



Promoted for and on behalf of Cycling time Trials and under their rules and regulations

SSVCC/N&DCA 50 mile Time Trial

Sunday 6th August 2017, first rider off 08:10hrs

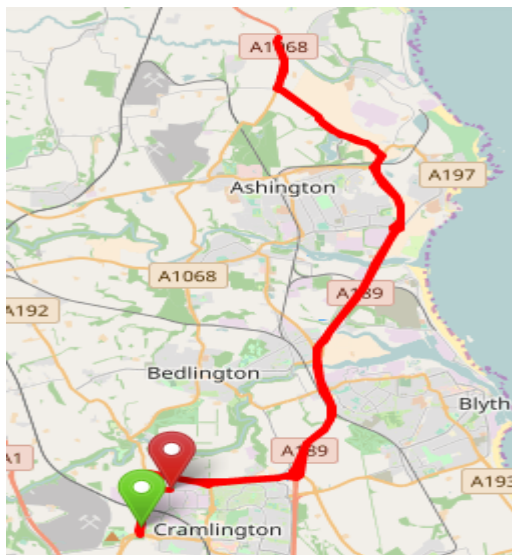
HQ (Sign on/out)- East Hartford Community Centre,

Scott Street, East Hartford, Cramlington, NE23 3AW

Sign on will be open from 07:00hrs

Course M509

Bassington - Three Horseshoes - Ellington - Three Horseshoes – Plessey Checks



Start at the north end of bus stop lay-by just north of the Bassington Roundabout on the A1068. Proceed north to Plessey Checks roundabout. Take the third exit onto the A192 to Crowhall Lane roundabout. Continue straight on to the Three Horseshoes roundabout. Take the second exit onto the A189 northbound and proceed to North Seaton (Sandy Bay) roundabout. Continue straight on to Woodhorn roundabout. Continue straight on to mini roundabout. Take the first exit to continue on the A189 to Linton roundabout at junction with the A1068. Take the third exit onto the A1068 to

Ellington roundabout. Encircle the roundabout and retrace to Linton roundabout. Take the first exit onto the A189 to mini roundabout. Take the second exit to Woodhorn roundabout. Continue straight on to North Seaton roundabout. Continue straight on to exit the A189 at the slip road leading to the Three Horseshoes roundabout. Take the third exit onto the A192 to Crowhall Lane roundabout. Continue straight on to Plessey Checks roundabout. Take the first exit onto the A1068 to Bassington roundabout. Encircle the roundabout, taking the third exit onto the A1068 northbound to complete the first lap. Repeat the first lap to finish on the second lap approx. 200 metres south of Plessey Checks roundabout on the A1068 southbound.

Safety notes:

- Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users.
- In the interests of your own safety, we recommend that all competitors wear a hard shell helmet and use a working rear light.

Riders:

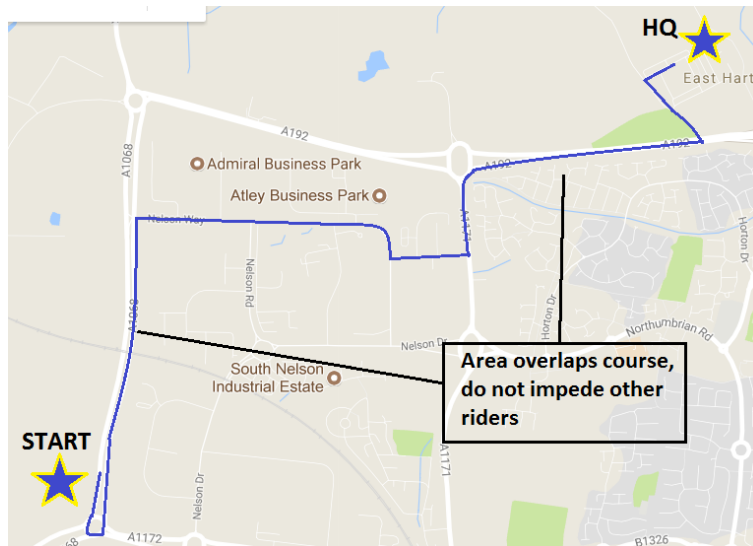
- Take extra care where traffic enters or leaves course by way of slip roads and in the negotiation of roundabouts, particularly at the mini roundabout on the return leg where the A189 joins the A197 where block paving surrounding the roundabout could be hazardous in certain conditions.
- No U-turns to be made in the vicinity of the timekeeper.
- No dismounting in the finishing area.

Additional:

- **Each rider must SIGN IN AND OUT, failure to do so will result in a DNF.**
- Be aware that part of the A189 will be subject to an overnight closure for general maintenance on Saturday 5th August, I have been assured by Northumberland Council that this will be fully open by 6am on the day of the race.
- Please respect local residents around the area of the HQ especially with regards to noise due to the early morning start.
- Please position your body number centrally below the wait to ensure it is visible from the rear whilst in normal riding position
- If you wish to be considered for the road bike BAR and compete for the road bike prize please put an "R" next to your name when signing in and sign the extra sheet provided at sign in.

Directions to Start from HQ

The HQ is approx three miles from the start so please leave plenty of time to get there. Below is the recommended route, please do not impede other riders as the route to the start travels along part of the course and take extra care when exiting the junction at Nelson Way.



"Welcome to South Shields Velo's 50 mile TT, this is our clubs first TT event and it is fantastic to see so many entries. This type of event needs a driving force behind it and we would like to thank all of those who have helped to make it possible including Sharon Dyson, Peter McGrath, Ben Lane and the rest of the N&DCA, North Tyneside Riders, Derwentside Cycling Club, Pedalling Squares, Kirkley Cycles, Pedal Gains, James Dunn, Michael Deacon, our clubs organiser and all of our marshals and helpers on the day. I hope that you all enjoy the day, ride strong, safe and keep your head up".

- Mark Severs

Chairman, SSVCC

Organiser

Craig Deacon

3 Kestrel Way

South Shields

Tyne and Wear

NE340DJ

Tel - 07454945640

Time keepers

Mr Peter McGrath

Ms Sharon Dyson

Prize list with thanks to:



1st Overall -£80 and Trophy by DCUK

2nd Overall - £40

3rd Overall -£30

4th Overall - £20

5th Overall - £10

1st Female - £30 and Cycling Print donated by Pedal Gains

2nd Female - £20

3rd Female - £10

1st Over 40 - £20

2nd Over 40 - £15

3rd Over 40 - £10

1st Over 50 - £20

2nd Over 50 - £15

3rd Over 50 - £10

1st Over 60 - £20

1st road bike (no pointy helmets, no TT bars, wheels no deeper than 50mm)

Cycling goody bag donated by Kirkley Cycles (value £50)

1st team (three counters, culmination of times)

“A Disc Wheel of Pints” Donated by Pedalling Squares Cafe

First rider off 08:10hrs

Rider Number	Start Time	First Name	Surname	Club
10	08:10	CLAIRE	COOK(W)	SOUTH SHIELDS VELO CC
11	08:11	BEN	DIXON	TRI NORTHUMBERLAND
12	08:12	GARETH	DAVIES	BARNESBURY CC
13	08:13	VENDA LOUISE	POLLOCK (W)	BREEZE BIKES RT
14	08:14	KEITH	SIBBALD	CRAMLINGTON CC
15	08:15	JUSTIN	RAMEL	BLAYDON CC
16	08:16	DAVID	BEATTIE	HAWICK CC
17	08:17	MATTHEW	WEBB	HOUGHTON CC
18	08:18	JOHN	ROUTLEDGE	BARNESBURY CC
19	08:19	RAYMOND	MCCAUGHEY	SOUTH SHIELDS VELO CC
20	08:20	ANDREW	HALL	GS METRO
21	08:21	NICK	BADCOCK	ALLEN VALLEY VELO
22	08:22	PAUL	TYLER	CESTRIA CC
23	08:23	PAUL	MITCHELL	BLAYDON CC
24	08:24	DAVID	BALLANTYNE	EMC
25	08:25	MICHAEL	TODD	DERWENTSIDE CC
26	08:26	LEWIS	TIMMINS	MUCKLE CC

27	08:27	STEVEN	WALKER	HAWICK CC
28	08:28	LEE	STATHAM	HOUGHTON CC
29	08:29	HANNAH	BAKER (w)	NORTH TYNESIDE RIDERS
30	08:30	TREVOR	MAYNE	BIRDWELL WHEELERS
31	08:31	ALISTAIR	SIMPSON	EDINBURGH ROAD CLUB
32	08:32	COLIN	HUMPHREY	MUCKLE CC
33	08:33	GARETH	CLARKE	CESTRIA CC
34	08:34	GARY	HALL	ALNWICK AND DISTRICT TRI CLUB
35	08:35	KRIS	WHITELAW	MUCKLE CC
36	08:36	ALI	BAILEY	GS METRO
37	08:37	DON	SPEIGHT	TYNESIDE VAGABONDS CC
38	08:38	AL	HEATLEY	TWFRS CC
39	08:39	GEMMA	HUTCHINS (w)	BLAYDON CC
40	08:40	ELLIOT	GOWLAND	TEAM BOTTRILL/HSS HIRE
41	08:41	DEAN	MADDEN	BARNESBURY CC
42	08:42	GEMMA	FROST (w)	MUCKLE CC
43	08:43	DARREN	STOW	CRAMLINGTON CC
44	08:44	DARREN	WILLIAMSON	MUCKLE CC
45	08:45	PHIL	HALL	BREEZE BIKES RT
46	08:46	SIMON	GIBBS	TYNESIDE VAGABONDS CC
47	08:47	CHARLOTTE	COOPER (w)	GS METRO
48	08:48	CHRISTOPHER	BEATTIE	ALLEN VALLEY VELO
49	08:49	PAUL	ROBSON	HOUGHTON CC
50	08:50	BLAINE	METCALFE	TEAM SWIFT
51	08:51	MICHAEL	SLOANES	BLUMILK.COM
52	08:52	DAVID	PRITCHARD	KENNOWAY ROAD CLUB
53	08:53	PETER	IFFLAND	NPCC
54	08:54	STEPHEN	CUMMINGS	BLAYDON CC

55	08:55	THOMAS	HOOPER	GS METRO
56	08:56	COLIN	GARDENER	RYTON TRI CLUB
57	08:57	NEIL	PARKIN	DERWENTSIDE CC
58	08:58	PATRICK	MARTIN	BRISTOL & DISTRICT TRI
59	08:59	GRAEME	KIRTON	SOUTH SHIELDS VELO CC
60	09:00	BEN	LANE	GS METRO
61	09:01	KRIS	ADLINGTON	SUNDERLAND CLARION CC
62	09:02	PETER	HERDMAN	BLAYDON CC
63	09:03	PETER	MCEWAN	BREEZE BIKES RT
64	09:04	DANIEL	ANDERSON	SOUTH SHIELDS VELO CC
65	09:05	LEE	HEAD	NORTH TYNESIDE RIDERS
66	09:06	ROSS	WALTON	BLAYDON CC
67	09:07	TOM	GUY	SUNDERLAND CLARION CC
68	09:08	RAYMOND	BELL	DERWENTSIDE CC
69	09:09	SEAN	KENNEDY	NORTH TYNESIDE RIDERS
70	09:10	DANNY	GRIEVES	GS METRO
71	09:11	CRAIG	FENWICK	TEAM SWIFT
72	09:12	CAMERON	SCADE	DUMFIRES CC
73	09:13	ALAN	MACAULAY	TNESIDE VAGABONDS CC
74	09:14	ANDREW	HENDERSON	VELO CLUB CUMBRIA
75	09:15	HARRY	WALKER	TEAM SWIFT
76	09:16	CHRIS	MATHER	DERWENTSIDE CC
77	09:17	KEVIN	SORLIE	TYNESIDE VAGABONDS CC
78	09:18	JAMIE	RUDELL	HOUGHTON CC
79	09:19	STEPHEN	KNIGHT	RYTON TRI CLUB
80	09:20	CARL	DONALDSON	GS METRO

