

**Addiscombe Cycling Club**

**Open 10 mile Time Trial**

**For the Arthur Rayner Trophy**

*(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)*

14:00 Saturday July 22nd 2017 – Course **G10/42**

**Event Record:** 19:51 W Sybrandy 2010

**HQ:** North Holmwood Village Hall

Spook Hill, North Holmwood, Surrey, RH5 4JP

**Promoter Name:** Ian Bray

**Address:** 61 Woodman Road, Coulsdon, Surrey, CR5 3HQ  
 **Tel:** 07940346263  
 **Email:**  [open10@addiscombe.org](mailto:open10@addiscombe.org)

**Timekeepers:** Peter Delve & Mike Labram

**Course Details:**

|  |  |  |
| --- | --- | --- |
| OS Ref | Details | Distance |
| 167469 | START in Spook Hill, North Holmwood at PO Telephone Inspection Cover 30 yards from junction with A24  Proceed to A24 where LEFT (care). Proceed South | 0.0 |
| 177428 | Take 2nd exit at Beare Green roundabout and follow Capel bypass (A24) | 2.67 |
| 171397 | TURN Take 5th exit on Clark’s Green roundabout (check) | 4.91 |
| 177428 | Take 2nd exit straight on at Beare Green Roundabout | 7.15 |
| 166472 | FINISH at drain at North end of penultimate crash barrier 634 yards from North Holmwood roundabout | 10.00 |

**Live timings:** To check live timings please use this link, pass to family and friends if required.

<http://www.addiscombe.org/TimeTrialResults/ttresults.php?eventcode=170722>

**SAFETY INSTRUCTIONS**

* Competitors are requested not to warm up on the course after the first competitor has started.
* Details of any additional hazards not listed on the start sheet will be displayed or advised at the Signing On point. All competitors must take note of these details when they sign on.
* Competitors must exercise extra care when negotiating all roundabouts.
* No times will be given at the finish.
* CTT regulations require the compulsory use of helmets for the under 18’s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
* Competitor’s machines: it is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
* Any participants under the age of 18 are required to present their completed parental consent form at the sign-on desk. No helmet, no parental consent then no ride.

**HEADS UP, RIDE SAFELY!**

**Prizes**

Scratch: 1st £30 2nd £20 3rd £10

Lady’s: 1st £30 2nd £20 3rd £10  
Veterans: 1st £30 2nd £20 3rd £10  
Team: 1st £30

The scratch winner will also receive two tickets to the club dinner where the trophy will be awarded.

For final results and prizes check:

<http://www.addiscombe.org/TimeTrialResults/ttresultsfinal.php?eventcode=170722>

**Notes on prizes:**

* One prize per rider except for the Team prize the highest value prize being paid.
* A Team is the fastest 3 riders from a single club / team.
* Any prizes not awarded on the day will be sent out with the results sheet.

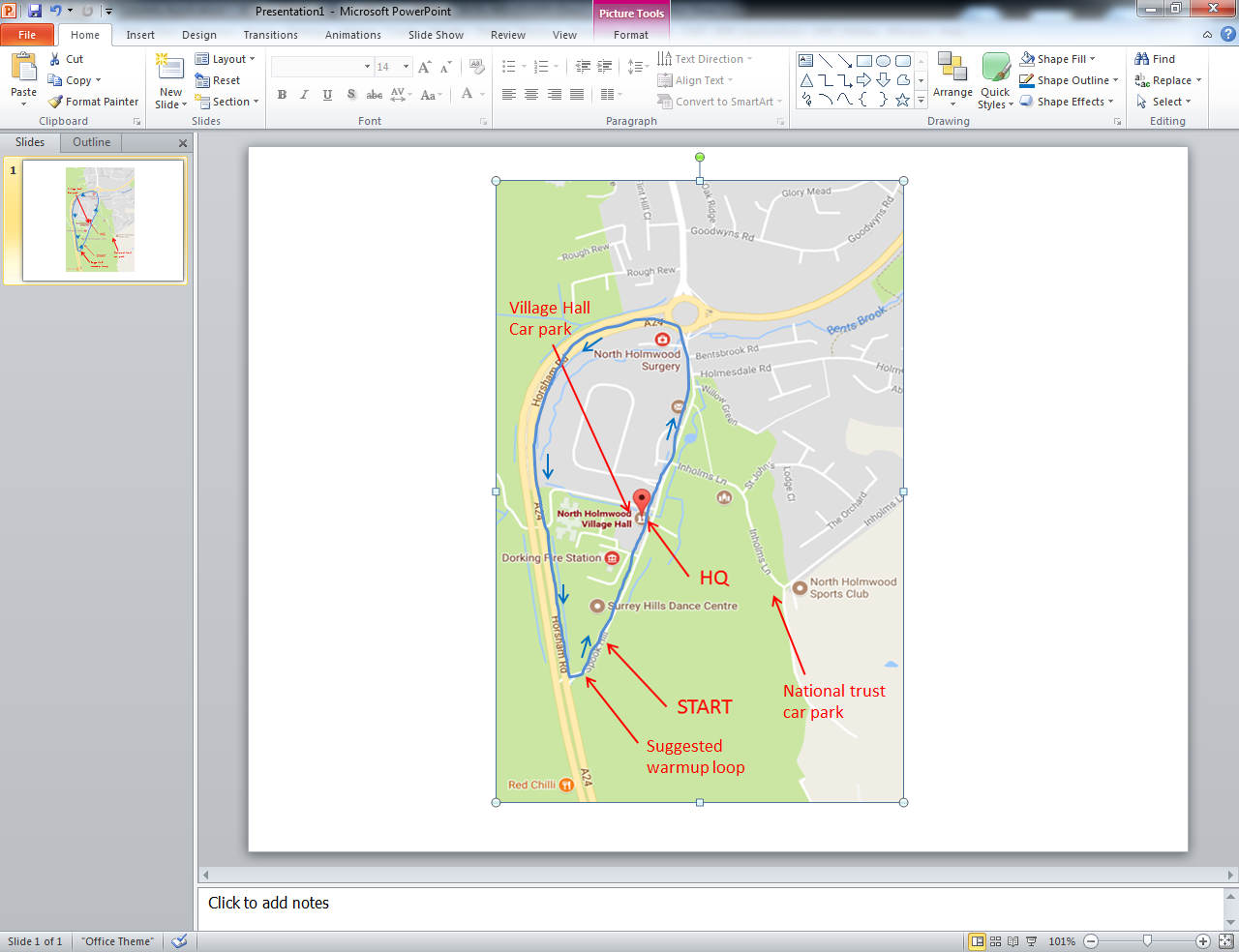
**Start sheet page 1:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Start**  **No.** | **Start**  **Time** | **First**  **Nam** | **Last**  **Name** | **Club** | **Gender** | **Cat** |
| 1 | 14:01 | Denise | Bray | Anerley BC | Female | Veteran |
| 2 | 14:02 | Esme | Cole | London Women's Racing CC | Female | Senior |
| 3 | 14:03 | Emily | Chong | Serpentine Running Club | Female | Senior |
| 4 | 14:04 | Charlotte | Matthews | Brighton Mitre CC | Female | Junior |
| 5 | 14:05 | Joscelin | Lowden | APRIRE Bicycles/HSS Hire | Female | Senior |
| 6 | 14:06 | Julie | Chasin | Twickenham CC | Female | Veteran |
| 7 | 14:07 | Vicki | Solly | ONE Triathlon RDS | Female | Senior |
| 8 | 14:08 | Laura | Wilkey | Crawley Wheelers | Female | Senior |
| 9 | 14:09 | Nadia | Wilkinson | London Women's Racing CC | Female | Senior |
| 10 | 14:10 | Katie | Crowe | Dulwich Paragon CC | Female | Veteran |
| 11 | 14:11 | Kathryn | Morris | Dulwich Paragon CC | Female | Senior |
| 12 | 14:12 | Robyn | Yates | Addiscombe CC | Female | Veteran |
| 13 | 14:13 | Jane | Shrubb | Oxted Cycle Club | Female | Veteran |
| 14 | 14:14 | Helen | Webb | Sussex Nomads CC | Female | Veteran |
| 15 | 14:15 | Sophie | Household | Vertex Biemme RT | Female | Senior |
| 16 | 14:16 |  |  |  |  |  |
| 17 | 14:17 |  |  |  |  |  |
| 18 | 14:18 | Peter | Horsfield | Redmon CC | Male | Veteran |
| 19 | 14:19 | Tim | Holmes | VTTA (Surrey & Sussex) | Male | Veteran |
| 20 | 14:20 | Ayrton | Pope | Paceline RT | Male | Espoir |
| 21 | 14:21 | David | Clark | Eastbourne Rovers CC | Male | Veteran |
| 22 | 14:22 | Alistair | Canning | Redhill CC | Male | Juvenile |
| 23 | 14:23 | Tim | Moody | Addiscombe CC | Male | Senior |
| 24 | 14:24 | Clive | Noel | Paceline RT | Male | Veteran |
| 25 | 14:25 | Leigh | Schvartz | Team Swindon Cycles | Male | Senior |
| 26 | 14:26 | Chris | Jones | Bynea Cycling Club | Male | Veteran |
| 27 | 14:27 | Jim | Ford | Dorking Cycling Club | Male | Veteran |
| 28 | 14:28 | Kaushal | Sampat | Addiscombe CC | Male | Senior |
| 29 | 14:29 | Billy | Gilbey | London Dynamo | Male | Juvenile |
| 30 | 14:30 | Robert | Moore | Nuun-Sigma Sport-London RT | Male | Senior |
| 31 | 14:31 | David | Churchill | Bigfoot CC | Male | Veteran |
| 32 | 14:32 | Ian | Bray | Addiscombe CC | Male | Senior |
| 33 | 14:33 | Benoit | Ramsay | Paceline RT | Male | Senior |
| 34 | 14:34 | David | Gordon | Anerley BC | Male | Veteran |
| 35 | 14:35 | Robert | Drake | Addiscombe CC | Male | Senior |
| 36 | 14:36 | Keith | Reed | Dorking Cycling Club | Male | Veteran |
| 37 | 14:37 | Mark | Ellis | Addiscombe CC | Male | Senior |
| 38 | 14:38 | Giles | Corner | Clapham Chasers | Male | Senior |
| 39 | 14:39 | Steve | Braddick | Anerley BC | Male | Veteran |
| 40 | 14:40 | Thomas | Whatley | Paceline RT | Male | Senior |

**Start sheet page 2:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Start**  **No.** | **Start**  **Time** | **First**  **Nam** | **Last**  **Name** | **Club** | **Gender** | **Cat** |
| 41 | 14:41 | Niall | Digby | Sigma Sport.co.uk | Male | Veteran |
| 42 | 14:42 | Andrew R | Green | Bec CC | Male | Veteran |
| 43 | 14:43 | Russell | Hicks | Oxted Cycle Club | Male | Veteran |
| 44 | 14:44 | Richard | Hoskin | Redmon CC | Male | Veteran |
| 45 | 14:45 | Pete | Morris | Team ASL | Male | Senior |
| 46 | 14:46 | Rick | Gradidge | SW Rouleurs | Male | Veteran |
| 47 | 14:47 | Ade | Fadero | Sussex Nomads CC | Male | Veteran |
| 48 | 14:48 | Matt | Phipps-Taylor | VELOSPORT CC | Male | Senior |
| 49 | 14:49 | Paul | Hunter | Addiscombe CC | Male | Senior |
| 50 | 14:50 | John | Dewey | Team Bottrill / HSS Hire | Male | Senior |
| 51 | 14:51 | Dan | Cole | Dorking Cycling Club | Male | Veteran |
| 52 | 14:52 | Mark | Aldred | Kingston Wheelers CC | Male | Senior |
| 53 | 14:53 | David | Powis | Dorking Cycling Club | Male | Senior |
| 54 | 14:54 | Ajay | Hoxha | Anerley BC | Male | Senior |
| 55 | 14:55 | Simon | Church | In-Gear Quickvit Trainsharp RT | Male | Veteran |
| 56 | 14:56 | Colin | Barton | Worthing Excelsior CC | Male | Veteran |
| 57 | 14:57 | Jared | Linden | Royal Dean Forest Cycle Club | Male | Senior |
| ~~58~~ | ~~14:58~~ | ~~Hugh~~ | ~~Pelling~~ | ~~Old Portlians CC~~ | ~~Male~~ | ~~Veteran~~ |
| 59 | 14:59 | Timo | Hendy | Pearson Cycling Club | Male | Senior |
| 60 | 15:00 | Adam | Bidwell | Kingston Wheelers CC | Male | Veteran |
| 61 | 15:01 | Jonathan | Pontin | Addiscombe CC | Male | Senior |
| 62 | 15:02 | Dale | Baldwin | Horsham Cycling | Male | Veteran |
| 63 | 15:03 | Craig | Lawrence | Kingston Wheelers CC | Male | Senior |
| 64 | 15:04 | Tom | Pemberton | New Malden Velo | Male | Senior |
| 65 | 15:05 | Andrew | Bradbury | Paceline RT | Male | Senior |
| 66 | 15:06 | Michael | Deen | Redmon CC | Male | Veteran |
| 67 | 15:07 | Andrew | Murray | Team Corridori | Male | Veteran |
| 68 | 15:08 | Craig | Swatton | Crawley Wheelers | Male | Senior |
| 69 | 15:09 | Barry | Packman | Epsom CC | Male | Veteran |
| 70 | 15:10 | Pat | Wright | Paceline RT | Male | Senior |
| 71 | 15:11 | David | Lovell | Addiscombe CC | Male | Veteran |
| 72 | 15:12 | Sam | Clarke | Team Bottrill / HSS Hire | Male | Senior |
| 73 | 15:13 | Aidan | Culhane | Kingston Wheelers CC | Male | Veteran |
| 74 | 15:14 | Barrie | Foster | Anerley BC | Male | Veteran |
| 75 | 15:15 | Anthony | Draper | 34 Nomads CC | Male | Veteran |
| 76 | 15:16 | Gareth | Williams | Twickenham CC | Male | Veteran |
| 77 | 15:17 | Matthew | Ferguson | Redhill CC | Male | Espoir |
| 78 | 15:18 | Robert | Royle-Evatt | Addiscombe CC | Male | Veteran |
| ~~79~~ | ~~15:19~~ | ~~Steve~~ | ~~Grout~~ | ~~Epsom CC~~ | ~~Male~~ | ~~Veteran~~ |
| 80 | 15:20 | Christopher | Mcnamara | Nuun-Sigma Sport-London RT | Male | Veteran |

**Maps**



## CAR PARKING

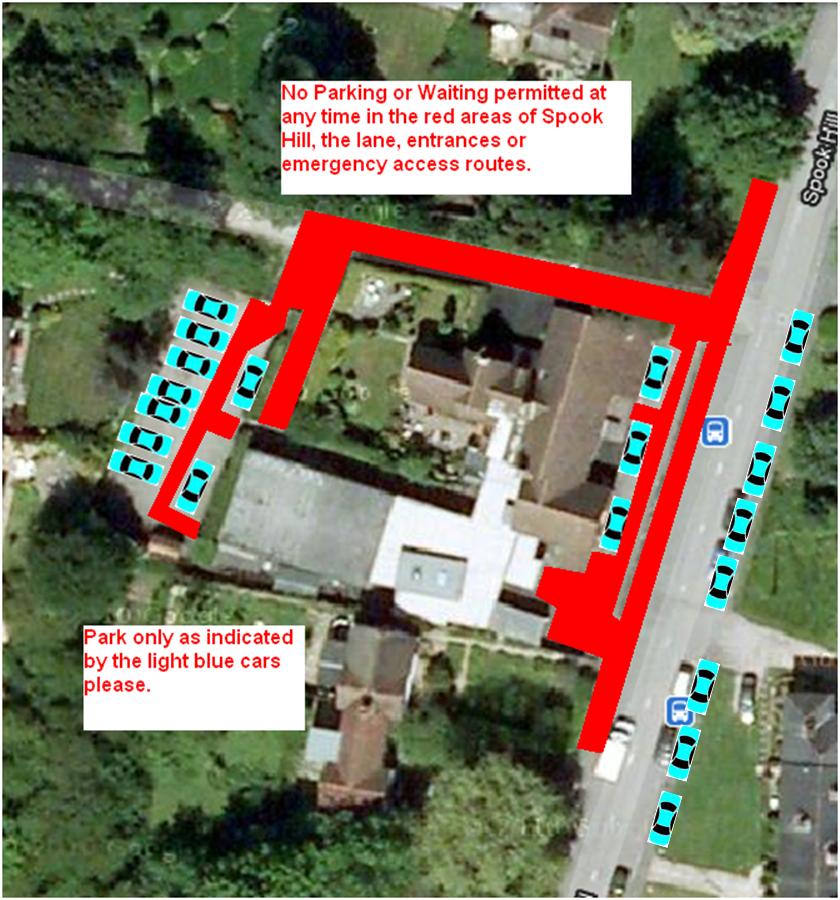
* We have received a polite reminder from the Emergency Services that on occasion cars are parked on both sides of the road causing an obstruction and delay to Emergency vehicles in Spook Hill.
* There is a CAR PARK at the rear of the premises please encourage all your group members to use it. Please ask parents/guardians that when collecting children they park either in the CAR PARK or the opposite side of the road. Children must not be left unsupervised or unattended.
* When parking at the front of the premises please do not obstruct the Disabled Entrance or the Main Doors, as these are FIRE EXITS.
* When parking in the rear car park, to maximise the numbers of cars, please park cars in a line with their front (or back) to the rear fence. There is then room for a small number of cars side on to the wall closest to the Village Hall.

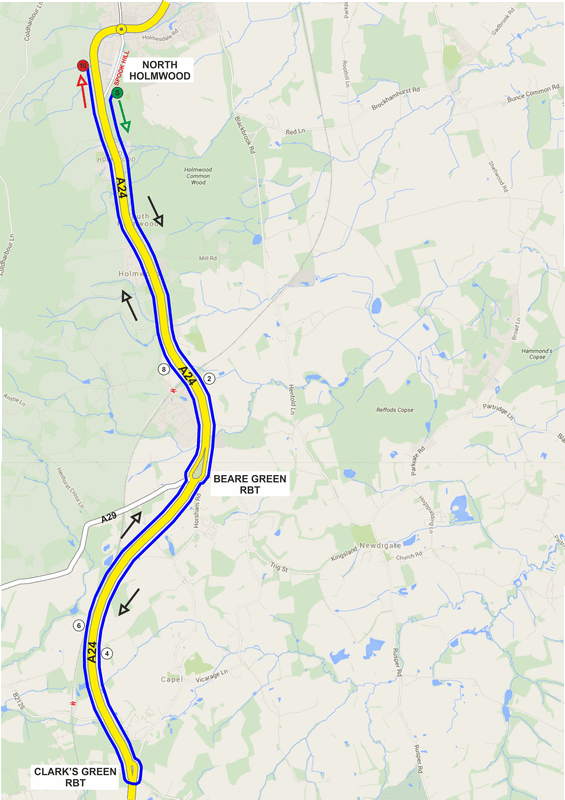
***The Don'ts! (Please!)***

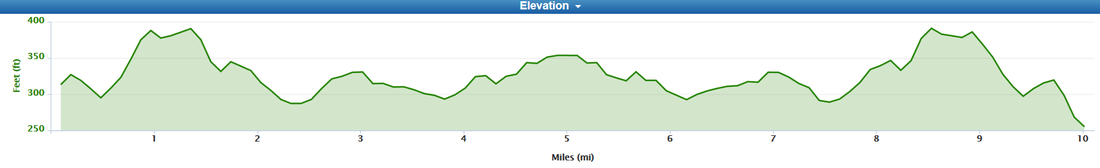
Drivers MUST NOT, park on the Village Hall side of the road.  There is both an Ambulance & Fire Station just up the road from the hall, and it is imperative that they have clear access along Spook Hill AT ALL TIMES.  Additionally, it is a residential area, so we ask that drivers park considerately, and not on the curb.  Directly opposite the hall is a row of Victorian terrace houses, and the residents don't have drives, so they park along the road in front of their homes.  If at all possible, we would ask that this area be left free please.  No one should park in the lane to the side of the Village Hall (It leads to the car park at the back of the hall & to residential homes.)

***The Do's***

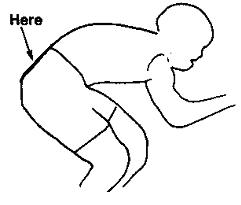
We do have a car park at the back of the hall for about 15 cars.  There is room to park further up Spook Hill after the Victorian terrace houses.  Additionally, I would suggest that you make use of the National Trust Car Park in North Holmwood, which is just a bit further up from the Church, and cycle down, which they could do in a couple of minutes.







**NUMBERS MUST BE FIXED BELOW WAIST**



**NO TIME MAY BE RECORDED IF NUMBER IS NOT CORRECTLY POSITIONED.**