



**Tyneside
Vagabonds**



tyneside vagabonds cc presents
the n&dca 100 mile time trial championship

course: M100/10



sunday 13th august 2017

first tandem rider off 7.04am

first solo rider off 7.06am

race hq: longhirst village hall, longhirst
morpeth, Northumberland, NE61 3LX

race kindly sponsored by



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event secretary: mark reed, 31 windmill way, gateshead, ne8 1pj

tel: 07944 490 039, email: mark.reed@nets-uk.com

timekeepers: mr ray luke, mrs sharon dyson

- Promoted for and on behalf of cycling time trials, under their rules and regulations
- a counting event for the n&dca best all rounder competition

Course description

- **START** to the West of Pegswood on Dark Lane at the speed de-restriction sign at gap in hedge.
- Proceed to Whorral Bank Roundabout (R/A) and take first exit onto A197 in direction of Ashington.
- Continue over R/A to outskirts of Ashington, through the pedestrian crossing (riders see safety notes) and take left onto A1068 to continue north over Linton and Ellington R/A's.
- At Widdrington South R/A bear right in the direction of Amble, then straight on at Widdrington North R/A along A1068 until left turn onto B1330 via Red Row, South Broomhill and Broomhill (Be aware of traffic calming priorities).
- Take left turn onto B6345 via Acklington until marshalled left turn onto the un-classified road via Stobswood, Widdrington Station and take double right turn onto B1337 to Ulgham.
- For first three laps continue through Ulgham on B1337, via Longhirst (traffic calming priorities) to return to Whorral Bank roundabout and start of next lap.
- On the last, 4th lap, **FINISH** approximately ½ miles South West of Ulgham at the south end of bridge over old opencast road (this is approx. 150 metres past turning on right to Tritlington and 1 mile north of Longhirst).

Safety notes

- Vehicles of competitors/ officials/ marshals/ helpers to be parked safely and without hindrance to other road users.

Riders:

- On approach to Ashington there is a pedestrian crossing. This will be marshalled in the hope that it will not be activated during your passing. But if light is Red, you **MUST** stop as a legal requirement.
- There are 6 occasions on the course where narrow road traffic calming is in place. 2 are priority to riders and 4 have priority to oncoming traffic. Take note of any warning notices and Marshals at these points.
- On occasions where road narrows and/or cars are parked, riders to take extra care.
- No U Turns to be made in the vicinity of the timekeepers.
- No dismounting in the finish area. Remember this is a lapped event and competitors may still be racing past finish area.

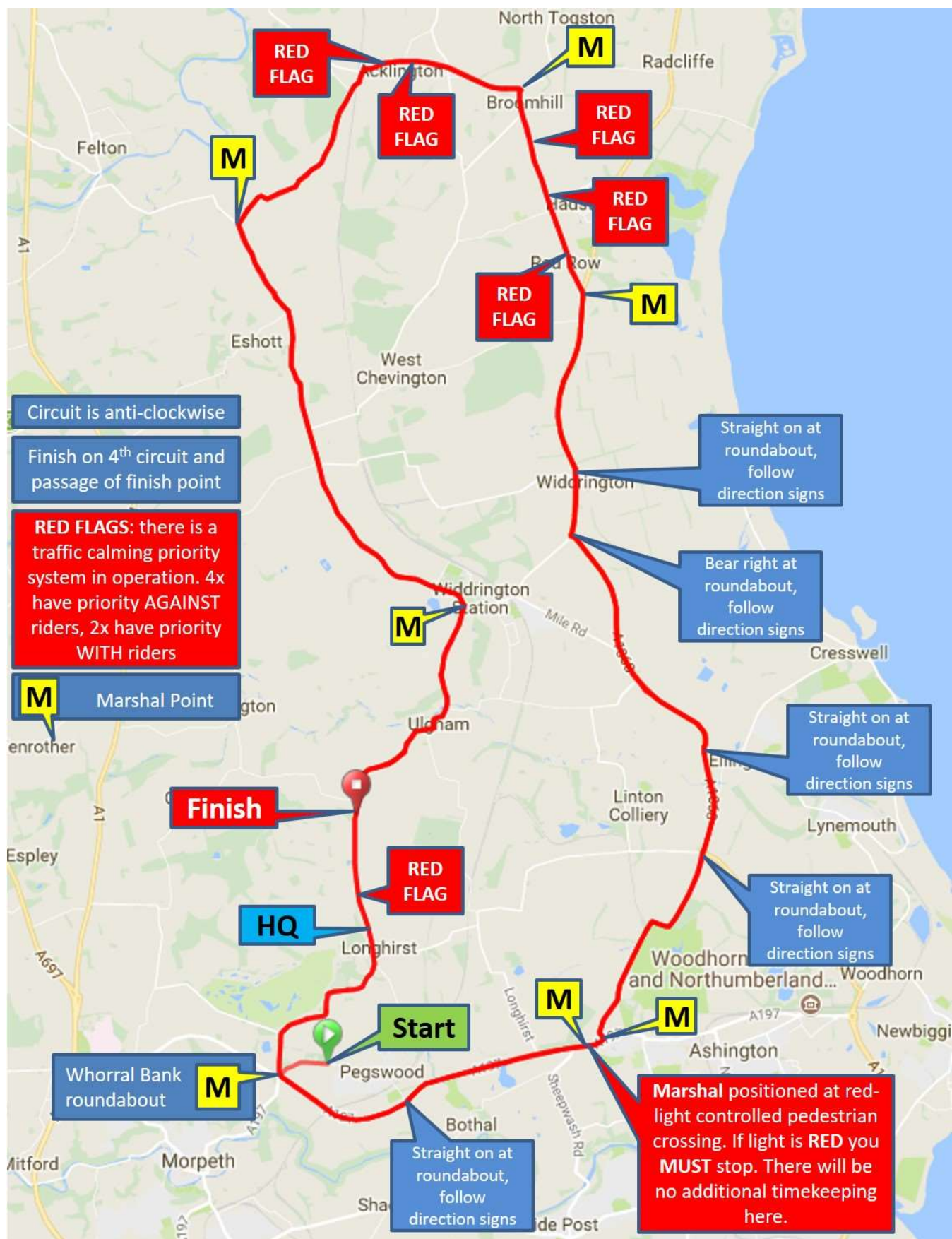
PLEASE NOTE IN ACCORDANCE WITH THE ABOVE:

- Any rider observed crossing the pedestrian crossing in Ashington while the Red Light is activated will be disqualified.
- Any other dangerous riding observed, including not yielding to oncoming traffic when required to do so by traffic calming measures will result in disqualification.

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

All competitors under the age of 18 years and/or Juniors must wear a properly affixed helmet that conforms to recognised standards.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.



As a new course, course records will be set in this event.



No.	Forename	Surname	Club	Cat	N&DCA	Vet Standard	Start time
3	Donald	McLean	Stirling Bike Club	TANDEM	-	-	7:04 AM
4	Mark	Leadbetter	Stirling Bike Club	TANDEM	-	-	7:04 AM
6	Alan	Macaulay	Tyneside Vagabonds CC	V50+	Y	5:07:21	7:06 AM
7	Hannah	Baker	North Tyneside Riders CC	W	Y	-	7:07 AM
8	Georgia	Collins	Tyneside Vagabonds CC	W	Y	-	7:08 AM
9	Kath	Finn	Kendal Cycle Club	W/V50+	-	5:23:52	7:09 AM
10	Matt	Collison	Muckle Cycle Club		Y	-	7:10 AM
11	Tim	Nichol	Derwentside CC		Y	-	7:11 AM
12	Angela	McGurk	Blaydon CC	W	Y	-	7:12 AM
13	Martin	Rasmussen	Tyneside Vagabonds CC	V40	Y	4:55:34	7:13 AM
14	Philip	Mason	Otley CC	V50+	-	5:04:37	7:14 AM
15	Tania	Tucker	Tyneside Vagabonds CC	W/V40	Y	5:11:17	7:15 AM
16	Raymond	Bell	Derwentside CC	V50+	Y	5:21:44	7:16 AM
17	Stephen	Knight	Ryton Tri Club		Y	-	7:17 AM
18	Venda Louise	Pollock	Breeze Bikes RT	W	Y	-	7:18 AM
19	Patrick	Martin	Bristol & District Triathletes (BAD TRI)		-	-	7:19 AM
20	Tim	Wilcock	GS Metro		Y	-	7:20 AM
21	Michael	Sloanes	Blumilk.com		Y	-	7:21 AM
22	Matthew	Webb	Houghton CC		Y	-	7:22 AM
23	Dean	Madden	Barnesbury CC	V40	Y	4:52:32	7:23 AM
24	Andrea	Pogson	Gala CC	W/V50+	-	5:30:37	7:24 AM
25	Hedley	Fletcher	Blaydon CC	V40	Y	4:50:29	7:25 AM
26	Peter	Watson	Harrogate Nova CC		-	-	7:26 AM
27	Sean	Kennedy	North Tyneside Riders CC		Y	-	7:27 AM
28	Kevin	Ross	Berwick Wheelers Cycling Club	V40	-	4:51:31	7:28 AM
29	Keith	Sibbald	Cramlington CC	V40	Y	4:52:32	7:29 AM
30	Chris	Edmondson	Velotik Racing Team	V40	-	4:47:16	7:30 AM
31	Justin	Ramel	Blaydon CC	V40	Y	4:51:31	7:31 AM
32	Lewis	Timmins	Muckle Cycle Club		Y	-	7:32 AM
33	Craig	Deacon	South Shields Velo Cycling Club		Y	-	7:33 AM
34	Don	Speight	Tyneside Vagabonds CC	V50+	Y	5:02:08	7:34 AM
35	Ross	Walton	Blaydon CC		Y	-	7:35 AM
36	Harper	VanSteenhouse	Fusion Triathlon Club		-	-	7:36 AM
37	Ali	Bailey	GS Metro		Y	-	7:37 AM
38	Gemma	Frost	Muckle Cycle Club	W	Y	-	7:38 AM
39	Ian	Simon	Breeze Bikes RT	V40	Y	4:53:33	7:39 AM
40	Adam	Wild	Tyneside Vagabonds CC		Y	-	7:40 AM
41	Chris	Mather	Derwentside CC	V40	Y	4:47:16	7:41 AM
42	Nick	Badcock	Allen Valley Velo		Y	-	7:42 AM
43	Darren	Stow	Cramlington CC	V40	Y	4:49:26	7:43 AM
44	Lee	Statham	Houghton CC	V40	Y	4:48:22	7:44 AM
45	Phil	Hall	Breeze Bikes RT	V40	Y	4:49:26	7:45 AM
46	Ken	Thursby	Tyneside Vagabonds CC	V40	Y	4:50:29	7:46 AM
47	Colin	Humphrey	Muckle Cycle Club	V50+	Y	4:56:36	7:47 AM
48	Paul	Wright	Blaydon CC		Y	-	7:48 AM
49	Gareth	Clarke	Cestria C.C.		Y	-	7:49 AM
50	Eddie	Addis	RT 23		-	-	7:50 AM



1 st Overall	£25
2 nd Overall	£20
3 rd Overall	£15
1 st Lady	£25
2 nd Lady	£20
1 st Vet on Standard	£15
1 st V40	£15
1 st V50+	£15
1 st Road Bike	£15
1 st Team of 3	£15 each
2 nd Team of 3	£10 each

One rider, one prize, except team prizes and road bike prize.

Prizes will be awarded in the priority order shown.

These prizes open to all riders including the Non-N&DCA affiliated riders.

Fastest rider affiliated to the Northumberland & Durham Cycling Association wins the ***N&DCA 100 mile championship***, and the ***Gateshead Cycling Club Memorial Trophy*** (presented at the N&DCA awards night in January).

Fastest veteran on standard who is affiliated to the Northumberland & Durham Cycling Association wins the ***N&DCA Jack Adams Memorial Trophy*** (also presented at the N&DCA awards night).

Any riders whose club is not affiliated to the N&DCA, or are not individually affiliated before the day of the race will not be eligible for the championship or the trophies.

A club may affiliate if it is registered with the North East or Teesside CTT Districts. An individual may affiliate (if their club has not, or cannot) provided they reside within the North East or Teesside CTT Districts.

To affiliate a club, a payment of £30 is required to be sent to the N&DCA treasurer. For an individual affiliation a payment of £10 is required. Please contact Mark Reed directly if more information is required.



The HQ will be open for signing on from 6.15am. After sign on, the HQ will then be locked, and will re-open at approx. 11.15am. If you DNF before this time, please leave your number with a course marshal.

Please do not use any kind of turbo trainer or rollers to warm up in Longhirst Village. The longevity of using the Village Hall as an HQ of the event requires the goodwill of local residents. If you need to use these items, please sign on then find suitable parking outside the village.

There will be a prize presentation, however this is likely to be at 1.00pm at the earliest, once all riders have finished and had time to arrive at the HQ.

There is some limited parking available (approx. 20 cars) at the village Hall, the car Park of the Church at the south end of the village is also available to use (Approx. 20 cars). There is also some limited street parking in the village.

Also – there is a large layby for parking just north of Whorral Bank R/A, close to the start.

Number placement

To assist the timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations noted below. If your number is too high, the timekeepers will not be able to see it. It should be correctly placed and visible at all times to ensure that the timekeepers correctly record your number of laps, and so that the marshals are aware of your position on the course.

“The number shall be centrally positioned below the waist so as to be clearly visible from the rear when in his normal riding position. Position number as shown:”



other regulations

Please be aware of the following key wording from the CTT rules and regulations which are relevant to this event:

Competitors Clothing

Competitors must be clothed from the neck to at least mid-thigh. Sleeves shall be at least mid upper arm length.

No competitor may carry advertising or the name of a commercial business on his race clothing except where he is a member of a club or team that has paid the advertising fee, he may carry advertising, but must not compete in clothing of a trade team that is/has been registered with the UCI unless he is a member of that team.

Paced & Company Riding

Competitors must ride entirely alone and unassisted and not ride in company or take shelter (commonly known as drafting) from other riders or vehicles. A competitor overtaking another must pass without receiving or giving shelter. The onus of avoiding company riding shall be upon the rider overtaken.

This is not an exhaustive list of rules and riders are advised to be familiar with the CTT rules and regulation found on the CTT website.



I am pleased to say that this year we will be able to run a neutral bottle hand-up service, thanks to Eileen Reid and Graeme Gow of Tyneside Vagabonds CC.

The instructions for using this service are as follows:

- Please bring your bottle(s) with you when you sign on.
- At sign on you will be able to write your number on your bottle or on a sticky label and stick it to the bottle. (Or you can do this in advance if you are organised.)
- If you want a bar or gel with it, please tape it to the bottle in advance.
- Leave the bottle on the table at sign on.
- The bottles will be taken to the hand up area – to be confirmed, but likely to be close to Longhirst.
- The bottles will be available for hand up towards the end of Lap 1.
- On approach, you should be travelling relatively slowly, you can cast off your empty just in advance of the hand up, please call your number as you ride up and the helpers will locate your bottle and hand it up.
- You may have to briefly stop so be prepared to put a foot down.
- After the race all the empty bottles will be brought back to the hq (so you might want to put a sticker on your original bottle as well!), or you can collect from the hand up point if you finish especially quickly, or don't finish!

n&dca 100 mile championship gateshead trophy former winners

Year	Rider	Club	Time
2016	C Donaldson	GS Metro	3:50:35
2015	C Donaldson	GS Metro	4:01:24
2014	B Lane	GS Metro	4:26:40
2013	K Murray	Strategic Lions Cycling	4:05:50
2012	J Sturman	blumilk.com	3:57:21
2011	Not awarded		
2010	B Walker	Team Swift	3:58:51
2009	J Sturman	Derwentside CC	3:57:15
2008	J Sturman	Derwentside CC	4:07:47
2007	J Gavaghan	Wansbeck CC	3:53:50
2006	W Mitchinson	VC Briganti	4:04:57
2005	M Gibson	Houghton CC	4:13:52
2004	J Gavaghan	Wansbeck CC	3:56:15
2003	S Gibson	VS Briganti	4:06:34
2002	M Sladdin	GS Metro	4:04:28
2001	C Blacklock	Zeus CRT	4:04:03
2000	G Bell	Tyne Velo	3:58:01
1999	S Walton	Barnesbury CC	4:11:22
1998	S Gibb	Cramlington CC	4:16:54
1997	H Walker	GS Metro	3:46:03
1996	G Bell	Tyne Velo	3:57:09
1995	G Bell	Cramlington CC	3:55:41
1994	P Wildsmith	Barnesbury CC	4:07:25
1993	Not awarded		
1992	P Wildsmith	Barnesbury CC	4:14:07
1991	P Wildsmith	Barnesbury CC	4:10:52
1990	J Joseph	GS Metro	4:12:25
1989	J Joseph	GS Metro	4:03:55
1988	P Chapman	Tyne Velo	3:57:38
1987	M Bradshaw	GS Metro	3:59:35
1986	D Gillings	Tyne Velo	4:13:12

Year	Rider	Club	Plus
2016	P Rider	Tyneside Vagabonds CC	+32:22
2015	Ingrid Shepherd	Sunderland Clarion	+41:30
2014	B Lane	GS Metro	+22:46
2013	D Robinson	Tyneside Vagabonds CC	+41:31
2012	J Sturman	blumilk.com	+48:46
2011	Not awarded		
2010	R Bell	Ryton Tri	+65:41
2009	R Bell	Ryton Tri	+34:14
2008	P Tuckwell	Houghton CC	+62:54
2007	P Manners	Barnesbury CC	+87:56
2006	R Longstaff	Zeus CRT	+65:33
2005	D Campbell	Stockton Wheelers CC	+51:51
2004	R Ross	Tyneside Vagabonds CC	+82:07
2003	R Ross	Tyneside Vagabonds CC	+74:05
2002	R Longstaff	Zeus CRT	+87:30
2001	R Longstaff	Zeus CRT	+110:26
2000	R Longstaff	Zeus CRT	+114:46
1999	R Longstaff	Zeus CRT	+87:29
1998	R Longstaff	Cramlington CC	+101:39
1997	K Longstaff	Cramlington CC	+68:53
1996	R Longstaff	Barnesbury CC	+102:53
1995	R Longstaff	Barnesbury CC	+94:38
1994	P Wildsmith	Barnesbury CC	+67:02
1993	Not awarded		
1992	W Clayton	Tyne RC	+55:52
1991	W Clayton	Tyne RC	+58:57
1990	Mary Dawson	Teesside RC	+79:56
1989	W Parker	Northumbrian RC	+71:17
1988	GL Dawson	Teesside RC	+61:45
1987	R Longstaff	Tyne Velo	+63:40
1986	J Joseph	GS Metro	+48:02
1985	J Watson	Barnesbury CC	+64:36
1984	J Telford	Tyne RC	+49:31
1983	J Watson	Barnesbury CC	+69:46
1982	J Watson	Barnesbury CC	+68:36
1981	J Jones	Barnesbury CC	+67:31



n&dca 100 mile championship
gateshead cycling club memorial trophy



n&dca fastest vet on standard in 100 mile tt
jack adams memorial trophy