**Cleveleys** Road Club
www.cleveleysrc.org.uk

# Course Details L1015

START in lay-by alongside the A590 approximately 500 yards south-west of junction with southbound A6 in line with the three white marks on kerb edge which are 20 yards west of a drainage grate which is 5 yards west of the eastern end of footpath and 25 yards east of a drainage grate almost in line with an SOS telephone point. This mark is directly in line with a wooden fence-post with two angled supports in the hedge and almost in line with a 'Please take your litter home' signs.

Proceed along A590 in a south-westerly direction to encircle roundabout on Lindale by-pass (5.243 miles).

Retrace along the A590 to FINISH in line with metal cover in northern grass verge embossed ‘Charlton Ironworks Sheffield’ which is approximately 12 yards east of large road sign on slip-road to the A6 approximately 90 yards short of junction of Levens Bridge/Levens Village road (10 miles).

The following Local Regulations have been approved by the national committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

**CTT Regulation 17: Signing-on and Signing-Out Sheet:**

1. The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on sheet when collecting their number.
2. In Type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their number and (ii) sing the official Signing-out sheet

**Local Reg No.5 :** In ALL events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.

**Local Reg No.6 :** Any competitor making a ‘U’ turn in the vicinity of the start or finish will be disqualified from the event.

**Local Reg. No.10 :** Course L1015 – warming up on the course is not permitted during the duration of the event.

**Local Reg No.12 :** No parking on the car park or frontage of the Strickland Arms.

**Local Reg No. 15 -** Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification

# Open 10 mile TT. Course - L1015

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

**Saturday 6th May 2017 Start: 06:01 pm**

**Event Organiser/Welfare officer: Craig Miller**  **Timekeepers** : Mr R. Muir

## 117 Carr Head Lane, Poulton-Le-Fylde, Lancs, FY6 8EG Mrs T.Moore

## Tel 01253 891242 email - crcmillsy@f2s.com

COMPETITORS PLEASE NOTE

Parking, numbers & results board will all be available on the old road sign posted ”SIZERGH CASTLE” on the A590 approx 150 yards South West of roundabout junction with A591. Please do not park in lay-bys on A590 or on old A6. There is ample space at the suggested site.

**Please don’t forget to sign on/out at the results board when collecting/returning your number**

Unfortunately we cannot provide toilet facilities or refreshments. Have a safe & enjoyable ride.

Prizes – One rider one prize (except team)

Overall 1st £35 Vets On Std 1st £30 1st Lady £30

2nd £30 2nd £25 2nd Lady £25

3rd £25 3rd £20 3rd Lady £20

4th £20 4th £15 1st Junior £20

5th £15 5th £10 1st Juvenile £15

 6th £10 1st Team 3 x £15

1. Riders must call their numbers at the finish and elsewhere on course if requested.
2. Riders and spectators must NOT STAND in the road at the start or finish. (this constitutes obstruction and is a breach of Regulation)
3. Riders Must NOT ride with their heads down



**Helmets -** All competitors under the age of 18 and/or JUNIORS must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognized Standard (see Regulation 15). Cycling Time Trials strongly recommends ALL competitors wear such a helmet

**Competitors Machine – Lights:** CTT recommends that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use

Cleveleys Road Club 10 Mile TT 06/05/2017 6:01pm Start Order

**IF YOU CANNOT RIDE PLEASE NOTIFY THE ORGANISER PROMPTLY BEFORE THE DAY OF THE EVENT SO RESERVE RIDERS MAY BE ALLOCATED PLACES**

**HAVE A FAST AND SAFE RIDE**


## Have a fast and safe ride