC | Female | Vet |
| 20 | 09:20:00 | Morgan Anderson | Pro Vision Cycle  Clothing | Male | Espoir |
| 21 | 09:21:00 | Neil Withington | Beacon Wheelers | Male | Senior |
| 22 | 09:22:00 | Pamela Craig | RT 23 | Female | Senior |
| 23 | 09:23:00 | David Keenan | Dumfries CC | Male | Senior |
| 24 | 09:24:00 | Owen Ross | Carrick CC | Male | Senior |
| 25 | 09:25:00 | Chris Stewart | Dooley’s RT | Male | Vet |
| 26 | 09:26:00 | Jim Sutherland | Loudoun Road  Club | Male | Vet |
| 27 | 09:27:00 | Joe McFadyen | Dundee  Wheelers CC | Male | Vet |
| 28 | 09:28:00 | Stephen Makin | Falkirk B C | Male | Vet |
| 29 | 09:29:00 | Jason McCulloch | Loudoun Road  Club | Male | Espoir |
| 30 | 09:30:00 | Eddie Addis | RT 23 | Male | Senior |
| 31 | 09:31:00 | Ian Sim | GTR | Male | Senior |
| 32 | 09:32:00 | Stuart Garner | Dumfries CC | Male | Senior |
| 33 | 09:33:00 | Scott-Alexander McKendrick | Fullarton  Wheelers | Male | Vet |
| 34 | 09:34:00 | Les Stephenson | Border City Whs  CC | Male | Vet |
| 35 | 09:35:00 | Mark McPhillips | Stockport Clarion  CC | Male | Vet |
| 36 | 09:36:00 | Derek Skinner | Fullarton  Wheelers | Male | Vet |
| 37 | 09:37:00 | Alan Fraser Robinson | Velo Club  Cumbria | Male | Vet |
| 38 | 09:38:00 | Garry Collins | Dumfries CC | Male | Vet |
| 40 | 09:40:00 | Gavin Shirley | Dooley’s RT | Male | Senior |
| 41 | 09:41:00 | Sean Quinn | Law Wheelers | Male | Vet |
| 42 | 09:42:00 | Stevie Watters | Fullarton  Wheelers | Male | Vet |
| 43 | 09:43:00 | Glenn Marland | Dumfries CC | Male | Vet |
| 44 | 09:44:00 | Ally Hume | Loudoun Road  Club | Male | Senior |
| 45 | 09:45:00 | Michael Robb | Carrick CC | Male | Senior |
| 46 | 09:46:00 | Paul Robinson | Loudoun Road  Club | Male | Vet |
| 47 | 09:47:00 | Willie Stephen | Velo Club Vitesse | Male | Vet |
| 48 | 09:48:00 | David Jordan | Dumfries CC | Male | Vet |
| 50 | 09:50:00 | Kenneth Armstrong | Carrick CC | Male | Senior |
| 51 | 09:51:00 | Stephen Spellacy | Dumfries CC | Male | Vet |
| 52 | 09:52:00 | David Fulton | Carrick CC | Male | Vet |
| 53 | 09:53:00 | Colin Sinclair | Royal Albert CC | Male | Vet |
| 54 | 09:54:00 | Craig Kirkpatrick | Dumfries CC | Male | Senior |
| 55 | 09:55:00 | John Dunlop | Loudoun Road  Club | Male | Senior |
| 56 | 09:56:00 | Alastair McGibbon | Ayr Roads CC | Male | Senior |
| 57 | 09:57:00 | Andrew McKinlay | Velo Club Vitesse | Male | Vet |
| 58 | 09:58:00 | Darren Carruthers | Glasgow Green  CC | Male | Senior |
| 59 | 09:59:00 | Esther Hamill | Dumfries CC | Female | Vet |
| 60 | 10:00:00 | Douglas Watson | Icarus Racing | Male | Vet |
| 61 | 10:01:00 | Mark Warters | Ayr Roads CC | Male | Vet |

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| 62 | 10:02:00 | Michael Allen | Fullarton  Wheelers | Male | Vet |
| 63 | 10:03:00 | Ross Strachan | Loudoun Road  Club | Male | Vet |
| 64 | 10:04:00 | Kevin Jamieson | Dumfries CC | Male | Vet |
| 65 | 10:05:00 | Gordon Murdoch | Icarus Racing | Male | Vet |
| 66 | 10:06:00 | Brian MacRury | Congleton CC | Male | Vet |
| 67 | 10:07:00 | Alex McAllister | Ayr Roads CC | Male | Vet |
| 68 | 10:08:00 | Mike Ferguson | Johnstone  Wheelers | Male | Vet |
| 69 | 10:09:00 | Lindsay Foster | Hitchin Nomads  CC | Male | Vet |
| 70 | 10:10:00 | Chris Smart | GTR | Male | Senior |