HEMEL HEMPSTEAD CC ON BEHALF OF THE LONDON NORTH DISTRICT PRESENT:

## 2017 RTTC CIRCUIT NATIONAL CHAMPIONSHIP

### KNIGHT COMPOSITES CLASSIC TT SERIES SUNDAY 11TH JUNE 2017

**OF 6** 

#

Cycling Time Trials

PROMOTED FOR AND BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES, REGULATIONS AND CHAMPIONSHIP CONDITIONS





2017 RTTC CIRCUIT NATIONAL CHAMPIONSHIP AND KNIGHT COMPOSITES CLASSIC TT SERIES ROUND 6 of 6



CYCLING TIME TRIALS REPRESENTATIVE SHEILA HARDY

#### **CHAMPIONSHIP AWARDS**

(MEN, WOMEN, JUNIOR MEN AND JUNIOR WOMEN)

- 1ST GILT RTTC MEDALLION, CHAMPIONSHIP TROPHY & CAP
- 2ND SILVER RTTC MEDALLION
- 3RD BRONZE RTTC MEDALLION

#### **AGE AWARDS**

(MEN AND WOMEN)

40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 ETC.

AGE AWARDS

(JUNIOR MEN AND JUNIOR WOMEN)

12, 13, 14, 15, 16, 17 & 18

#### KNIGHT COMPOSITES CLASSIC SERIES OVERALL AWARDS TO BE PRESENTED AT CHAMPIONS NIGHT 2018

1ST MEN'S CATEGORY	KNIGHT COMPOSITES WHEEL SET	£250 CYCLING TIME TRIALS CHEQUE	RTTC MEDAL
1ST WOMEN'S CATEGORY	KNIGHT COMPOSITES WHEEL SET	£250 CYCLING TIME TRIALS CHEQUE	RTTC MEDAL
1ST JUNIOR CATEGORY	KNIGHT COMPOSITES WHEEL SET	£125 CYCLING TIME TRIALS CHEQUE	RTTC MEDAL
1ST VETERAN (SCRATCH)	KNIGHT COMPOSITES WHEEL SET	£125 CYCLING TIME TRIALS CHEQUE	RTTC MEDAL
1ST VETERAN (TARGET)	KNIGHT COMPOSITES WHEEL SET	£125 CYCLING TIME TRIALS CHEQUE	RTTC MEDAL
1ST WOMAN VETERAN (SCRATCH)	KNIGHT COMPOSITES WHEEL SET	£125 CYCLING TIME TRIALS CHEQUE	RTTC MEDAL
1ST ESPOIRS CATEGORY	KNIGHT COMPOSITES WHEEL SET	£125 CYCLING TIME TRIALS CHEQUE	RTTC MEDAL
1ST PARACYCLING CATEGORY	KNIGHT COMPOSITES WHEEL SET	£125 CYCLING TIME TRIALS CHEQUE	RTTC MEDAL
1ST TEAM (OF 3 ACROSS ALL CATEGORIES)	KNIGHT COMPOSITES WHEEL SET	£125 CYCLING TIME TRIALS CHEQUE	RTTC MEDAL

2ND & 3RD OVERALL IN EACH CATEGORY (APART FROM TEAM) WILL RECEIVE A RTTC MEDAL.

#### POINTS

POINTS WILL BE AWARDED ON THE BASIS OF 60 POINTS (IN EACH CATEGORY) FOR THE WINNER DOWN TO 1 FOR SIXTIETH PLACE IN EACH EVENT. THE WINNERS WILL BE THE RIDERS WITH THE HIGHEST AGGREGATE TOTAL OF POINTS FROM UP TO FOUR EVENTS.

IF MORE THAN ONE RIDER ACHIEVES THE SAME NUMBER OF POINTS, THEN THEIR 5TH HIGHEST PLACING WILL BE USED TO DETERMINE THE WINNER. THE VETERAN CATEGORIES ARE OPEN TO BOTH MEN AND WOMEN. WOMEN VETERANS WILL RECEIVE AN ADDITIONAL 8 YEARS ON TARGET TIME.

THE VETERANS COMPETITIONS WILL BE RUN OVER THE SAME DISTANCE AS THE WOMEN'S COMPETITION.

THE COMPETITION FOR PARACYCLIST'S IS BASED ON A "FACTORED TIME" SYSTEM.

IN 2017 AN ESPOIR IS SOMEONE BORN AFTER 31ST DECEMBER 1994 & BEFORE 1ST JANUARY 1999. See page 232 of the 2017 Handbook for the competition conditions.



#### Sunday 11 June 2017 Start at 09:01

Promoted for and on behalf of Cycling Time Trials and CTT London North District under their Rules, Regulations and Championship Conditions by Hemel Hempstead Cycling Club

#### **Event Secretary**

Paul Thomson 43 Dinmore Bovingdon Hemel Hempstead Herts HP3 0QW Tel: 07973675052 Paulthomo@aol.com

#### **Timekeepers**

Chief Timekeeper: Mike Bannister Second Timekeeper: TBA Start Timekeeper 1: Annette Lacey Start Timekeeper 2: TBA

#### HQ (Open from 07:45)

Cranfield University Sport Hall College Road Cranfield Bedfordshire MK43 0AL

There are full changing rooms with showers & toilets available upstairs above the entrance hall. A lift is available for those who need it.



#### How to get to the HQ

Cranfield is 3 to 4 miles from the M1.

From the north take **J14** and turn left then right towards Moulsoe. Continue through towards Cranfield and turn left to Wharley End & University. The Sports Hall is at the end of the road on the left. It's a big white box. Don't panic if you miss the left to Wharley End – continue on until the roundabout and turn left there.

From the south take **J13** and turn right over the M1 and at the roundabout turn right, under the A421 to Salford. Just as you enter Salford turn right to Cranfield, following the signs for the University (ignore other signs to Cranfield village). Go over the first roundabout and continue right and left through the Technology Centre. When you get to the mini roundabout next to the Murco station you will see the Sports hall on the left. It's a big white box.

For those coming north or south on the A1 when you get to the Black Cat roundabout turn onto the A421 bypassing Bedford and continue towards Milton Keynes taking the exit sliproad signposted to the M1 south. At the bottom of the sliproad turn right towards Salford and continue as above.



#### **Car Parking**

There is a new car park for the Sports Hall (the big white box below – car park is the grass area shown to the left below). Enter via Lanchester Road and there are extra spaces in Lanchester Hall car parks nearby to the west and on the road away from the mini roundabout south of the Sports Hall. Do not park in College Road or University Way and do not block anyone in. Do not park on the pathways leading to the hall.



#### Numbers and Signing-On and Signing Out

Please sign on and collect your numbers from the hall. You must return to the hall in person to sign out after the event.

#### Numbers

Both body and arm numbers will be used.

In accordance with Championship Conditions only numbers provided by the organiser should be used. Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing **forwards** (not inwards or sideways).

#### Please fix with pins and not tape. Pockets if used must conform as above

#### To the start

From the Sports Hall turn left north through the University grounds along College Road. After approx. 1.1 mile you will get to the course. Turn right and after 60 yards turn left to go past the finish to the start. Please indicate to the timekeeper that you are simply riding to the start. The start is about a quarter of a mile from the junction. Allow up to 10 minutes to get to the start (at a decent 20mph average pace it would take under 5 mins, but it does drag a little for some of it).

#### Map of course



Start is at point A. Finish at point E (both points approximate). All riders will do 2 laps anticlockwise. 1 lap is approx. 10.2 miles so approx. 20.3 in total.

Marshals will be at Astwood, turning into their High St, and at the turn onto the A422. Both of these you do NOT have priority, and for especially the A422 junction (Point B above) care will need to be taken. Marshalls will also be at

Chicheley to turn you off the A422 (point C above) to take you to North Crawley. In North Crawley you will also have marshals at the junction (Point D above) to take you through the village – again you do not have priority so need to take care. To complete the circuit a marshal will direct you to turn left into Astwood Road where you will pass the finish timekeeper (Point E above). If you have completed only one lap then continue past the start (Point A) and do another complete circuit.

Once you have finished please do NOT do a U-turn in the road, but continue past the start and on until just before the bend through Bourne End to turn Right to Cranfield (take care not to impede other riders still racing) and once in Cranfield turn Right back to the circuit passing the turn into Astwood Road to turn left back to the HQ.



This course profile makes it look hillier than it is. But it is not flat as you can see. There is approx. 350 feet of climbing per lap (165m). Max gradient is around 5%.

<u>https://ridewithgps.com/routes/21475668</u> - this is a route of the map you can go to view it online and download TCX/GPX/KML files to your GPS device

#### LOCAL REGULATION No. 1

No U turns should be made in sight of the start or finish areas while riding on the public highway.

#### LOCAL REGULATION No. 2

Competitors, their helpers and event officials must use the toilet facilities provided at event headquarters as required. Fields and hedgerows must NOT be used for toilet purposes. Failure to observe this regulation may result in disciplinary action against those concerned.

#### LOCAL REGULATION No. 3

No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.

#### Spectators

Spectators can view the event at various points along the course. Please do not disturb or block other road users, residents, etc. whilst supporting the riders. There are good viewing points just after Bourne End, about a mile after the start (conveniently there is a cyclist Café – the BikeBus - situated there, so please pop in to see them), up the hill into Astwood, at a couple of laybys on the A422 and up the drag to North Crawley.

Please be aware that you should not follow riders on the course. If riding a bike or driving then please travel in the opposite direction. Do not spectate close to the start or finish points. Do not approach the timekeepers or marshals as they have to concentrate on the job at hand.

#### Warming up

Riders should note that there is nowhere closer than the HQ to warm up on rollers/turbo's etc. so please do not try to get closer to the start to do so – anyone found on a turbo in the vicinity of the start or finish areas may be DQ's and liable for further disciplinary action.

Warming up on the road can be done to the south of the HQ. There is a 2.5 mile circuit south towards Salford turning left at the bottom of the hill back towards Cranfield Village, turning left again at the top of the hill past the end of the runway back to the RAB entrance to Cranfield Technology Park and to the HQ.

#### Start order:

	Paracycling					
No	Name	Club	Age	Cat	Start	Factor
1	Jamie Harding	Royal Dean Forest CC	19	C1	09:01	1.237
2					09:02	
3	Graeme Church	Team Milton Keynes	51	C3	09:03	1.149
4						
	Junior Women					
No	Name	Club	Age	Cat	Start	
5	Emily Richards	Bourne Wheelers	12	Juvenile	09:05	
6	Alexandra Rimmer	Mountain Goat Coaching	16	Junior	09:06	
7	Elizabeth Marvelly	Hillingdon Slipstreamers	16	Junior	09:07	
		0				

8					09:08		
9	Lauren Dolan	Liv CC - Epic Coaching	17	Junior	09:09		
	Junior Men						
No	Name	Club	Age	Cat	Start		
10	Thomas Heighton	Stockton Wheelers CC	13	Juvenile	09:10		
11	Harry Kirby	Banbury Star Cycling Club	14	Juvenile	09:11		
12	Bryn Richards	Bourne Wheelers	14	Juvenile	09:12		
13					09:13		
14	Sam Morris	Revolutions Racing	17	Junior	09:14		
15					09:15		
16	Zach Bridges	Cardiff Jif	16	Junior	09:16		
17					09:17		
18	Harry Buxton	T.H.R.E. Datawolves R.T.	16	Junior	09:18		
19					09:19		
20	Joe Laverick	Banks/Catford CC Equipe	16	Junior	09:20		
	Women					_	
No	Name	Club	Age	Cat	Start	Target Time	Vet Cat
~ 1							
21	Gillian Reynolds	Willesden CC	68	Veteran	09:21	1:05:05	F
21 22	Gillian Reynolds Chanel Mason	Storey Racing	68 36	Veteran Senior	09:21 09:22	1:05:05	F
22	•					1:05:05	F
22 23	Chanel Mason	Storey Racing	36	Senior	09:22	1:05:05	F
22 23	Chanel Mason Sarah Croucher	Storey Racing Momentum Cycles RC	36 38	Senior Senior	09:22 09:23	1:05:05	F
22 23 24 25	Chanel Mason Sarah Croucher Elizabeth Banks	Storey Racing Momentum Cycles RC Sunsport Velo CC	36 38 26	Senior Senior Senior	09:22 09:23 09:24	1:05:05	F
22 23 24 25	Chanel Mason Sarah Croucher Elizabeth Banks Kristin Stolpe	Storey Racing Momentum Cycles RC Sunsport Velo CC Lovelo Cinelli RT	36 38 26 34	Senior Senior Senior Senior	09:22 09:23 09:24 09:25	1:05:05 0:58:19	F
22 23 24 25 26	Chanel Mason Sarah Croucher Elizabeth Banks Kristin Stolpe Monica Dew	Storey Racing Momentum Cycles RC Sunsport Velo CC Lovelo Cinelli RT Storey Racing	36 38 26 34 19	Senior Senior Senior Senior Espoir	09:22 09:23 09:24 09:25 09:26		
22 23 24 25 26 27	Chanel Mason Sarah Croucher Elizabeth Banks Kristin Stolpe Monica Dew Sarah Short	Storey Racing Momentum Cycles RC Sunsport Velo CC Lovelo Cinelli RT Storey Racing Bonito Squadra Corse	36 38 26 34 19 53	Senior Senior Senior Senior Espoir Veteran	09:22 09:23 09:24 09:25 09:26 09:27		
22 23 24 25 26 27 28	Chanel Mason Sarah Croucher Elizabeth Banks Kristin Stolpe Monica Dew Sarah Short Karla Boddy	Storey Racing Momentum Cycles RC Sunsport Velo CC Lovelo Cinelli RT Storey Racing Bonito Squadra Corse Team Corley Cycles	36 38 26 34 19 53 31	Senior Senior Senior Senior Espoir Veteran Senior	09:22 09:23 09:24 09:25 09:26 09:27 09:28		
22 23 24 25 26 27 28 29	Chanel Mason Sarah Croucher Elizabeth Banks Kristin Stolpe Monica Dew Sarah Short Karla Boddy Jess Atkinson	Storey Racing Momentum Cycles RC Sunsport Velo CC Lovelo Cinelli RT Storey Racing Bonito Squadra Corse Team Corley Cycles Cambridge University CC	36 38 26 34 19 53 31 20	Senior Senior Senior Senior Espoir Veteran Senior Espoir	09:22 09:23 09:24 09:25 09:26 09:27 09:28 09:29		
22 23 24 25 26 27 28 29 30 31	Chanel Mason Sarah Croucher Elizabeth Banks Kristin Stolpe Monica Dew Sarah Short Karla Boddy Jess Atkinson Ruth Summerford	Storey Racing Momentum Cycles RC Sunsport Velo CC Lovelo Cinelli RT Storey Racing Bonito Squadra Corse Team Corley Cycles Cambridge University CC Eastbourne Rovers CC	36 38 26 34 19 53 31 20 26	Senior Senior Senior Senior Espoir Veteran Senior Espoir Senior	09:22 09:23 09:24 09:25 09:26 09:27 09:28 09:29 09:30		
22 23 24 25 26 27 28 29 30 31 32	Chanel Mason Sarah Croucher Elizabeth Banks Kristin Stolpe Monica Dew Sarah Short Karla Boddy Jess Atkinson Ruth Summerford Elizabeth-Jane Harris	Storey Racing Momentum Cycles RC Sunsport Velo CC Lovelo Cinelli RT Storey Racing Bonito Squadra Corse Team Corley Cycles Cambridge University CC Eastbourne Rovers CC Storey Racing	36 38 26 34 19 53 31 20 26 29	Senior Senior Senior Senior Espoir Veteran Senior Senior Senior	09:22 09:23 09:24 09:25 09:26 09:27 09:28 09:29 09:30 09:31	0:58:19	С
22 23 24 25 26 27 28 29 30 31 32 33	Chanel Mason Sarah Croucher Elizabeth Banks Kristin Stolpe Monica Dew Sarah Short Karla Boddy Jess Atkinson Ruth Summerford Elizabeth-Jane Harris Jackie Field	Storey Racing Momentum Cycles RC Sunsport Velo CC Lovelo Cinelli RT Storey Racing Bonito Squadra Corse Team Corley Cycles Cambridge University CC Eastbourne Rovers CC Storey Racing CC Ashwell High Wycombe CC Trainsharp	36 38 26 34 19 53 31 20 26 29 52	Senior Senior Senior Espoir Veteran Senior Senior Senior Veteran	09:22 09:23 09:24 09:25 09:26 09:27 09:28 09:29 09:30 09:31 09:32	0:58:19 0:57:53	С
22 23 24 25 26 27 28 29 30 31 32 33 34	Chanel Mason Sarah Croucher Elizabeth Banks Kristin Stolpe Monica Dew Sarah Short Karla Boddy Jess Atkinson Ruth Summerford Elizabeth-Jane Harris Jackie Field Dena Ford	Storey Racing Momentum Cycles RC Sunsport Velo CC Lovelo Cinelli RT Storey Racing Bonito Squadra Corse Team Corley Cycles Cambridge University CC Eastbourne Rovers CC Storey Racing CC Ashwell High Wycombe CC	36 38 26 34 19 53 31 20 26 29 52 51	Senior Senior Senior Espoir Veteran Senior Senior Senior Veteran Veteran	09:22 09:23 09:24 09:25 09:26 09:27 09:28 09:29 09:30 09:30 09:31 09:32 09:33	0:58:19 0:57:53 0:57:28	C C C
22 23 24 25 26 27 28 29 30 31 32 33 34 35	Chanel Mason Sarah Croucher Elizabeth Banks Kristin Stolpe Monica Dew Sarah Short Karla Boddy Jess Atkinson Ruth Summerford Elizabeth-Jane Harris Jackie Field Dena Ford Tina Reid	Storey Racing Momentum Cycles RC Sunsport Velo CC Lovelo Cinelli RT Storey Racing Bonito Squadra Corse Team Corley Cycles Cambridge University CC Eastbourne Rovers CC Storey Racing CC Ashwell High Wycombe CC Trainsharp	36 38 26 34 19 53 31 20 26 29 52 51 52	Senior Senior Senior Espoir Veteran Senior Senior Senior Veteran Veteran Veteran	09:22 09:23 09:24 09:25 09:26 09:27 09:28 09:29 09:30 09:31 09:32 09:33 09:33	0:58:19 0:57:53 0:57:28	C C C

38	Neah Evans	Storey Racing	26	Senior	09:38		
39	Sarah Matthews	a3crg	57	Veteran	09:39	1:00:03	D
40	Keri Parton	Royal Air Force CA	28	Senior	09:40		
41					09:41		
42	Helen Mckay	Les Filles Racing Team	39	Senior	09:42		
43					09:43		
44	Bethany Crumpton	Storey Racing	23	Senior	09:44		
45					09:45		
46	Karina Bowie	Team Bottrill / HSS Hire	46	Veteran	09:46	0:55:24	В
47					09:47		
48	Maryka Sennema	Fusion RT Fierlan	43	Veteran	09:48	0:54:12	А
49					09:49		
50	Eva Nyirenda	a3crg	32	Senior	09:50		
51					09:51		
52	Jennifer George	Storey Racing	34	Senior	09:52		
53					09:53		
54	Liz Powell	Mike Vaughan Cycles	42	Veteran	09:54	0:53:48	А
55					09:55		
56	Alice Lethbridge	DRAG2ZERO	32	Senior	09:56		
57					09:57		
58	Bronwen Ewing	Rye & District Whrs CC	51	Veteran	09:58	0:57:28	С
59					09:59		
60	Hayley Simmonds	Team WNT Pro Cycling	28	Senior	10:00		
	Men						
No	Name	Club	Age	Cat	Start	Target Time	Vet Cat
61	David Barry	Team Bottrill / HSS Hire	68	Veteran	10:01	1:01:23	F
62	Robin Prior	Southgate CC	51	Veteran	10:02	0:54:12	С
63	Andrew Porter	Welwyn Whs	55	Veteran	10:03	0:55:48	D
64	Clive Faine	Team Milton Keynes	70	Veteran	10:04	1:02:17	G
65	Simon Smith	Shutt Velo Rapide	42	Veteran	10:05	0:50:44	А
66	Andrew Bradley	Hemel Hempstead CC	53	Veteran	10:06	0:55:00	С
67	James Mckenzie	CC Ashwell	64	Veteran	10:07	0:59:36	E
68	Gavin Stevens	Royal Air Force CA	33	Senior	10:08		
69	Gareth Williams	Twickenham CC	51	Veteran	10:09	0:54:12	С
70	Michael Naulls	Velo Club Venta	46	Veteran	10:10	0:52:15	В

71	Tony Grassby	Peak Road Club	50	Veteran	10:11	0:53:48	С
72	Howard Heighton	Ferryhill Whs	44	Veteran	10:12	0:51:29	А
73	Andrew Tamplin	<b>Revolutions Racing</b>	41	Veteran	10:13	0:50:22	А
74	Chris Ford	High Wycombe CC	54	Veteran	10:14	0:55:24	С
75	Ross Freeman	Harlow CC	25	Senior	10:15		
76	Jack English	Guernsey Velo Club	20	Espoir	10:16		
77	Chris Scawn	Plymouth Corinthian CC	66	Veteran	10:17	1:00:29	F
78	Peter Smith	Team Jewson - MI Racing /Poly Pipe/McCann	59	Veteran	10:18	0:57:28	D
79	Patrick Brennan	a3crg	38	Senior	10:19		
80	Richard Hutt	Harp RC	59	Veteran	10:20	0:57:28	D
81	Mark Sanders	Mid Devon CC	58	Veteran	10:21	0:57:03	D
82	Daryl May	Sheffrec CC	43	Veteran	10:22	0:51:07	А
83	Alistair Golby	Cambridge University CC	20	Espoir	10:23		
84	Daniel Halksworth	Team Bottrill / HSS Hire	31	Senior	10:24		
85	Leigh Smith	JCA Equipe Velo	35	Senior	10:25		
86	Hamish Bond	AeroCoach	31	Senior	10:26		
87	Harold Bradbury	Cambridge University CC	26	Senior	10:27		
88	Ben Stowe	Hemel Hempstead CC	27	Senior	10:28		
89	Peter Nicholls	Race Hub	40	Veteran	10:29	0:50:00	А
90	John Mulvey	Cambridge University CC	24	Senior	10:30		
91	Oliver Mytton	Verulam Really Moving	37	Senior	10:31		
92	Danny Axford	Arctic Tacx RT	42	Veteran	10:32	0:50:44	А
93	Matthew Davies	Rhino Velo Race Team	34	Senior	10:33		
94	John Lacey	Hemel Hempstead CC	53	Veteran	10:34	0:55:00	С
95	James Tucker	Derby Mercury RC	37	Senior	10:35		
96	Rob Walker	Cambridge University CC	19	Espoir	10:36		
97	Steve Gibson	Peak Road Club	50	Veteran	10:37	0:53:48	С
98	James Gelsthorpe	Peterborough CC	29	Senior	10:38		
99	Kevin Tye	VeloRefined.com Aerosmiths	55	Veteran	10:39	0:55:48	D
100	Simon Norman	Bedfordshire Road RT	46	Veteran	10:40	0:52:15	В
101					10:41		
102	Ollie Jones	Team Onform	18	Espoir	10:42		
103					10:43		
104	Brett Harwood	Team Bottrill / HSS Hire	40	Veteran	10:44	0:50:00	А

105					10:45	
106	Gary Chambers	NOPINZ	31	Senior	10:46	
107					10:47	
108	George Fox	Team Bottrill / HSS Hire	23	Senior	10:48	
109					10:49	
110	Seb Tremlett	Guernsey Velo Club	22	Espoir	10:50	
111					10:51	
112	Stuart Travis	Team Bottrill / HSS Hire	32	Senior	10:52	
113					10:53	
114	Dan Bigham	Brother NRG Pro Cycling	25	Senior	10:54	
115					10:55	
116	Matthew Smith	Team Bottrill / HSS Hire	39	Senior	10:56	
117					10:57	
118	Howard Lewis	Mid Shropshire Wheelers	45	Veteran	10:58	0:51:52
119					10:59	
120	Ryan Perry	Team Raleigh GAC	30	Senior	11:00	

This event is round 6 of the CTT Knight Composites Classic Time Trial Series

For an up to date look at the points tables for each category please go to the CTT website.

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#### **Presentation Ceremony**

The presentation of all awards will be made at around 12:30pm, once all results have been checked. It is unlikely a separate women/junior ceremony will be held before this time.

Please ensure you stay to collect your awards at that time, and to cheer on your fellow competitors and award winners. Awards will be made as per the inside cover of this program.

Medals awarded at this ceremony are for presentation purposes only. Please return them immediately afterwards. The proper medals and any trophy won will be awarded at Champions Night.

#### **Champions Night**

Champions Night is the annual gala presentation and dinner to celebrate all the award winners of all the competitions run by CTT during the year. All winners, including age group winners, will receive an official invitation to the evening.

Champions Night will be held at the magnificent Heythrop Park hotel in Oxfordshire on Saturday 13 January 2018.

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# WRITE YOUR OWN HISTORY

why ride in other people's shoes? why hide in someone else's jersey?

our bespoke clothing includes the very same cuts and fabrics ridden by the professionals 100% made in Italy

your team's pro strip starts at only ten units custom doesn't have to mean compromise

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#### **CASH PRIZES FOR EACH EVENT**

(IN ADDITION TO ANY PRIZES OFFERED BY THE PROMOTER)

1ST	MEN'S EVENT	£25 CYCLING TIME TRIALS CHEQUE	1ST	WOMEN'S EVENT	£25 CYCLING TIME TRIALS CHEQU
2ND	MEN'S EVENT	£15 CYCLING TIME TRIALS CHEQUE	2ND	WOMEN'S EVENT	£15 CYCLING TIME TRIALS CHEQUE
3RD	MEN'S EVENT	£10 CYCLING TIME TRIALS CHEQUE	3RD	WOMEN'S EVENT	£10 CYCLING TIME TRIALS CHEQUE
1ST	VETERAN (SCRATCH)	£25 CYCLING TIME TRIALS CHEQUE	1ST	VETERAN (TARGET)	£25 CYCLING TIME TRIALS CHEQUE
2ND	VETERAN (SCRATCH)	£15 CYCLING TIME TRIALS CHEQUE	2ND	VETERAN (TARGET)	£15 CYCLING TIME TRIALS CHEQUE
3RD	VETERAN (SCRATCH)	£10 CYCLING TIME TRIALS CHEQUE	3RD	VETERAN (TARGET)	£10 CYCLING TIME TRIALS CHEQUE
1ST	JUNIOR EVENT	£25 CYCLING TIME TRIALS CHEQUE	1ST	PARACYCLING EVENT	£25 CYCLING TIME TRIALS CHEQUE
2ND	JUNIOR EVENT	£15 CYCLING TIME TRIALS CHEQUE	2ND	PARACYCLING EVENT	£15 CYCLING TIME TRIALS CHEQUE
3RD	JUNIOR EVENT	£10 CYCLING TIME TRIALS CHEQUE	3RD	PARACYCLING EVENT	£10 CYCLING TIME TRIALS CHEQUE



#### WWW.CYCLINGTIMETRIALS.ORG.UK





#### RIDE LONG. RIDE HARD. RIDE FAST. RIDE KNIGHT.



#### NOTES TO COMPETITORS

#### NUMBERS: CHAMPIONSHIP CONDITION 2(J)

COMPETITORS MUST ONLY USE THE NUMBERS SUPPLIED BY THE EVENT ORGANISER. BODY NUMBERS SHOULD BE FITTED IN ACCORDANCE WITH REGULATION 16. ARM NUMBERS SHOULD BE FITTED TO THE UPPER ARMS FACING FORWARDS.

#### THE NUMBERS PROVIDED ARE EVENT SPECIFIC AND ARE TO KEEP AS A SOUVENIR.

THIS EVENT IS UNDER 100KM. RIDERS SHOULD NOT BE PRECEDED, ACCOMPANIED, FOLLOWED BY OR IN ANYWAY RECEIVE ASSISTANCE FROM A MOTORISED VEHICLE.

#### **REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET**

- (A) THE COMPETITORS IN ALL TYPES OF EVENTS MUST MAKE THEMSELVES AWARE OF ANY SPECIAL SAFETY INSTRUCTIONS FOR THE EVENT AND SIGN THE OFFICIAL SIGNING-ON SHEET WHEN COLLECTING THEIR NUMBER.
- (B) IN TYPE A EVENTS A COMPETITOR MUST RETURN TO THE EVENT HQ EITHER DURING THE EVENT OR WITHIN A REASONABLE TIME AFTER THE LAST RIDER HAS FINISHED THE EVENT AND MUST (I) RETURN THEIR RACE NUMBER(S) AND (II) SIGN THE OFFICIAL SIGNING-OUT SHEET.

#### IN THE INTERESTS OF YOUR OWN SAFETY,

CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IN ACCORDANCE WITH REGULATION 15 ALL JUNIOR COMPETITORS MUST WEAR PROTECTIVE HARD SHELL HELMETS.

IT IS RECOMMENDED THAT A WORKING REAR LIGHT, EITHER FLASHING OR CONSTANT, IS FITTED TO THE MACHINE IN A POSITION VISIBLE TO FOLLOWING ROAD USERS AND IS ACTIVE WHILST THE MACHINE IS IN USE.

#### THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

AS SOON AS YOU HAVE FINISHED YOU SHOULD RETURN TO THE EVENT HQ AS IT IS YOUR RESPONSIBILITY TO CHECK IF YOU ARE REQUIRED FOR DOPING CONTROL. RACE NUMBERS REQUIRED FOR DOPING CONTROL WILL BE DISPLAYED AT THE HQ ADJACENT TO THE RESULT BOARD. IF YOUR NUMBER IS DISPLAYED YOU SHOULD REPORT IMMEDIATELY TO DOPING CONTROL WHICH WILL BE NEARBY. REMEMBER, IT IS UP TO YOU TO CHECK AND ENSURE THAT YOU COMPLY. IF REQUIRED YOU MUST REPORT TO DOPING CONTROL AFTER FINISHING WITHOUT DELAY.



## Cycling Time Trials