

# North Bucks Road Club

Premier Cycling Club for Milton Keynes & Surrounding Areas



## Event Course Description & Risk Assessment

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### Course Name, Code & Distance:

**Brogborough – F15/10 – 10 miles**

### Area:

From Brogborough towards Marston Moretaine on the old A421 (Bedford Road). To the south-east of Milton Keynes.

### Topography:

Flat.

### Online Route Map:

<https://ridewithgps.com/routes/12366190>

### Start Point:

On the old A421 at the layby on the top of the hill, approx. 0.4 miles from Brogborough

### Route:

From the start point proceed straight on heading towards the village of Marston Moretaine.

- 2.8 miles – At the Marston roundabout, go straight taking the 2<sup>nd</sup> exit to continue on the old A421.
- 5.4 miles - TURN. At Wootton roundabout, take the 3<sup>rd</sup> exit to turn back on yourself and retrace along the old A421.
- 8.1 miles – At the Marston roundabout, go straight over taking the 2<sup>nd</sup> exit.
- Continue straight on to the finish point

### Finish Point:

Finish point is approx. ¾ mile after side road to Lidlington and approx. 30 yards past the start of the Armco roadside barrier.

### Car Parking:

### Related Info:

Please check the risk assessment prior to riding, especially if this is your first time on this course.

Event fees are available on the NBRC web site. NBRC members are charged a reduced fee to all NBRC events, information on membership is available through the web site or ask any NBRC member.

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### General Considerations:

Our time trials and cycling events are held on open roads and as such, the rules of the road MUST be obeyed by all riders at all times.

Riders under 18 must wear an approved cycling helmet. All other riders are encouraged to do as well.

We encourage riders to ensure they have fully checked their bike to ensure it is road worthy. Prior to your start time it is advisable to quickly re-check; brakes, chain, pedals, gear shifting and tyre pressure.

Riders should ensure they are familiar with the course, turn points and the start and finish point to avoid confusion and irregular movements whilst on the carriageways.

Riders should consider the use of lights to increase their visibility, especially in low light conditions and evening events held at the start and end of summer. (Don't forget you might be also cycling home.)

When riders are passing another competitor (or road user), please pass considerately and at a safe distance. Remember to check for cars making the same overtaking manoeuvre.

All riders should clear the finish line promptly and take extreme care if turning in the road.

Consider your competitors when warming up. Keep the course free once the first rider has started.

### Course Specific Considerations:

Road conditions are good.

Traffic levels are low.

There are various side roads along the route. These are assessed as a low risk with low traffic levels and rider priority, but please be aware.

There are no junctions on the course, only the three roundabouts mentioned in the course description. These are all assessed low risk.

There is one right hand turn (turn point at Wootton roundabout) on a wide roundabout (mile 5.4) that provides good visibility and is low-moderately busy. Riders should adhere to the rules of the road, give way when required and indicate clearly when moving lane.