

LOCAL RULES:

No U turns to be performed within sight of the START or FINISH. Performing this dangerous manoeuvre may result in disqualification and disciplinary action.

No warming up on course once event has started.

Riders are reminded that it is a criminal offence to drop litter offender will be reported.

Marshals placed to direct competitors off the main carriageway **MUST NOT** stand at the apex between the carriageway and the slip road, but should be located at the start of the slip road.

Race HQ.

West Wrating Village Hall, 79 High Street West Wrating Cambs CB21 5LU

(OS grid ref:TL603,523)

<https://www.google.co.uk/maps/@52.1458951,0.342208,3a,75y,183.85h,94.05t/data=!3m6!1e1!3m4!1s2Gq4ueOar3ZEBbqL8LwFGQ!2e0!7i13312!8i6656?hl=en>

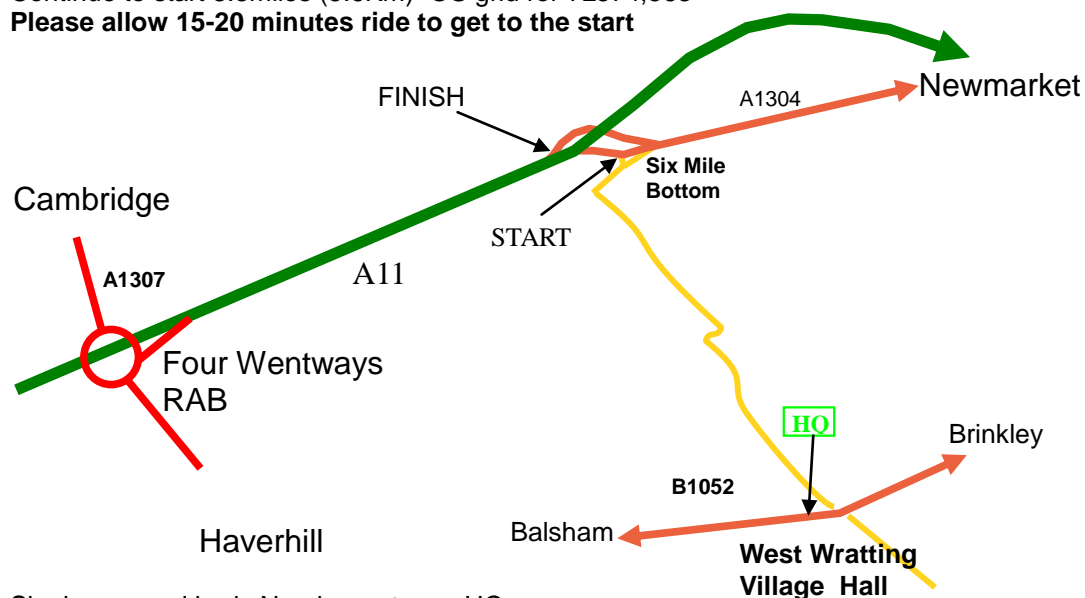
NO PARKING IS PROVIDED BY EVENT ORGANISORS. Please consider village residents when parking. Some parking is available near the start.

From HQ to Start: 3.5miles (5.6K)

Turn left onto the B1052 Honey Hill then take first right into Six Mile Bottom Road.

Continue to start 3.5miles (5.6Km) OS grid ref TL574,563

Please allow 15-20 minutes ride to get to the start



Signing on and body Numbers at race HQ.

Refreshments are available from 12:30pm at Race HQ. **Please return to the HQ to hand in your number and sign out. Failure to do so will result in disqualification.**

COURSE E2 (Please allow 15 -20 mins from event HQ to start (3.5 miles away)

START: Near end of feeder road from West Wrating just before junction with A.1304 (near 'Give Way' sign). Bear left onto A.1304 then onto A.11 (southbound). Continue A11 and take slip road A1307(4.8miles) at Four Went Ways elevated roundabout take fourth exit onto A.11 (northbound). Retrace to Six Mile Bottom where take A.1304 slip road to FINISH.

INFORMATION START SHEET

Incorporating
Comet Cycling Club
Crescent Wheelers C. C.
University Cycling Club



PROMOTED FOR AND ON BEHALF OF
CYCLING TIME TRIALS
UNDER THEIR
RULES AND REGULATIONS

LEA VALLEY CYCLING CLUB

Solo & Tandem OPEN 10 mile TT

Incorporating
Scratch Solo and Middle Markers 10 mile TT
(Slower than 22:40 LTS)

Course E2/10
Saturday 6th May 2017
Start Time 14:00

Event Secretary
Mark Freeman
Tel. 07739214 194
Email markfreeman70@ymail.com

Time Keepers
Mike Keen
Frida Wezel
Assistant Time Keeper
Ian Taylor

AWARDS

Tandems

1st £10

Middle Markers

Men:

1st £40 2nd £30 3rd £25 4th £20 5th £10

Women:

1st £40 2nd £30 3rd £25 4th 20

Scratch Solos

Men:

1st £40 2nd £30 3rd £25 4th £20 5th £10

Women:

1st £40

E2/10

Course Record

Alex Dowsett 17:20

Last Season Best

Matthew Smith Team Bottrill / HSS Hire 18:38

Last Year's Event Winner

Rhys Howells Richardsons-Trek RT 18:52