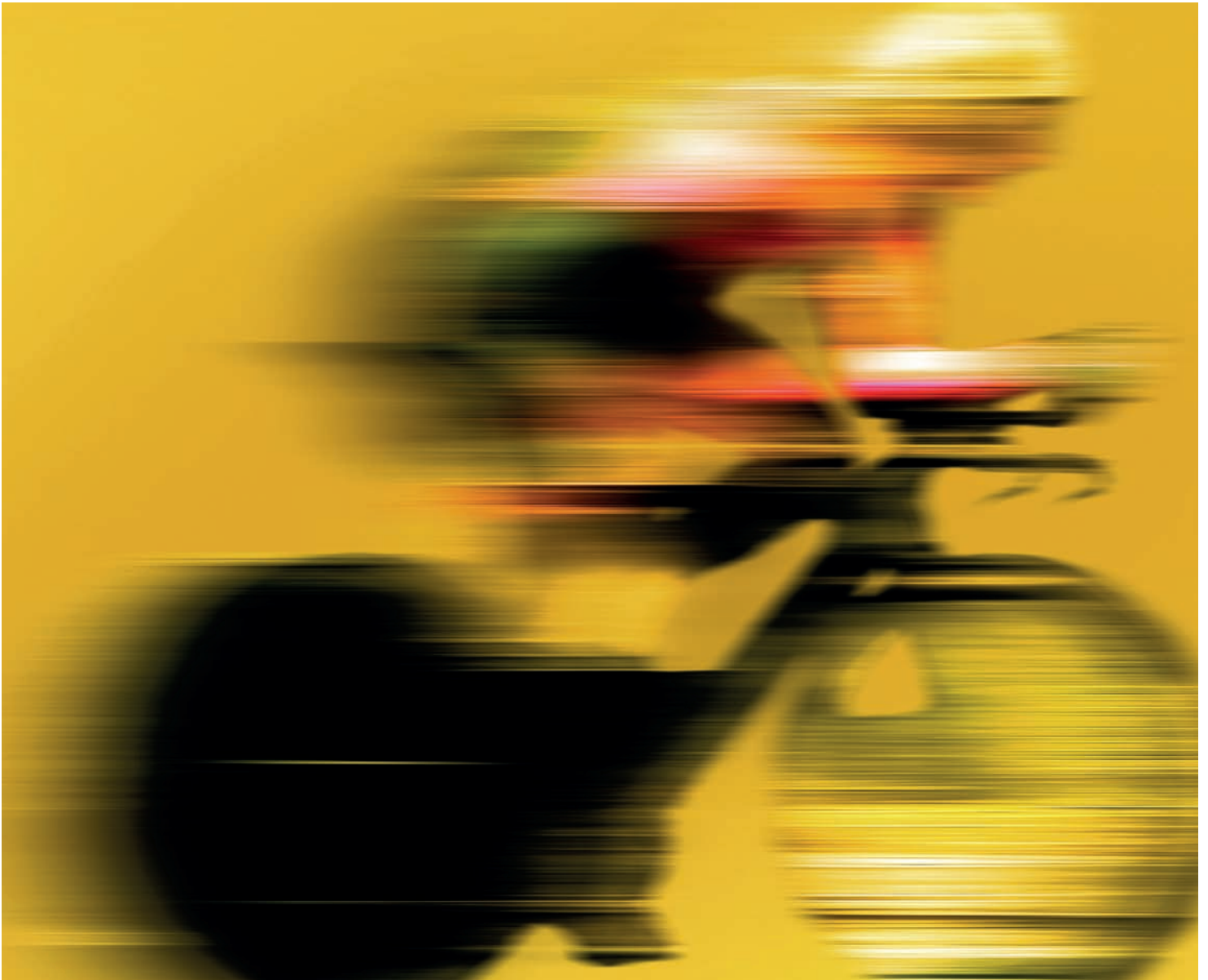




Cycling Time Trials is the National
Governing Body for Time Trials in
England, Scotland and Wales.

Cycling Time Trials 2023 Annual Report and Statement of Accounts



CYCLING TIME TRIALS BOARD OF DIRECTORS

Governance

Since the National Council Annual General Meeting was held on Sunday 4 December 2022 the board of directors has met formally eight times.

Of those, four meetings were held “face to face” and four meetings via zoom. Where a director is unable to attend a “face to face” meeting in person we now provide a facility to attend virtually. A further face to face meeting will take place in December after the publication of this report.

Using this approach to meetings has allowed us to make significant reductions in both cost and travel and enabled more efficient ways of working. Sub-committee meetings are all held virtually.

In a change of format to our “face to face” meetings, and to maximise available time, the board also meets informally on the Saturday evening prior to an all board meeting on Sunday. These Saturday meetings are an opportunity to progress ideas and discuss issues. This has proven to be a productive use of time.

Attendance of Directors is shown in the table below. Virtual meetings are indicated with a ‘V’:

Name	8 Jan V	5 Feb	23 Mar V	16 Apr	2 Jun V	31 Jul	14 Oct	1 Nov V	2 Dec
Bailey, R	Y	Y	Y	N	Y	Y	Y		
Barry, D	Y	Y	Y	Y	N	Y	Y		
Bowler, S	Y	Y	Y	Y	Y	Y	Y		
Burrows, S	Y	N	N	Y	N	N	N/A	N/A	N/A
Dorling, K	Y	Y	Y	Y	Y	Y	Y		
Field, R	Y	Y	Y	Y	Y	Y	Y		
Heritage-Owen, M	Y	Y	Y	N	Y	Y	Y		
Parish, A	Y	Y	Y	Y	Y	Y	Y		
Rogers, P	Y	Y	Y	Y	Y	Y	Y		
Sherrin, D	Y	Y	Y	Y	N	Y	Y		
Wakeling, R	Y	Y	Y	Y	Y	Y	Y		

Steve Burrows resigned as Director on 16th September 2023.

2023 GOLD BADGES OF HONOUR

Phil Fern, Manchester District
Robin Johnson, London South District
Alan Sharpen, South District
Maggie Smith, London West District
Don Urwin, Teeside District

CYCLING TIME TRIALS BOARD OF DIRECTORS

Sub-committees

Our sub-committees have seen some fluctuation this year with Peter Rogers heading up the Rules and Regulations sub-committee, the remit of Champions Night extended to include the accommodation and event(s) needs of AGM/National Council. Communications, over and above the existing relationships we enjoy with Snowdon Sports and Brian Jones has gradually been moved into a business-oriented function. The make-up of our current sub-committees is as follows:

App Based Timing Systems:

Martyn Heritage-Owen, Andrea Parish

Communications:

Andrea Parish, Dawn Sherrin
(Snowdon Sports, Kimroy Photography)

Corporate Events (Planning):

David Barry, Sue Bowler, Keith Dorling, *Mark Sanders*,
Roger Wakeling

Finance:

Rob Bailey, Keith Dorling, Robin Field,
Martyn HeritageOwen, Mark Sanders, Roger Wakeling

Diversity:

Martyn Heritage-Owen, Andrea Parish

Insurance:

David Guy, Michelle Gwynne, Andrea Parish

ResultSheet:

Martyn Heritage-Owen, Andrea Parish

Rules & Regulations:

David Guy, Peter Rogers

Spindata:

Martyn Heritage-Owen, Andrea Parish

Website/IT:

Roger Clarke, Andrea Parish

TT Working Group:

Keith Dorling, Andrea Parish, Dawn Sherrin

Management Team

The CTT Team comprises people with a wealth of experience in areas such as Design, Finance, HR, Insurance, IT, Marketing, PR etc. We have been able to source these skills through new and existing employees, volunteer directors and experts in their respective fields. We are fortunate that the one thing that binds us, our love and passion for cycling, in particular time trials, attracts people with not only the desire to help us but the much-needed skills with which to do so. The results of our expanding our capabilities this year have been making themselves felt from improvements in IT, the Road Bike launch, the Insurance data collection project, improved management reporting and documenting our systems and processes, to name but a few and which are reported elsewhere in this report.

Accident Reporting Team:

Claire Emons, Robin Field

Admin/IT/Business Analysis:

Nick Adnitt

*Communications (other):

Charlotte Carrington, Andrea Parish

Competitions & Development:

Stewart Smith
(National Secretary Competitions & Development)

Corporate Events Management & Bookings:

Sue Bowler, Roger Wakeling

Finance:

Stephen Reeve (National Treasurer)

General Management:

Andrea Parish

HR & Recruitment:

Dawn Sherrin

Insurance Risk Manager:

Michelle Gwynne

IT Project Management:

Roger Clarke

Legal:

David Guy (National Legal Advisor)

Public Relations:

Kate Allan

*Does not include those areas covered by Dawn Sherrin

CHAIR'S WELCOME



Twelve months ago I doubt if anyone knew how many positive changes I'd be reporting to you now. Those of you who know me well, will know I don't see problems I only see opportunities. It is with this positive attitude that I and my team have worked tirelessly on your behalf these last twelve months. I would like to thank the meeting for the opportunity to have done so.

This time last year CTT was beset with falling participation, larger and increasing Insurance premium(s), loss of staff, increased costs on most fronts and a pervasive negative outlook following Covid.

Against that background I promised the meeting I would work towards putting CTT on a professional business footing. I set out here what has been achieved during the year. Not necessarily in chronological order.

Andrea Parish

Reducing Costs & Improving Efficiency

Board Meetings:

This year we have reduced the number of face-to-face Board meetings to five per year and conduct all other official and ad hoc meetings virtually via Zoom or Teams. This reduces both hotel and travel cost and reduces the need for travel which makes better use of participants' time.

At our first face-to-face board meeting this year in February we ran some Board and team development activities and will be revisiting these in the near future. To maximise our time together Saturday evenings are now given over to meetings/presentations/other business not covered on the agenda. In April we invited Andrew Simpkins, VTTA Chair, to present to us. Using our time in this way is valuable and Andrew's contribution and attendance was much appreciated.

Recruitment & Professional Skills:

Having identified those areas in which we were lacking professional skills I worked with Dawn Sherrin to bring our recruitment activities 'in-house' rather than sub-contract to a third party. Our approach was to engage the entire time trial community by advertising positions to our registered CTT website users. This avoided recruitment fees and gave us access to a broad audience of time trial-knowledgeable individuals. Advertising roles within CTT to this broad base has proved successful and has resulted in acquiring the additional skilled and experienced people we needed to augment the CTT Team.

Dawn's professional business background proved invaluable in this matter and we have been able to secure the services and skills of people hitherto denied to us. CTT is the 'richer' for it. Identifying the right people, with the right skills means fewer hours worked, yet providing more professional outcomes.

Where directors have been able to provide the time and professionalism to cover certain business functions, I thank them for doing so, as the time freely given is of great worth but no financial cost.

Other Cost Savings:

The Finance Sub-Committee in conjunction with David Barry have worked to consolidate the Coventry storage unit into The Sheffield storage units. This has given us the opportunity of not only cost saving but ensuring the preservation of some historic documentation through donation to the National Cycle Museum where it can be enjoyed by a wider audience.

We have also sold some obsolete equipment. Both the reduction in storage costs and the small windfall will be shown in next year's accounts.

CHAIR'S WELCOME

Insurance Project:

While this is covered elsewhere in our report, I would like to briefly explain that identifying and gathering the data we needed has been a huge undertaking. This has been a big project and my thanks to everyone involved, riders, districts and the CTT Team. It will not only make a difference this year but will continue to make a difference for us all in future years. The quality of our data is greatly improved, and we will be able to produce helpful management information to our districts too, in due course, once additional development work has been completed.

VTTA

Since joining the Board of CTT as director in Dec 2021 I've enjoyed developing CTT's relationship with the VTTA. I was delighted to be invited to present at the VTTA AGM in January this year and since elected Chair we've been able to develop a closer working relationship which has been to the benefit of both organisations.

We've been able to develop a close working relationship on IT matters, and following the engagement of Roger Clarke this has been formalised into regular quarterly and ad hoc meetings to discuss IT development. In practice this means that we have shared knowledge of all changes being made to CTT's database and now work collaboratively to ensure a cohesive approach to smooth delivery of changes. It's a great pleasure to work closely with VTTA whose members contribute so much to the CTT Community.

"As VTTA National Chairman, I very much appreciate the recent steps taken by CTT and VTTA to work together on common issues. This has included co-operating on important IT developments such as the automated link for receiving our members' results in CTT events. It has also been helpful to share ideas and information on attracting new riders to the sport. VTTA members are a core group of UK time triallists and it is of benefit to the whole sport that CTT and VTTA are working positively together." Andrew Simpkins

Thank you Andrew.

Road Bikes, BBAR & National Championships

On 18th April this year CTT introduced road bikes as a separate machine class. This represented a huge step forward in our ability to attract riders new to time trials, provide a progression path from Club to Open events that didn't break-the-bank, provide true rider recognition and popularise more sporting courses. To list but a few. The buzz this created in the cycling press delighted me and we've received huge support

ever since. News of this reached far beyond the UK and saw CTT leading the way.

As befitted such a huge change, and with Kate's PR expertise and Charlotte's professional design skills to create new and exciting communications assets, we launched as a 'product launch' with all news embargoed until 10:00AM 18th April. It was only then that news outlets had the OK to publish, we issued emails, had the website updated and ready to go, provided a downloadable newsletter, information etc. Separately, we issued an Infographic on Road Bikes vs TT Bikes Reg 14. It created a buzz and our social media accounts, especially Facebook, saw the greatest audience reach of any posts previously or since reaching a collective 47,000 accounts.

In only the five full months since then we have seen a huge increase in participation in riders riding road bikes. Road bike entries this season are up 42% on 2022. Of our new riders this year, approx 1.1k, 82% exclusively rode road bikes. By comparison, TT bikes entries this season were down 16% on 2022, while Trikes were up 55%! Marvellous! An unexpected growth in Trike participation. I'm very excited about the growth in participation of riders riding road bikes in our events. This has huge potential to grow participation and reach new riders to our sport because after all, what's the one thing every Roadie owns? A road bike! I firmly believe this gives us a good basis on which to grow next year.

Following decisions made at last year's National Council we were able to develop system functionality required to support the new-style Traditional and Short Distance BBAR and deploy it in time for this season. Another big success. In the words of respected and prolific organiser David Collard-Berry:

"Changes in the BBAR have certainly energised the competition, we now have two competitions, the new one over 10 miles, 25 miles 50 miles & 100 miles took off unexpectedly well. The "Traditional" BBAR saw 59 complete the three distances (both men & women) while the new "Popular BBAR" had 145 qualifiers with the top five all averaging over 30mph. We had three teams qualify in the Traditional BBAR & eight in the Shorter Distance. In its first year we can surely claim this to be a success as it invigorated the competition, again we are looking forward to the 2024 season to see if this continues."

With Charlotte's help we've designed BBAR certificates to reflect these changes.

In further changes this year we've taken an active role in promoting our National Championships, from a well-designed Championships Calendar to event-specific media toolkits for promotional use via Social Media and email.

CHAIR'S WELCOME

Communications

This year has seen great change in not only what we communicate, but how we communicate, to whom we communicate and what those communications convey.

It has long since been a source of frustration to me that our email capability was limited to very basic text and lacked the features and functionality I expected from modern software. Earlier this year, with Roger's help, we worked with XnCreations to completely overhaul our email system. Initially this involved a housekeeping 'cleansing' exercise to ensure all our email addresses were up to date. Following on from this we began to use the 'marketing' functionality of our existing transactional email software. This resulted in the ability to produce good quality emails of the standard we've all come to expect. This 'upgrade' gave us more flexibility in how and to whom we deliver email. This has made a huge difference in not only what we can communicate but how we present it. This has now become a very important part of how we interact with the time trial community. Essential this year to launch road bikes, communicate vital information (Transgender Policy), recruitment and to support event organisers.

In addition to this we have upgraded our Social Media accounts with professional quality graphics across Facebook, Instagram, Twitter and LinkedIn. These represent some of our 'windows' on the outside world and you never get a second chance to make a first impression. In tandem with that, and in addition to the work Fraser does on our behalf, we have made more use of Social Media as a delivery vehicle to push the CTT message. This year, it has meant helping organisers to promote events, promoting our National Championships, BBAR and generally promoting CTT. The interest this produced has been measurable and shows there is an appetite from our Followers for our CTT-centric posts. We plan to extend this next year in new and exciting ways.

A huge step forward for us was to engage the services of Kate Allen in February. Kate's involvement with us, representing us has resulted in a large number of opportunities for us. Thanks to Kate, CTT's profile has risen considerably and you'll read more about that within this report. It's also meant that we have channels through which we can announce big news and we have done this. It also means that we can keep interest in CTT and time trials at the forefront and current through media channels and networking. This is good news for CTT and it's kept me quite busy, from featuring in podcasts to giving interviews. I'm always happy to 'evangelise' about time trialling and why people should give it a go! This approach seems to be working well for us.

To summarise, we've improved and upgraded our technology, extended our delivery methods, overhauled design and vastly

improved our reach. This gives us a great basis for next year to further develop our communications strategy as we now have all the pieces in place. In other words, we have the tools with which to promote and market ourselves and the will and the skills to use them!

Transformation and future-proofing

Running quietly alongside these obvious changes has been putting in place the means by which we can make changes and continue to improve. This hasn't been easy. Behind the scenes a huge amount of work has been accomplished by myself and many others to 'steady the ship' and to lay the foundation stones to put CTT on a professional business footing. I am confident that we finally have a firm base from which CTT can move into a position where we can face the challenges that all competitive sports are facing in the coming years. A position where we can begin to grow our sport again by broadening our appeal. This work has begun and our business infrastructure will now support it combined with the legacy Mark Sanders leaves of healthy financial reserves.

You will all know Mark Sanders, I'm sure. Mark has been the second longest serving National Treasurer in the history of the RRC, RTTC and CTT which is a considerable achievement. During this time Mark has been responsible for several website updates including the introduction of the open levy collection at source, the online affiliations process and latterly the online club events initiative.

I am sure you will all want to join me in thanking Mark for his service and contribution to CTT and to wish him the very best for the future.

FINANCE

The published Cycling Time Trials' accounts cover the year to 31 March 2023, and for comparative purposes show the year to 31 March 2022. The accounts for the year show a surplus of income over expenditure of £36,592 which is down from last year's surplus by £120,417. The material factors in this result when compared with the previous year are:

Income

Overall, income decreased by £98,761:

- Type A levies and championship levies decreased by £65,491 and Type B levies decreased by £24,433.
- Subscriptions (affiliation and advertising fees) increased by £1,228 as outlined below in Membership, Participation and Online Affiliations.
- Online charges increased due to affiliation fees increasing, which increased the processing fee and due to the number of cancellations due to poor weather and road conditions during 22/23.
- The published handbook for the 2022 season made a loss of £1,446.

Expenditure

Overall, expenditure increased by £21,656 compared to the previous year.

The key items causing the increase are the cost of Insurance for CTT, up £20,160 and Champions Night £10,116 which had not been held in the last few years due to Covid-19. This is offset by a reduction in Salaries.

Reserves

The reserves as at 31 March 2023 stood at £435,103. This level the Board considers adequate at present although it will be keeping an eye on this year's forecasts given the downward trend Type A levies and the increased cost of insurance. The forecast for 2023/24 is showing a potential loss of around £45,950 leaving reserves at around £389,218 as at 31 March 2024. Cost cutting and increasing income are at the forefront of the Board's thinking to enable CTT to remain solvent.

Membership, Participation and Online Affiliation

The number of affiliated clubs currently stands at 1,146, this is down by 25% from last year, where 1,530 clubs affiliated.

Of these, 433 have registered to carry advertising, again this is down 16.7%, where 520 paid to carry advertising. Clubs have been able to pay for their affiliation fee (and advertising fee, if appropriate) via the website since 2016 and most clubs now use this process. For the financial year to 31 March 2023, there has been a decrease in the overall number of rides: in Type A events with nearly 36,000 rides (down by 11,000 rides) and in Type B events to 56,000 (down 8,000). Despite the decrease in numbers for affiliations, the income increases slightly due to the increase in the fee agreed at the AGM last year.

Finance Sub Team

The Finance Sub Team meets regularly to review the short- and long-term income and expenditure. We do the seminal thinking to help the Board come to the right financial decisions.

We, as with many sports bodies, have come out of Covid with a significant impact on finances. Fixed costs were cut wherever possible however our need to spend to keep the sport going did reduce our reserves.

We have guided the Board to ensure we have sufficient reserves in case of other serious disruptions to time trialling. We, through the Champions Night Sub Team, have reduced the cost of the celebration without serious loss of enjoyment as we recognise our champions. The theme throughout the fiscal was value for money and helping the Board to realise organisations which are strapped for cash need to be clear on priorities. No surprises that we don't have the money for everything we might like to do.

Other areas of work include, the Handbook (is it time to change the format?), medals (cost), document storage and is it time to review club affiliation structure to reward clubs that contribute to the sport. These are the topics that take time and thinking to get the right long-term solution for the sport.

There are overlaps between the Finance Sub Team and other groups (eg. Champions night as mentioned above). Looking at issues from different perspectives should build a better solution. A good example is how do we increase our income by getting more "bums on saddles"?

INSURANCE

We are pleased to report that one of the serious claims against CTT has been settled for a figure approximately 25% of the amount “reserved” for it. Whilst other historical cases continue, as no new serious cases have been received, our “claims experience” as assessed by insurers, has improved.

Following the appointment of an insurance specialist, Michelle Gwynne, we initiated a project to identify the management information needed to obtain more favourable terms. This meant underlying IT work to build the changes needed in the way we collect data to include voluntarily obtaining information about how many riders have insurance with British Cycling, Cycling UK or other insurers. Although filling in the details is an inconvenience for riders registering on the website for the first time it has enabled us to estimate that at least 60% of riders have their own cover. This information has allowed CTT to present a better risk profile to insurers, as has recently been confirmed to us, for the year commencing 14 November 2023 “the Management Information has made a tremendous difference and will continue to do so.” As part of the exercise of obtaining better information about the activities of CTT we required better information about the number of club events and number of riders taking part. We are grateful to the Districts who have been able to provide this information albeit that it can be a time consuming task. Unfortunately, premiums are rising generally and the ingenuity of parties to find someone to sue is unabated. The large (more than 100%) increase in premium reported last year is spread across 2 years of CTT’s accounts. It would be very serious for CTT if the same increase occurred this year. The information provided by riders will allow any claims to be reported to and shared by more than one insurer, thereby reducing our risk profile for subsequent years. CTT has an obligation under its Articles to insure all those helping in any capacity with running an event against claims by third parties. It does not have any obligation to insure riders against such liability but has done so for many years. Although quotations have been sought on the same basis as in previous years, if the rider insurance element becomes prohibitive CTT will need to decide if that can be afforded in future. This would not affect any rider who has independent 3rd party cover.

DATA PROTECTION

All registered riders are reminded to keep their personal information on their profile page up- to-date and to ensure that their preferences are regularly updated. Please remember that if you do not “tick the box” to consent to receive emails from CTT, you will not receive the regular CTT newsletter. CTT will never sell or pass on your information to any third party unless it has your specific consent to do so.

SAFETY OF THE SPORT

Accident Report

The total number of reported accidents in CTT events in 2023 was 59 of which:

- 54 riders had a CTT ID.
- 4 riders did not have a CTT ID (i.e. assumed to be ‘come and try it’ competitors).
- 1 where no rider was identified.
- 34 were in Open (Type A) events.
- 25 in Club (Type B) events.
- 10 were on dual carriageways,
- 49 on single carriageway roads.
- 0 accidents in a closed-circuit event.
- 0 accidents in a hill climb.
- 25 accidents involved a motor vehicle, either directly or indirectly, although the majority of accidents are a result of rider error or misfortune.
- 0 resulted in a fatality.

It is essential that all accidents are reported to the Accident Mailbox and the appropriate District Secretary as soon as possible after the event. Should an accident occur, copies of the following documents should be retained as they may be needed by CTT’s insurers:

- 1 a copy of the police notification form (pnf) sent to the police.
- 2 any letter of acknowledgement re. PNF.
- 3 the Start Sheet.
- 4 the Signing On and Signing Off sheet.
- 5 the Risk Assessment for the course.
- 6 the “on the day” Risk Assessment.
- 7 any warning notice given to the competitors, on the day (usually displayed alongside the signing on sheet).

Accidents should be reported using the standard CTT form. Please use the latest version (September 2023) of the Accident Report form that can be downloaded from the CTT website.

Accident reports must be submitted to CTT via email to: accident.reporting@cyclingtmetrials.org.uk

SAFETY OF THE SPORT

Regulation 25 And Medical Control

Competitors do need to continue to be aware that they can inadvertently fall foul of the anti-doping regulations, possibly as a result of taking an “over the counter” remedy or even as a result of taking a medicine prescribed by their GP. All competitors are reminded to check with their doctor, if they are taking medication, that the use of such medication does not contravene the anti-doping regulations. Also, competitors should be aware that for certain medications, a Therapeutic Use Exemption (TUE) may be applied for retrospectively.

It is very important to note that it is the individual rider’s responsibility to check if they are required for doping control. A competitor must always return to the event HQ on completion of their ride and, if required, to report to doping control. Importantly, failure to report renders the individual liable to be disqualified from the event and/or further disciplinary action.

Details of banned substances can be found on the UKAD website www.ukad.org.uk/documents/uk-anti-doping-rules/

If you have a concern about doping, however small it may seem, you can contact UKAD direct. UKAD would need to know who is involved (can include individuals or teams) what they are doing and why, how they are doping, when and where it is happening and who they are obtaining the substances from. UKAD is constantly building its picture of doping in sport and your information could be just the detail UKAD needs.

You can call UKAD anonymously 24/7 to talk to a highly trained operator who is independent from UKAD.

Call UKAD – 08000 32 23 32

If you’d prefer not to speak to anyone, can also report your concerns online via:
www.ukad.org.uk/what-we-do/report-doping/



Cycle Event Signage

Throughout 2023, clubs continued to order starter packs or replenished their existing stock. Three affiliated clubs that previously never had promoted time trials took advantage of the offer to purchase a “Starter Pack” of cycle event signs at a special rate of £200 (to include carriage). Twenty-one further affiliated clubs replenished their stock with new signage and/or race numbers. The Board of Directors see this as a further opportunity to continue with the offer in 2024. If your club needs signs please order well in advance. At peak times the manufacture and processing of signs can take several weeks. Information regarding cycle event signage/numbers can be obtained via the National Secretary Stewart Smith, stewart.smith@cyclingtimetrials.org.uk

Due to the increasing costs to manufacture, in May 2023, there was a price increase to the signs and race numbers.

Race Numbers

New sets of race numbers (1-150) have been available at a discounted price of £50 for clubs that have not previously taken advantage of this offer. The normal cost price of a set of numbers of this quality is £225. A box of 1,000 pins can also be supplied at an additional cost of £10. One club purchased a set of numbers with their signs “Starter Pack”. One other club bought a set of numbers whilst updating their clubs signage and five clubs purchased a set of numbers.

The disposable Tyvek numbers were again available with one club continuing to order and use these. The numbers were sent direct from the suppliers to the buyer. The numbers are made of a recyclable Tyvek material and the supplier, Pymmwnn Printing, turned the orders around with just a few days’ notice. These numbers are also used for all the major CTT events. Many clubs have gone to the supplier direct so that they can add their own club’s or sponsors logo.



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DEVELOPMENT OF THE SPORT

District Forums

It has been some time since a National District Officials Conference has been held. To this end, the Board is planning to schedule training seminars during 2024 for Organisers, Timekeepers, Course Measurers, among others. This follows a pilot/proof of concept workshop that was successfully delivered earlier this year by David Barry. The initial training will be along the lines of “train the trainer” and incorporates the feedback received from and builds on the pilot scheme. This will entail Districts nominating candidates to attend the training and where they will receive all relevant documentation and information needed to take back and hold District Forums on these topics. Many of the courses are of half-day duration. Full support from a Board Director would be given to those Districts who request their assistance.

Surveys

Further to the Rider Survey which was published in April 2022, 2023 has seen the completion of a broader range of surveys across the remaining CTT community as follows:

Treasurer Surveys – February 2023

Event Organisers – March 2023

District Chair and Secretaries – March 2023

Timekeepers – April 2023

The outputs from the surveys have taken some time to collate as the majority of the surveys included open questions with the opportunity for comment, all of which have been reviewed and analysed. The outputs were shared with the CTT Board and subsequently shared with the relevant audience. Key findings and recommendations will be taken forward, as appropriate.

CTT Newsletter

CTT Newsletters have not been published during 2023 except for the Road Bike launch on 18th April 2023. In its place, CTT has continued to use the CTT website to post updates, communications, features and articles as they have arisen and/or when needed. In addition, both our enhanced email capability and greater use of Social Media has allowed effective and targeted communications in announcing important changes, recruitment, new initiatives and promotions of National Championships. The 2022 Annual Report indicated that the CTT Board Bulletins would be reintroduced during 2023 and this has not happened. However, the CTT Board is committed to providing transparency and clarity re the key subject matters discussed at the CTT Board Meetings and is committed to reintroducing CTT Board Bulletins in 2024.

Road Bikes (as separate machine class)

The development of Road Bikes as a separate machine class came about as a result of the overwhelming feedback from our Rider Survey. A comprehensive data analysis was undertaken last year to analyse the ‘As Is’ situation of the sport and to prove the need for this innovation. We successfully launched Road Bikes on 18th April this year and have seen an increase of 42% in participation on Road Bikes with over 80% of our new CTT registered riders competing exclusively on road bikes in Open Events this year. In terms of developing the sport this is a significant step forward and opens time trialling up to a wider audience.

We are very encouraged by the positive reaction this has received by our existing time trial community, new riders and the cycling press where it has received positive and supportive coverage.

We will continue to build on this success next year and see the new positive development as a means of encouraging new riders to our sport and broadening its appeal.



DEVELOPMENT OF THE SPORT

Communications, Publicity, Marketing and Race Reports

2023 has seen CTT adopt a broader approach to Marketing, Publicity and PR both internally to reach existing time trial communities and externally to reach a wider audience. In addition to the service Snowdon Sports provides we have been 'hands on' in our use & ownership of CTT's Social Media, developing a cohesive visual language across FaceBook, Instagram, X (Formerly Twitter) and LinkedIn to tie in with the new-style communications that heralded the launch, on 18th April, of Road Bikes as a separate machine class.

The launch of Road Bikes was a turning point in our approach to communications. Working with Charlotte Carrington, who provides us with professional design capability we have developed social media toolkits with which to publicise our National Championships, worked with organisers to promote events using not only social media but an upgraded email system. You will have seen Charlotte's work in all these. Other upgrades include website analytics and between these three modes of communications delivery we have been able to deliver information and content in the most widely consumed way. A true turning point for CTT as we now have a flexible and far-reaching means of delivering information to as wide an audience as possible. We will continue to develop this capability over the next 12 months and would like, amongst other things, to work with organisers to help promote events as this has proven successful this year.

In addition to this Feb 2023 saw CTT engage the services of a professional PR provider, namely Kate Allan who you will all know as a multiple National Champion and holder of Competition Records. Kate's work has seen CTT launched onto not just the national, but global stage! The reach that Kate has brought us has been nothing short of revelatory and has seen CTT and domestic time trialling feature in a wide variety of news outlets, from website, to magazines to global news outlets. the benefits of time trialling has been reaching other sports and finding new outlets e.g., Health-based magazines. CTT has featured in the following, to name a few:

Triathlon 220, Road.cc, Cycling Weekly, Bike.biz, *Endurance Sportswire, Escape Collective, *Bike Radar, Cycling Plus, Endurance.biz, Cycling Time Trial Podcast, Cycling Insights, Sustain Health Magazine, Bike Magazine, Head Topics, SRN News, SportsStar (The Hindu Times), CNA, Canadian Cycling Magazine, WKZO Radio, Yahoo!, Reuters, WHTC Holland, Yahoo Finance, Yahoo Life, Cyclry, Voxwomen, Sixty Plus Cycling, SL.MAN, Health and Wellbeing, UK Run Chat (Running News).

Thanks to Kate we've been able to announce new initiatives and important news e.g., Road Bikes, Changes to Reg 10 (Transgender) etc in ways and via media hitherto unavailable

to us. Not only that but it's provided a means of valuable feedback as to how we are perceived. Both examples above were well received and generated significant coverage.

We now have a great combination of exciting ways in which we can publicise time trials both internally and externally.

Andrea Parish

Snowdon Sports continue to provide race reports throughout the season, aiming to get these online during the weekend when the audience is most active. It can be a difficult balance deciding when to publish a report if all information is not available, but often more detail is added at a later time once available.

With a target of an average of 15 reports/news items each weekend from March to October, they have achieved over 16 during the 2023 season. Reports this season have generally been longer too, with more emphasis on getting interviews to add context as well as covering of more category winners (where this information is available).

Snowdon Sports continue to push to include as much detail as they can, but sometimes face difficulties if riders have locked down their CTT profiles which prevents their race history and contact details being available. Snowdon Sports are also often only sent brief results by organisers, and not all categories are included.

All race reports continue to be promoted on Facebook and Twitter, with several also being promoted on Instagram where photography resources allow.

Instagram continues to provide the biggest growth for CTT's online presence, with 717 more followers over the course of the 2023 season, a rise of 13.7 per cent, we are also posting race reports to Instagram more frequently than in previous seasons.

Facebook has grown too, with 407 more followers in October 2023 than in October 2022 – a rise of 3.6 per cent.

X (formerly known as Twitter) has suffered globally after Elon Musk's takeover and subsequent changes to the platform, with some people choosing to move away from Twitter and the increased popularity of other platforms adding to this effect. CTT's account has tracked these changes, with 58 fewer followers in October 2023 than we had 12 months earlier, a drop of 0.7 per cent.

Fraser Snowdon

DEVELOPMENT OF THE SPORT

CTT IT and Website

Earlier this year CTT was pleased to engage Roger Clarke to be responsible for our IT project management, design and development. Roger brings over 25 years' experience in senior roles in these areas. Roger's involvement has allowed us to improve the resilience of our systems, taking full account of all potential routes of development while acknowledging the restrictions posed by current systems.

In April, the new road bike category was implemented for all open events. Following the introduction of a new set of road bike category rules, riders can indicate for each event that they enter whether they intend to ride on a road bike or a time trial bike; this can be changed by the organiser on submitting the results should a rider need to take part on a different type of bike.

Race results can now be filtered by machine type to recognise the achievements of those on road bikes within a non-road bike specific event. It is anticipated that organisers will no longer need to set up separate road bike only events in parallel with other events in 2024.

As part of adding filtered results, the opportunity was taken to introduce filtering of event results by gender to recognise the standings in particular of female riders in all events.

The changes to BBAR formats for male and female riders were implemented on the website in April, and an additional filter for those completing either of the BBAR formats on a road bike was included; the BBAR can also be completed by a mix of road and time trial bike rides.

Significant changes to CTT's emailing capability were introduced during the summer, including a resolution to the longstanding issue of emails not being received by a number of riders. CTT now has the capability of sending html emails to those who have opted in to receive them, and the opportunity to promote some of CTT's events via such emails this year has lead to increased entry numbers.

Changes to the website have recently been implemented to collect data relating to riders' personally held third party insurance cover, and about club membership and participation, which will help CTT to manage its own insurance requirements. Districts have also contributed by providing additional information relating to courses currently in use by club and open events.

Work is underway to implement CTT's new transgender policy on the website ahead of the 2024 season. This involves moving from gender based results to new Female / Open classifications within each event and competitions, and managing the eligibility of riders to compete in those classifications.

Further projects to improve CTT's website are in progress and will be announced in due course.

Scholarship (Under review)

There was no scholarship scheme again in 2023 but we will be actively looking to modernise our approach to the scholarship scheme in 2024. One of the options could be an Internship scheme where we can work collaboratively with talented and inspiring younger riders to harness the power of Social Media on behalf of CTT and our sport.

Transgender Policy

The 2022 National Council meeting amended Regulation 10 to give the Board power to make amendments to CTT's Transgender policy. On 14 June 2023 the Board exercised that power to adopt a new policy effectively to prevent transgender women – those who had transitioned from male to female - competing in female competitions. The basis being that physical strength and stamina gained during male puberty can give a permanent advantage to a rider. It was clear that otherwise other women would be at a permanent disadvantage. Although the number of riders directly affected was very small the issue is a highly controversial one –but the law permits the exclusion of such riders in sports where strength and stamina are a factor – and the law also requires transgender people to be treated with respect and not humiliated. The policy was generally well received albeit that CTT's online entry system could not immediately be amended to change the gender of a rider. As from 2 January 2024 all necessary changes to the CTT website will be made so that all riders will be classified as either in the "Open" class or the "Female" class. Gender as such will not be notified to organisers, simply the class the rider may ride in. Start sheets and Results sheets will likewise state class not gender. The website will require a person to state confidentially if they are a transgender person and the policy to be applied is that to ride in the Female Class three tests have to be satisfied: the sex assigned at birth must be female, and they must not have undergone any part of male puberty and the testosterone level must be below 2.5 nmol if tested. Issues concerning eligibility to ride in a class will not be decided by organisers but must be referred to a new Gender Tribunal which the Board will be setting up which also give advice as well as make formal decisions, although it is likely the latter will be infrequent.

Closed Circuit Events, National Closed Circuit and Para-cycling Championship

2023 has seen the continuing popularity of closed-circuit time trials across the country, especially amongst the young. Organised under the Cycling Time Trials' banner, the events continue to flourish, with participation, in many cases, keeping pace with previous years.

With under the age of 12 years welcome, the safe, traffic free

DEVELOPMENT OF THE SPORT

and welcoming environment created at these events, also provides the opportunity for novices, new to the sport of time trials to compete, whilst also enabling an alternative to racing on the open road.

After 11 years of being held at the Thrupton Motor Racing Circuit in South district, the 2023 RTTC Closed-Circuit National Championship moved to the Croft Motor Racing Circuit in North Yorkshire. Organised by the Teesside district, 184 riders entering across the five championships (men, women, juveniles, juniors & para-cyclists). The championships, albeit with lesser numbers than in previous years, was considered by those attending a great success.

The VTTA, in 2023 continued to embrace this type of racing, with local groups, for the third year, organising separate Northern and Southern Championships, promoted under CTT rules and regulations and open to all over 40 year olds, whether members of the Association, or not. The results were calculated on age adjusted times.

After the successful trial event in 2022 held at Thrupton, 2023 saw the para-cycling championship moved to Croft. With Cycling Time Trial's continuing drive for diversity and equality, the Para-cyclist championship was run in conjunction with the main closed-circuit championships and saw 8 riders entered. The result calculated on category adjusted times saw a dead heat for the gold medal podium spot.

With the appetite for closed circuit events continuing to gain momentum and become more popular, the board want to encourage districts and clubs to support organisers who identify suitable venues. Support and guidance is available from the board if available and approved venues and events are established.

National Youth Championship (GHS)

The 2023 National Youth final was held on the V714 and promoted by Yorkshire DC, with 68 riders on the start sheet, 65 riders took part. Toby Bush (Team Bottrill) and Millie Salmon (Clifton CC York) setting the fastest male and female times of 20:09 and 23:18 respectively. The winning team was the Evolution Racing Academy trio of Alex Coles, Dylan Sage and William Coles.

For 2024 the National Youth (GHS) has been updated with the National Youth Final not requiring to take part in a qualifying heat. The Final will be open to all juvenile riders who can enter the event via the website or by paper entry as all other Championship events. In 2024 there will be NO qualifying heats.

The 2024 event is being held on the 8th September in the London West District.



Para-cyclist Champion: Ben Hetherington



Para-cyclist Champion: Ben Payne



National Youth (GHS) Champions: Toby Bush and Millie Salmon

DEVELOPMENT OF THE SPORT

App Based Timing

2023 has focused on just 2 items, the timekeepers survey and working with the developer of an Android based timing app called Time Trials. Unfortunately, the CTT champion of the Webscorer app has hung up his timepiece so work on this initiative has ceased for the moment.

The board were overwhelmed by the positive response to the survey which can be found on the CTT website and intends to set up a timekeeper mailing list from those responding to the survey. The working group will be relaunched with a new membership in 2024.

The Time Trials App (developed by the Royal Dean Forest CC) has been used for club events for 5 years. It has one main advantage over other apps in being free however it needs development for use in Open events and certification. To that end two parallel trials have been performed and an action plan is in progress to enable the project to progress.

We also note that our partner ResultSheet has enhanced their app to take chip timing inputs, and Phil Hodey (Shaftesbury) has been trialling his electronic timing App.

ResultSheet

ResultSheet is a TT results app that enables organisers to deliver live results at their events whilst reducing admin. Given the app enables results to be viewed in real-time, any timing errors can be corrected during the event which reduces the CTT administration overhead when processing the results a few days later. The app has been live since the start of the 2022 season and the CTT officially partnered with ResultSheet in early 2023. The response from clubs has been extremely positive with over 580 clubs now signed up to the service and ResultSheet was used successfully at the National 10, 25 and GHS events.

Spindata

In 2023 Spindata introduced a new road bike ranking to mirror the introduction of the road bike category in all open events. Rides from any solo time trial tagged as being on a road bike will be processed together, and the rankings and predictions will be based on the performance of the riders in this category alone. 279 riders have completed 3 or more road bike rides to qualify for the road bike rankings. As part of this introduction, the hill climb rankings were rebased to match the scale for time trial and road bike rankings so the scores will be comparable across disciplines.

2022 CHAMPIONS LUNCH AND PRIZE PRESENTATION

The 2022 Champions Lunch and Prize Presentation was held on Saturday 14 January 2023 at Staverton Park Hotel, near Daventry.

The Guests of Honour were Jeremy Wilson, author of 'Beryl' and winner of the Sunday Times Sports Book of the Year 2022 and Denise Burton-Cole, Beryl Burton's daughter, and her husband. Also present as our guest was Andrew Crocker from Kalas who supply our champion's jerseys.

The Master of Ceremonies was Dr Michael Hutchinson who interviewed our principal guests giving us an insight into the life of one of Britain's greatest athletes.

He then introduced the prizewinners and champions who received their awards from Denise Burton-Cole and the CTT Chair, Andrea Parish.

In a first for Cycling Time Trials awards event a raffle was organised by Roger Wakeling which made a profit of £500 which was donated to the Hampshire and Isle of Wight Air Ambulance.

On behalf of the organisers may I thank all those who helped behind the scenes to make the event as successful and enjoyable as it proved to be.

The format will remain the same for the 2023 Champions Lunch which will be held on Saturday 20 January 2024 at Hellidon Lakes Hotel, Hellidon, near Daventry.



BEST BRITISH ALL-ROUNDER COMPETITIONS

This season saw unprecedented changes in the BBAR competitions, the Traditional and Short Distance BBAR.

Following decisions made at last year's National Council the Traditional BBAR was opened to include qualification by Women. Additionally, the Short Distance was not only expanded to include the 10 mile distance but opened to include Male riders in the qualifying criteria.

Extending equal opportunities to both Men and Women in the Traditional and Short Distance BBAR saw fundamental change in their 93 and 83 year respective histories. The Traditional BBAR was established in 1937 and the Short Distance in 1947.

Additional functionality was rolled out to the CTT Website to support these changes and to provide additional filtering options to our riders.

Traditional Distance

A total of 53 men and 6 women have completed the appropriate distances, the first time that the women have had the 12 hour as part of the BBAR. Thirty three men and five women achieved the 22mph and 20mph standards respectively required to be awarded a certificate. Congratulations are due to both Andy Critchlow (Paceline RT) and Kim Barfoot-Brace (Team Bottrill) on winning the 2023 British Best All Rounder titles. Andy won this year's BBAR by 0.021mph from second placed Christopher Gibbard (Bynea Cycling Club). Andy achieved times of 1.35:36 (50 miles), 3.37:11 (100 miles) and 298.06 miles (12 hour) in his 2023 campaign.

Kim recorded times of 1:52:58 (50 miles), 4:04:33 (100 miles) and 263.13 (12 hours), her average speed being 1.28mph faster than second placed Corrinne Clark (Swindon Wheelers)

The men's team award goes to FTP (Fulfil The Potential) Race Team Tom Thornely, Tim McEvoy, Lee Williams) with a combined average speed of 27.529 mph. taking the honours from Velotik Racing Team (Toby Williams, David James Williams, David Parkin) who averaged 36.572mph.

No women's team qualified.

Junior BBAR

The junior BBAR saw 9 junior men and two junior women achieve qualifying times held over two x 10 mile and two x 25 mile events. The junior men's competition was won by Finlay Tarling (Willebrord Wil Vooruit) who achieved times of 18:23, 19:20 and 48:06, 48:31 for an average speed of 30.444 mph, winning from Dylan Sage (Evolution Racing Academy) with an average speed of 30.165mph. The junior women's competition was won by Abbey Thompson (Stonham Barns Park – SYRT) with times of 22:49, 24:19 and 1:05:10, 1:07:04 for an average speed of 24.089mph from second placed, Sophie Heighton (Ferryhill Whs) who recorded an average speed of 23.002mph.

Short Distance BBAR

With the inclusion of the Short Distance BBAR in 2023, held over 10, 25, 50 and 100 miles, the Men's winner was Adam Duggleby (ADDFORM Vive Le Velo) who achieved times of 17:39, 46:04, 1:41:33 and 3:25:05 for an average speed of 31.338mph. In second place was Jake Sargent (Team Bottrill) who gained an average speed of 31.053mph and 3rd place was Andy Critchlow (Paceline RT) with an average speed of 31.039mph.

Adam also led ADDFORM Vive Le Velo to the team award, being backed by David Brearley and John Brearley with a combined average speed of 29.558mph. The second team was the Velotik Racing Team trio of David James Williams, Toby Williams and David Parkin who rode to an average of 29.476mph.

The Women's Short Distance BBAR winner was Kate Allan (Team Bottrill) who recorded times of 19:21, 50:10, 1:42:57 and 4:00:49 for a combined average of 28.740mph. Kate led Team Bottrill to a clean sweep with teammates Emily Martin in second (28.244mph) and Kim Barfoot-Brace in third (26.607mph).

Obviously Team Bottrill clinched the Women's team award with a combined average of 27.864mph.

A total of 8 Women and 66 Men will receive certificates for reaching the qualifying average speed of 24mph (Women) and 26mph (Men).

MAJOR EVENTS

Champion of Champions Competitions Ron Kitching Trophy

By winning the 50, second placed in the 25 and fourth in the 10 Adam Duggleby (ADDFORM Vive Le Velo) took the overall honours from Alex Pritchard (HUUB WattShop) and Timothy Torrie (trainSharp) in third.

1	Adam Duggleby, ADDFORM Vive Le Velo	7
2	Alex Pritchard, HUUB WattShop	25
3	Timothy Torrie, trainSharp	29

Beryl Burton Trophy

Emily Martin (Team Bottrill) took the honours by winning the 50 and being placed third in the 25 and fourth in the 10, the only woman to complete the qualifying events.

1	Emily Martin, Team Bottrill	8
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Chris Boardman Trophy

By placing tenth in the National 10, fifth in the Closed Circuit Championships and eleventh in the Hill Climb Championship, Rhys Edwards (Edinburgh Road Club) takes the overall honours from Roch Morgan (Derby Mercury R C) and Jude Davison (Beacon Wheelers) in third.

1	Rhys Edwards	Edinburgh Road Club	26
2	Roch Morgan	Derby Mercury R C	42
3	Jude Davison	Beacon Wheelers	53

Junior Girls Champion of Champions Trophy

By placing first in the Circuit, second in the 25 and fourth in the 10 Abbey Thompson (Stonham Barns Park – SYRT) takes the overall honours from second placed Sophie Heighton (Ferryhill Whs), the only two qualifying riders.

1	Abbey Thompson	Stonham Barns Park – SYRT	7
2	Sophie Heighton	Ferryhill Whs	11

Merlin Cycles Classic TT Series

Merlin Cycles continued to sponsor the Classic Series in 2023. Category winners as below:

Men:	John Archibald
Women:	No qualifiers
Juniors:	Abbey Thompson
Vets on Scratch:	Nicholas Latimer
Vets on Target:	Mark Sanders
Vets Women:	No qualifiers
Para-cyclist:	Ben Hetherington (on countback)
Road Bike Men:	Chris Booth
Road Bike Women:	No qualifiers
Road Bike Juniors:	Sophie Heighton
Team:	Ferryhill Whs - Sophie Heighton, Ben Hetherington, Howard Heighton

MAJOR EVENTS 2024 - Correct at time of going to press

Championship	2024 Date	District
Road Bike	28 April	South East Midlands
Circuit	9 June	North
Team Time Trial	16 June	West
50 mile	30 June	South
100 mile	7 July	Liverpool
24 hour	27-28 July	Liverpool
25 mile	3 - 4 August	Manchester
12 hour	11 August	East
10 mile	31 Aug - 1 Sept	London North
Youth (GHS)	8 September	London West
Closed Circuit	13 October	South
Hill Climb	27 October	North East

Merlin Cycles Classic Series	2024 Date	District
Round 1	17 March	South
Round 2	29 March	Manchester
Round 3	21 April	Midland
Round 4	5 May	Scotland
Round 5	26 May	South West
Round 6	9 June	North



THANK YOU

In this year of much needed 'steadying the ship' following the covid years, the Board of CTT recognises more than ever the significant and selfless contributions made by all those who love our sport. We are a volunteer-led organisation, an institution and for many a deeply ingrained way-of-life.

It is a privilege to serve you and you have all my sincere and heartfelt thanks. 'Diolch o galon'. Without you all, district officials, clubs, organisers, timekeepers, marshals, riders, supporters (family and friends) there is no CTT. On behalf of the Board of Cycling Time Trials I also thank you. Thank you.

I would also like to take this opportunity to extend a special thank you to Claire Jessop for the huge amount of work she was able to do for us, putting us in a good position during the handover period between National Treasurers. Thank you Claire we greatly appreciate your efforts.

Finally, our thanks to Brian Jones of Kimroy Photography for his services over many years and providing photographs for this report.

Andrea Parish



2023 CHAMPIONSHIP RESULTS

National Team Time Trial Championship

21 May, K3/23, Midland DC

Men

1	Team Bottrill: Matthew Bottrill, Jake Sargent, Axel Dopfer	44:30
2	HUUB WattShop: Alex Pritchard, Joshua Jackson, Will Lowden	44:42
3	trainSharp: Oliver Peckover, Timothy Torrie, Sam Clark	44:50

Women

1	Team Bottrill: Alex Clay, Kate Allan, Emily Martin	50:14
2	AWOL O'Shea Worx: Emily Meakin, Kelly Murphy, Hayley Simmonds	50:37
3	Cambridge University CC: Jo Matthews, Miranda Clements, Phoebe Barker	53:56

National Circuit Championship

11 June, S3/25S(A), South West DC

Men

1	Will Lowden, HUUB WattShop	44:30
2	Jake Sargent, Team Bottrill	44:42
3	Rob Walker, WardPerformanceUK.com	44:50

Men - Age Awards

40-44	Tom Scorer, Royal Navy & Royal Marines CA	56:50
45-49	Tim McEvoy, FTP (Fulfil The Potential) Race Team	57:30
50-54	Karl Norris, 360VRT	1:00:11
60-64	Chris Vellacott, Royal Navy & Royal Marines CA	1:02:29
65-69	Tom Cox, Saint Piran	1:14:27

Women

1	Jennifer George, HUUB WattShop	1:01:32
2	Lauren Creamer, Velo Fixers	1:05:34
3	Laura Pittard, Brother Uk - Team OnForm	1:06:40

Women - Age Awards

40-44	Jennifer George, HUUB WattShop	1:01:32
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Juniors

1 Boy	Zak Machin, Cero/Cycledivision	56:46
2 Boy	Piers Mahn, Mid Devon CC	58:28
3 Boy	Theo Anderson, Chippenham & District Wheelers	58:54
1 Girl	Abbey Thompson, Stonham Barns Park – SYRT	1:20:59

Juniors - Age Awards

14 Girl	Abbey Thompson, Stonham Barns Park – SYRT	1:20:59
16 Boy	Jacob Bradbury, Manchester Wheelers	1:10:18
17 Boy	Zak Machin, Cero/Cycledivision	56:46
18 Boy	Piers Mahn, Mid Devon CC	58:28



2023 CHAMPIONSHIP RESULTS

National 50 Miles Championship

2 July, E9/50, London East DC

Men

1	Adam Duggleby, ADDFORM Vive Le Velo	1:41:33
2	Oliver Peckover, trainSharp	1:42:52
3	Jack Crook, Richardsons-Trek RT	1:43:10

Men - Team

1	Team Bottrill: Jake Sargent, Tom Hutchinson, David Halliday	5:20:16
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Men - Age Awards

40-44	Paul Burton, Paceline RT	1:45:29
45-49	Matthew Smith, DRAG2ZERO	1:44:37
50-54	Andrew Rivett, Velo Club St Raphael	1:50:19
55-59	Simon Bowler, AS Test Team	1:50:44
60-64	Keith Dorling, Team Bottrill	1:57:57
65-69	Patrick Ellerbeck, St Neots CC	2:07:51
70-74	Cliff Voller, VTTA West Group	2:24:06

Women

1	Emily Martin, Team Bottrill	1:55:58
2	Sally Turner, HUUB WattShop	1:59:41
3	Laura Davies, Jadan Vive Le Velo	1:59:54

Women - Team No team finished.

Women - Age Awards

40-44	Sally Turner, HUUB WattShop	1:59:41
45-49	Louise Robinson, Essex Roads CC	2:04:49
50-54	Karen Ayles, Maldon & District CC	2:13:49
55-59	Denise Kemp, Southend Wheelers	2:32:41
70-74	Elsbeth Knott, Colchester Rovers CC	2:34:46



National Team Time Trial Champions: Team Bottrill



National 50 Miles Champion: Adam Duggleby



National 50 Miles Team Championship Presentation



National 100 Miles Men's Team Championship Presentation



National 100 Miles Men's Champion: Adam Duggleby



National 100 Miles Women's Champion: Emily Martin

2023 CHAMPIONSHIP RESULTS

National 100 Miles Championship

9 July, B100/8, East DC

Men

1	Adam Duggleby, ADDFORM Vive Le Velo	3:25:05
2	Alex Dowsett, NopinZ	3:25:30
3	Will Lowden, HUUB WattShop	3:27:13

Men - Team

1	ADDFORM Vive Le Velo: Adam Duggleby, David Brearley, John Brearley	10:56:50
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Men - Age Awards

40-44	Tom Thornely, FTP (Fulfil The Potential) Race Team	3:42:45
45-49	Andy Critchlow, Paceline RT	3:37:11
50-54	Andrew Rivett, Velo Club St Raphael	3:47:33
55-59	Simon Bowler, AS Test Team	3:46:26
60-64	Keith Dorling, Team Bottrill	4:00:10
65-69	Phil Hurr, Team Skipper	4:22:37
70-74	David Nichol, Ferryhill Whs	4:25:30

Women

1	Emily Martin, Team Bottrill	3:53:32
2	Lizi Brooke, Wahoo Le Col	3:55:10
3	Naomi De Pennington, DRAG2ZERO	4:00:44

Women - Team No team finished.

Women - Age Awards

40-44	Kim Barfoot-Brace, Team Bottrill	4:16:43
45-49	Naomi De Pennington, DRAG2ZERO	4:00:44
60-64	Judy Reid, Icknield RC	5:19:57



2023 CHAMPIONSHIP RESULTS

National 24 Hours Championship

22 July, D24hr, Liverpool DC

Men

1	Robbie Mitchell, Auchencrow Thistle CC	519.37
2	Mark Turnbull, TORQ Performance	511.12
3	Timothy Welsh, Cambridge CC	501.54

Men - Team

1	Arctic Aircon RT: Michael Hutchinson, Joe Gorman, Neil Lauder	1387.13
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Men - Age Awards

40-44	Robbie Mitchell, Auchencrow Thistle CC	519.37
45-49	Michael Hutchinson, Arctic Aircon RT	486.64
50-54	Mark Turnbull, TORQ Performance	511.12
55-59	Chris Hopkinson, API/Anglia Sport	454.94
60-64	Nigel Briggs, South Pennine RC	386.83
70-74	Hugh Culverhouse, Weybridge Wheelers	262.31
75-79	Rob Rix, Southport CC	249.55

Women

1	Chris Murray, Army Cycling	465.38
2	Joanna Cebrat, 360cycling	419.23
3	Amy Hudson, Velo Barbarian	394.25

Women - Team No team entered.

Women - Age Awards

40-44	Joanna Cebrat, 360cycling	419.23
45-49	Chris Murray, Army Cycling	465.38
50-54	Corinna O'Connor, Audax UK	293.77

National 12 Hours Championship

13 August, D12/1 Liverpool DC

Men

Richard Sharp, ADDFORM Vive Le Velo	295.10
Tom Thornely, FTP (Fulfil The Potential) Race Team	294.41
Joe Adlam-Cook, Cambridge University CC	288.32

Men - Team

Velotik Racing Team: David James Williams, Toby Williams, David Parkin	842.07
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Men - Age Awards

40-44	Richard Sharp, ADDFORM Vive Le Velo	295.10
45-49	Andrew Whiteside, Springfield Financial Racing Team	281.42
50-54	David Glossy, Elysium Kalas Race Team	262.97
55-59	Malcolm Cox, Velo Club St Raphael	250.20
60-64	Kevin Wood, Sherwood CC	252.52
65-69	Michael John Loughran, Liverpool Century RC	233.34
70-74	Ian Peacock, Leek CC - Den Engel Belgian Bar	220.40

Women

1	Kim Barfoot-Brace, Team Bottrill	263.13
2	Grace Reynolds, Brother Uk - Team OnForm	260.94
3	Corinne Clark, Swindon Wheelers	259.69

Women - Team No team entered

Women - Age Awards

40-44	Kim Barfoot-Brace, Team Bottrill	263.13
60-64	Theresa Taylor, Springfield Financial Racing Team	206.71



2023 CHAMPIONSHIP RESULTS

National 25 Mile Championship (Men)

27 August , WE25/03, Scotland DC

Men

1	George Peden, Team PB Performance	45:59
2	Adam Duggleby, ADDFORM Vive Le Velo	46:12
3	Michael Gill, HUUB WattShop	47:09

Men - Team

1	GTR - Return To Life p/b Streamline: Douglas Watson, Chris Smart, Ray Wilson	2:26:32
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Men - Age Awards

40-44	Chris Smart, GTR - Return To Life p/b Streamline	48:38
45-49	Ray Wilson, GTR - Return To Life p/b Streamline	49:55
50-54	Douglas Watson, GTR - Return To Life p/b Streamline	47:59
55-59	Philip Kennell, GS Metro	51:21
60-64	Derek McMillan, SVTTA	55:24
65-69	Alex McAllister, Ayr Roads CC	1:00:33
70-74	Stephen Walton, Deeside Thistle CC	1:07:36
75-79	Robert Brown, EH Star Cycling	1:04:03
85-89	Alasdair Washington, Caithness Cycling Club	1:09:31
90-94	Alexander Munro, SVTTA	1:18:46



National 25 Miles Men's Champion: George Peden



2023 CHAMPIONSHIP RESULTS

National 25 Mile Championship (Women and Juniors)

26 August, WE25/03, Scotland DC

Women

1	Kate Allan, Team Bottrill	52:05
2	Alex Clay, Team Bottrill	53:21
3	Emily Martin, Team Bottrill	54:16

Women - Team

1	Team Bottrill: Kate Allan, Alex Clay, Emily Martin	2:39:42
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Women - Age Awards

40-44	Kim Barfoot-Brace, Team Bottrill	57:52
45-49	Emma Glen, Springfield Financial Racing Team	1:07:30
55-59	Margaret McMillan, Deeside Thistle CC	1:00:47
60-64	Carol Middleton, Ythan CC	1:08:48
70-74	Liz Ball, Valley Striders Cycling Club	1:06:38

Juniors

1 Boy	Patrick Casey, Anexo Group Race Team	49:15
2 Boy	Lewis Dey, RT 23	50:25
3 Boy	Not awarded	
1 Girl	Evelyn Field, JRC Interflon Race Team	1:04:04
2 Girl	Abbey Thompson, Stonham Barns Park – SYRT	1:05:10
3 Girl	Sophie Heighton, Ferryhill Whs	1:06:43

Juniors - Team Not awarded.

Juniors - Age Awards

17 Boy	Patrick Casey, Anexo Group Race Team	49:15
18 Boy	Lewis Dey, RT 23	50:25
14 Girl	Abbey Thompson, Stonham Barns Park – SYRT	1:05:10
16 Girl	Evelyn Field, JRC Interflon Race Team	1:04:04



National 25 Miles Women's Champion: Kate Allan



National 100 Miles Junior Girl Champion: Evelyn Field



National 25 Miles Junior Girl Winners



2023 CHAMPIONSHIP RESULTS

National 10 Mile Championship (Women and Juniors)

2 September, M101, North East DC

Women

1	Kate Allan, Team Bottrill	19:51
2	Lucy Byram, Team Sheffield	20:29
3	Alex Clay, Team Bottrill	20:32

Women - Team

1	Team Bottrill: Kate Allan, Alex Clay, Emily Martin	1:01:03
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Women - Age Awards

40-44	Becky Ridge, Loose Cannon's Conditioning	21:35
45-49	Vanessa Barker, Hull Thursday RC	22:32
50-54	Deborah Moss, Springfield Financial Racing Team	22:00
55-59	Sally Maitland, Ratae RC	23:15
60-64	Alexa Forbes, London Dynamo	24:46

Juniors

1 Boy	Alex Franks, VC de Londres	19:52
2 Boy	Matthew Peace, Otley CC	20:06
3 Boy	Archie Fletcher, 360cycling	20:22
1 Girl	Maia Howell, Matlock CC	23:10
2 Girl	Freya Johnson, Gosforth RC	24:27
3 Girl	Jasmine Townend, Scarborough Paragon CC	26:04

Juniors - Team No team entered.

Juniors - Age Awards

14 Girl	Maia Howell, Matlock CC	23:10
15 Girl	Freya Johnson, Gosforth RC	24:27
16 Girl	Jasmine Townend, Scarborough Paragon CC	26:04
14 Boy	Roch Morgan, Derby Mercury R C	22:14
15 Boy	Oskar Everett, Orwell Velo	21:59
16 Boy	Matthew Peace, Otley CC	20:06
17 Boy	Alex Franks, VC de Londres	19:52
18 Boy	Toby Simpson, Fietsen Tempo	20:28

National 10 Mile Championship (Men)

3 September, M101, North East DC

Men

1	Josh Charlton, Saint Piran	17:43
2	Richard Bussell, AeroCoach	18:08
3	Alex Dowsett, NopinZ	18:11

Men - Team

1	GTR - Return To Life p/b Streamline: Douglas Watson, Chris Smart, Rob Graham	58:37
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Men - Age Awards

40-44	Chris Smart, GTR - Return To Life p/b Streamline	19:18
45-49	Christopher Isats, Berwick Wheelers Cycling Club	20:06
50-54	Douglas Watson, GTR - Return To Life p/b Streamline	19:04
55-59	Philip Kennell, GS Metro	20:11
60-64	Ray Hall, Adept Cycling	22:30
65-69	Russ Richardson, Zurbaran Racing	21:27
70-74	David Rundall, Chorley Cycling Club	23:56
75-79	Bill Maxwell, Border City Whs CC	27:06
80-84	John Tiffany, Harrogate Nova CC	29:11



National 10 Miles Champion: Josh Charlton



National 10 Miles Junior Boy Champion: Alex Franks



National 10 Miles Junior Girl Champion: Maia Howell

2023 CHAMPIONSHIP RESULTS

National Youth | GHS | 10 Mile Championship

10 September, V714, Yorkshire DC

Boys

1	Toby Bush, Team Bottrill	20:09
2	Dylan Sage, Evolution Racing Academy	20:14
3	Albie Jones, North Cheshire Clarion	20:29

Girls

1	Millie Salmon, Clifton CC York	23:18
2	Jess Pickavance, Team RL 360 I.O.M.	23:47
3	Iris Gray, Welwyn Whs	24:18

Team Evolution Racing Academy: Dylan Sage, Alex Coles, William Coles 1:04:48

Age Awards

12 Boy	Daniel Minay, Team RL 360 I.O.M.	24:46
13 Boy	Jamie Brough, Matlock CC	26:33
14 Boy	Sam Martin, Banbury Star Cyclists' Club	21:50
15 Boy	Albie Jones, North Cheshire Clarion	20:29
16 Boy	Toby Bush, Team Bottrill	20:09
17 Boy	Emil Howell, Matlock CC	20:52

12 Girl	Harriet Hughes, Leicester Forest CC	31:37
13 Girl	Isla Woolf, Matlock CC	26:28
14 Girl	Maia Howell, Matlock CC	24:36
15 Girl	Millie Salmon, Clifton CC York	23:18
16 Girl	Jess Pickavance, Team RL 360 I.O.M.	23:47



2023 CHAMPIONSHIP RESULTS

National Road Bike Championship

1 October, U604, West DC

Men

1	Mikey Mottram, Ribble Collective	39:40
2	Paul Burton, Paceline RT	40:02
3	Guido Blee, Paceline RT	40:10

Men - Age Awards

40-44	Paul Burton, Paceline RT	40:02
45-49	Cris Coxon, Brighton Mitre CC	40:53
50-54	Kevin White, Matlock CC	42:50
55-59	Simon Bowler, AS Test Team	44:49
60-64	Dave Dent, GS Stella	45:05
65-69	Patrick Ellerbeck, St Neots CC	48:26
70-74	Mick Stevens, Melton Olympic CC	50:49
75-79	Robert Latchem, Somer Valley Cycling Club	57:49
80-84	John J Murphy, Gloucester City Cycling Club	1:15:22

Women

1	Ruth Shier, Hutchinson - Brother UK	45:55
2	Joanna Brewis, Sheffrec CC	47:14
3	Miranda Clements, Cambridge University CC	47:27

Women - Age Awards

40-44	Joanna Brewis, Sheffrec CC	47:14
45-49	Chris Murray, Army Cycling	50:09
50-54	Angela Carpenter, ...a3crg	48:37
55-59	Claire Emons, ...a3crg	51:17
60-64	Judy Brown, Newmarket Cycling & Triathlon Club	54:20
65-69	Theresa Frost, Tri Logic Cornwall	57:06



National Road Bike Champion: Mikey Mottram



2023 CHAMPIONSHIP RESULTS

National Road Bike Championship

1 October, U604, West DC

Junior Men

1	Matthew Thompson, Rugby Racing Cycling Club	43:20
2	Matthew Gilmour, Backstedt Bike Performance Junior Race Team	43:28
3	Mathys Venter, Maindy Flyers Cycling Club	44:46

Junior Women

1	Poppy Kisley, Banbury Star Cyclists' Club	55:41
2	Sophie Heighton, Ferryhill Whs	56:40
3	Abbey Thompson, Stonham Barns Park – SYRT	56:52

Junior Age Awards

14 Boy	Michael Vernon, North Devon Velo	46:19
15 Boy	James Tregear, Wheal Velocity	54:10
16 Boy	Matthew Thompson, Rugby Racing Cycling Club	43:20
17 Boy	James Wicks, Hart Performance Coaching	47:33
18 Boy	Matthew Gilmour, Backstedt Bike Performance Junior Race Team	43:28
13 Girl	Holly Tregear, Wheal Velocity	1:04:46
14 Girl	Abbey Thompson, Stonham Barns Park – SYRT	56:52
16 Girl	Sophie Heighton, Ferryhill Whs	56:40
17 Girl	Poppy Kisley, Banbury Star Cyclists' Club	55:41



National Road Bike Junior Champion: Poppy Kisley



National Road Bike Champion: Ruth Shier



National Road Bike Junior Champion: Matthew Thompson



2023 CHAMPIONSHIP RESULTS

National Closed Circuit Championship

8 October, T10C, Teesside DC

Men

1	Oliver Peckover, trainSharp	19:50
2	Adam Duggleby, ADDFORM Vive Le Velo	20:20
3	Alex Pickering, Elysium Kalas Race Team	20:31
3	Richard Brook, Velo Club Walcot	20:31

Men - Age Awards

40-44	Sam Ward, Otley CC	21:34
45-49	Craig Horseman, Giant-Kendal-Sidas.uk	21:53
50-54	Richard Brook, Velo Club Walcot	20:31
50-59	Paul Newman, Richmond CC	22:23
60-64	Neil Mackley, ...a3crg	22:05
65-69	Paul Tyler, Ferryhill Whs	25:07
70-74	Stephen Broadley, Otley CC	34:57
80-84	John Tiffany, Harrogate Nova CC	30:29

Women

1	Kate Allan, Team Bottrill	21:44
2	Emily Martin, Team Bottrill	22:02
3	Miriam Jessett, Jadan Vive Le Velo	22:17

Women - Age Awards

40-44	Gemma Sargent, Team Boompods	25:16
45-49	Esther Hamill, Dumfries CC	27:31
50-54	Deborah Moss, Springfield Financial Racing Team	23:58
55-59	Caroline Ratcliff, Ferryhill Whs	26:37
60-64	Miriam Rennet, Kinross CC	27:07
70-74	Liz Ball, Valley Striders Cycling Club	27:00

Juniors

1 Boy	Joseph Turnbull, Harrogate Nova CC	21:05
2 Boy	Toby Simpson, Fietsen Tempo	21:12
3 Boy	Louis Herring, Ilkley CC	21:38
1 Girl	Isabel Mayes, Shibden Hopetech Apex	24:37
2 Girl	Poppy Kisley, Banbury Star Cyclists' Club	26:36
3 Girl	Sophie Heighton, Ferryhill Whs	27:07

Juniors - Age Awards

16 Boy	Louis Herring, Ilkley CC	21:38
17 Boy	Joseph Turnbull, Harrogate Nova CC	21:05
18 Boy	Toby Simpson, Fietsen Tempo	21:12
16 Girl	Sophie Heighton, Ferryhill Whs	27:07
17 Girl	Isabel Mayes, Shibden Hopetech Apex	24:37

Juveniles

1 Boy	Thomas Brennan, Stockton Wheelers CC	22:57
2 Boy	Roch Morgan, Derby Mercury R C	23:31
3 Boy	Otto Allison, Charlotteville Cycling Club	23:34
1 Girl	Millie Salmon, Clifton CC York	23:45
2 Girl	Lily-Ann Scott, Team RL 360 I.O.M.	26:04
3 Girl	Freya Johnson, Gosforth RC	26:10

Juveniles - Age Awards

6 Boy	Edward Gospel, Barnesbury CC	46:48
9 Boy	Theo Carter, Manilla Cycling	31:04
10 Boy	Freddie Watson, Clifton CC York	32:37
11 Boy	Lewis Bailie, Tyneside Vagabonds CC	30:13
12 Boy	Matthew Best, Manilla Cycling	27:33
13 Boy	Ewan Whiting, Manilla Cycling	24:57
14 Boy	Thomas Brennan, Stockton Wheelers CC	22:57
15 Boy	James Beagley, Harrogate Nova CC	24:32

7 girl	Isla Mitchell, Stockton Wheelers CC	45:12
9 girl	Heather Bailie, Tyneside Vagabonds CC	37:18
10 girl	Olivia Laing, Southport CC	32:15
11 girl	Abigail Marley, Cleveland Coureurs	36:59
12 girl	Annabelle Carter, Manilla Cycling	29:28
13 girl	Katie Robertson, Clifton CC York	26:11
14 girl	Lily-Ann Scott, Team RL 360 I.O.M.	26:04
15 girl	Millie Salmon, Clifton CC York	23:45

Para-Cycling

		Adj. Time
1	Ben Payne, Maidenhead & District CC	20:49
2	Ben Hetherington, Ferryhill Whs	20:49
3	Mark Valentine, Poole Wheelers Cycling Club	21:08

Para-Cycling - Age Awards

45-49	Mark Valentine, Poole Wheelers Cycling Club	21:08
50-54	Nicholas Fairfield, City RC (Hull)	23:06



2023 CHAMPIONSHIP RESULTS

National Hill Climb Championship

Hill Climb, 29 October, L827, North DC

Men

1	Andrew Feather, HuntBikeWheels.com	11:48
2	Ed Laverack, Backpedal	12:06
3	Paddy Clark, Team Lifting Gear Products	13:05

Men - Team

1	Team Lifting Gear Products, Paddy Clark, Kieran Wynne-Cattanach, Andy Nichols	40:29
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Men - Age Awards

40-44	Leon Wright, Pedal Power Loughborough	14:20
45-49	Phil Stonelake, Bristol Road Club	14:45
50-54	Andrew Metherell, Salt and Sham Cycle Club	15:59
55-59	Colin Atkinson, Muckle Cycle Club	15:12
60-64	Martin Shaw, Kendal Cycle Club	16:46
65-69	John Raftery, Otley CC	18:31
70-74	Martin Bullen, Peterborough CC	21:00

Women

1	Illi Gardner, Wahoo Le Col	15:03
2	Lizi Brooke, Wahoo Le Col	16:02
3	Abi Plowman, Jadan Vive Le Velo	16:03

Women - Team

1	Wahoo Le Col, Illi Gardner, Lizi Brooke, Frances Owen	47:14
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Women - Age Awards

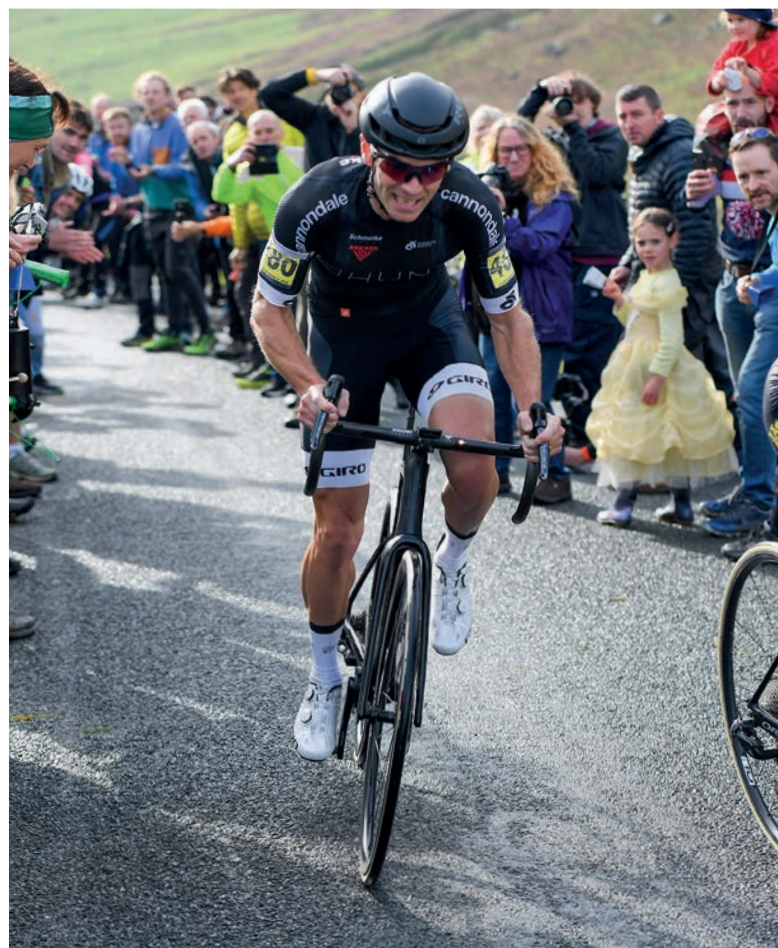
40-44	Gemma Sargent, Team Boompods	18:55
45-49	Helen Jackson, Kendal Cycle Club	17:43
50-54	Sarah Wilkinson, Blaydon CC	17:55
55-59	Wiebke Rietz, 1st Chard Wheelers	21:45
60-64	Janet Le Luan, Carlisle Reivers Cycling Club	22:32
65-69	Sally Cunliffe, Velotik Racing Team	23:19
70-74	Margaret Docking, Ruthin Cycling Club / Clwb Seiclo Rhuthun	29:39

Juniors

1 Boy	Harry Hudson, Matlock CC	13:05
2 Boy	Maxwell Hereward, 360cycling	13:19
3 Boy	Joe Watkins-Wilson, Z Junior Race Team	14:04
1 Girl	Ruby Isaac, Welland Valley CC	18:21
2 Girl	Ella Tandy, Solihull CC	18:25
3 Girl	Maia Howell, Matlock CC	20:21

Juniors - Age Awards

12 Boy	Finn Miller, Matlock CC	23:41
13 Boy	Ezra Bateman, Clifton CC York	16:50
14 Boy	Finley Hudson, Matlock CC	16:02
15 Boy	Finn Obrien, Z Junior Race Team	14:22
16 Boy	Harry Hudson, Matlock CC	13:05
17 Boy	Joe Watkins-Wilson, Z Junior Race Team	14:04
18 Boy	Maxwell Hereward, 360cycling	13:19
14 Girl	Isabel Beale, Welwyn Whs	22:02
15 Girl	Ruby Isaac, Welland Valley CC	18:21
16 Girl	Ella Tandy, Solihull CC	18:25
18 Girl	Millie Jenkins, Brother Uk - Team OnForm	20:34



National Hill Climb Champion Andrew Feather



2023 BRITISH BEST ALL-ROUNDER COMPETITION

Traditional BBAR

50 miles, 100 miles, 12 hours

Men		Mph
1	Andy Critchlow Paceline RT	27.948
2	Christopher Gibbard Bynea Cycling Club	27.927
3	Anthony Jones VMCC powered by Y Beic	27.714
4	Tom Thornely FTP (Fulfil The Potential) Race Team	27.528
5	Toby Williams Velotik Racing Team	26.738
6	Tim McEvoy FTP (Fulfil The Potential) Race Team	26.571
7	David James Williams Velotik Racing Team	26.531
8	Lee Williams FTP (Fulfil The Potential) Race Team	26.475
9	David Parkin Velotik Racing Team	26.447
10	Pat Wright Paceline RT	26.207
11	Alexander Royle Manchester Bicycle Club	26.002
12	Timothy Welsh Cambridge CC	25.628

Women

		Mph
1	Kim Barfoot-Brace Team Bottrill	24.339
2	Corinne Clark Swindon Wheelers	23.059
3	Roxy Woodfield Ludlow Brewery Race Team	23.053
4	Hollie Labunsky Port Talbot Whs CC	20.881
5	Sien Van der Plank New Forest CC	20.731
6	Anita Turner Eastbourne Rovers CC	18.915

Team - Men

		Mph
1	FTP (Fulfil The Potential) Race Team: Tom Thornely, Tim McEvoy, Lee Williams	26.859
2	Velotik Racing Team: Toby Williams, David James Williams, David Parkin	26.572

Team - Women No team qualified

Short Distance BBAR

10 miles, 25 miles, 50 miles and 100 miles

Men		Mph
1	Adam Duggleby ADDFORM Vive Le Velo	31.338
2	Jake Sargent Team Bottrill	31.053
3	Andy Critchlow Paceline RT	31.039
4	Christopher Gibbard Bynea Cycling Club	30.829
5	Douglas Watson GTR - Return To Life p/b Streamline	30.097
6	David James Williams Velotik Racing Team	29.660
7	Anthony Jones VMCC powered by Y Beic	29.537
8	Toby Williams Velotik Racing Team	29.481
9	David Parkin Velotik Racing Team	29.285
10	Karl Norris 360VRT	28.922
11	David Brearley ADDFORM Vive Le Velo	28.865
12	Robert Francis Pronto Bikes	28.862

Women

		Mph
1	Kate Allan Team Bottrill	28.740
2	Emily Martin Team Bottrill	28.244
3	Kim Barfoot-Brace Team Bottrill	26.607
4	Chris Murray Army Cycling	25.484
5	Claire Emons ...a3crg	25.255
6	Alexandra Hayden Vanelli-Project GO	24.313
7	Emma O'Toole DHC (Districts of Hamwic Cyclesport)	24.194
8	Hayley Wells Paramount CRT	23.412
9	Lisa Davies VMCC powered by Y Beic	23.025
10	Hollie Labunsky Port Talbot Whs CC	22.487
11	Sien Van der Plank New Forest CC	22.473
12	Gretchen Zoeller VTTA (Yorkshire)	22.447

Team - Men

		Mph
1	ADDFORM Vive Le Velo: Adam Duggleby, David Brearley, John Brearley	26.859
2	Velotik Racing Team: Toby Williams, David James Williams, David Parkin	26.572

Team - Women

		Mph
1	Team Bottrill: Kate Allan, Emily Martin, Kim Barfoot-Brace	27.864



Team Bottrill: Kate Allan, Emily Martin, Kim Barfoot-Brace

2023 BBAR

JUNIOR BBAR

Junior Men			Mph
1	Finlay Tarling	Willebrord Wil Vooruit	31.444
2	Dylan Sage	Evolution Racing Academy	30.165
3	Patrick Casey	Anexo Group Race Team	29.82
4	Matthew Gilmour	Backstedt Bike Performance Junior Race Team	29.315
5	Toby Simpson	Fietsen Tempo	27.561
6	Reuben Corlett	Birkenhead North End CC	27.352
7	Rufus King	Poole Wheelers Cycling Club	26.273
8	Chester Romei	Paramount CRT	24.871
9	Lewis Johnson	Clifton CC York	23.583

Junior Women			Mph
1	Abbey Thompson	Stonham Barns Park - SYRT	24.089
2	Sophie Heighton	Ferryhill Whs	23.002

COMPETITION RECORDS

JUVENILE MEN | 10 MILES | BICYCLE TEAM

Dylan Sage, Alex Coles, William Coles
Evolution Racing Academy 1:01:45

24 HOURS | MIXED TANDEM | BICYCLE

Ingeborg Oie & Ian To
360VRT 465.77

JUVENILE MEN | 10 MILES | BICYCLE

Leon Atkins
Welwyn Whs 18:01

CYCLING TIME TRIALS INCOME ACCOUNT FOR THE YEAR ENDED 31 MARCH 2023

		2023		2022	
		£	£	£	£
Income	Subscriptions		69,132		67,904
	Levies	Open and Championship Levies	201,953		267,444
		Club	169,037		193,470
	Investment income		343		-
	Handbook Costs:	Printing	4,531	6,006	
		Postage	1,699	209	
		Production	100	150	
			6,330	6,365	
	Sales		4,884	6,573	
	Surplus / (Deficit)			(1,446)	208
	Online charges			5,826	14,128
	Donations received			65	517
Total			<u>444,910</u>	<u>543,671</u>	

CYCLING TIME TRIALS EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2023

		2023		2022	
Expenditure		£	£	£	£
	National administration expenses				
	Salaries, honoraria including furlough	148,809		165,136	
	Administration costs	34,453		30,497	
	Advertising and publicity	26,612		25,841	
	National Council - printing	2,322		3,556	
	National Council - travel and accommodation	18,047		20,181	
	Board of Directors - travel and accommodation	17,010		15,338	
	Web maintenance and web entry expenses	<u>17,735</u>		<u>18,460</u>	
			264,988		279,009
	Repairs and maintenance		2,291		1,561
	District Council expenses		4,664		3,433
	Competition and championship expenses				
	National championship expenses	7,301		8,633	
	Medals and trophies	18,207		20,210	
	Competition secretary costs allocated	8,000		8,000	
	Time trial series	4,247		2,260	
	Race numbers	1,846		645	
	Champions night	<u>10,116</u>		<u>-</u>	
			49,717		39,748
	Other expenses				
	Insurance	71,024		50,864	
	Audit fees	7,458		4,464	
	Professional fees	6,128		4,500	
	Warning signs and safety vests	57		516	
	Depreciation	1,926		2,567	
	Corporation tax	<u>65</u>		<u>-</u>	
			<u>86,658</u>		<u>62,911</u>
	Total expenditure		408,318		386,662
	Excess of income over expenditure		<u>36,592</u>		<u>157,009</u>

CYCLING TIME TRIALS BALANCE SHEET AS AT 31 MARCH 2023

		2023		2022	
		£	£	£	£
Fixed Assets	Motor Vehicle	27,348		27,348	
	Less Depreciation	<u>(21,572)</u>		<u>(19,646)</u>	
	Book value		5,776		7,702
Current Assets	Stocks	18,523		11,290	
	Debtors etc	88,972		30,226	
	Cash at bank and in hand	55,773		171,376	
	Cash invested on deposit	349,446		238,522	
	Cash at Districts	<u>2,393</u>		<u>3,578</u>	
		515,107		454,992	
Current Liabilities	Creditors and accruals	<u>85,780</u>		<u>64,183</u>	
		85,780		64,183	
Net Current Assets			<u>429,327</u>		<u>390,809</u>
Total Assets			<u>435,103</u>		<u>398,511</u>
Reserves	Other reserves		157,855		157,855
	Profit and loss account		<u>277,248</u>		<u>240,656</u>
Total			<u>435,103</u>		<u>398,511</u>

INDEPENDENT AUDITOR'S STATEMENT TO THE MEMBERS OF CYCLING TIME TRIALS LIMITED

We have examined the Summary Financial Statement of Cycling Time Trials Limited for the year ended 31 March 2023.

Respective responsibilities of the directors and the auditor

The directors are responsible for preparing the Summary Financial Statement in accordance with applicable United Kingdom law. Our responsibility is to report to you our opinion on the consistency of the Summary Financial Statement with the full annual financial statements. We also read the other information contained in the Summary Financial Statement and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the Summary Financial Statement.

Basis of opinion

We conducted our work in accordance with Bulletin 2008/3 'The auditor's statement on the summary financial statement in the United Kingdom' issued by the Auditing Practices Board. Our report on the full financial statements describes the basis of our audit opinion on those financial statements.

Opinion on summary financial statement

In our opinion the Summary Financial Statement is consistent with the full financial statements of Cycling Time Trials Limited for the year ended 31 March 2023.

DJH Mitten Clarke, Festival Way, Stoke-On-Trent, Staffordshire. ST1 5SQ



Cycling Time Trials is a company limited by guarantee registered in England No: 4413282
Registered Address: C/O DJH Mitten Clarke Limited, Festival Way, Festival Park, Stoke on Trent, Staffordshire. ST1 5SQ