

Course R25/3H - Competitor notes

The majority of the course is designated an urban clearway because the heads of the valley road despite being rural is a trans-European highway, as a result there are NO marshals on the dual carriageway itself. It is the rider's responsibility to know the course however here are few additional pointers.

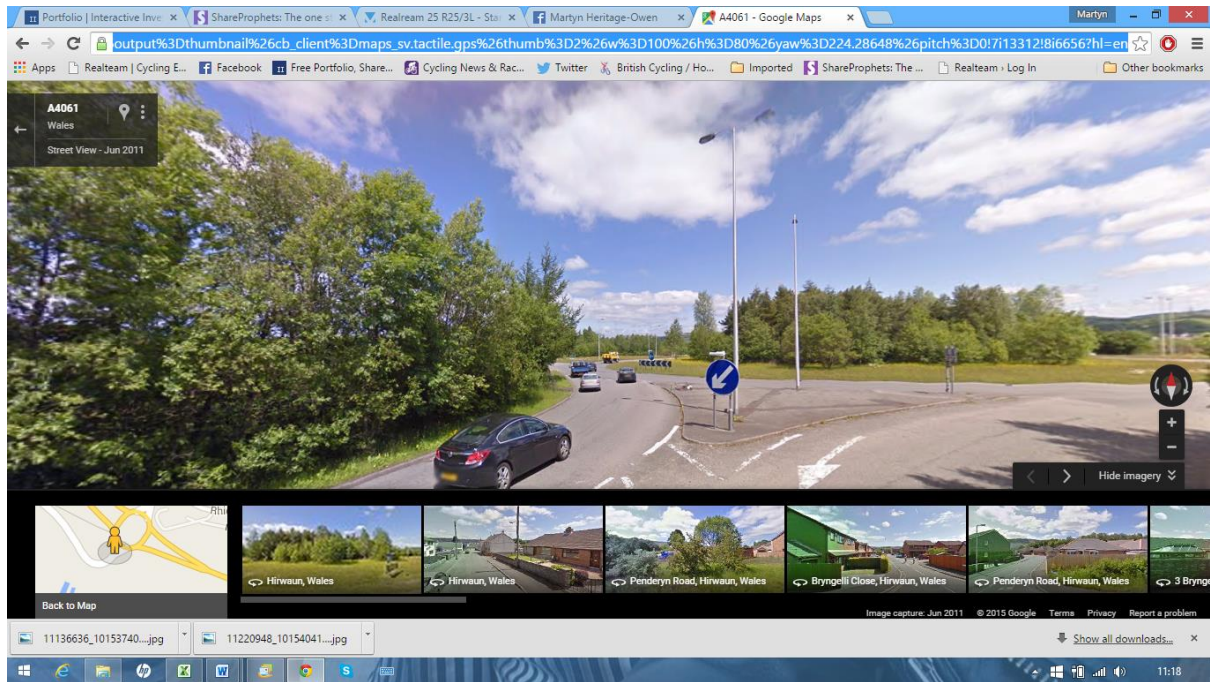
Follow the direction arrows – which are either standard CTT direction arrows or my branded arrows.



There is a strava segment if you want to download it to your Garmin but the last time I looked the start was in the old position.

When joining the A465 – at least one rider per event decides to go straight on instead of left and down the main part of the course. **Go left!!**

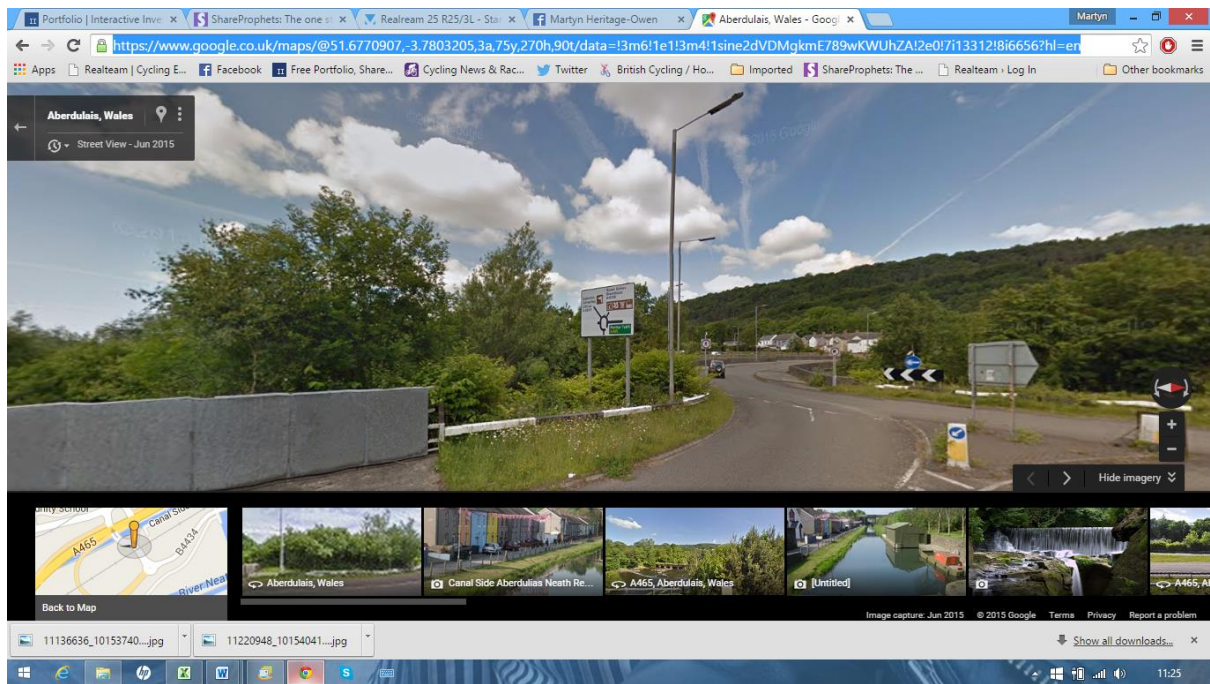
https://www.google.co.uk/maps/@51.7378844,-3.5229199,3a,75y,90t/data=!3m7!1e1!3m5!1smNjErnNZNW6okr42DYSZPA!2e0!6s%2F%2Fgeo0.ggpht.com%2Fcbk%3Fpanoid%3DmNjErnNZNW6okr42DYSZPA%26output%3Dthumbnail%26cb_client%3Dmaps_sv.tactile.gps%26thumb%3D2%26w%3D100%26h%3D80%26yaw%3D224.28648%26pitch%3D0!7i13312!8i6656?hl=en



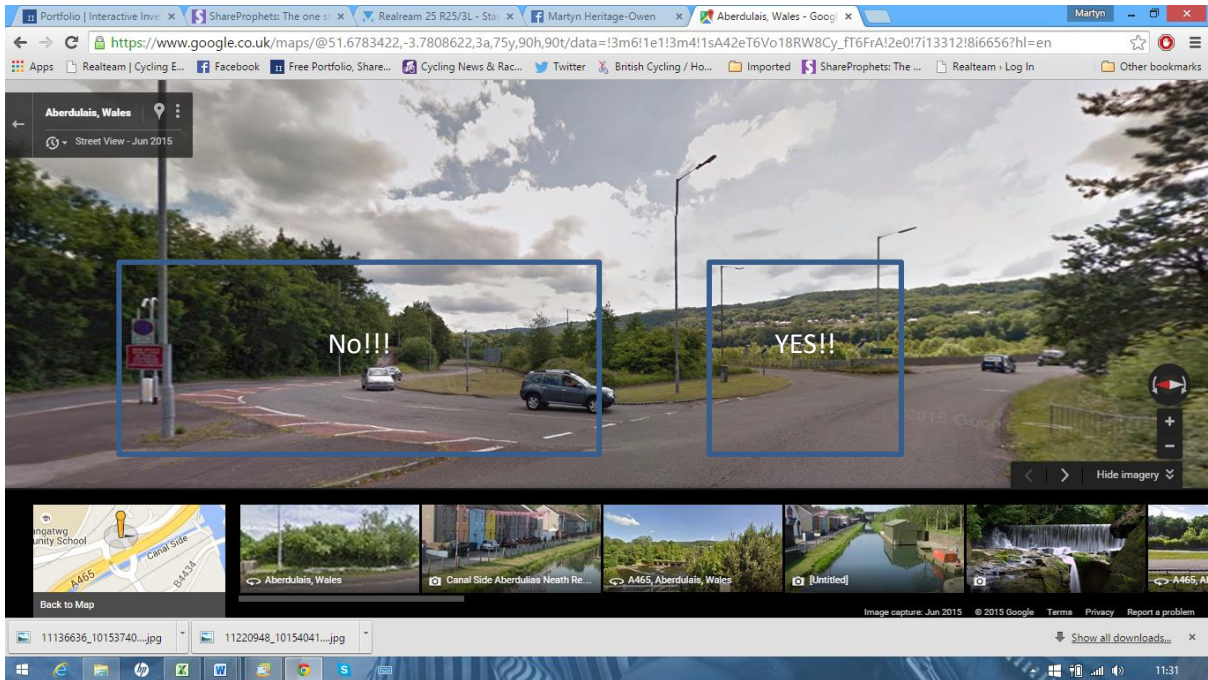
On entry to the main Tonna rbt I place a bespoke sign – reminding you to take the 4th exit – no matter where we place marshals someone nearly always tries to go up the old road to Aberdulais falls. I now only place one marshal directly where you are expected to turn because riders seem to think oh a marshal is standing by an exit I must take it!! WRONG.

Here is the entrance and the bespoke sign.

<https://www.google.co.uk/maps/@51.6770907,-3.7803205,3a,75y,270h,90t/data=!3m6!1e1!3m4!1sine2dVDMgkmE789wKWUhZA!2e0!7i13312!8i6656?hl=en>



Exit on the 4th exit following the A465 Glynneath sign.



Retrace the course and after the finish climb the bank at retrace back to the start and back to the HQ.