



EASTERN COUNTIES CYCLING ASSOCIATION

100 mile Time Trial

Scratch & Handicap

to be held on

Sunday 18th June 2017

Course E2/100c ~ Start at 4:44

Race HQ – Memorial Hall, Fulbourne Centre, CB21 5BS (open from 3:45am)

E2/100C Course details

START at paint mark in Mill Lane, 15 yards before (N of) SV marker by lane to Upper Heath Farm which is approx 0.3 m north of A11 Trunk road(M). At A11 turn left to start circuit, continue along A11 to join A14 and after approx.7 miles **BEAR LEFT** onto A11. Continue to B1085 slip road to T junction (M), **GIVE WAY SIGN**. Turn right to roundabout and take third exit to join A11 southbound and retrace along A11 to join A14 at Newmarket, then after approx 7 miles **KEEP LEFT** to rejoin A11. Take slip road to elevated roundabout at Four Went Ways (M) and take fourth exit to rejoin A11 Northbound, continue for 3.9miles to Mill Road SP Willbraham to complete circuit of 33.25m. Continue on A11 and repeat circuit to B1085 and Four Went Ways interchange twice more and turn left at slip onto Mill Road SP Willbraham (**TAKE CARE TURNING INTO MILL ROAD – ONCOMING TRAFFIC**) and FINISH 20 Yards past 'End Of Clearway' Sign. (Timekeeper on RH side of road)

NOTES TO RIDERS - The following local regulations must be adhered to: -

1. **No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action.**
2. **NO 'U' TURNS are allowed within sight of either the start or finish area. Riders carrying out this dangerous maneuver are liable for disqualification from the event and further disciplinary action by the CTT District Committee.**
3. **Numbers will be situated in the HQ; these can be exchanged for a hot or cold drink after the event, they must be returned by the rider as drug testing maybe in force at this event, ensure that you sign-out, any rider not doing this will be disqualified.**
4. **No warming-up by competitors is allowed along any part of the designated course, after the event has started.**
5. **Static Trainers. In respect of consideration for local residents, the use of static trainers, e.g.: turbo trainers, is banned from all morning events held in the London East District.**
6. **Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.**
7. **If you are having support from a vehicle during the event, the CTT 'supporting vehicle form' must be handed in when signing on, observers will be on the course to note any infringement.**

ECCA association event

| No | CTT ID | Name | Club | ECCA | LTS | H/cap | Start Time |
|----|--------|------------------|---------------------------------|------|----------|--------|------------|
| 44 | 634 | Gary Boyd | Hub Velo | YA | 05:22:06 | 104:38 | 04:44 |
| 45 | 559 | Alison Wood (W) | Redbridge CC | YA | 05:15:00 | 98:00 | 04:45 |
| 46 | 3983 | Peter Horsnell | Chelmer CC | YA | 04:55:36 | 79:54 | 04:46 |
| 47 | 6395 | David Solomon | Whitewebbs CC | YA | 04:50:31 | 75:09 | 04:47 |
| 48 | 814 | Richard Parrotte | Shaftesbury CC | YA | 04:30:17 | 56:16 | 04:48 |
| 49 | 334 | William Wallace | CC London | YA | | | 04:49 |
| 50 | 3984 | Peter Harding | Chelmer CC | YA | | | 04:50 |
| 51 | 196 | Nick Hickman | Hitchin Nomads CC | YA | 04:19:36 | 46:18 | 04:51 |
| 52 | 3914 | David Harding | Chelmer CC | YA | | | 04:52 |
| 53 | 4626 | Ian Bibby | Finsbury Park CC | YA | | | 04:53 |
| 54 | 3034 | Rob Young | Team Vision Racing - Silverhook | YA | | | 04:54 |

Reserve

| | | | | |
|-----|------|---------------|---------------|----|
| 136 | 1333 | Oliver Cozens | Norwich A B C | YA |
|-----|------|---------------|---------------|----|

ECCA BBAR event

| No | CTT ID | Name | Club | ECCA | LTS | H/cap | Start Time |
|----|--------|-----------------------|-----------------------------------|------|----------|-------|------------|
| 55 | 9425 | Andrew Scorey | GS Metro | | 04:08:08 | | 04:55 |
| 56 | 17758 | Carlito Rendora | Eagle Road Club | Y | 04:04:49 | 32:30 | 04:56 |
| 57 | 1473 | Damon Day | CC Sudbury | Y | 04:08:48 | 36:13 | 04:57 |
| 58 | 1389 | Virginia McGee (W) | Charlottesville Cycling Club | | 04:48:28 | | 04:58 |
| 59 | 3327 | Lisa Davis (W) | Lewes Wanderers CC | | 04:53:48 | | 04:59 |
| 60 | 4685 | Phil Jarvis | Colchester Rovers CC | Y | 03:59:59 | 27:04 | 05:00 |
| 61 | 2225 | Chris Tye | Plomesgate CC | | 04:03:30 | | 05:01 |
| 62 | 4726 | Lee Wingate | Glendene CC | Y | 04:04:30 | 32:12 | 05:02 |
| 63 | 3881 | Philip Bray | Plymouth Corinthian CC | | 04:07:36 | | 05:03 |
| 64 | 7445 | Christine Pout (W) | Verulam Really Moving | Y | 04:49:29 | 74:12 | 05:04 |
| 65 | 2298 | Greg Parker | Velo Club St Raphael | | 03:58:17 | | 05:05 |
| 66 | 55 | Ben Lane | GS Metro | | 04:00:48 | | 05:06 |
| 67 | 5563 | Nic Pillinger | Team SS | Y | 04:07:44 | 35:14 | 05:07 |
| 68 | 529 | Sharon Clifford (W) | WCS Racing Team | | 04:38:15 | | 05:08 |
| 69 | 7373 | Claire Clementson (W) | Wigan Whs CC | | 04:49:25 | | 05:09 |
| 70 | 3071 | John Watson | Hitchin Nomads CC | Y | 03:57:20 | 25:31 | 05:10 |
| 71 | 5003 | Peter Hooper | Eastbourne Rovers CC | | 04:00:26 | | 05:11 |
| 72 | 5708 | David Procter | Team Velovelocity | | 04:04:20 | | 05:12 |
| 73 | 2250 | Dena Ford (W) | High Wycombe CC | | 04:27:06 | | 05:13 |
| 74 | 733 | Leanne Cutler (W) | Hitchin Nomads CC | Y | 04:39:44 | 65:06 | 05:14 |
| 75 | 2944 | Tony May | TMG Horizon Cycling Team | | 03:56:40 | | 05:15 |
| 76 | 2333 | Graham Painter | Chelmer CC | Y | 04:03:07 | 30:55 | 05:16 |
| 77 | 6032 | Noah Knock | Victoria/Ciclos.com/CC | Y | 04:07:43 | 35:13 | 05:17 |
| 78 | 4393 | Mary Bower (W) | Momentum Cycles RC | Y | 04:12:26 | 39:37 | 05:18 |
| 79 | 2328 | Lisa Hurrell (W) | Maldon & District CC | Y | 04:35:17 | 60:56 | 05:19 |
| 80 | 1373 | Scott Leverington | Springfield Financial Racing Team | | 03:56:58 | | 05:20 |
| 81 | 136 | Phillip Gosling | Ely & District CC | Y | 04:01:04 | 29:00 | 05:21 |

| No | CTT ID | Name | Club | ECCA | LTS | H/cap | Start Time | |
|-----|--------|---------|----------------|---------------------------------|-----|----------|------------|-------|
| 82 | 2129 | Neil | Allonby | Icknield RC | Y | 04:02:58 | 30:47 | 05:22 |
| 83 | 811 | Katja | Rietdorf (W) | Born to Bike - Bridgtown Cycles | | 04:04:26 | | 05:23 |
| 84 | 3472 | Anna | Dearing (W) | Chelmer CC | Y | 04:17:42 | 44:32 | 05:24 |
| 85 | 280 | Alice | Lethbridge (W) | DRAG2ZERO | | 03:57:34 | | 05:25 |
| 86 | 2982 | Clarice | Chung (W) | AS Test Team | | 04:02:17 | | 05:26 |
| 87 | 5231 | Laura | Bartlett (W) | ...a3crg | | 04:08:16 | | 05:27 |
| 88 | 830 | Crystal | Spearman (W) | NOPINZ | | 04:11:47 | | 05:28 |
| 89 | 1291 | Susan | Triplow (W) | Essex Roads CC | Y | 04:20:57 | 47:34 | 05:29 |
| 90 | 1599 | Nigel | Clementson | Wigan Whs CC | | 03:55:43 | | 05:30 |
| 91 | 4538 | Chris | Nudds | CC Breckland | Y | 03:59:12 | 27:16 | 05:31 |
| 92 | 4257 | Howard | Heighton | Ferryhill Whs | | 04:04:41 | | 05:32 |
| 93 | 5343 | Ray | Retter | North Devon Wheelers | | 04:06:55 | | 05:33 |
| 94 | 736 | Jeff | Roberts | High Wycombe CC | | 04:10:35 | | 05:34 |
| 95 | 3500 | Miles | Earl | Plymouth Corinthian CC | | 03:55:30 | | 05:35 |
| 96 | 1063 | Geoff | Reynolds | Hemel Hempstead CC | Y | 03:59:56 | 27:57 | 05:36 |
| 97 | 160 | John | Golder | Chelmer CC | Y | 04:03:41 | 31:27 | 05:37 |
| 98 | 3200 | Robert | Royston | Sydenham Whs | | 04:06:26 | | 05:38 |
| 99 | 251 | Mike | O'Gorman | Worthing Excelsior CC | | 04:10:56 | | 05:39 |
| 100 | 2031 | Gray | Turnock | Finsbury Park CC | Y | 03:39:32 | 8:54 | 05:40 |
| 101 | 17 | Mark | Nulty | Glossop Kinder Velo CC | | 03:41:03 | | 05:41 |
| 102 | 5507 | Andrew | Leggett | Team Velovelocity | | 03:46:09 | | 05:42 |
| 103 | 14107 | Paul | Fleming | Preston Whs | | 03:51:26 | | 05:43 |
| 104 | 2022 | Dale | Sturman | West Suffolk Whs & TC | Y | 03:54:16 | 22:39 | 05:44 |
| 105 | 65 | Carl | Donaldson | GS Metro | | 03:36:35 | | 05:45 |
| 106 | 222 | Dave | Lazenby | Baines Racing Silverstone Cycle | | 03:42:03 | | 05:46 |
| 107 | 99 | Henrik | Persson | Kingston Wheelers CC | | 03:47:03 | | 05:47 |
| 108 | 963 | John | Samways | Bournemouth Jubilee Whs | | 03:52:42 | | 05:48 |
| 109 | 4175 | Danny | Grieves | GS Metro | | 03:54:59 | | 05:49 |
| 110 | 3486 | Mark | Turnbull | TORQ Performance | | 03:33:25 | | 05:50 |
| 111 | 2556 | Michael | Broadwith | Arctic Tacx RT | | 03:38:26 | | 05:51 |
| 112 | 5176 | John | Lacey | Hemel Hempstead CC | Y | 03:45:41 | 14:39 | 05:52 |
| 113 | 3659 | Mat | Ivings | Buxton CC/Sett Valley Cycles | | 03:50:49 | | 05:53 |
| 114 | 4098 | Rob | Pears | Bath Cycling Club | | 03:53:54 | | 05:54 |
| 115 | 630 | Jon | Wynn | T1 Diabetes.info | | 03:32:50 | | 05:55 |
| 116 | 1688 | Charles | Mitchell | ...a3crg | | 03:41:26 | | 05:56 |
| 117 | 3301 | Andy | Stuart | Velo Club St Raphael | | 03:46:23 | | 05:57 |
| 118 | 277 | Phil | Melling | 45 RC | Y | 03:52:37 | 21:07 | 05:58 |
| 119 | 2418 | Julian | Pegg | Hitchin Nomads CC | Y | 03:54:44 | 23:06 | 05:59 |
| 120 | 6913 | Adam | Duggleby | Vive Le Velo | | 03:31:08 | | 06:00 |
| 121 | 1959 | Conrad | Moss | Mid Devon CC | | 03:37:40 | | 06:01 |
| 122 | 5167 | Dael | Sidwell | Hinckley Cycle Racing Club | | 03:45:56 | | 06:02 |
| 123 | 379 | Ken | Platts | Cambridge CC | Y | 03:47:39 | 16:29 | 06:03 |
| 124 | 17437 | Andrew | Askwith | Bridlington CC | | 03:53:51 | | 06:04 |
| 125 | 580 | Peter | Harrison | AS Test Team | | 03:28:17 | | 06:05 |
| 126 | 242 | Dave | Green | Team Velovelocity | | 03:37:01 | | 06:06 |
| 127 | 3646 | Edward | Nicholson | Team Bottrill / HSS Hire | | 03:46:20 | | 06:07 |
| 128 | 266 | Chris | Lea | Buxton CC/Sett Valley Cycles | | 03:51:57 | | 06:08 |

| No | CTT ID | Name | Club | ECCA | LTS | H/cap | Start Time |
|-----|--------|--------------------|-------------------|------|----------|-------|------------|
| 129 | 896 | Robert Golding | Ely & District CC | Y | 03:54:31 | 23:03 | 06:09 |
| 130 | 679 | Liam Maybank | Twickenham CC | Y | 03:25:28 | SCR | 06:10 |
| 131 | 505 | Colin Ward | Essex Roads CC | Y | 03:37:35 | 7:05 | 06:11 |
| 132 | 5229 | Stephen Williamson | ...a3crg | | 03:44:29 | | 06:12 |
| 133 | 7968 | David Shepherd | GS Stella | | 03:47:17 | | 06:13 |
| 134 | 3242 | Kevin Baumber | Shaftesbury CC | Y | 03:53:47 | 22:12 | 06:14 |
| 135 | 6983 | Richard Bideau | Pendle Forest CC | | 03:22:16 | | 06:15 |

Mens course record: Richard Bideau 3:22:16 2016

Mens comp Record: Charles Taylor 3:21:31 2015

Womans course record: Alice Lethbridge 3:57:34 2016

Womans comp Record: Julia Shaw 3:45:22 2010

Reserves

| | | | | | | | |
|-----|-------|--------------------|----------------------------|---|----------|-------|--|
| 137 | 12242 | Tony Reeves | GS Stella | | 04:12:11 | | |
| 138 | 498 | Carl Stephens | Basildon CC | Y | 04:12:53 | 40:02 | |
| 139 | 4732 | Greg Melia | Clifton CC York | | 03:55:00 | | |
| 140 | 3728 | Ben Houston | East Grinstead CC | | 04:16:09 | | |
| 141 | 177 | Thomas Hooper | GS Metro | | 04:16:59 | | |
| 142 | 1418 | Roy Cuppelditch | Colchester Rovers CC | Y | 04:17:38 | 44:28 | |
| 143 | 5217 | Andrew Turnock | Finsbury Park CC | Y | 04:21:00 | 47:36 | |
| 144 | 4334 | Bob Quarton | Wolsey RC | Y | 04:23:28 | 49:55 | |
| 145 | 1442 | Noel Toone | Kettering CC | Y | 04:32:15 | 58:06 | |
| 146 | 3850 | David Emery | Dulwich Paragon CC | | | | |
| 147 | 1062 | Gary Chambers | NOPINZ | | | | |
| 148 | 1998 | Matthew Charlton | Farnborough & Camberley CC | | | | |
| 149 | 2498 | Rebecca Murley (W) | Wisbech Whs | Y | | | |
| 150 | 6803 | Amy Pritchard (W) | Giant Camden Team Liv | | | | |
| 151 | 7165 | Lee Buckman | Ashford Whs | Y | | | |

Please make every effort to start, 30 riders were disappointed, should you not be able to start, please contact me ASAP as I have 16 very hopeful reserves waiting in the wings.

Note to riders if you have not signed on 30 minutes before your start time your start position will be given to a reserve.

Note for reserves if you have not been allocated a number before the event, you have to be in the HQ from the start time, start positions will be allocated on attendance.

IN THE INTEREST OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL SAFETY HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

ECCA awards for scratch & handicap

Fastest rider £100 + ECCA Challenge Shield for one year

2nd £50, 3rd £30, 4th £20, 5th £15 & 6th £10

Fastest Woman £100, 2nd £50 & 3rd £30

Fastest club team of three riders £60

Fastest ECCA rider – Allondon Trophy for one year

Fastest ECCA Team – 100 miles Shield for one year

ECCA riders only - 1st Handicap – Boxed gilt medal, 2nd & 3rd ECCA Medals

Timekeepers: Tim & Becky Groves

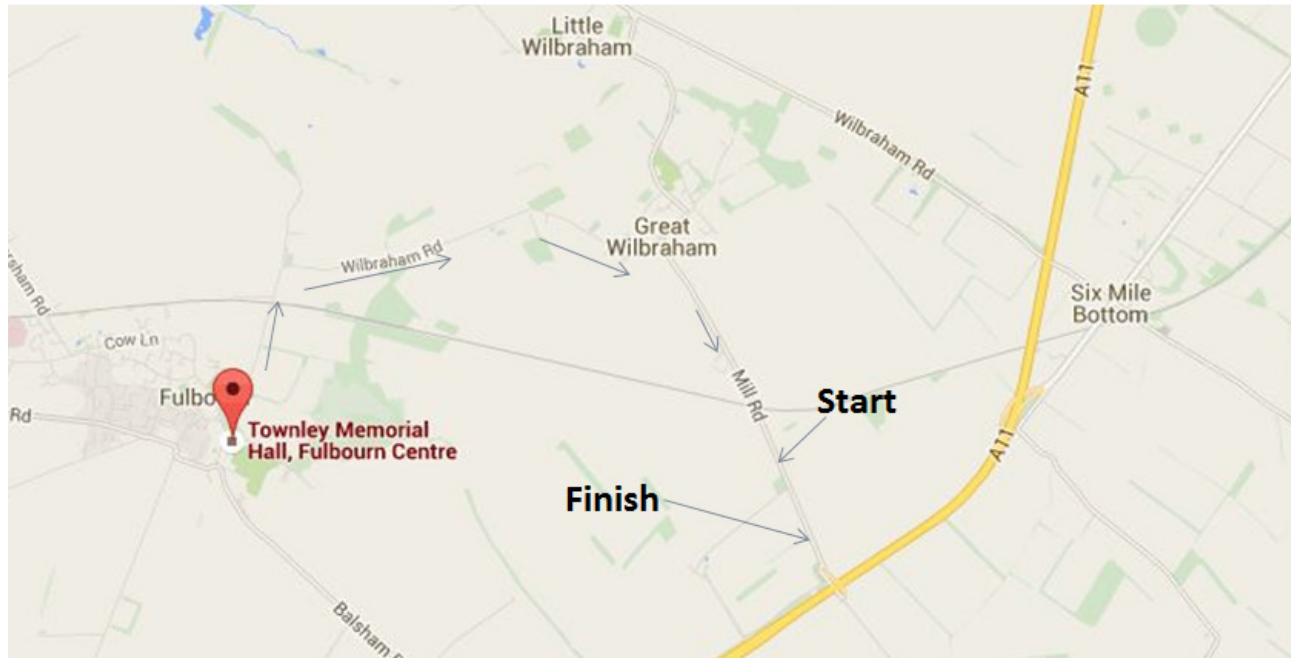
Event Secretary: John Golder

6 Middlemead, West Hanningfield, Chelmsford, CM2 8UT

Mobile: 07709 328113

Organiser on the day: Dave Nock - Mobile: 07939 695523

HQ – Memorial Hall, Fulbourne Centre, CB21 5BS



The HQ is approx. 4 miles from the start, please allow adequate time, the route will be clearly marked to the start.

There is plenty of parking spaces at this HQ, however please consider that we have a large entry when parking your vehicle.

Please be quiet at the HQ as it is in the middle of a residential area that are not used to cyclists getting up at the crack of dawn and we want to use this excellent venue in future, there will be a parking marshall to ensure you park sensibly.

There is a bar in the centre that you can have a well-deserved drink at after the event 😊