



East Sussex Cycling Association

2017 President Bob Harber – Brighton Excelsior CC



ESCA 25m Time Trial – Sunday 23rd April 2017 – G25/89

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Result Sheet

Event Secretary **Chris Parker** (Hastings & St Leonards CC)
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Timekeepers **Su Balcombe** (Brighton Excelsior CC) and **Richard Meed** (Lewes Wanderers CC)

The Prize Winners

Category	Pos	Rider	Club	Time	Prize
Fastest Overall	1st	Marc Townsend	Eastbourne Rovers CC	0:53:17	£ 35.00
	2nd	Dan Sadler	RT 316	0:54:21	£ 30.00
	3rd	Howard Shaw	Eastbourne Rovers CC	0:54:36	£ 25.00
	4th	Pete Morris	Team ASL	0:54:50	£ 20.00
	5th	George Welfare	Eastbourne Rovers CC	0:55:06	£ 15.00
	6th	Tom Glandfield	Lewes Wanderers CC	0:55:20	£ 10.00
Fastest Lady	1st	Pip Jenkins	Southborough & Dist. Whs	1:00:09	£ 20.00
	2nd	Ruth Summerford	Eastbourne Rovers CC	1:00:10	£ 15.00
	3rd	Rachel Baker	Mid Sussex Triathlon Club	1:05:52	£ 10.00
Fastest in each age category not winning another prize excluding Hill Prime or Team					
Aged under 35	(33)	Damen Foord	Direct Power Cycling Team	0:56:41	£ 10.00
Aged 35 – 39	(39)	Neil Couchman	Southborough & Dist. Whs	0:56:42	£ 10.00
Aged 40 – 44	(40)	Rob Pelham	Lewes Wanderers CC	0:57:47	£ 10.00
Aged 45 – 49	(47)	John Cordner	Eastbourne Rovers CC	0:55:41	£ 10.00
Aged 50 – 54	(52)	Guy Lane	Southborough & Dist. Whs	0:58:59	£ 10.00
Aged 55 – 59	(55)	Andrew Quye	Southborough & Dist. Whs	1:01:18	£ 10.00
Aged 60 – 64	(60)	Peter Davies	Brighton Mitre CC	1:09:06	£ 10.00
Aged 65 or over	(69)	John Mankelow	Lewes Wanderers CC	1:06:07	£ 10.00
Fastest Team of 3	1st	Marc Townsend	Eastbourne Rovers CC	0:53:17	£ 15.00
		Howard Shaw	Eastbourne Rovers CC	0:54:36	£ 15.00
		George Welfare	Eastbourne Rovers CC	0:55:06	£ 15.00
		Total Team Time	2:42:59		
	2nd	Tom Glandfield	Lewes Wanderers CC	0:55:20	£ 10.00
		Robert Rollings	Lewes Wanderers CC	0:56:58	£ 10.00
		Rob Pelham	Lewes Wanderers CC	0:57:47	£ 10.00
		Total Team Time	2:50:05		

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Pos	Race No	Rider	Club	Cat	Age	Time
1	80	Marc Townsend	Eastbourne Rovers CC	S	36	0:53:17
2	50	Dan Sadler	RT 316	V	40	0:54:21
3	70	Howard Shaw	Eastbourne Rovers CC	S	31	0:54:36
4	40	Pete Morris	Team ASL	S	38	0:54:50
5	35	George Welfare	Eastbourne Rovers CC	S	31	0:55:06
6	75	Tom Glandfield	Lewes Wanderers CC	V	44	0:55:20
7	78	John Cordner	Eastbourne Rovers CC	V	47	0:55:41
8	79	Stuart Hodd	PB Cycle Coaching Racing Team	V	48	0:56:38
9	52	Damen Foord	Direct Power Cycling Team	S	33	0:56:41
10	12	Neil Couchman	Southborough & Dist. Whs	S	39	0:56:42
11	25	Robert Rollings	Lewes Wanderers CC	S	30	0:56:58
12	20	Chris Wolton	Southborough & Dist. Whs	S	32	0:56:59
13	66	James Griffin	Trainsharp	S	29	0:57:03
14	10	David Clark	Eastbourne Rovers CC	V	48	0:57:19
15	55	Iain Brogden	Eastbourne Rovers CC	V	48	0:57:30
16	30	Michael Davey	Eastbourne Rovers CC	S	39	0:57:42
17	56	Rob Pelham	Lewes Wanderers CC	V	40	0:57:47
18	46	David Clements	Eastbourne Rovers CC	V	45	0:58:08
19	62	Sean Quinney	Lewes Wanderers CC	V	48	0:58:45
20	11	John-Paul Brophy	Eastbourne Rovers CC	V	42	0:58:50
21	36	Guy Lane	Southborough & Dist. Whs	V	52	0:58:59
22	71	Stephen Comben	Lewes Wanderers CC	S	39	0:59:01
23	65	Peter Hooper	Eastbourne Rovers CC	S	32	0:59:02
24	18	Aidan McConville	Lewes Wanderers CC	S	38	0:59:31
25	15	John Tindell	Brighton Phoenix Triathlon Club	S	30	0:59:44
26	44	Pip Jenkins	Southborough & Dist. Whs	WS	29	1:00:09
27	74	Ruth Summerford	Eastbourne Rovers CC	WS	26	1:00:10
28	26	James Stone	Brighton Excelsior CC	V	48	1:00:27
29	22	Neil Giles	Mid Sussex Triathlon Club	V	43	1:00:34
30	57	Dan Helyer	Eastbourne Rovers CC	S	29	1:00:44
31	72	Samuel Ramsey	Lewes Wanderers CC	V	53	1:00:52
32	61	Andrew Quye	Southborough & Dist. Whs	V	55	1:01:18
33	51	Simon Underwood	CC Topp	V	46	1:01:40
34	13	Michael Valks	Lewes Wanderers CC	V	46	1:02:02
35	37	Mick Claydon	Ashford Whs	V	49	1:02:14
36=	17	Peter Barling	Lewes Wanderers CC	S	34	1:02:19
36=	68	Jason Le Goff	In-Gear Quickvit Trainsharp RT	V	41	1:02:19
38	67	Peter Baker	Lewes Wanderers CC	V	59	1:02:33
39	24	Robert Hoodless	Mid Sussex Triathlon Club	V	53	1:02:48
40	58	Ion Tsakalis	Brighton Mitre CC	V	51	1:03:41
41	4	Tobias Bunyan	Eastbourne Rovers CC	V	42	1:03:54
42	63	Andy Seltzer	In-Gear Quickvit Trainsharp RT	V	52	1:04:27
43	54	Daniel Ellis	Eastbourne Rovers CC	S	36	1:04:37
44	59	Tim Wells	Eastbourne Rovers CC	V	45	1:04:42
45	47	Richard Woodward	East Grinstead CC	V	55	1:04:59
46	27	Andrew Thomas	Southborough & Dist. Whs	V	52	1:05:10
47	53	Bruce English	Eastbourne Rovers CC	V	52	1:05:30
48	2	Jonathan Molton	Hastings & St. Leonards CC	V	49	1:05:31
49	42	Rachel Baker	Mid Sussex Triathlon Club	WV	43	1:05:52
50	14	Nathan Russell	Eastbourne Rovers CC	S	28	*1:06:01*
51	9	John Mankelow	Lewes Wanderers CC	V	69	1:06:07

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Pos	Race No	Rider	Club	Cat	Age	Time
52	34	Clare Parkholm	Lewes Wanderers CC	WV	46	1:06:31
53	43	Gina McGeever	Lewes Wanderers CC	WV	45	1:07:02
54	21	Richard Jeynes	Mid Sussex Triathlon Club	V	45	1:07:27
55	64	Adrian Bennett	Mid Sussex Triathlon Club	V	52	1:07:28
56	32	Olivia Webb	Eastbourne Rovers CC	WV	48	1:08:59
57	5	Peter Davies	Brighton Mitre CC	V	60	1:09:06
58	6	Chris Martin	Lewes Wanderers CC	V	58	1:09:17
59	8	Peter Watts	Eastbourne Rovers CC	S	39	1:09:41
60	48	Peter Eames	Eastbourne Rovers CC	V	54	1:09:53
61	1	Paul Butler	Hastings & St. Leonards CC	V	44	1:11:04
62	31	Kiera Lyness	Dulwich Paragon CC	WV	50	1:11:47
63	29	Kate Mankelow	Lewes Wanderers CC	WS	37	1:11:49
64	73	Alan Brooks	Bayeux Cycling Team	V	61	1:12:16
65	7	Paul Valks	Lewes Wanderers CC	V	73	1:13:07
66	38	Robin Johnson	Brighton Mitre CC	V	68	1:13:10
67	39	Anita Turner	Eastbourne Rovers CC	WV	46	1:15:03
68	49	Chris Parker	Hastings & St. Leonards CC	V	61	1:15:51
69	3	Deborah Evers	Lewes Wanderers CC	WV	57	1:21:45
-	16	Joshua Clark	PMR @ Toachim House	S	18	DNS (A)
-	19	Martin Yardley	Southborough & Dist. Whs	V	51	DNS (A)
-	23	Tim Lucas	Southborough & Dist. Whs	S	31	DNS (A)
-	28	Patrick Piper	Hastings & St. Leonards CC	V	52	DNS (A)
-	33	Emma Juden	San Fairy Ann CC	WV	41	DNS (A)
-	41	Sally Turner	GS Stella	WS	37	DNS (A)
-	45	Ayrton Pope	Paceline RT	S	21	DNS (A)
-	60	Richard Gifford	In-Gear Quickvit Trainsharp RT	V	54	DNS (A)
-	69	Jez Parsons	Brighton Excelsior CC	V	51	DNS (A)
-	76	Sam Dix	In-Gear Quickvit Trainsharp RT	V	45	DNS (A)
-	77	Oliver Stevens	Southborough & Dist. Whs	V	42	DNS (A)

*** Rider number 14 – Nathan Russell – time includes 50 second late start ***

Notes & acknowledgements

Congratulations to all the prize winners and many thanks to all that took part in the event either by riding or helping, especially the following:

Timekeepers Su Balcombe (Brighton Excelsior CC) at the start, and Richard Meed (Lewes Wanderers CC) at the finish

Pushing Off Stuart Crabb (Hastings & St Leonards CC)

Recording Peter Moon (Eastbourne Rovers CC)

Marshals Romana and Tim Miles (Hastings & St Leonards CC) at Blackdown, Malcolm Daly and Simon Grogan (Hastings & St Leonards CC) at Little Horsted, and Steve Curtis, Ivan Johnson and Alan Harbord (Hastings & St Leonards CC) at the Boship

Refreshments Pippa Parker (Hastings & St Leonards CC)

Results Ann Human (Eastbourne Rovers CC)

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This is a qualifying event for

ESCA Points Competition 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies Counts towards the fastest junior, fastest lady, fastest rider under 60 minutes, highest veteran plus on standard and the fastest team of three from an ESCA affiliated club over 25 miles – the best performance at either this, or the **September 25**, will be eligible for these awards at the annual prize presentation in January 2018.

ESCA BAR Qualifying event for all the Best All Rounder competitions.

2017 points competition – ESCA points awarded for this event

Individual	Club	Points	Club	Points
Marc Townsend	Eastbourne Rovers CC	30	Eastbourne Rovers CC	221
Howard Shaw	Eastbourne Rovers CC	29	Lewes Wanderers CC	109
Pete Morris	Team ASL	28	Southborough & Dist. Whs	68
George Welfare	Eastbourne Rovers CC	27	Team ASL	28
Tom Glandfield	Lewes Wanderers CC	26	Direct Power Cycling Team	24
John Cordner	Eastbourne Rovers CC	25	Brighton Phoenix Triathlon Club	9
Damen Foord	Direct Power Cycling Team	24	Brighton Excelsior CC	6
Neil Couchman	Southborough & Dist. Whs	23	In-Gear Quickvit Trainsharp RT	1
Robert Rollings	Lewes Wanderers CC	22	Brighton Mitre CC	0
Chris Wolton	Southborough & Dist. Whs	21	Central Sussex CC	0
David Clark	Eastbourne Rovers CC	20	Crawley Wheelers	0
Iain Brogden	Eastbourne Rovers CC	19	East Grinstead CC	0
Michael Davey	Eastbourne Rovers CC	18	East Grinstead Tri Club	0
Rob Pelham	Lewes Wanderers CC	17	GS Stella	0
David Clements	Eastbourne Rovers CC	16	Hastings & St. Leonards CC	0
Sean Quinney	Lewes Wanderers CC	15	Horsham Cycling	0
John-Paul Brophy	Eastbourne Rovers CC	14	Redhill CC	0
Guy Lane	Southborough & Dist. Whs	13	Rye & District Wheelers CC	0
Stephen Comben	Lewes Wanderers CC	12	Sussex Nomads CC	0
Peter Hooper	Eastbourne Rovers CC	11	Velopace	0
Aidan McConville	Lewes Wanderers CC	10	VTTA (Surrey & Sussex)	0
John Tindell	Brighton Phoenix Triathlon Club	9	Wealden Cycle Club	0
Pip Jenkins	Southborough & Dist. Whs	8	Worthing Excelsior CC	0
Ruth Summerford	Eastbourne Rovers CC	7		
James Stone	Brighton Excelsior CC	6		
Dan Helyer	Eastbourne Rovers CC	5		
Samuel Ramsey	Lewes Wanderers CC	4		
Andrew Quye	Southborough & Dist. Whs	3		
Michael Valks	Lewes Wanderers CC	2		
Jason Le Goff	In-Gear Quickvit Trainsharp RT	1		
Peter Barling	Lewes Wanderers CC	1		

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Don't forget forthcoming ESCA events

Date	Distance	Course	HQ/Area	Entry	Promoter and Contact Details
Including VTTA Surrey/Sussex 50 mile Championship					
Sunday 18 Jun 2017 06:00	50m BBAR	G50/90	East Hoathly Village Hall	£8.00	Sam Dix (In-Gear Quickvit Trainsharp RT) Phone: 07841 197342 Email: sdix@hotmail.com
Including VTTA Surrey/Sussex 100 mile Championship					
Sunday 13 Aug 2017 06:00	100m BBAR	G100/861	Upper Dicker Village Hall	£10.00	Bob Harber (Brighton Excelsior CC) Phone: 01903 879598 Email: bikerider@phoncoop.coop
Saturday 09 Sep 2017 07:00	10m	G10/87	East Hoathly Sports Centre	£8.00	Peter Moon (Eastbourne Rovers CC) Phone: 01323 485180 Email: little.brook@btinternet.com
Sunday 10 Sep 2017 07:00	25m BBAR	G25/89	Fairwarp Village Hall	£8.00	Luke De Quay (East Grinstead CC) Phone: 07410 442157 Email: lukedequay@gmail.com
Saturday 14 Oct 2017 10:00	1433yd Hill Climb	GH/84	Firle Bostal	£6.00	Alex McLaren (Brighton Mitre CC) Phone: 01273 983632 Email: alexmclaren4@gmail.com

All events are Open events with age category awards for riders over 40

All events count towards the ESCA points competition for individuals and clubs

Internet entry is available for all events via the CTT Website

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA Website www.eastsussexca.org.uk/
Facebook Group www.facebook.com/groups/EastSussexCA/

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