by



#### **Start sheet**

For the

**Bigfoot CC Open 25 Mile Time Trial** 

Course - Q25/8 Challock - Canterbury - Ashford - Chilham

Sunday 28th May 2017 - 06:30 start

HQ - Challock Village Hall, Blind Lane, Challock, Kent TN25 4AU

COURSE DETAILS for Q25/8: START on A252 East of Molash at corner post of Northdown House at entrance to Shottenden Lane. (TR032521) Proceed east on A252 and A28 to Milton Manor RAB Thanington (6.726 miles). TURN and retrace on A28 via Chilham fork where bear (EXTREME CARE) left to Spearpoint Corner RAB (17.126 miles). Retrace to Chilham fork where left to rejoin A252. Proceed westwards to FINISH approx 290 yards past Chilham Castle Keep entrance (TQ063535).

IN THE INTERESTS OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD.

JUNIORS AND JUVENILES MUST WEAR SUCH HEADGEAR.

Please respect the residents Sunday morning, keep noise to a minimum and note that the use of turbo trainers or rollers in the headquarters parking area or on adjacent roads is STRICTLY PROHIBITED. Failure to comply with this restriction could result in disqualification.

Timekeepers: Dave Abbotts (Gravesend CC) & Christine Burrows (Thanet RC)

Event Secs: Rachael Haley, 15 Mons Way, Bromley, Kent, BR2 8EX

Tel: 07402777818 / Email: events@bigfootcc.co.uk

## Notes to riders

- EVENT HQ: Challock Village Hall, Blind Lane, Challock, Kent TN25 4AU. From 06:00. Please respect the local residents. Sundays mean different things to different people. No shouting in the car park, music etc. Please keep noise levels to a minimum and park with consideration. If parking elsewhere please do not obstruct driveways or inconvenience the neighbourhood. Remove racing shoes before entering the hall.
- Numbers will be at the HQ and issued when signing in. <u>Don't forget you will need to sign out now after event</u>. Your number can be exchanged for a drink after event. Your number should be centrally positioned below the waist so as to be clearly visible from the rear when in the normal riding position. <u>No Turbo-ing outside HQ</u>
- No parking at the Start and Finish (Except officials). The start is approx. 2 miles from the HQ. Please familiarise yourself with the start location and allow sufficient time to get there.
- Do not warm up on the course once the event has commenced and there must be no U turns within sight of the Timekeepers. Whilst competing riders must ensure they adhere to the Highway Regulations and CTT Rules and Regulations.
- Riders should familiarise themselves with the CTT rules and regulations at: https://www.cyclingtimetrials.org.uk/articles/view/11
- Keep your head <u>UP</u> and have a safe and enjoyable ride <del>69</del>

# **Prize List**

Junior (Under 18)	
1st	£15
2nd	£5

Ladies		
1st	£40	
2nd	£30	
3rd	£25	

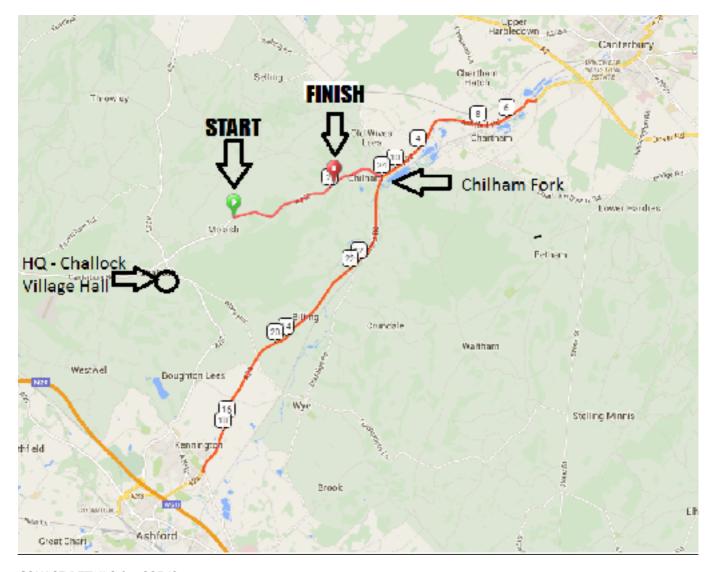
Scratc	
1st	£40
2nd	£30
3rd	£25
4th	£20

Vet on Standard	
1st	£30
2nd	£25
3rd	£20

Team (Fastest three)	
1st	£15 each
2nd	£10 each

One award per rider except for team prize

Course details and links



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WARNING: EXTREME CARE when descending the A252 (Molash)

https://app.strava.com/segments/4499522

http://www.mapmyride.com/so/ceeldheer-galguduud/q25-8-route-2424545

http://www.bikely.com/maps/bike-path/Q25-8

http://ridewithgps.com/trips/29926

## **Sponsored Clubs**

4T + Velo Club - Genco/N. Dibble Felt Roofing

Abellio - SFA Racing Team - Abellio

Avonlea - Treasure RT

InGear QuickVit TrainSharp - QuickVit/In-Gear Cycle Sport/Trainsharp

Kassei CC TeknoFuel - Kassei/Teknofuel

NFTO Race Club - nfto.com

Panagua.CC - Panagua

PB Cycle Coaching Racing Team - PB Cycle Coaching

PMR @ Toachim House - Toachim House

Richardsons-Trek RT

SigmaSport.co.uk - SigmaSport.co.uk

Team Bottrill - Matt Bottrill Performance Coaching

VC Deal - George Hammond Dover/Nico Lapage/Harry Rowland Wheels/Science in Sport

VeloRefined Aerosmiths - velorefined.com