Start approx. 2 miles south of Boroughbridge, in Braimber Lane approx. 30 yards east of A168 at large direction sign. Proceed west to A168 where left (southbound) along A168 to Kirk Deighton. Proceed via Walshford TI (5.461m), Bridge Inn TI (6.491m) to encircle and turn at Sandback Lane TI (8.119m). Retrace route northbound along A168 via Bridge Inn TI (10.439m), Walshford TI (10.800m), Boroughbridge south TI (18.384m), Roecliffe Road TI (19.150m), Kirkby Hill TI (20.868m) to encircle and turn at Dishforth TI (23.773m). Retrace route southbound along A168 via Kirkby Hill (26.710m), Roecliffe Road TI (28.428m), Boroughbridge south TI (29.190m) to finish approx. 135 yards north of the start, on the A168 opposite large entrance on the west side of the A168 and at a solitary tree on the east side of the A168 (31.259m).

The Hq Is Great Ouseburn Village Hall about 4 miles from the start.

Boroughbridge is the largest town near the course ,other places near bye are York & Ripon