

**CHORLEY CYCLING CLUB - OPEN 10 MILES TIME TRIAL**

**SATURDAY, 6 AUGUST, 2016, STARTING AT 18:01 HRS**

**START SHEET**

*Promoted for and on behalf of Cycling Time Trials under their rules and regulations.*

Promoter: Jamie Carson, 17 Station Terrace, Abbey Village, Nr Chorley, PR6 8DE. Tel: 07946 440913. Email: jamiecarson01@yahoo.co.uk

Timekeepers: Tracey Moore and Peter Briscoe

Event headquarters: Winmarleigh Village Hall, Broad Lane, Winmarleigh, Preston, PR3 0LA

The Hall will be open from 4.30pm. Riders must sign on here and collect their numbers. There will be a copy of the course risk assessment at the signing on point; all riders should make themselves aware of its contents. Please allow plenty of time to get from event headquarters to the start. The results will be displayed here too; please note that finish times will not be given by the finish timekeeper. Riders and supporters should not be in the vicinity of the timekeepers and/or distract them. Parking on Cockerham Road is restricted to the south of the road and not within 200 yards of the traffic lights. There will be refreshments at the event HQ.

Course L101: *START* approx 700 yards north of the traffic lights on Garstang by-pass at a point in the cycle lane on the A6 which is directly opposite lamp-post No.423. Proceed north on the A6 to turn by encircling the traffic island at Hampson Green (4.87 miles). *(Please take care at the roundabout as some traffic will be approaching having just come off the M6.)* Retrace along the A6 through the starting point to *FINISH* at lamp-post No. 411 on the east side of the road 215 yards north of the traffic lights (10 miles).

*Please note that parts of the course have recently had a surface dressing applied. We will be asking Lancashire County Council to ensure the road is swept, again, to remove as much of the loose chippings, as possible. Please ride with care. There have been temporary lights on the course approaching the turn; the course was checked on Saturday, 30 July and the lights were removed for the weekend.*

Regulations and instructions: The following Local Regulations have been approved by the National Committee in accordance with Regulation 38. Any breach may lead to disciplinary action being taken.

* Local Reg No.5 – In all events, competitors prior to starting are not permitted to ride past the finishing timekeeper during the duration of the event.
* Local Reg No.6 – Any competitors making a U turn in the vicinity of the start or finish will be disqualified from the event.
* Local Reg No.15 – Riders must keep to the left hand side of the road except when over taking. Failure to comply with the above may lead to disqualification.
* Local Reg No.16 – Competitors waiting at the start must keep off the A6 road, and use the adjacent cycle path, without causing an obstruction.
* Riders must NOT ride with their heads down.
* Cycling Time Trials strongly recommends ALL competitors to wear a helmet. Juniors must wear a helmet.
* Cycling Time Trials recommend that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.
* Riders must shout their number out as they pass through the finish line and elsewhere on the course, if requested.
* Riders should be aware that there can be a build-up of traffic approaching the finish, on occasion. Riders are reminded to obey the Highway Code and to ride safely.
* Turn right at the lights to return to the event headquarters. Please obey the Highway Code and only proceed when the lights are green.
* This event may be subject to a doping control. As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for doping control. Race numbers required for doping control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. **Remember, it is up to you to check and ensure that you comply.**

Prizes

* Fastest £60, 2nd £30, 3rd £20, 4th £15 and 5th £10
* Lady £30 and 2nd £15
* Junior £10
* Fastest V40, 50, 60, 70 and 80 £10
* Fastest team of 3 riders £10 each
* Spot prizes of £10 to 10th, 20th, 30th etc
* Course record bonus: If the winner beats James Gullen’s course record of 19:17 there is a bonus of £150. Please note; if the course record is beaten by more than one rider then the bonus is only paid to the winner. In the event of two, or more, riders breaking the record and recording the same winning time the bonus will be shared equally.

Please note that there will be one rider, one prize, except for the team award, spot prizes and the course record bonus. Cheques will be posted to award winners shortly after the event.

**The Riders**

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| **Number** | **Start**  | **Name** | **Club** | **Gender** | **Age**  |
| 1 | 18:01 | Robert | Crank | Chorley Cycling Club | Male | V40 |
| 2 | 18:02 | Jeff | Garnett | Lancaster CC | Male | V50 |
| 3 | 18:03 | Graham | Sheard | North Lancs RC | Male | V60 |
| 4 | 18:04 | Robert | Bush | CC Sudbury | Male | V80 |
| 5 | 18:05 | David | Chell | Lancaster CC | Male | V40 |
| 6 | 18:06 | Robert | Seddon | Chorley Cycling Club | Male | V40 |
| 7 | 18:07 | Chris | Dixon | Kent Valley RC | Male | V40 |
| 8 | 18:08 | Gordon | Johnston | Classic Racing Team | Male | V70 |
| 9 | 18:09 | Mel | Glover | Chorley Cycling Club | Male | V40 |
| 10 | 18:10 | Paul | Fleming | Preston Whs | Male | V50 |
| 11 | 18:11 | Russell | McLean | Beacon Wheelers CC | Male | Snr |
| 12 | 18:12 | Stuart | Crawford | Chorley Cycling Club | Male | V40 |
| 13 | 18:13 | Hope | Kerry  | Lancashire RC | Female | Snr |
| 14 | 18:14 | Jason | Cook | Chorley Cycling Club | Male | Snr |
| 15 | 18:15 | Tom | Rigby  | Tri Preston | Male | Snr |
| 16 | 18:16 | Jocky | Johnstone | Icarus Racing | Male | V70 |
| 17 | 18:17 | Neil | Hughes-Hutchings | Morden CRC | Male | Snr |
| 18 | 18:18 | Jonathan | Clemson | Chorley Cycling Club | Male | V40 |
| 19 | 18:19 | Alice | Leclercq  | Boot Out Breast Cancer CC | Female | Snr |
| 20 | 18:20 | Scott | Leverington | Chorley Cycling Club | Male | V40 |
| 21 | 18:21 | Carl | King | Adalta Cycling Club | Male | V40 |
| 22 | 18:22 | Paul | Curley | Chorley Cycling Club | Male | Snr |
| 23 | 18:23 | Caroline | Leighton | Lancashire RC | Female | V40 |
| 24 | 18:24 | John | Draper | North Lancs RC | Male | V70 |
| 25 | 18:25 | Tony | Workman | Lancashire RC | Male | V40 |
| 26 | 18:26 | Stuart | Timmins | North Lancs RC | Male | V50 |
| 27 | 18:27 | Douglas | Holmes | Chorley Cycling Club | Male | V50 |
| 28 | 18:28 | Craig | Howarth | Rossendale RC | Male | V40 |
| 29 | 18:29 | Abby | Taylor | Chorley Cycling Club | Female | Snr |
| 30 | 18:30 | Philip | Jones | Preston CC | Male | Snr |
| 31 | 18:31 | Barry | Teal | Chorley Cycling Club | Male | V60 |
| 32 | 18:32 | Ian | Willey | Ribble Valley CRC | Male | V40 |
| 33 | 18:33 | Rod | Goodfellow | North Lancs RC | Male | V70 |
| 34 | 18:34 | Hannah | Bamber | Chorley Cycling Club | Female | Snr |
| 35 | 18:35 | Jamie | Carson | Chorley Cycling Club | Male | V50 |
| 36 | 18:36 | Steve | Wilkinson | Nelson Whs CC | Male | V50 |
| 37 | 18:37 | Paul | Hill | Lancashire RC | Male | V40 |
| 38 | 18:38 | Mike | Jenkins | Chorley Cycling Club | Male | V40 |
| 39 | 18:39 | Brian | Moore | Tricycle Association (NW) | Male | V60 |
| 40 | 18:40 | Mark | Haydock | North Lancs RC | Male | V40 |
| 41 | 18:41 | Michael | Gates | Garstang CC | Male | Snr |
| 42 | 18:42 | David | Tabron | Horwich CC | Male | Snr |
| 43 | 18:43 | Heather  | Bamforth  | The Racing Chance Foundation | Female | Snr |
| 44 | 18:44 | Shelley | Parkinson | Chorley Cycling Club | Female | V50 |
| 45 | 18:45 | Peter | Thomas | Kent Valley RC | Male | Snr |
| 46 | 18:46 | Charles | Crookes | Rutland Cycling Club | Male | V50 |
| 47 | 18:47 | Denis | Thompson | West Pennine RC | Male | V60 |
| 48 | 18:48 | Ian | Roberts | The Racing Chance Foundation | Male | V60 |
| 49 | 18:49 | Stuart | Millar | Chorley Cycling Club | Male | V40 |
| 50 | 18:50 | Greg | Plummer  | Springfield Financial | Male | V50 |
| 51 | 18:51 | Michael | Cliffe | Coveryourcar.co.uk RT | Male | Snr |
| 52 | 18:52 | Timothy | Clark | Pedal Power RT | Male | Snr |
| 53 | 18:53 | David | Golden | West Pennine RC | Male | V50 |
| 54 | 18:54 | Mark | Price | Chorley Cycling Club | Male | V50 |
| 55 | 18:55 | Jimmy | Wright  | Preston Whs | Male | Snr |
| 56 | 18:56 | Keith | Melvin | Rock to Roll CC | Male | Snr |
| 57 | 18:57 | Fred  | Bamforth | Stretford Wheelers CC | Male | V40 |
| 58 | 18:58 | Chris | Lang | St Helens CRC | Male | V40 |
| 59 | 18:59 | Philip | Waterhouse | Chorley Cycling Club | Male | V40 |
| 60 | 19:00 | Thomas | Brook | Lancaster CC | Male | Snr |
| 61 | 19:01 | Nathan | Astley | Manchester Wheelers  | Male | V40 |
| 62 | 19:02 | Theresa | Taylor | Preston CC | Female | V50 |
| 63 | 19:03 | Christopher  | Thomas | Rossendale RC | Male | V40 |
| 64 | 19:04 | Gary | Allton  | Chorley Cycling Club | Male | V40 |
| 65 | 19:05 | David | Turner | Cleveleys RC | Male | V40 |
| 66 | 19:06 | Paul | McAllister | Cheshire CAT | Male | V40 |
| 67 | 19:07 | Martin | Welsh | Pendle Forest CC | Male | V50 |
| 68 | 19:08 | Roger | Haydock | North Lancs RC | Male | V60 |
| 69 | 19:09 | Geoff | Worrall | Chorley Cycling Club | Male | V50 |
| 70 | 19:10 | Richard | Bickley | Border City Whs CC | Male | Snr |
| 71 | 19:11 | Alex | Hitchmough | St Helens CRC | Male | V40 |
| 72 | 19:12 | Andrew | Hathaway | Lancashire RC | Male | Jnr |
| 73 | 19:23 | Paul | Atherfold | Chorley Cycling Club | Male | V40 |
| 74 | 19:14 | Cyril | Wynne | Stretford Wheelers CC | Male | V80 |
| 75 | 19:15 | Paul | Russell | Springfield Financial | Male | V40 |
| 76 | 19:16 | Christopher | Bodenham | Horwich CC | Male | Snr |
| 77 | 19:17 | Andy | Gates  | Airevalley Solutions Race Team | Male | V40 |
| 78 | 19:18 | James | Lawley | Barrow Central Wheelers | Male | V70 |
| 79 | 19:19 | Warren | Human | Chorley Cycling Club | Male | Snr |
| 80 | 19:20 | David | Allonby | Springfield Financial | Male | Snr |
| 81 | 19:21 | Paul | Shallicker | Coveryourcar.co.uk RT | Male | V40 |
| 82 | 19:22 | Robert | Chesters | St Helens Tri | Male | Snr |
| 83 | 19:23 | William | Sedgwick | Southport CC | Male | V60 |
| 84 | 19:24 | Neil | Pilkington | Chorley Cycling Club | Male | V50 |
| 85 | 19:25 | Nathan | Turnbull | Leigh Premier Road Club | Male | Snr |
| 86 | 19:26 | James | Gullen | Pedal Heaven | Male | Snr |

Good luck to all riders!