

OPEN 10 MILE TT



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10 mile Time Trial Saturday 16th September 2025

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

A counting event towards the Yorkshire Cycling Federation Points Competition

Timekeepers	Secretary
Phil Hurt Yorkshire Road Club Mike Penrice V.T.T.A (Yorkshire)	Mike Hudson Chevin View Midgley Farm Ya rd East Busk Lane Otley LS21 1DU 07836 234035 mike.hudson2@ntlworld.com

deputy organiser Mike Cross 07780 705527

Regulations

Riders can either start with one foot on the ground or be held.

- A **HARD SHELL HELMET** that meets an internationally accepted safety standard must be worn by all competitors.

- A **WORKING FRONT LIGHT** either flashing or constant must be fitted to the machine in a position visible to oncoming road users.

- In addition, a **WORKING REAR LIGHT** either flashing or constant must be fitted to the machine in a position visible to following road users.

Under CTT Regulations all riders must 'sign on' before they start - the signing on point and numbers will be at the HQ.

Competitors prior to starting are not permitted to ride past the start during the duration of the event. No warming up on the course once the event has started.

Do not stop at the timekeepers, times will be continually relayed to the HQ.

Headquarters

Arkendale Village Hall, Moor Ln, Arkendale, Knaresborough, North Yorkshire HG5 0RF
Open from 13:00. Pick up and return your number here.

Results and Prizes

The live results will be projected onto a screen in the Village Hall. There will be live results on also on the link below. You will be able to view the results as they come in. These results are unofficial. The official results will be released once checked at the end of the event. Prizes will be given out at the end.

<https://tinyurl.com/8vpt8dra>

Signing on and signing off

You are required to sign on before you start and sign off before you leave. Return your number after the event Do not use additional pins in the numbers as this damages them.

Course V212

Start approximately 3.5 miles south of Boroughbridge in entrance to A168 from old A1 (now a long lay by) at a point approximately one yard before "Clearway" sign. Turn left on to A168 and proceed to Walshford roundabout (4.72 miles). Encircle roundabout (M) and retrace along A168 to Arkendale Road, to finish adjacent to central bollard at a red paint mark. (10 Mile)

From HQ to start

Head East up Moor Lane to where it comes out on the A168 (where the finish is). Turn right and proceed to the start on your left. It is the entrance to a farm shop called Rabbit Hill, so take care with cars entering and exiting. It is approximately 1.5 miles from the HQ to the start.

Parking

There is very limited parking at the HQ (small car park on the other side of the lane). **DO NOT PARK IN THE PUB CAR PARK next to the HQ.**

Please try not to park in the village and do not park in Hollins Farm near the finish. There are laybys to the north of the finish between the finish and Boroughbridge. There is a large area just up the A168 to the north on the west side. A small turnoff leads down to below the A1.

Please obey the rules of the road. Keep your head up. Good luck for a trouble free ride.

Please don't forget to return your number.

Thanks to our volunteer marshals from Harrogate Nova.

Prizes

Men	Prize		Men	Prize
1st Fastest	40		Fastest Road bike	20
2nd Fastest	20		1st fastest junior /juvenile	20
3rd Fastest	10		2nd fastest junior/juvenile	10
V40	10		V70+	10
V50	10			
V60	10			
Women				
1st Fastest Woman	40			
2nd Fastest woman	20			

Startsheet

	start_time		machine	club		time
1	14:01:00	Christopher Fisher	TT Bike	Sowerby Brothers CRT	V70	
2	14:02:00	Stuart Clifton-Smith	TT Bike	Cheshire Maverick Cycle Club	V50	
3	14:03:00	Wendy Lampitt	Road Bike	Clifton CC York	FV50	
4	14:04:00	Phil Barnes	TT Bike	SheHair Racing Team	V60	
5	14:05:00	Hannah Nicklin	Road Bike	Les Filles Racing Team	FSNR	
6	14:06:00	Sue McFarlane	TT Bike	Army Cycling	FV40	
7	14:07:00	Alan Sides	TT Bike	Rotherham Wheelers Cycling Club	V70	
8	14:08:00	Chris Yates	TT Bike	Otley CC	V60	
9	14:09:00	Suzanne Noon	Road Bike	Queensbury Queens of the Mountain	FV40	
10	14:10:00	Brian Parker	TT Bike	Seacroft Whs	V50	
11	14:11:00	Ben Crowther	Road Bike	Harrogate Nova CC	Jun	
12	14:12:00	Andrew Spittlehouse	TT Bike	Calder Clarion	V50	
13	14:13:00	Louise Watson	Road Bike	Queensbury Queens of the Mountain	FV50	
14	14:14:00	David Taylor	TT Bike	Huddersfield RC	V60	
15	14:15:00	Andrew Penny	TT Bike	City RC (Hull)	V60	
16	14:16:00	Michael Lamb	TT Bike	Kiveton Park Cycling Club	V50	
17	14:17:00	John Tiffany	TT Bike	Harrogate Nova CC	V80	
18	14:18:00	Matthew Eastwood	TT Bike	York Cycleworks	V40	
19	14:19:00	Walter Wilkinson	TT Bike	Harrogate Nova CC	V70	
20	14:20:00	Andrew Newey	TT Bike	Ribble Valley C&RC	SNR	
21	14:21:00	Mike Cole	TT Bike	Huddersfield RC	V70	
22	14:22:00	Paul Mapletoft	TT Bike	Kiveton Park Cycling Club	V50	
23	14:23:00	Alan Kaye	TT Bike	City RC (Hull)	V70	
24	14:24:00	Alasdair Bruce	TT Bike	Yorkshire Road Club	V60	
25	14:25:00	Maria Paliuc	Road Bike	Valley Striders Cycling Club	FSNR	
26	14:26:00	Andrew Lambe	Road Bike	Ilkley CC	V50	
27	14:27:00	Dalia Hawley	Road Bike	Albarosa CC	FV40	
28	14:28:00	Kevin Chapman	TT Bike	Clifton CC York	V50	
29	14:29:00	Claire Jessop	TT Bike	Otley CC	FV50	
30	14:30:00	Michael Cross	TT Bike	Harrogate Nova CC	V60	
31	14:31:00	George Young	TT Bike	Clifton CC York	V70	
32	14:32:00	Mark Burtonshaw	TT Bike	Harrogate Nova CC	V60	
33	14:33:00	Stephen Woodrup	TT Bike	Yorkshire Road Club	V70	
34	14:34:00	Shaun Lawson	TT Bike	Clifton CC York	SNR	
35	14:35:00	Paul Ruta	TT Bike	Barnsley Road Club	V70	
36	14:36:00	Andy Wond	TT Bike	Sowerby Sunday Club	V60	
37	14:37:00	Chris Scaife	TT Bike	Zurbaran Racing	V50	
38	14:38:00	Paul Birkin	TT Bike	Buxton CC/Sett Valley Cycles	V60	
39	14:39:00	Chris Jones	TT Bike	Calderdale Tri Club	V50	
40	14:40:00	Malcolm Steer	TT Bike	Darlington Cycling Club	V50	
41	14:41:00	Stuart Phillipson	TT Bike	Kendal Cycle Club	V50	
42	14:42:00	David Waslin	TT Bike	City RC (Hull)	SNR	
43	14:43:00	Allen Bell	TT Bike	Yorkshire Road Club	V70	
44	14:44:00	Jakob Hill	TT Bike	Clifton CC York	Jun	
45	14:45:00	James Beagley	Road Bike	Harrogate Nova CC	Juv	
46	14:46:00	Jemil Tokdemir	TT Bike	Team ASL-Bolton	V30	
47	14:47:00	Dougan Collins	TT Bike	Zurbaran Racing	V50	

48	14:48:00	Martin Nelson	TT Bike	Out of the Saddle CC	V50	
49	14:49:00	Gretchen Zoeller	TT Bike	VTTA (Yorkshire)	V40	
50	14:50:00	John Hewison	TT Bike	Zurbaran Racing	V40	
51	14:51:00	Sophie Heighton	TT Bike	Ferryhill Whs	FJun	
52	14:52:00	Sam Straw	TT Bike	ADDFORM Vive Le Velo	SNR	
53	14:53:00	Rob Emerson	Road Bike	Hull Thursday RC	SNR	
54	14:54:00	Mark Wolstenholme	TT Bike	VTTA (Yorkshire)	V40	
55	14:55:00	George Innes	TT Bike	Army Cycling	SNR	
56	14:56:00	Toby Simpson	TT Bike	Fietsen Tempo	Jun	
57	14:57:00	Sandra Burrows	TT Bike	Vive Le Velo	FV50	
58	14:57:00	Euan Adam	TT Bike	Durham City Velo	SNR	

YCF Points Competition 2022 - after 13 events

MEN

Pos	Rider		Club	Rides	Total
1	Richard	Dean	Trek Sheffield	7	717
2	Matthew	Asquith	Otley CC	9	713
3	Mike	Furby	Valley Striders	6	696
4	Andy	Whitehead	Rockingham CC	8	687
5	David	Taylor	Huddersfield RC	6	667
6	Alasdair	Bruce	Yorkshire RC	6	664
7	Mike	Cole	Huddersfield RC	9	658
8	Paul	Brierley	Huddersfield RC	5	539
9	Stuart	Henderson	VTTA (Yorks)	4	454
10	Richard	Durham	VTTA (Yorks)	4	418
11	Steven	Woodrup	Yorkshire RC	4	401
12	Peter	Macklam	Yorkshire RC	4	399
13	Mark	Wolstenholme	Swift Racing	3	360
14	Sean	Sanders	Drighlington BC	3	351
15	Adrian	Stott	Yorkshire RC	3	348
16	David	Leckenby	VTTA (Yorks)	3	346
=17	Martin	Gargett	Halifax Imperial	3	345
=17	Julian	Read	Swift Racing	3	345
19	Tim	Garwell	Otley CC	3	341
20	Alan	Chalmers	Valley Striders	3	332

WOMEN

Pos	Rider		Club	Rides	Total
1	Liz	Ball	Valley Striders	4	475
2	Susan	Sanders	Drighlington BC	4	473
3	Josie	Smith	Trek Sheffield	3	360
4	Helen	Goldthorpe	Otley CC	3	359
5	Evie	Turner	Holmfirth CC	2	231
6	Beth	Grogan	Selby CC	1	120
7	Kat	Handy	Valley Striders	1	119
8	Jane	Fontana	Valley Striders	1	117

Remaining Event:

Date	Event	Course
Sat 17 th Sept	Harrogate Nova 10	V212

Full details in CTT Handbook.

**Points only awarded to members of YCF affiliated clubs
& YCF racing members.**

Riders best 6 performances to count

Series Co-ordinator: Phil Hurt. Email to ycfcomps@live.co.uk