

Team Swift

12 Hours, 100 & 50 Miles Time Trials

Sunday 31 July 2016

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Event Secretary

Keith Lawton 1 Pinfold Court, Sherburn in Elmet. LS25 6LD
07740 429419 keithctt@gmail.com

Assistant Event Secretary

Mike Williams 10 Manor Garth Skidby, Cottingham, Hull. HU16 5UF
01482 849264 mikettbike@hotmail.com

Principal Timekeeper

Keith Webb

Circuit Timekeepers

George Barker, Mick Phillips, Betty Philipson, Phil Hurt, Joyce Webb

Finish Timekeeper (50 miles)

Joyce Webb

Finish Timekeeper (100 miles)

Geoff Backshall

Chief Marshal

Mike Williams

HQ (Open from 05:00)

Melbourne Cricket Pavilion and Scout Hut

Situated at the east end of Melbourne Village (Y042 4RD)

Parking

In the marked area on the field. **DO NOT PARK ON THE DRIVEWAY**

IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Start

This is located on the road just outside the HQ, approximately 3.5 miles southwest of the A1079 York to Hull road. Allerthorpe Lane end/Roundabout is approx. 9 miles down the A1079 from the A64 (York By Pass)

Numbers, Signing-On and Food

These will be at the HQ

Please fix with pins and not tape.

Course Marking

Direction arrows will be displayed at all turns. Riders and helpers should look out for these.

Cycle Event warning signs will be placed for the benefit of other road users as defined in the course Risk Assessment.

Marshals

Marshals will be placed around the course to direct you to the next marshal point, they are not there to stop traffic in your favour. **All marshals will be issued with a long sleeved Hi-Vis jacket. Please wear this for your own safety and the benefit of the riders.**

Camping/Overnight Parking

Please note that this is not allowed at the HQ

Feeding Station

Food/Drinks/Sponges will be available adjacent to the start on each lap. Riders may have to stop to collect what they require.

Use of Motor vehicles (Not allowed in the 50)

Regulation 22 (use of motor vehicles) **allows** for assistance with a competitor's reasonable feeding and other requirements. A competitor shall not be overtaken by his support vehicle more frequently than once every 10 miles. Such vehicle should be driven at normal traffic speed. Riders should read the regulations and instruct their helpers that disqualification can result if obstruction or annoyance is caused to other competitors

The enclosed form should be handed in at signing on.

Drivers of supporting vehicles should take care not to cause obstruction whenever they park. Please take extra care on the finishing circuit, especially when parking up when your riders time has expired. **DO NOT PARK ON PRIVATE PROPERTY.**

Rider Notes

Riders encounter Allerthorpe Roundabout twice on each circuit. When emerging from Allerthorpe Lane encircle the roundabout and return into Allerthorpe Lane (except when on the finishing circuit). When approaching the roundabout on the A1079 proceed straight across (2nd exit), staying on the A1079.

Riders must obey all the rules of the road and all CTT regulations. During the event riders will pass through several villages. Please remain alert and beware of parked cars etc. at the side of the road.

Please note that Southfield Lane is narrow for the first mile or so. Please be aware of the Cricket Field on Sutton Lane. If there is a match on there are likely to be a number of parked cars on the verge.

Awards

	Men	Women
12 Hours		
1st	£30.00	£30.00
2nd	£25.00	
3rd	£20.00	
Tandem	£20.00	each. If covering more than 220 miles
100 Miles		
1st	£25.00	£25.00
2nd	£15.00	
3rd	£10.00	
50 Miles		
1st	£25.00	£25.00
2nd	£15.00	
3rd	£10.00	

VTTA (Yorkshire Group) (VTTA Members only)

1st overall on Standard (Any Age)

Holds the “**John Pickles Memorial Trophy**” for one year.

North Midlands & VTTA (North Mids Group)

Fastest NM affiliated Club member holds the

“**Trevor Wilkinson Trophy**” for one year

VTTA (North Mids) group member Best on Standard holds the “**Brian Beardsley Cup**” for one year.

V12Hr (2012)	Inter.	Lap1	Lap2	Lap3	Lap4	Lap5
Start outside HQ (Melbourne Scout Hut) on North Side of road, opposite Power Pole.						
Proceed eastwards to Allerthorpe Roundabout/junction A1079	3.857	3.857	44.448	85.039	125.630	166.221
Encircle roundabout and retrace to pass HQ to Rossmoor Junction. LEFT	5.757	9.614	50.205	90.796	131.387	171.978
Proceed on B1228 to Bubwith X/Roads. LEFT	6.181	15.795	56.386	96.977	137.568	178.159
On A163 to Southfield Lane. LEFT	3.011	18.806	59.397	99.988	140.579	181.170
Proceed through Seaton Ross, on Church Lane and Mill Lane to Everingham. LEFT	5.241	24.047	64.638	105.229	145.820	186.411
to Junction with A1079. LEFT	2.417	26.464	67.055	107.646	148.237	188.828
Allerthorpe Roundabout. STRAIGHT ON (2nd exit)	3.731	30.195	70.786	111.377	151.968	192.559
to Sutton Lane.	1.825	32.020	72.611	113.202	153.793	194.384
LEFT on unclassified road to Sutton Village. LEFT	4.064	36.084	76.675	117.266	157.857	198.448
Through Sutton to Rossmoor. Straight on	2.554	38.638	79.229	119.820	160.411	201.002
through Melbourne (Past Original Start)	1.953	40.591	81.182	121.773	162.364	202.955
Continue to repeat circuit a further 4 times or as directed by the course marshal						
through Melbourne (Past Original Start.)	202.955					

Commence Finishing Circuit		
through Melbourne (Past Original Start.)	202.955	
to Timekeeper A , (Principal) adjacent to hydrant next to gateway opposite approx 100 yds after road leading to Everingham and Seaton Ross (Sumo UK junction).	0.531	203.486
Continue to Timekeeper B , situated outside Allerthorpe Village Hall	2.687	206.173
Allethorpe Roundabout. Left, 1st exit	0.639	206.812
to Sutton Lane. LEFT on unclassified road to	1.819	208.631
Timekeeper C , Situated at Northern end of gateway leading to woodland 150yds after passing under pylons and 200 yds before road junction on the left.	0.885	209.516
Timekeeper D , adjacent to Public Footpath sign 100 yds before Sutton on Derwent sign.	2.828	212.344
Sutton Village. Left Turn	0.351	212.695
Timekeeper E , at Power pole L0957-2 . Aprox 110 yards East narrow lane and 200 east of narrow bridge.	1.867	214.562
Rossmoor Junction. Straight On	0.687	215.249
through Melbourne (Past HQ)	1.953	217.202
to Timekeeper A , (Principal) adjacent to hydrant next to gateway opposite "East Riding Farm Produce" approx 100 yds after road leading to Everingham and Seaton Ross.	0.531	217.733

Number of completed circuits

		1	2	3	4	5	6	7
TKA	203.486	217.733	231.980	246.227	260.474	274.721	288.968	303.215
TKB	206.173	220.420	234.667	248.914	263.161	277.408	291.655	305.902
TKC	209.516	223.763	238.010	252.257	266.504	280.751	294.998	309.245
TKD	212.344	226.591	240.838	255.085	269.332	283.579	297.826	312.073
TKE	214.562	228.809	243.056	257.303	271.550	285.797	300.044	314.291

Riders should continue riding to the next timekeeper after their time expires before stopping.

There is not a finishing circuit timekeeper outside the HQ

Course Record 301.71 miles, Nik Bowdler 2012

V350 (50 miles event)

Start outside HQ (Melbourne Scout Hut) on North Side of road, opposite Power Pole.

Proceed eastwards to Allerthorpe Roundabout/junction A1079 3.857

Encircle roundabout and retrace to pass HQ to Rossmoor Junction.**LEFT** 9.614

Proceed on B1228 to Bubwith X/Roads. **LEFT** 15.795

On A163 to Southfield Lane. **LEFT** 18.806

Proceed through Seaton Ross, on Church Lane and Mill Lane to Everingham. **LEFT** 24.047

to Junction with A1079. **LEFT** 26.464

Allerthorpe Roundabout. **STRAIGHT ON** (2nd exit) 30.195

to Sutton Lane. 32.020

LEFT on unclassified road to Sutton Village. **LEFT** 36.084

Through Sutton to Rossmoor. Straight on 38.638

through Melbourne (Past Original Start) 40.591

Proceed eastwards to Allerthorpe Roundabout/junction A1079 44.448

Encircle roundabout and retrace to **50 FINISH** at Power Pole P0071 approx 150 yards before Rossmoor junction **50.000**

V370 (100 miles event) as above then

to Rossmoor Junction.**LEFT**

Proceed on B1228 to Bubwith X/Roads. **LEFT** 56.386

On A163 to Southfield Lane. **LEFT** 59.397

Proceed through Seaton Ross, on Church Lane and Mill Lane to Everingham. **LEFT** 64.638

to Junction with A1079. **LEFT** 67.055

Allerthorpe Roundabout. **STRAIGHT ON** (2nd exit) 70.786

to Sutton Lane. 72.611

LEFT on unclassified road to Sutton Village. LEFT	76.675
Through Sutton to Rossmoor. Straight on	79.229
through Melbourne (Past Original Start)	81.182
Proceed eastwards to Allerthorpe Roundabout/junction A1079	85.039
Encircle roundabout and retrace to pass HQ to Rossmoor Junction. LEFT	90.796
Proceed on B1228 to Bubwith X/Roads. LEFT	96.977
On A163 to Southfield Lane. LEFT to finish road approx 800 yards north of A163	100.000

This event is run in memory of
Ron & May Kitching
 and incorporates the VTTA (Yorkshire),
 North Midlands & VTTA (North Mids.) 12 Hours Events

No	Name	Club	TOS	Age	Std.
1	Rob Waghorn	Congleton CC	06:01	70	166.79
2	Gary Purchon	Otley CC	06:02	51	198.44
3	Jenny Bonham	Richmond CC	06:03	W 33	
4	John Baddeley	Stone Wheelers CC	06:04	70	166.79
5	Lee Mitche	Team Burn Machine	06:05	42	209.71
6	Tania Tucker	Tyneside Vagabonds CC	06:06	W 41	191.86
7	Andrew Hall	GS Metro	06:07	34	
8	Nigel Hurst	Sleaford Wheelers CC	06:08	54	194.68
9	Mark Stock	Velo Club Long Eaton	06:09	52	197.21
10	Andy Newham	Lincoln Whs CC	06:10	43	208.35
11	Andrew Collings	Team Burn Machine	06:11	45	205.77
12	Trevor Halstead	Gainsborough Aegir CC	06:12	58	189.19
13	Ali Mahdi	East Bradford CC	06:13	46	204.53
14	Thomas Mead-Herbert	Watford Velo Sport	06:14	28	
15	Andrew Askwith	Bridlington CC	06:15	51	198.44
16	Jonathan Hobby	North Hampshire RC	06:16	51	198.44
17	David Mcleavy	City RC (Hull)	06:17	26	
18	Andy Whitehead	Rockingham Cycling Club	06:18	50	199.66
19	Philip Mason	Otley CC	06:19	56	192.02
20	Stewart Pickard	Vive Le Velo	06:20	48	202.08
21	Doug Hart	Ilkley CC	06:21	43	208.35
22	Lee Cairns	Team Swift	06:22	42	209.71
23	Chris Goode	Yorkshire Coast Clarion CC	06:23	50	199.66
24	Mark Lansdown	Albarosa CC	06:24	59	187.71
25	Chris Hopkinson	CC Desiragear	06:25	48	202.08
26	Adam Bidwell	Kingston Wheelers CC	06:26	39	
27	Peter Garnett	Swindon Road Club	06:27	47	203.30
28	Gary Simpson	Team Burn Machine	06:28	48	202.08
29	Philip Kelly	Born to Bike - Bridgtown Cycles	06:29	50	199.66
30	Jim Trevor	Hull Thursday RC	06:30	44	207.05
31	Joe LeSage	Rutland Cycling Club	06:31	43	208.35
32	Derek Mcmillan	SVTTA	06:32	56	192.02
33	Richard Yates	Sleaford Wheelers CC	06:33	50	199.66
34	Richard Horton	Sleaford Wheelers CC	06:34	51	198.44
35	Alexander Colman	Arrow Cycles	06:35	28	
36			06:36		
37	Rachel Crowther	Otley CC	06:37	W 45	Tandem
37	Christine Bell	Otley CC		W 50	Tandem

50 Miles Event				
68	Liz Hills	Otley CC	07:08	W 39
69	Marie Page	Barton Whs	07:09	W 43
70	Gary Rhodes	Drighlington BC	07:10	47
71	David Percival	Team Swift	07:11	39
72	Vicky Jowett	Albarosa CC	07:12	W 33
73	Sheldon Howcroft	Otley CC	07:13	55
74	Keith Richardson	Leeds Westfield CC	07:14	80
75	Tim Humphries	Team Swift	07:15	52
76	Walter Wilkinson	Harrogate Nova CC	07:16	71
77	Andrew Coulbeck	Goole RCC	07:17	50
78	Richard Walker	Hull Thursday RC	07:18	47
79	Alan Sides	Rotherham Wheelers Cycling Club	07:19	72
80	Julian Read	Team Swift	07:20	52
81	Stephen Lloyd	Bronte Whs	07:21	47
82	Kerry Gowland	Team Bottrill	07:22	W 38
83	Mike Cole	Huddersfield RC	07:23	71
84	John Churchman	Otley CC	07:24	79
85	Richard Sharp	York Cycleworks	07:25	34
86	Ian Mitchelson	Albarosa CC	07:26	43
87	Mark Rowland	Selby CC	07:27	53
88	Amy Ogden	Tuxford Clarion C C	07:28	W 39
89	Helen Goldthorpe	Otley CC	07:29	W 38
90	Robby Krygsman	Team Swift	07:30	54
91	Martin Willan	Clifton CC York	07:31	44
92	Jessica Bacon	York Cycleworks	07:32	W 37
93	Ian Ambler	Rockingham Cycling Club	07:33	47
94	Mark Waller	City RC (Hull)	07:34	43
95	Elliot Gowland	Team Bottrill	07:35	44
96	Arved Schwendel	Cottingham Coureurs	07:36	38
97	Alex Smethurst	Team Swift	07:37	W 24
98	Dave Bennett	Darlington Cycling Club	07:38	68
99	John Savage	Hull Thursday RC	07:39	55
100	Blaine Metcalf	Team Swift	07:40	24